



EIGHTY

THREE

TARTAN

Tina Mabree

So the best
friend anyone could
have! I'm really you
glad I got to meet
this year and I hope May to see
you next year too. May all
your dreams come true and please
you're rich! I should ever happen
remember me! I'm famous, muscular, don't
to meet a tall, dark, handsome, good luck in
rich millionaire, babe and a 1/2 that dancing at
like introduce me to him!!! Good luck
the future and I really enjoyed you! Thanks for
the dance! I'm glad I had you in my English
inviting me! Boy! did we go with you! Thanks for
class too. Basgall! * @ ? ! # % I'll never forget you!
Mrs. I hope we can get together this summer and
do something really wild! Stay and keep
and nice (I don't want those two things the same?) forever!
your great touch and call me over!
keep in house with Alex,
maybe I can come over!
your luck because I'm wishing
me because I'm wishing
you with someone.
with that special
someone.
friends.
forever.

Gina,

You are a very sweet person and a great friend. I hope I get to know you even better next year.

Have a great summer, love, Patty
"from your
aerobics Gihmar
class '83"

Gina,

You're such a nice person! I'm so glad we had a class together again this year. It was fun when you were in a group with me in social living. I hope we have some classes together next year. Have a great summer & see ya next year.

Keep in love,
Touch Minda
463-3175 Gauder

To Christina,
I'm going to start calling you that. I think it's pretty anyway - you remind me more of a Christina than a Tina. It's been really fun with you this school year, sharing your locker, etc. etc. I hope we get some more classes together next year, we had PE this year, just drunk, next year we can have our own lockers! I have a wonderful summer, give me a call any time you want. We can swim together on hot days. Have a great junior year - upwards - really!
Towards Heaven -
we've known each other for 16 years - can't stop
Candy Knox

LA
CLARK

Jina,
I think you are a
great person! I'm
glad we had P.E.
together this year.
I hope that we will
have more classes
together next year,
and get to know each
other better!

Have a great summer
and a good junior year!

Love,
Kim Albright

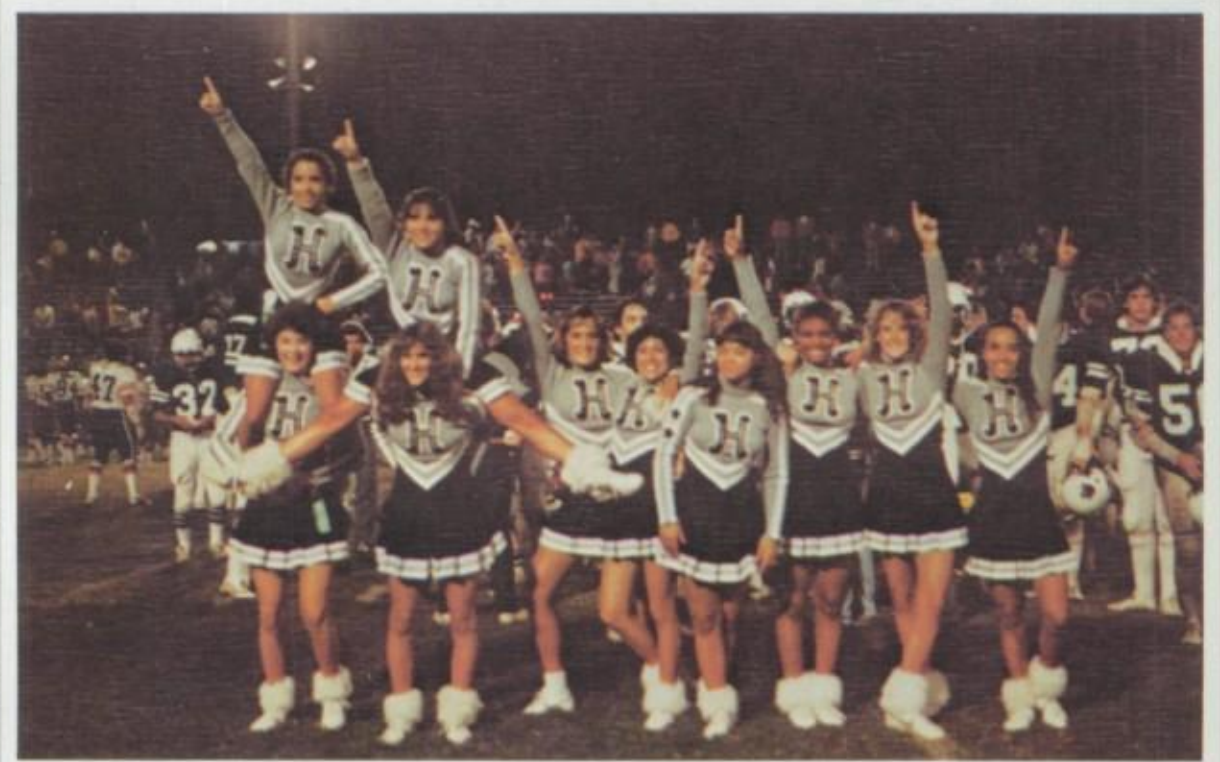
Jina,
I wish
we had some
classes together
this year. Remember
the fun we had in
P.E. last year. We are
going to have to get together
this summer and do something.
Thanks for being such a sweet friend.
Love,
Susan
P.S. Keep in touch. 462-8624

Jina,
I've been fun
sitting next to you
in Science. Oh, how
I'm going to miss
Mr. Rotundaugh!
I hope next year we have
more classes together
because you're really
sweet. Have a great summer!
Love Ann FH! (P.S. - Thank
you for loaning me all those
pencils!) 469-1517



Helix High School

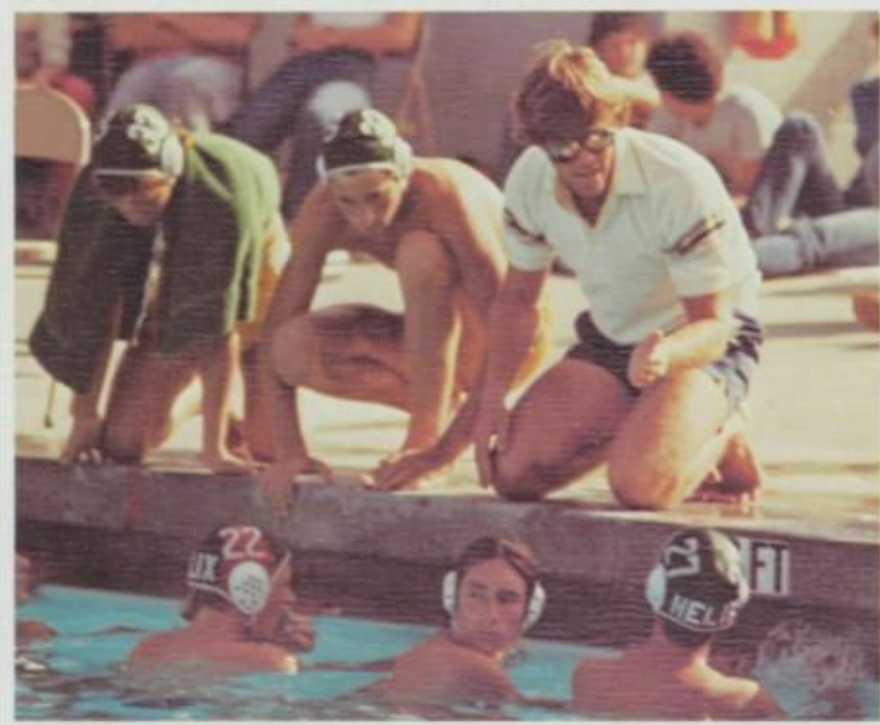
7323 University Avenue
La Mesa, California 92041



Spirit

When Helix first opened its doors in 1953, there were no traditions. Traditions are not invented, but rather they evolve. Over the course of the 32 years there have been many traditions developed by our predecessors. Helix is now a school full of traditions. Our diverse student body, comprised of 2,120 students, came from one of the most traditional schools in the country; yet each individual proceeded to take his own special direction to become involved with tradition.

One way in which this is conveyed is the spirit present at Helix. Whether it is cheering the mighty Scotties on to another victory, or participating in the numerous campus activities, Highlander pride always shines through. There are pep rallies, spirit ribbons, football games, Homecoming week, and Halloween dress-up. Helix has always provided an environment for tradition, and every student has been given the opportunity to be either an individual or in a group at a certain time, place, or event.

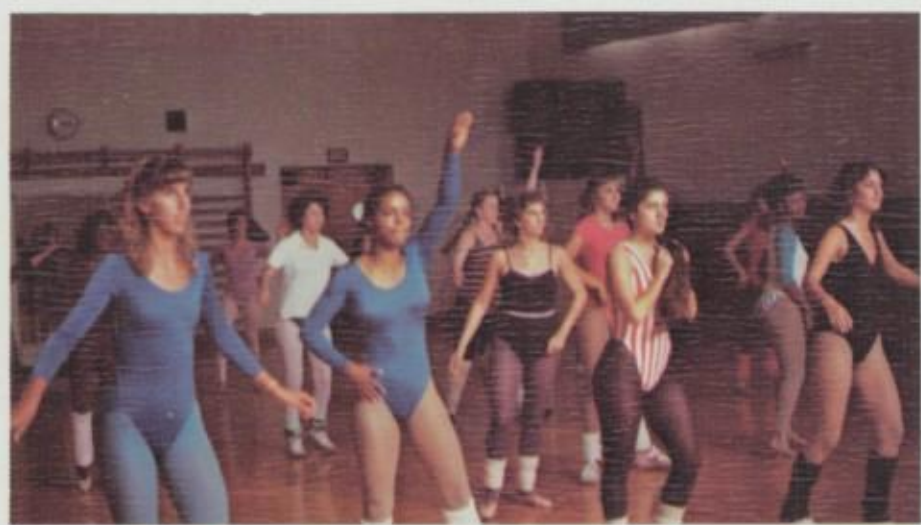




Competition

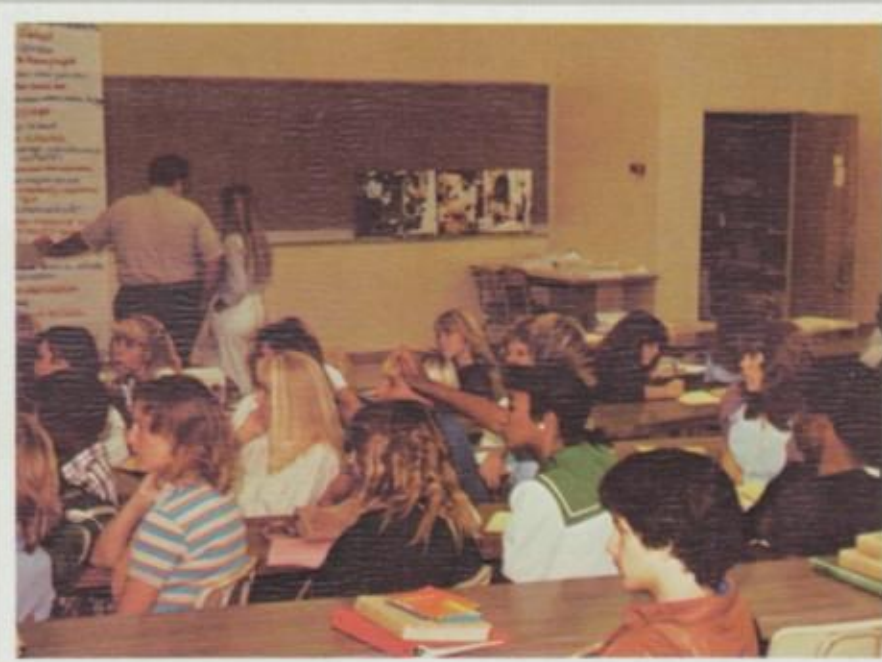


In each of our lives, we have managed to accomplish one thing: being competitive. We all strive to be better than that person standing next to us; the one that we do not know. Whether we are just playing a simple game of Space Invaders, or trying to out yell our mother at Homecoming, we all have fallen guilty to being competitive. But it is alright, because it is a part of our lives; it is a tradition now. A tradition that will not go away; it is a part of us now; something that we cannot do without. Being competitive will get us further in life. *Competition* is a tradition with a *touch of the future*.



ORGANIZATIONS





Mary Farrelly — section editor
Kathleen Plum
Kym Whitcomb



Helix Marching Band Members were: D. Abernathie, J. Abernathie, D. Andrus, D. Afinson, M. Baker, S. Barefield, L. Bales, E. Birdwell, C. Cameron, T. Cantor, H. Carey, A. Farrell, G. Fink, S. Foster, J. Frost, N. Gavin, P. Gilkey, S. Greene, T. Hathoway, B. James, S. Johnson, P. Kaptan, L. Latimer, K. Layton, T. Lucas, K. Martin, M. McVeigh, I. Murton, S. Nicholson, G. Pirie, K. Poshman, L. Roeder, D. Stimpson, C. Strang, S. Tritten, L. Vitus, A. Wyatt, D. Zigler, D. Cottom, D. Cottom, P. Crookette, S. Di Bella, S. Gallegos, D. Holloway, R. Knowles, P. Perez, J. Acevedo, R. Barnhill, J. Galici, C. Gendreau, K. Stimpson, M. Wicks. Identification Corps: B. Adamonis, B. Battleson, A. Chapman, L. Feldman, J. Hull, T. Khalil, T. Lahti, B. Ledgerton, D. McVeigh, L. Miller, D. Phillips, L. Sewell, T. Timm, S. Valdez, R. Ronda, J. Whitworth, J. Brown, D. Pomberton. Bagpipe Band: A. Brent, C. Barnette, R. Boyd, J. Garcia, G. Darrell, J. Hogan, M. Hawver, C. Miller, D. Rubin, E. Sampley, J. Silva, R. Trussler, B. Cole, S. McGuire, E. Collins, B. Cole.





HIGHLANDERS MARCH ON

"Extensive travel, unique cultural experience, and group unity were just a few reasons why the Helix High School Band was noted for excellence," said Mr. Richard Almanza. The band's schedule of activities was a very busy one. They placed second in the Rowland Heights Band Review, the Vista Field Show Tournament, and the Chula Vista Fiesta de la Luna Parade. Other activities included the Chino Band Review, Mission Viejo Band Review and Field Show Tournament, plus the Long Beach

All Western Band Review. Annual performances that were an important part of the band's activities as well as their main source of revenue were the Band Jamboree, the December Christmas Concert, the Spring Concert, the Pops Concert, and the Maytime Band Review. According to Almanza, the band's objectives were to "promote music among the students, community, and anyone else whom we may come in contact with, and to become the best at what we do."





A Step In Time

Hi-steppers faced a busy schedule. Because tryouts were held later than usual the girls had less time to learn the routines. But according to Captain Darrie Nowell, "the girls worked harder than ever and did a super job. The new drill teamers caught on fast." Starting in October the team participated in the Columbus Day Parade. Following that, they marched in the Roland Heights Parade, the Fiesta de la Luna Parade and the Oceanside Christmas Parade. Other contests included the Vista Field Tournament, Maytime in National City and the Miss Drill Team USA contest in Santa Monica. To help pay expenses the team held candy bar and mistletoe sales. Team leaders included Darrie Nowell, captain; Kim Ragsdale, first lieutenant and DeAnna Arellano, second lieutenant. "The team had only three leaders instead of five so it was a greater honor to be one," stated Captain Darrie. Officers included Jackie Vorhies, president; Aundrea Harrison, secretary; DeAnna Arellano, treasurer; Darrie Nowell, social historian and Trish Ebert, Angie Moyal, publicity. Their advisor was Everdean Edwards.

Corps included: D. Arellano, M. Bates, K. Cando, M. Capron, J. Daw, T. Ebert, L. Forester, A. Harrison, N. Hillard, Y. Johnson, S. Junior, A. Moyal, D. Nowell, K. Ragsdale, J. Richardson, A. Rodriguez, L. Sampieri, N. Torres, J. Vorhies and C. Walton.

Hi-steppers Jacquie Vorhies and Michelle Capron at a football half time show.





Drill team officers: Aundrea Harrison, Angie Moyal, Jacquie Vorhies, Darrie Nowell and DeAnna Arellano.

Drill team captain: Darrie Nowell

Drill team leaders: Kim Ragsdale and DeAnna Arellano.

Hi-steppers performing during half time of the Helix-Mt. Miguel game.



The *Helix Choral Department* consisted of three special performing groups: Ensemble, Glee, and Choir. These select groups were under the direction of Mr. Mark Faulk. Ensemble was a select group of 10th through 12th grade girls proficient in both singing and dancing. Glee was a talented group of 9th grade girls. Choir was made up of 9th through 12th grade students.

This year the Choral Department at Helix put on two major performances: the Christmas Concert and the Spring Pops Concert. The groups also sang at various women's clubs, old folks homes, and competed in district festivals.

Ensemble: A. Allen, L. Allred, S. Antoniello, K. Beach, L. Branson, B. Burdge, R. Cornish, H. Daw, A. Detloff, C. Hall, J. Igarashi, A. Rodriguez, J. Seeman, H. Shaughnessy, M. Sherrill, M. Wilkins. *Glee:* S. Andrews, T. Bartman, C. Bradley, A. Bruce, T. Burdin, J. Chirco, S. Combs, E. Davenport, D. Flinn, L. Fox, N. Gillette, K. Grinder, T. Grissom, T. Khalil, K. McCarthy, K. McCormick, D. McVeigh, G. Phillips, V. Salazar, B. Sutherland, C. Walton, A. Wrasidlo. *Choir:* M. Aimone, K. Anderson, L. Aston, T. Bottroff, S. Bowen, S. Brown, K. Bruner, J. Brush, D. Bryant, B. Burdge, J. Carter, L. Cartwright, A. Castro, M. Chow, R. Cornish, K. Cronk, M. De Witt, S. Duff, J. Ellis, J. Forthun, S. Galloway, T. Gordon, K. Hamilton, S. Howard, G. Jennings, D. Johnson, Y. Johnson, K. Jones, J. Knott, L. Kriedeman, M. McCullough, Y. McCullough, J. Menzer, J. Miller, C. Minich, R. Mountain, A. Moyal, S. Moya, C. Mucha, K. Pogue, D. Richardson, D. Riley, F. Rosing, M. Rouillard, S. Sloane, B. Stoddard, K. Strange, M. Todd, R. Waite, L. Williams, J. Ybarra and M. Zarza.



Choral Groups Are Noted



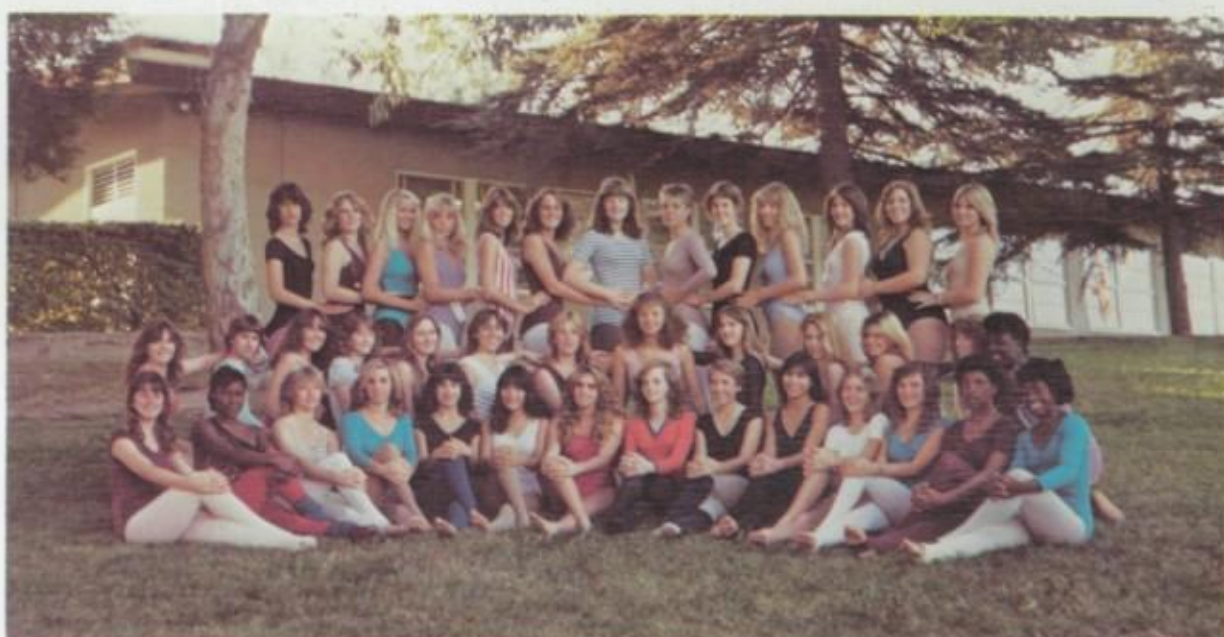
Dance Mania

Using the theme "Dance Mania" the modern classes once again presented their annual concert. Held in February, the concert included dances chosen for creativity, originality and style. Fundraisers to help sponsor the event included a car wash and a bake sale. The dancers were led by Brenda Mathis, president; LaVina Lowery, vice-president; Sara Tiumalu, treasurer and Lisa Oyos, publicity. Their advisor was Mrs. Leslie Messier. Dance classes

were electives open to all sophomores, juniors and seniors. In October, auditions were held for the dance team, *Eight Is Enough*. Those chosen included Amy Hernandez, Dawn Gourley, Brenda Mathis, LaVina Lowery, Becky Hoffman, Elissa Cohen, Jill Oliwa and Darrie Nowell. The team performed dances at home basketball games. Pictured below is the dance team.

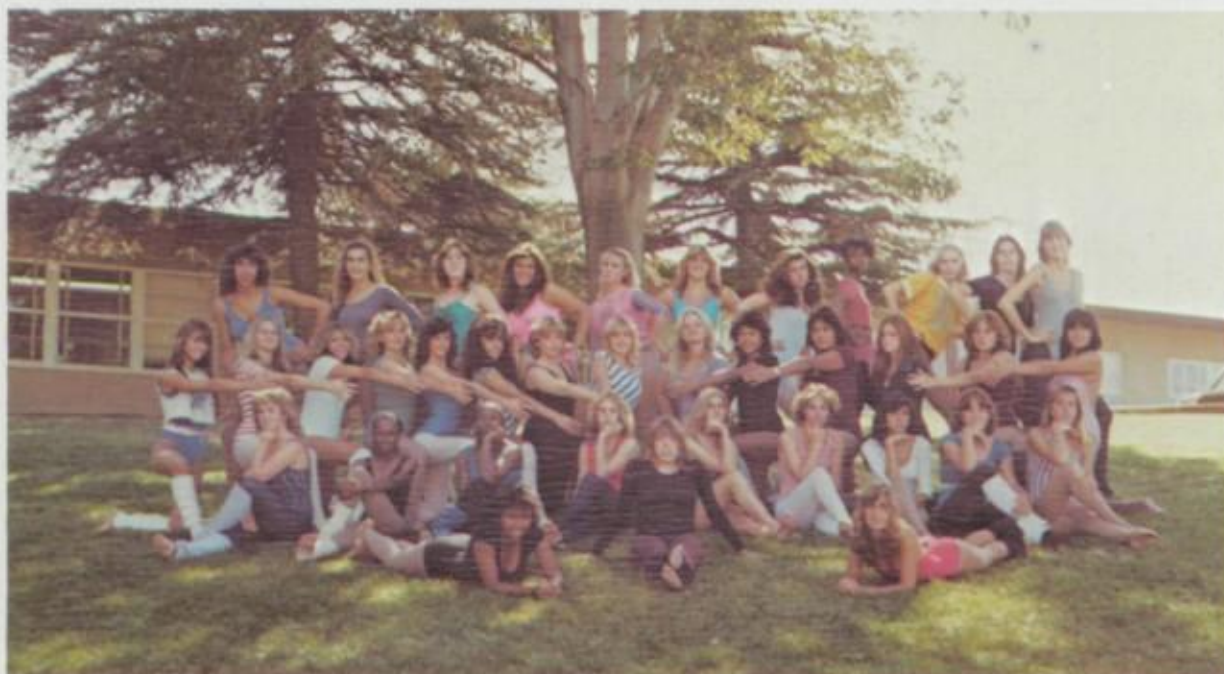


Beginning dance, period one: A. Allgair, S. Antoniello, T. Baum, M. Bloom, S. Capron, C. Carter, S. Chittom, T. Costantino, A. DeVera, B. Dickerson, K. Eckhardt, M. Elliott, C. Farmer, D. Filmer, L. Freeman, A. Gallagher, M. Haag, T. Hawkins, S. Howard, R. Karns, J. Kretz, T. Lahti, K. Lange, T. Larson, B. Legerton, M. McGrath, J. McWilliams, P. Owens, J. Pruet, S. Richard, C. Rivera, R. Robinson, F. Rodriguez, M. Rossi, J. Rushing, M. Spinks, S. Stangl, K. Stinger, L. Thurston, L. Watkins, B. Williams and K. Zopfi. Not pictured: M. Alcoser and J. Rodgers.



Intermediate dance, period three: M. Amarillas, L. Ariza, E. Bailey, L. Bucholz, N. Burks, S. Cole, S. Easton, K. Edwards, K. Fredrick, M. Gauthier, C. Grzesiak, P. Gurrola, S. Hartman, J. Hull, K. Kenney, N. Lamb, S. Leone, L. Little, C. Lucero, D. Mountain, D. Oleksow, P. Presenkowski, M. Rhoden, A. Rodriguez, J. Russo, T. Trojanowski, K. Trujillo, C. Tutterow, B. Volland and M. Wassdahl.





Second period, advanced dance included: D. Arellano, D. Avants, S. Barnett, T. Branson, E. Cohen, A. Detloff, B. Feller, A. Gardenhire, D. Gourley, N. Governali, J. Hammerschmidt, A. Hernandez, M. Hertel, B. Hoffman, C. Knarr, J. Lee, L. Lowery, K. Lungwitz, B. Mathis, K. Maxwell, M. McBride, D. McEntee, K. Mosher, D. Nowell, K. Nuby, J. Oliwa, L. Oyos, L. Pezzella, T. Santos, S. Tiumalu and P. Tyson.

Beginning dance, period four: C. Adams, M. Aimone, C. Barnes, L. Bergman, C. Blackwood, D. Blevins, L. Brown, S. Brown, W. Caldwell, V. Carter, S. Clark, A. Collymore, L. Cravo, D. Davis, H. Daw, J. Doiron, M. Dorland, L. Eider, S. Galloway, G. Gancitano, S. Green, D. Henderson, N. Johnson, M. Killian, S. Leary, B. Lerma, M. Manroe, E. Martinez, K. McBurney, D. Mulvaney, P. Nelson, J. Panfil, C. Phippard, A. Rodrigues, L. Roeder, A. Schechter, D. Scheider, Y. Smith, T. Swartos, N. Torres, J. Urich, D. Whitmore, R. Wooten and V. Yazzie.



Beginning dance, period five: B. Adamonis, D. Altman, M. Bennett, G. Bledsoe, L. Caballero, L. Campbell, C. Castelberry, C. Chavez, E. Clark, A. Comfort, G. English, L. Epstein, T. Everson, K. Farrelly, N. Gavin, D. Glover, A. Harrison, S. Hildebrand, S. Hill, S. King, J. Knecht, T. Ledford, C. Maybee, E. Maxwell, M. Mothershed, J. Normand, J. Potter, D. Richardson, M. Riley, C. Rivera, L. Sampieri, J. Sanchez, M. Scarcella, L. Smith, K. Spieler, J. Vorhies, R. White and C. Wiggins. Not pictured: M. Gadler, L. Phillips, D. Timmins, J. Whitworth, W. Wright, S. Kipp and G. James.

Hard Work Pays Off For Highland League



Becky Hoffman
President



Layla Allred
Hospitality



Leslie Araiza
Public Relations



Melanie Zinn
Vice President



Wendi Howell
Secretary

Highland League is an organization that provides services to the school and community. This year's cabinet consisted of twenty-one members, all of whom worked diligently to insure successful events. These events included the Frosh Picnic, Canned Food Drive, Winter Formal, Fashionality Night, Leading Lads and Lassies, Teacher Appreciation Day and the annual Installation Dinner. Also included were bake sales, spirit item sales, flower sales, convalescent visits, a trash-a-thon and a pre-game bar-b-que. According to president Becky Hoffman, "This year went well; we accomplished more than in years past because of such a supportive cabinet." A special thanks to advisors Parker Olsen and Ron Ray was shared by all members.



Mr. Parker Olsen
Advisor

Mr. Ron Ray
Advisor





Traci Blackwell
Resources



Karen Copeland
Elections



Karen Cunningham
Resources



Sharon Hartman
Resources



Ilona Hileman
Communications



Jamie Hill
Programs



Kandi Hosey
Programs



Sheryl Junior
Hospitality



La Vina Lowery
Elections



Kim Lungwitz
Hospitality



Michelle McBride
Public Relations



Karen Maxwell
Resources



Eileen Nuttle
Communications



Janine Quasarano
Hospitality



Kristy Rankin
Elections



Cathi Weaver
Public Relations

International Club

International Club, an organization devoted to promoting friendship and understanding among all nations, sponsored their annual sticker drive in March and a candy sale in October. Funds raised went into a scholarship fund to assist American students accepted into foreign exchange programs, and helped entertain foreign exchange students attending Helix from abroad. Through programs such as AFS, WE, etc., Helix was privileged to welcome 3 exchange students this year. This included Ollie Kariniemi from Finland, Tiziana Lombardo from Italy, and Miquel Zarza from Paraguay.

The club officers were: Mike Diaz, president; Ollie Kariniemi, vice-president, and Kim Green, secretary and treasurer.

The members were: A. Allgaier, O. Awadallah, M. A-Zarra, S. Brown, M. Copeland, P. de Gravelles, M. Diaz, R. Edney, G. Eng, C. Gilley, J. Gilliland, N. Gilliland, K. Green, S. Harder, A. Harrison, E. Huidar, A. Ibarra, A. Jessop, D. Jonescue, O. Kariniemi, T. Lambardo, R. Martin, J. Nye, S. Nyenhuis, J. Ridenour, and A. Rubie.



Key Club Opens Doors



Sponsored by the La Mesa Kiwanis, the Helix Key Club is a service organization linked to the International Organization of Key Clubs. Their purpose or aim is to provide services to the school and community around them. Their goal is realized through several projects such as the Muscular Dystrophy Telethon held in August and the Walk for Mankind that took place in El Cajon. To raise money for their annual convention, the members participated in the Kiwanis apple sale in October and sold Entertainment '83 ticket books. They were advised by Bob Eckert from Helix, and by David Gillespie and Pear Karlsgodt from the L.M. Kiwanis Club.

Key Club officers were: Rick Hall, president; Mike Brierly, vice-president; Renee Arakawa, secretary and Gretchen Ehlers, treasurer.

The members were: J. Adams, M. Aimone, A. Allgaier, R. Arakawa, M. Brierly, G. Ehlers, G. Fink, T. Fraizer, P. Gilman, R. Hall, A. Harrison, R. Hart, S. Hill, K. Hodge, L. Huskey, M. Hutcherson, M. Jaffer, S. Logans, C. Weber, E. Wilcox, and K. Zopfi.





Arlene Devera



Shawn Galloway, Head Cheerleader



Karen Bardack



Asha Rodriguez



Michelle Gauthier



Darcy Altman

Students Promote . . .

Service Squad

Service activities were the basis for the new Scottie Service Squad. Coordinated by A.S.B. vice-president, Alisa Scheidel, members worked with A.S.B. at related events and served as guides for the PTSA Back-to-School-Night. The club provided an opportunity for students to become involved in school activities while

giving service to their school. A service letter was offered to promote interest. Mr. Don Bonney served as the club's advisor.

The members were: P. Andrews, D. Bauer, K. Cararos, D. Carpenter, M. Carpio, D. DeSimone, A. Gillingham, D. Glatz, A. Harrison, E. Huidor, R. Hyatt, S. Junior, J. Ketchpaw, K. Kenney, L. Lake, C. Laney, J. McCarthy, J. Menzer, M. Murphy, M. Ocasio, A. Perea, R. Piland, P. Presenkowski, D. Regan, D. Richardson, L. Schedler, D. Skidmore, P. Smith, M. Souviney, L. Stahl, T. Towler, K. Trujillo, J. Turner, P. Tyson.



Service, Spirit, Sports



Library Club

President, Daniel Gear; Vice-President, Jimmy Griego; Secretary, Patsy Gurrola and Treasurer, Estele Clark worked together with the library assistants and club members to promote better understanding of reading and the library system for our school. By learning to use the system effectively, the club assisted many highlanders.

Library club members included: D. Bryant, P. Castrejon, M. Hetel, M. Lane, M. Cumler, D. Hartley, T. Enos, S. Green, M. Jarret, M. Oppman, M. Brewer, C. Miller, V. Mobley, L. Moore, W. Wright, E. Clark, D. Gear, J. Griego, C. Finch, P. Gurrola, S. Guthrie, M. Boone, L. Cravo, R. Darby, M. Kunkel, P. Arula, K. Ayers, T. Carter, B. Dickerson, K. Ham, E. Horning, E. Ruiz, L. Vo, C. Pursell.

Riot Squad

Scottie Riot Squad served to promote school spirit, both on campus and at sporting events. Lori Branson served as the club's president and Cathi Weaver was vice-president. Members were involved in activities such as cheering at games, decorating lockers, and selling spirit shakers. Mr. Ken Cates was their advisor.

The members were: L. Allfred, K. Altman, L. Araiza, L. Branson, J. Brush, K. Caparas, D. Carpenter, D. DeSimone, S. Hill, S. Junior, J. King, T. Kendall, B.

Mathis, M. Murphy, L. Phillips, P. Presenkowski, K. Pogue, D. Savter, L. Van Maren, C. Weaver.

1982-83



Cindy Knarr

Tyra Santos

Lisa Oyos

Ken Lucero

Karen Maxwell

Jill Oliwa



Varsity Cheer



Sara Tiimalu

Kathy Moser

Elissa Cohen

Bunnie Feller

La Vina Lowery
Head Cheerleader

Alan Gwinn



Human Relations: Human Equity

Human Relations, a service organization on campus, shared a common goal which was to promote better understanding and relations among all people. Members of the group held a fund-raiser to raise money to sponsor a workshop held in January. At this workshop students were given the opportunity to interact around a central theme . . . "Human Equity."

While Greg Eng served as secretary-treasurer, Nan and Jan Gilliland shared the title as co-directors for the organization. Their advisors were Mr. Don Bonney and Mr. Larry Maw.

The members were: J. Abaroa, M. Andrade, A. Araiza, T. Atercio, T. Beaver, L. Branson, E. Cader, T. Connolly, M. Danner, J. Edney, R. Edney, G. Eng, L. Gadler, M. Gadler, C. Gifford, J. Gilliland, N. Gilliland, E. Goodell, D. Gourley, C. Grzesiak, A. Harrison, T. Hathaway, M. Henning, A. Hernandez, S. Kelley, J. Labrincha, L. Langston, S. Merghart, D. Moye, A. Muirhead, D. Oleksow, C. Parks, D. Regan, S. Richard, A. Rodriguez, J. Seeman, A. Sheidel, L. Vitai, C. Weaver, J. Wheeler, M. Zarra, and M. Zuleger.



Clubs Participate in Government



The members were: B. Adamonis, M. Allen, F. Baghasco, S. Bolshazy, R. Barringer, K. Beach, M. Biggs, R. Brandt, T. Brook, M. Burks, E. Cader, A. Cumacho, M. Danner, J. Doughit, E. Lesch, M. Etheidge, L. Fanning, T. Ferdman, S. Gallo-way, T. Gordon, P. Hairgrove, I. Hileman, J. Kerts, T. Lanti, K. Layton, R. Lym,

K. Lucero, S. MacGregor, K. Massa, M. McBride, J. Miller, L. Miller, B. Morgan, S. Nicholson, M. Nunez, P. O'Brien, L. Peniak, J. Rich, S. Richard, D. Riley, T. Rowland, D. Scarello, A. Schneider, J. Scott, B. Shirman, A. Simpson, K. Sisson, R. Vasquez, L. Watkins, J. Wallare, P. Whipple, K. West, S. Whiteside.

Student Council

Through *Student Council*, the student body was able to voice their opinions concerning campus activities and affairs. Representatives of 2nd period attended the monthly meetings and were to report the information discussed to the students in their classes. Alisa Scheidel, the A.S.B. vice-president, organized and conducted the meetings. Matters concerning students, approval of clubs, both on and off campus, school dances and fund raisers were a few issues discussed at the meetings. The council also provided a chance for students to learn and develop leadership skills.

State

Jamie Hill and Pat de Gravelles were granted the honor of going to *Girls and Boys State* this year. The two were candidates of six, chosen from their peers and faculty with a final interview from the auxiliaries of the American Legion. Boys State took place at Sacramento State University from June 19 until June 25, while Girls State, held on the same campus, took place from June 28 until July 5. Jamie and Pat each experienced a week long simulation of our state government system. According to Jamie, "... the experience was phenomenal!" Girls and boys from all around the state attended to obtain a clearer picture of how to become an active member of our government system. Pat was appointed to the Governor's council and was a lobbyist, while Jamie was elected as a state Senator and served as a City Planning Commissioner in the mock government situation.



Co-editor-in-chief:
Kristy Rankin
Rebecca Shacklett

Classes Section:
Kelly Altman
Kim Cunningham
Shelby Jones

Senior Section:
Mike Brierley
Karen Cunningham
Dianne Skidmore
Cindy Wilcox

Student Life Section:
Karen Copeland
Dana Meek
Patti Smith
Melanie Zinn

Faculty Section:
Bill Coyne
Randy Hart



Tartan Staff

Sports Section:

Athon Denos
Suzy Brumbaugh
Jane King
Andie Feeser
Corey Way

Ads/Business Section:

Susan Quasarano
Angelica Flores

Photographers:

Mark Iverson
Jay Igney
Sean Sloane
Trish Thorvick

Clubs/Organizations Section:

Mary Farrelly
Kathleen Plum
Kym Whitcomb

Advisor:

Mr. Ron Ray



Clubs Maintain



The members were, SENIORS: A. Allgaier, K. Altman, D. Anfinson, A. Biehl, K. Bucholz, A. Campbell, A. Chapman, K. Cunningham, T. Curry, P. DeGravelles, J. Edney, R. Edney, M. Farrelly, B. Gilbreth, K. Green, J. Hill, J. King, R. Lim, S. MacKenzie, D. McAdams, J. Michno, K. Moore, J. Quasarano, K. Rankin, J. Ridenour, D. Skidmore, P. Smith, P. Tyson, K. VanBoskirk, K. West, K. Whitcomb. JUNIORS: D. Buckley, C. Cameron, A. Feeser, G. Fink, B. Foerster, C.

Gifford, E. Huidor, J. Jeffers, P. Jenkins, S. Nyenhuis, E. Nuttall, A. Rittershofer, P. Scotese. SOPHOMORES: A. Allgaier, R. Arakawa, E. Clark, T. Chubb, G. Ehlers, B. Florence, K. Hodge, L. Huskey, T. Ledford, R. Litsinger, M. Maxfield, I. Murton, H. Nguyen, E. Perkins, K. Pogue, D. Rytell, L. Sampieri, H. Shaughnessy, T. Shearer, J. Stuart, C. Van Boskirk.

C.S.F.

Mr. Nilo Atkinson, C.S.F. club advisor, stated that, "Recognizing the outstanding academic achievements of Helix students and encouraging excellent grade standards was the objective of the large 65 member group in 1982." C.S.F. met once a month during school and planned field trips as a learning experience and reward for the achievers. Dave McAdams served as president while Robin Lim was vice-president. The officers claimed that, "This year looks to be the most exciting ever, as we are looking into more exciting and creative experiences for our field trips."



Academic Standards



MATH TEAM

The Math Team, led by head "Guru" Allison Allgaier, worked to train people to win the many scheduled math contests of 1982. The students involved were chosen for their talent and ability in abstract mathematical concepts. Each year the Math Team conducts a math field day in order to seek out these students. With Jack Munson as the advisor, the team looked towards a promising year to uphold the annual Helix tradition of a high ranking posi-

tion. Some of the many contests the Math Team was involved in included the ATPAC — U.S.A. and the CAML which were held all year, and several college contests including Occidental, San Luis Obispo, and U.C.S.D.

Math Team members included: Allison Allgaier, April Allgaier, Steve Ausing, Michelle Aimone, Dan Anfinson, Renee Arakawa, Todd Curry, Gretchen Ehlers, Jim Frost, Stephen Hill, Robin Lim, Marianne McVeigh, John Michno, Ian Morton, Chinh Nguyen, Doug Renert, and Mark Sussman.



SCIENCE CLUB

Mr. Watenpaugh and Mrs. Larivee helped students extend their science education beyond the classroom. The Science club brought together the students with a high interest in science to help develop their talent and abilities. With Mark Hutcherson as President, Tae Kim as Vice President, Steve Hill as Secretary and Kim Green as Treasurer, the group planned many activities to fulfill their purpose.

Science club members included: Carrie Corcoran, Todd Curry, Chris Gilley, Kim Green, Jim Heid, Steve Hill, Mark Hutcherson, Tae Kim, Robin Lim, John Michno, Susan Nyenhuis, Patty Scotese and Carrie Weber.

Highland Fling — 1982-83



Advisor Mrs. Jessica Patton, Editor-in-Chief Penny Tyson, Editors: Layla Alfred, Denise Decker, Ron Edney, Mary Gray, Debbie Lynch, Sandi MacGregor, David Moye, and Janice Ridenour, Reporters: Allison Allgaier, Kris Beach, Kim Caparas, Chris Gilley, Stephanie Green, Lenny Gutman, Robin Hyatt, Eric John

ston, Ronda Robinson, Julie Seeman, Mark Seymour, Shelly Tuseano, Kathy Van Boskirk, and Corey Way. Photographers: Joji Igarashi and Chad Nelson. Cartoonist: Jeff Merghart.

Journalists Survive Challenge

Many members of the 1982-83 Highland Fling Staff were experienced and prepared for the difficult and dedicated job ahead of them. The Fling Staff worked hard this year trying to put together a newspaper which was both informative and enjoyable to read. Under the direction of Mrs. Jessica Patton and the editorial skills of the editor-in-chief Penny Tyson, the Fling staff pulled together to meet the strict deadlines. "The 'cubs' were very talented this year and had great ideas once we got them moving," said Penny Tyson. Because of the larger staff and more experienced writers, the Fling was able to put out a few extra 8-page editions, plus the Christmas and the Senior special editions. The Fling informed Helix students of school and community news, sports events, plus controversial issues and feature stories which might affect the school and the students.



Editor-in-Chief, Penny Tyson, hard at work.



Sandi MacGregor seeks advice from Mrs. Patton.

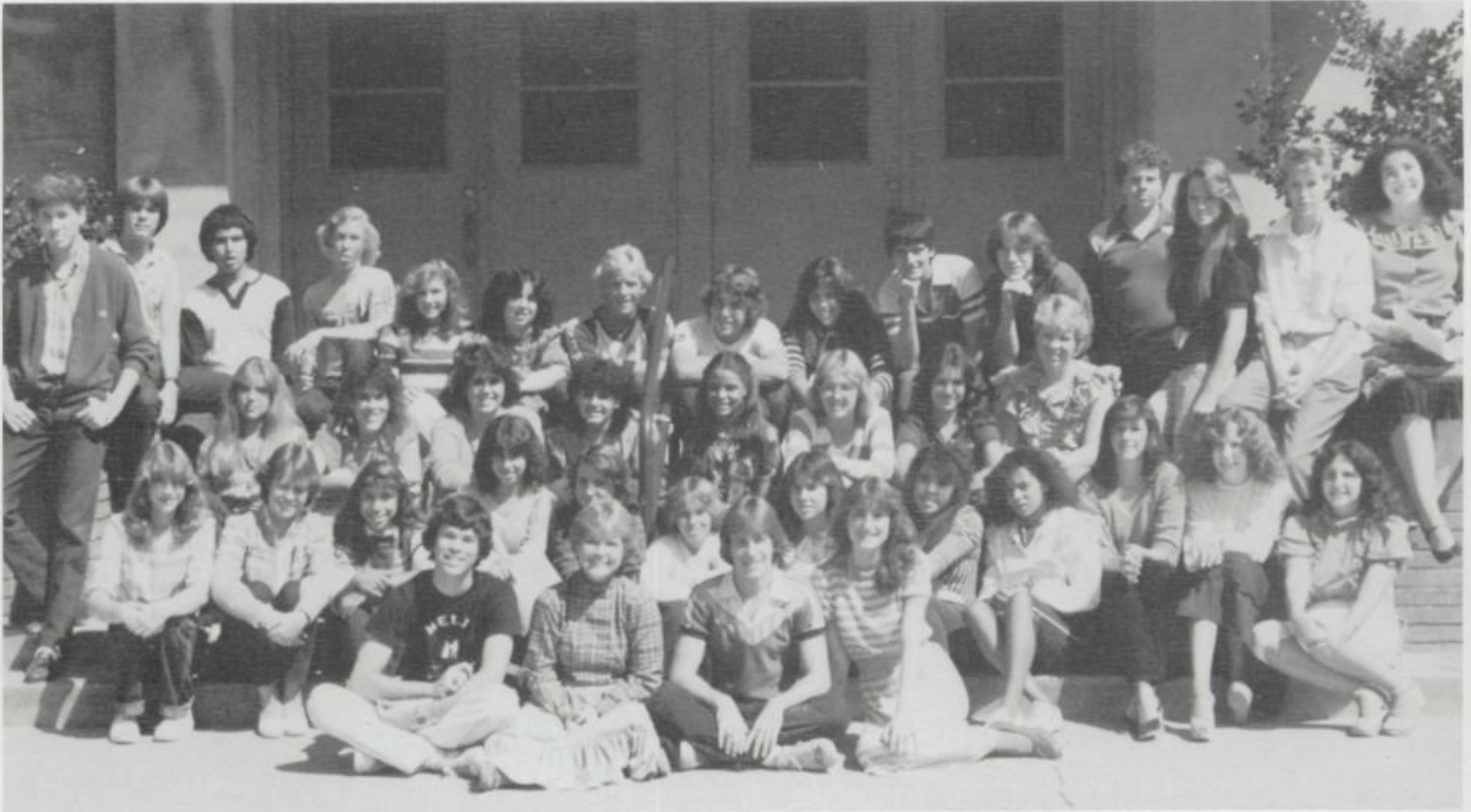


Ron Edney types his way to a deadline.



Allison Allgaier contemplates her next story.

Clubs Develop



The Drama club members were: C. Adams, L. Aston, M. Blood, K. Cando, J. Carter, T. Castro, J. Chirca, S. Chittom, G. Conrad, B. Day, J. Doiran, B. Fisher, S. Fitz, L. Foley, T. Gantos, D. Gear, C. Hall, A. Harrison, J. Hogan, P. Jackson, L. Jones, S. Larson, E. Martinez, S. Moaney, H. Moore, A. Moyal, E. Navarro, M. Nunez, A. Pett, T. Phillips, D. Regan, L. Roundtree, M. Sherrill, B. Sutt, C. Tutterow, J. Urich, G. Vatalaro, M. Vitale, D. Zasqueta.

Drama Club

Exposing students to the performing arts and developing an awareness of their talents and abilities was the objective of the Drama club. The 39 member group planned activities such as: Comedy Tonight IV, which took place in November, the Record Pantomime Night, Final Scene Night, the Spring Play and "90 Minutes of Entertainment." President, Margie Sherrill, Vice-President, Bill Fisher, Secretary, Jana Carter and Treasurer, Grant Conrad worked with their advisor, Mrs. Evonne Noll, to show quality productions. Ushering in theatres as The Fox, and the Casius Carter allowed the students to see off-Broadway plays for free and give them new ideas in acting, stage sets and lighting.



Performing Talents



Speech Team

Speech Team represented Helix in local, state and national forensic league competition. Participation in these events was partially funded by a Car Wash-A-Thon that was planned in the fall. Some of their tournaments were: Fall Interp and Congress, SDSU Forensic, Patrick Henry Christmas Classic, El Camino, Palomar, State Qualifiers, National Qualifiers and State Finals. The team also sponsored a Jr. High tournament in May. The group helped students gain more self-confidence, improve their communication skills and learn about the different and varied speaking events. Advised by Mrs. Christine Morretti, Speech Team was goal-oriented for self-improvement, offering a "letter of achievement" for speech participation and membership in the National Forensic League.

The members were: C. Berg, C. Corcoran, C. Cornett, R. Edney, L. Foley, M. Fowler, A. Gill, C. Gilley, C. Grzesiak, A. Harrison, J. Heid, J. Labrincha, J. Lykes, L. Phillips, R. Piland, M. Ricke, D. Richardson, A. Rodriguez, J. Russo, K. Sullivan, C. Weeks.



Students Offer Musical,



Orchestra

The Helix High Orchestra, under the direction of Mr. Richard Almanza, brought such entertainment and enjoyment to its variety of audiences. The season opened with a potluck dinner performance on September 15. In April, they participated in the festival competition and an exchange concert. The seasonal concerts included the Winter Concert, in November, a Christmas Concert and a Spring Concert, in March.

Orchestra members were: D. Adams, J. Adsit, B. Battleson, M. Capron, T. Dudley, T. Emmons, A. Fellows, T. Fisher, C. Flack, S. Greene, M. Kuhfal, T. Lahti, D. Mc Veigh, A. Muirhead, D. Phillips, J. Richardson, T. Rider, C. Smith, C. Spahn, C. Takaki, M. Williams, D. Zopfi.

The officers were: Dianne Phillips, secretary, Michelle Capron, treasurer, Becky Battleson, vice president, Torrie Lahti, president, Charla Spahn, upper class representative.



Literary Entertainment



Pep Band

The Pep Band represents Helix at all varsity football games, some J.V. football games and home basketball games. They promote student spirit by performing at pep rallies and among the members of the general band. Pep Band is a completely student-run organization, with Dan Anfinson as president and Mr. Almanza as their advisor.

The members were: J. Abernathie, D. Anfinson, A. Farrell, G. Fink, J. Frost, T. Hathaway, B. James, L. Latimer, T. Lucas, M. McVeigh, S. Nicholson, G. Pirie, C. Strong, R. Tressler.



Literary Magazine

The objective of this group was to prepare the 1983 edition of the Helix Literary Magazine. *Second Thoughts*, the magazine's title, consists of poetry, prose, short stories, artwork and photography

submitted by Helix students. The members of the group serve as the magazine staff, responsible for the organization and editing of the yearly edition. Mr. Dave Landry was the advisor.

The members were: Allison Allgaier, Dan Anfinson, David Bryant, Jamie Hill, Fritz Kuckuck, Janice Ridenour and Kathy Van Boskirk.

Moral, Spiritual, Environment



Young Life

Young Life met on Wednesday evenings at student's homes and got together for fun and fellowship. Each club consisted of singing, funny skits and a message at the end. The leaders were Pam Trask, Melonie Heald, Paul Luciani, Tom Jonson, Frank Grow, Coreen Cook, and Chris Panek. They strived to communicate Christ through discussing various topics concerning the world around them. *Young Life* activities included the Halloween Party, Football Recognition Night, the Tweek Hunt, All-City-Club and the Over-the-Line Tournament. The summer and winter camps were Oakbridge, Woodleaf, Wilderness Ranch and Sailing Beyond.



Experienced By Group Members



Maranatha

Maranatha Club was established to help improve the moral and spiritual environment on our Helix campus. During lunches they watched films ranging from drama to true stories and listened to special speakers talk about service organizations. Activities included a cake sale, Thanksgiving luncheon, and after-finals pizza blast.

Their members included: Irene Cordle, Ted Drescher, Scott Gathrie, Chuck Hicks, Bob Kreczmer, Teri Phillips, Pamela Rodgers, Connie Stewert, Nelda Soto, and Linh Vo. Their advisors were Mr. Jon Schmidt and Mr. Tom Heyer.



Campus Life

Campus Life met on Tuesday nights at various student's homes to help understand themselves and the world around them through open discussions. This provided an opportunity for the students to discuss problems as well as relationships and Christianity. Some of their activities included the annual Burger Bash, Campus Life

Haunted House, Living-End Ski Trip, Plan Starvation, and a car wash.

Their members included: L. Agar, B. Battleson, M. Brierley, B. Burdge, B. Cabigao, K. Cunningham, M. Deters, T. Fraizer, R. Hart, M. Iverson, D. Kuhfal, S. Martin, M. McBride, and E. Wilcox.

Variety Makes Helix

Boardgames

Mrs. Larivee was the advisor of the Boardgame club, a new organization in 1983. The club sought to teach and enjoy boardgames. The games included slaying Dragons and trying to solve the Prism. Mark Yturalde served as President, Mark Shtino served as Vice-President and Tony Kodis was Secretary with Tracy Shearer as Treasurer.

Boardgame club members were: Kevin Allen, Andy Bailey, Ken Beck, Jeff Etum, Tony Kodis, Tim Rider, Mark Shtino, Tracy Shearer, Kenny Strauss, and Mark Yturalde.



Ski Club

The Ski Club put their time and effort in organizing fund raisers for ski trips. The club planned, among it's many activities, a car wash, hot dog sales, a jog-a-thon and bake sales to help contribute to the financial fund. The Ski Club was involved in some local ski trips as well as a Colorado ski trip during Easter vacation along with other ski clubs in the area. Ms. McGee was the new advisor of the club and she says, "It is a lot of work but I'm excited about the whole thing." Crissey Reynolds served as President with Tony Andrade as Vice President and He Ho West as Secretary/Treasurer.

Ski Club members included: Tony Andrade, April Allen, Laura Bras, Darren Erb, Meredith Korn, Joe LaBrincha, Jeff Moody, Chris Reynolds, Eric Swanson, He Ho West, and Tom Wilson.



A Well-Rounded School

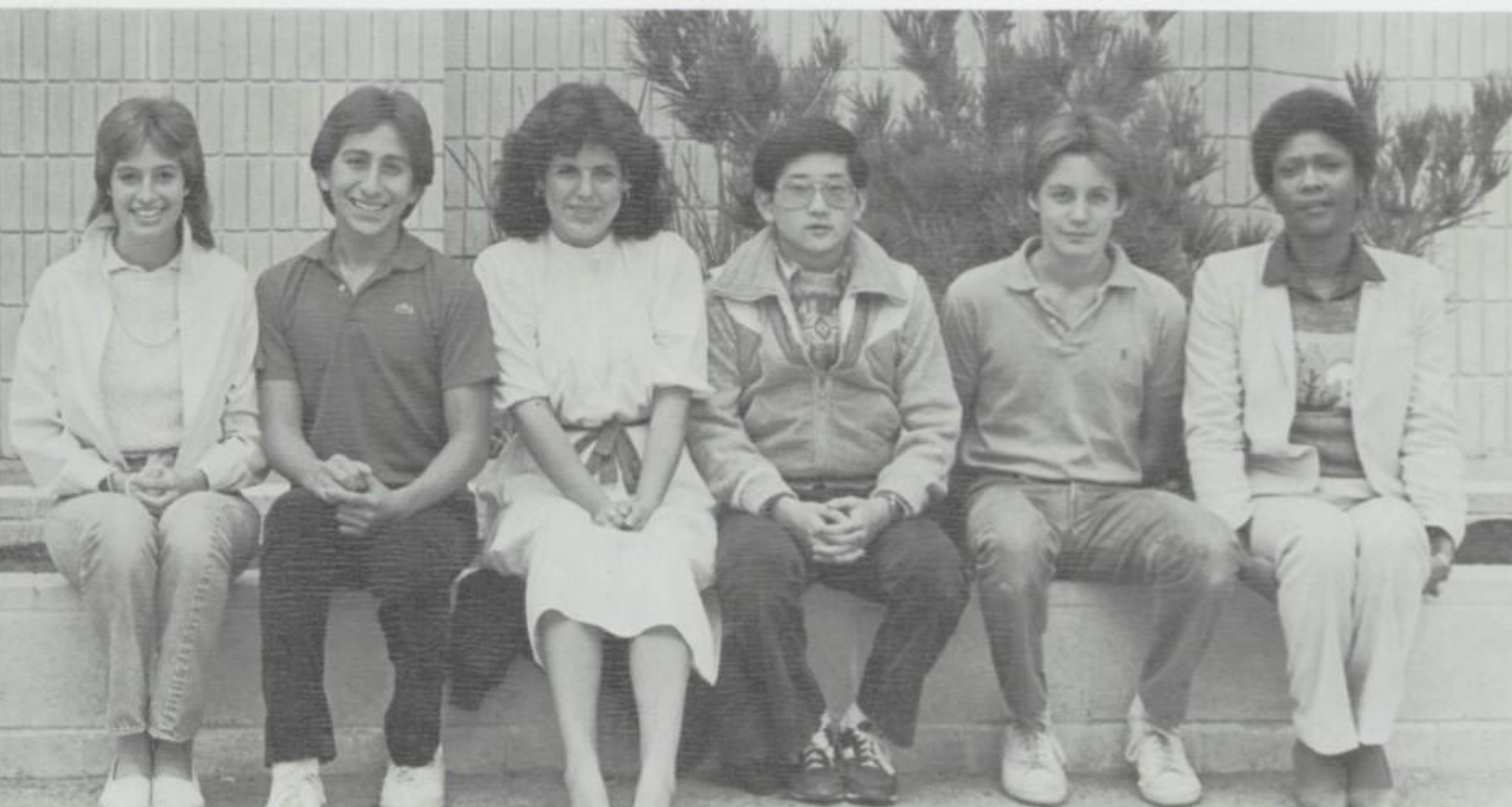


Mat Maids

Throughout the wrestling season, Mat Maids promoted spirit at matches and tournaments, and helped by keeping score and

statistics. The wrestler's lockers were decorated by the members and signs and posters were made to inform students of the matches. A calendar sale was held in January to raise money for the wrestling program. Mr. Dick Langston was the group's advisor.

The members were: Wendy Caldwell, Kim Caparas, Kari Connolly, Teresa Connolly, Tina Costantino, Kami Fredrick, Lilly Gillingham, Nicole Governali, Sharon Hartman, Lawan Hulsey, Jennifer Kelly, Shannon Kelly, Lisa Langston, Stacy Simmons, Evelyn Sparduld, Lisa Stahl, Sandy Stungl, Debi Whitmore, Lori Young.





A.S.B. Officers

A.S.B. President Alfred Harrison
 A.S.B. Vice President Alisa Scheidel
 A.S.B. Secretary Margaret Zuleger

Elected Officers

Senior Class President Lance Buckley
 Junior Class President Dana Regan
 Sophomore Class President Elianne Goodell
 Freshman Class President Maria Andrade
 Highland League President Becky Hoffman
 CASC President Jamie Hill

Commissioners

Publicity Meri Adams
 Concessions Rick DeAnda
 Co-Sales Dawn Cheney
 Co-Sales Lisa Phillips
 Academics Karen Copeland
 Public Relations Carl Gifford
 Programs Christine Grzesiak
 Activities Kandi Hosey
 Student Store Shelby Jones
 Finance David Kuhfal
 Spirit Brenda Mathis

Athletics Liz Vitai

Assistants

Spirit Teri Beaver
 Finance Mike Brierley
 At Large Grant Conrad
 Publicity Lisa Langston
 Student Store Steve Merghart
 Student Store Chris Parks
 Publicity Cathi Weaver
 Concessions Layla Allred

Associated Student Body

ASB planned and organized many school-related activities. This included such things as: dances, assemblies, Homecoming, and Clan activities. They also served the school through budget planning, student store, sales, concessions, and by making a large number of posters. "This year's ASB has made great strides in better serving the students," said ASB advisor Mr. Bonney. He went on to say, "Many of our members have attended leadership training

programs by the California Association of Student Councils (CASC), a state wide association of student leaders. Through involvement with CASC, and what was learned there, the functions of both ASB and Student Council have greatly improved." Members are mainly elected by the student body or appointed into specific positions. In addition to their normal class time they spent many extra hours either preparing or carrying out activities.



STUDENT LIFE





Patti Smith — Section Editor
 Karen Copeland
 Dana Meek
 Melanie Zinn

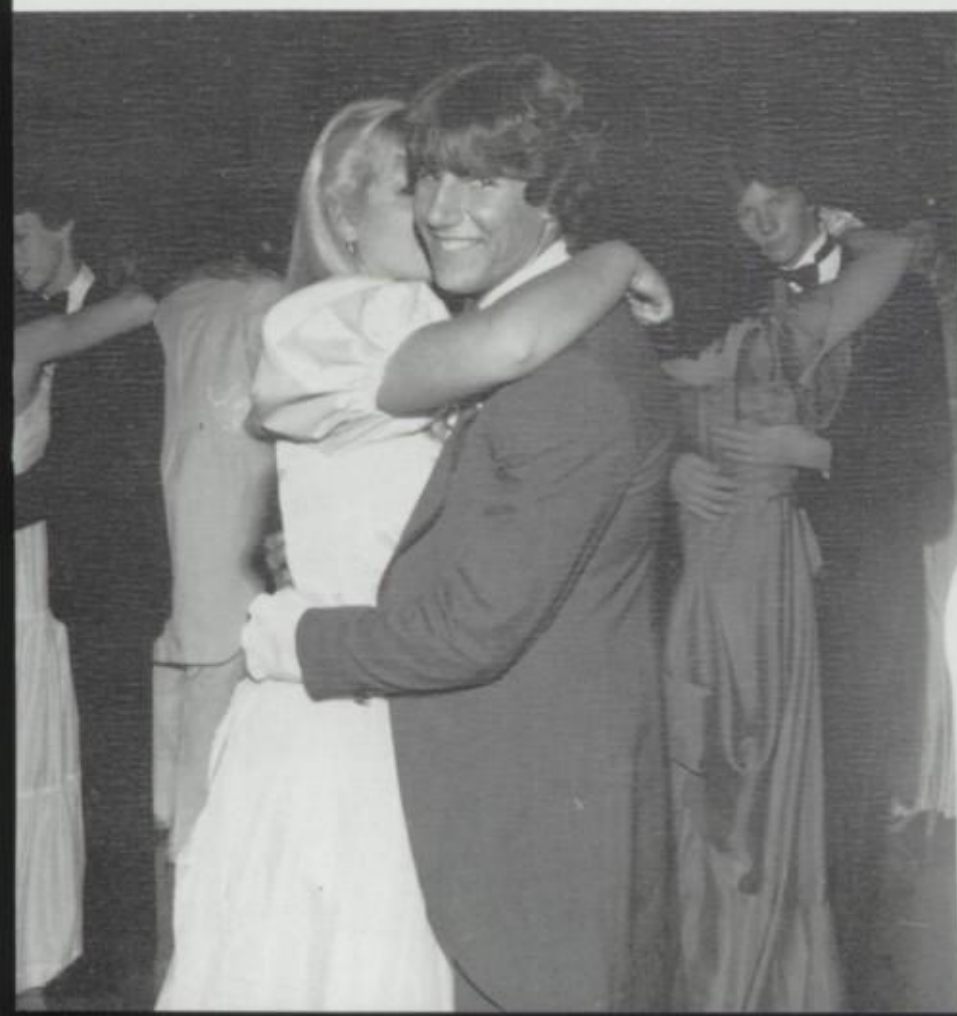
A Night To Remember

The Scottish Rite Temple was the setting for the 1982 Winter Formal. Highland League members were responsible for decorations and planning. The dance was held from 8:00 pm to 12:00 pm and featured the band, *Daily Planet*. During the dance, the annual crowning of the king and queen was presented. The court included: Cathi Weaver and Mark Allen, Jamie Hill and Chuck Cecil, Karen Copeland and Kimo Cano, Meri Adams and Kevin Beaver, La Vina Lowery and David Kuhfal. Last years king and queen, Mark Nadeau and Alison Usher, were present to relinquish their crowns to their successors. The king and queen, chosen by those attending the dance for their involvement at school, were Chuck Cecil and Karen Copeland. While some of the 200 couples danced to the sound of *Daily Planet*, others enjoyed refreshments or had their pictures taken. But whatever they involved themselves in, it was for all, "a night to remember."

The 1982 Winter Formal King and Queen were Chuck Cecil and Karen Copeland.



The Royal Court included: Cathi Weaver and Mark Allen, Jamie Hill and Kimo Cano, Meri Adams and Kevin Beaver, La Vina Lowery and David Kuhfal.



1981 Queen Allison Usher passes on her crown to the new reigning Queen.

David Moye and Amy Muirhead demonstrate their unique dancing abilities.

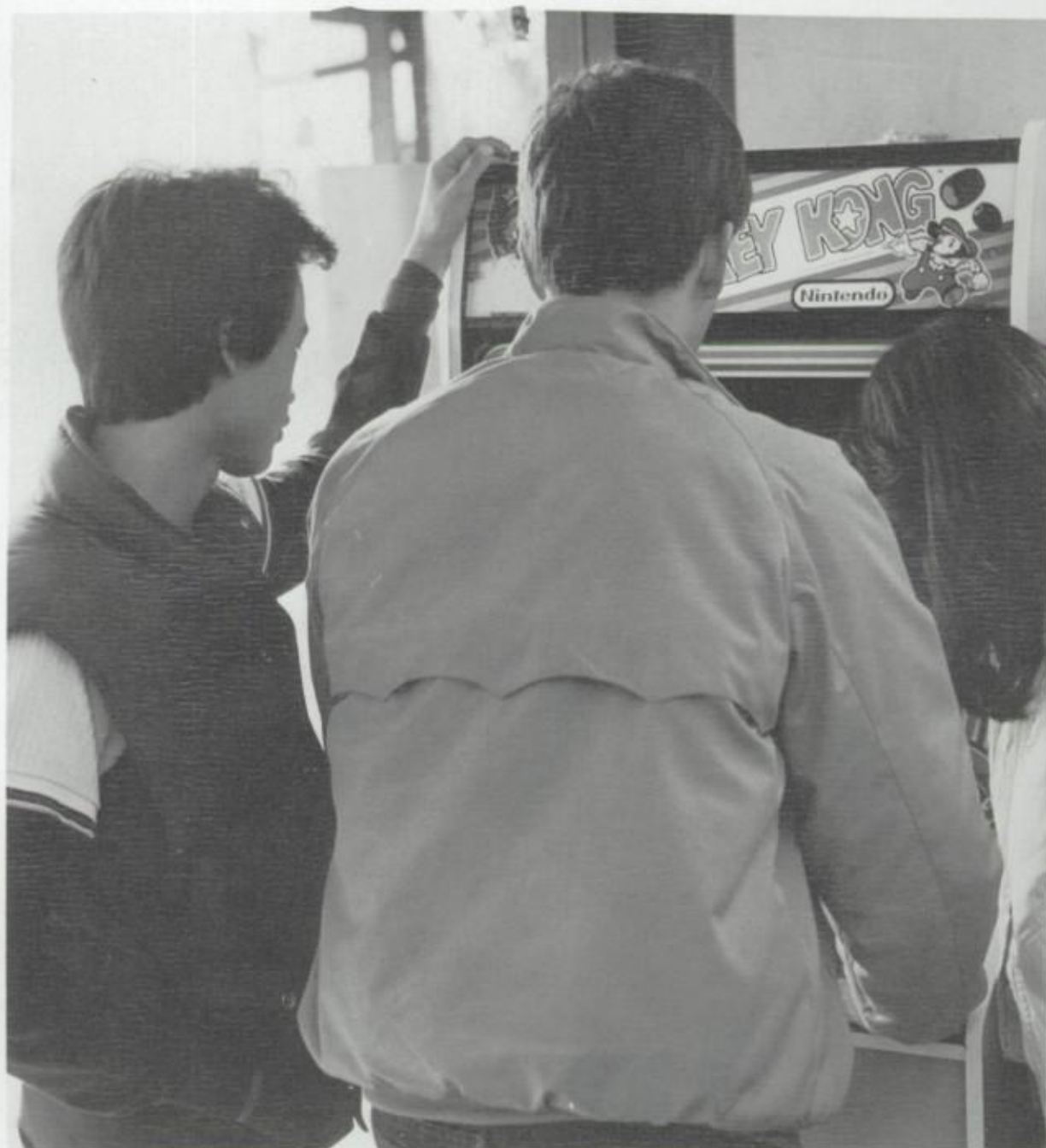
Couples wait to "capture the moment" in a portrait.

Dancing to the sounds of *Daily Planet* are Patrik Doi and Mandy Chow.

Laura Sewell and Todd Lucas dance to a slower beat.

Life Continues After School

While the last bell symbolized the end of school for the day, it also meant the beginning of *after school activities*. With an early school day, Highlanders had the opportunity to pursue many interests. For some this included eating at a popular hangout, sleeping or watching their favorite soap. Many participated in sports or were employed in part-time jobs. Still others enjoyed going to the beach or seeing a movie with a group of friends. No matter what Helix students involved themselves in though, they all found that life does continue after school.







School Life Endured



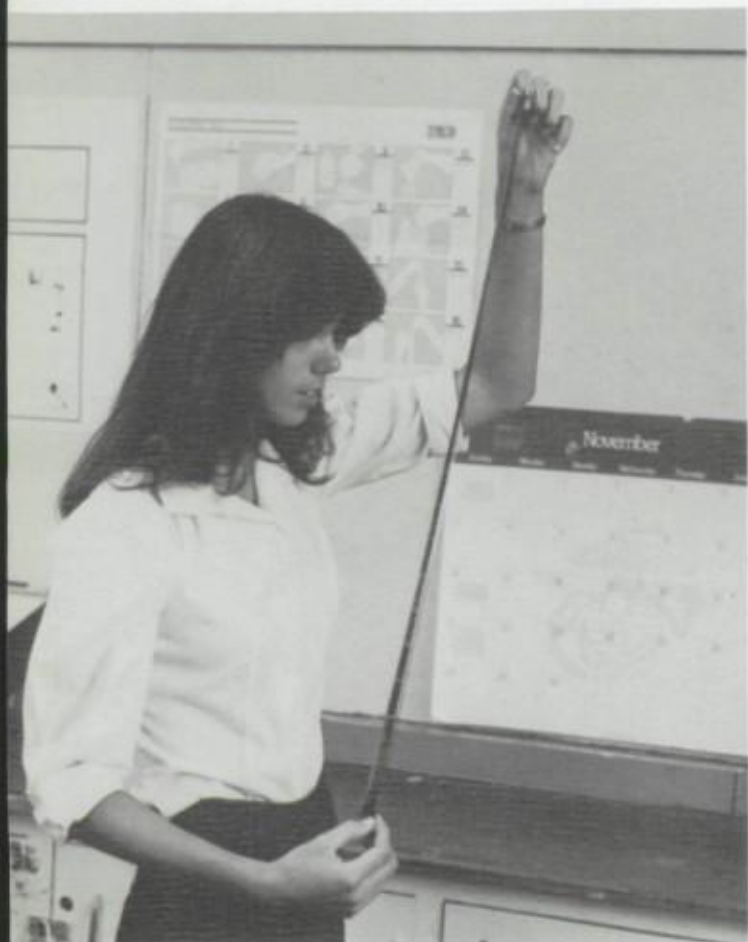
None knows the day that friends must part,
None knows how near is sorrow;
If there be laughter in your heart,
Don't hold it for tomorrow.
Smile all the smiles you can today;
Grief waits for all along the way.

Today is ours for joy and mirth;
We may be sad tomorrow;
Then let us sing for all we're worth,
Not give a thought to sorrow.
None knows what lies along the way;
Let's smile what smiles we can today.

Edgar A. Guest

Students Benefit From Electives

Career-oriented electives were a necessary and important segment of the curriculum this year. They enabled students to enroll in classes that would apply to future endeavors in the commercial world. New interests were generated through classes such as electronics, cabinetmaking, graphic communication, single survival, auto tune-up and photography. According to electronics instructor Lou Laterza, "These classes gave students a real nuts-and-bolts approach in selecting a career to pursue." And, on the academic scene were electives for college-bound seniors. These included classes such as film as literature, personal finance, oceanography, stagecraft, speech, foreign language and music. Said oceanography instructor Parker Olsen: "Students enrolled in my class are exposed to a variety of subject areas that serve as prerequisites to similar classes offered at the college level."



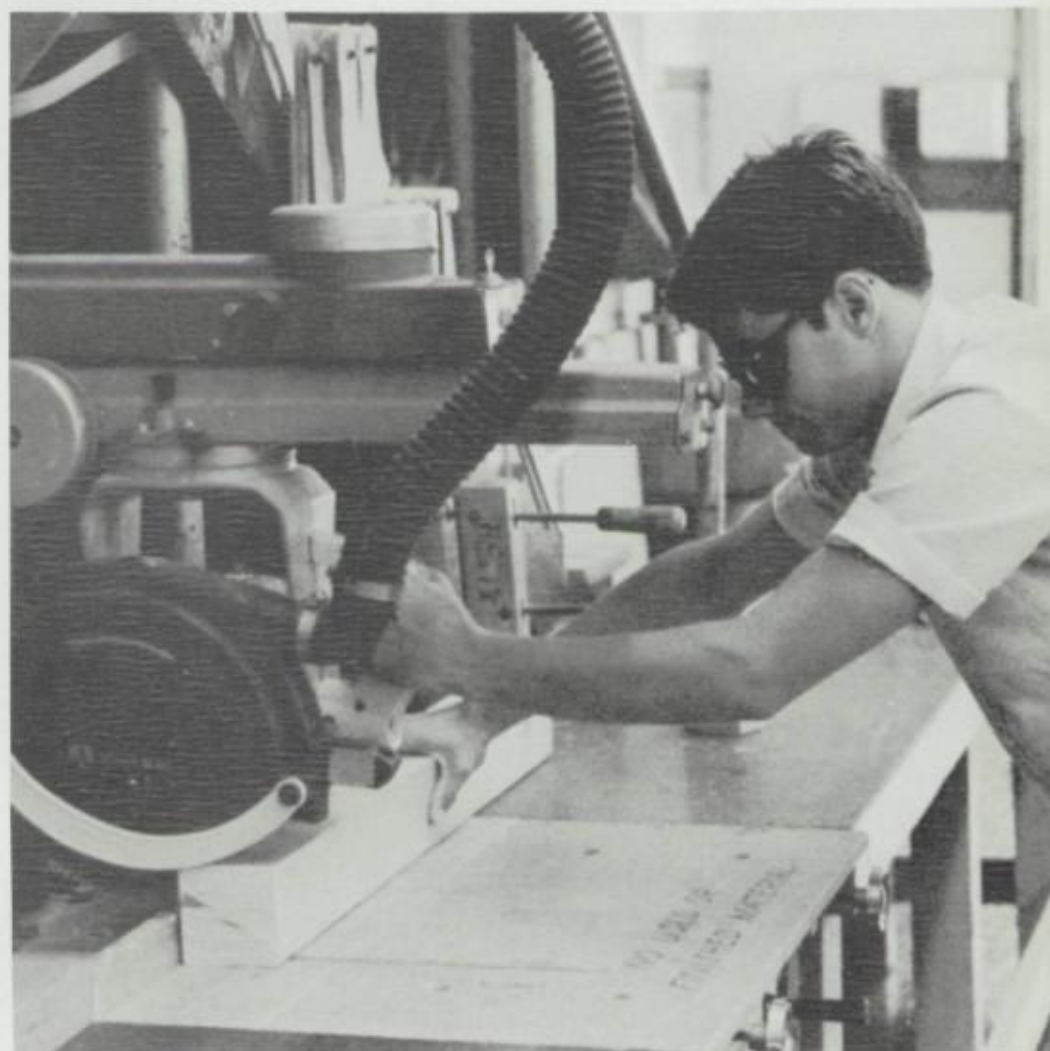
Students hungrily eat homemade waffles in *single survival*.

Electronic students get a chance to explore one of the fastest growing fields of today.

Trish Thorvick examines film she developed in *photography*.

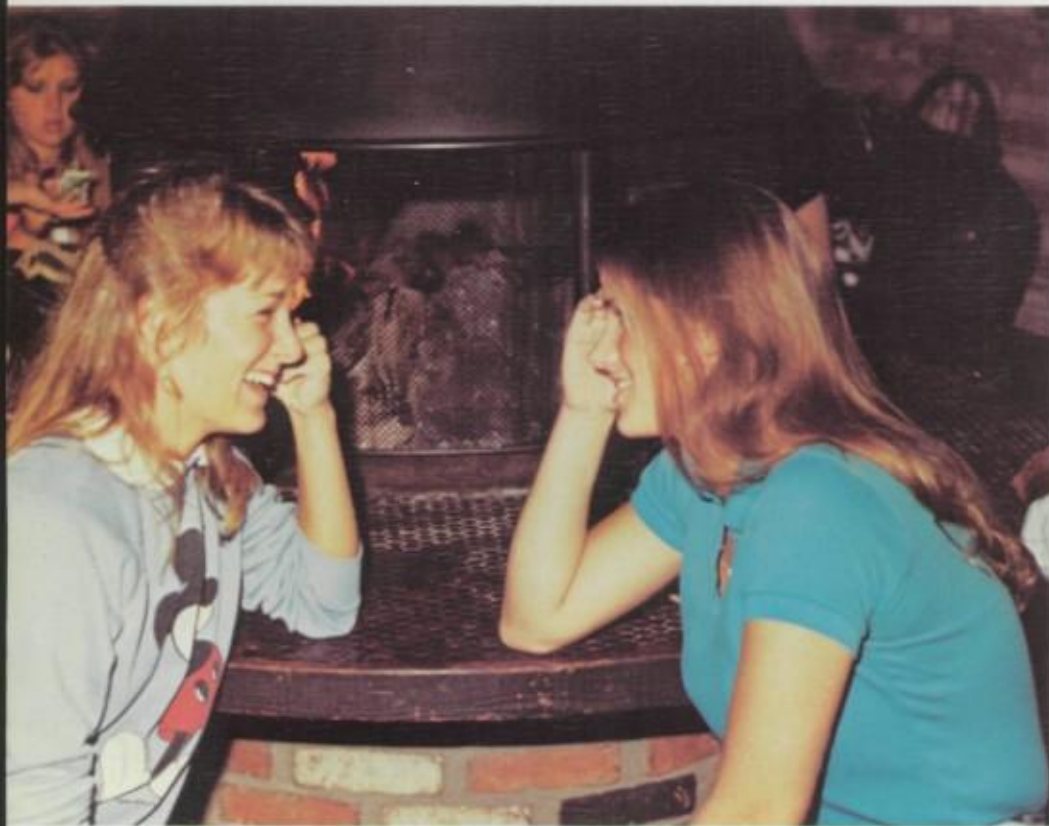
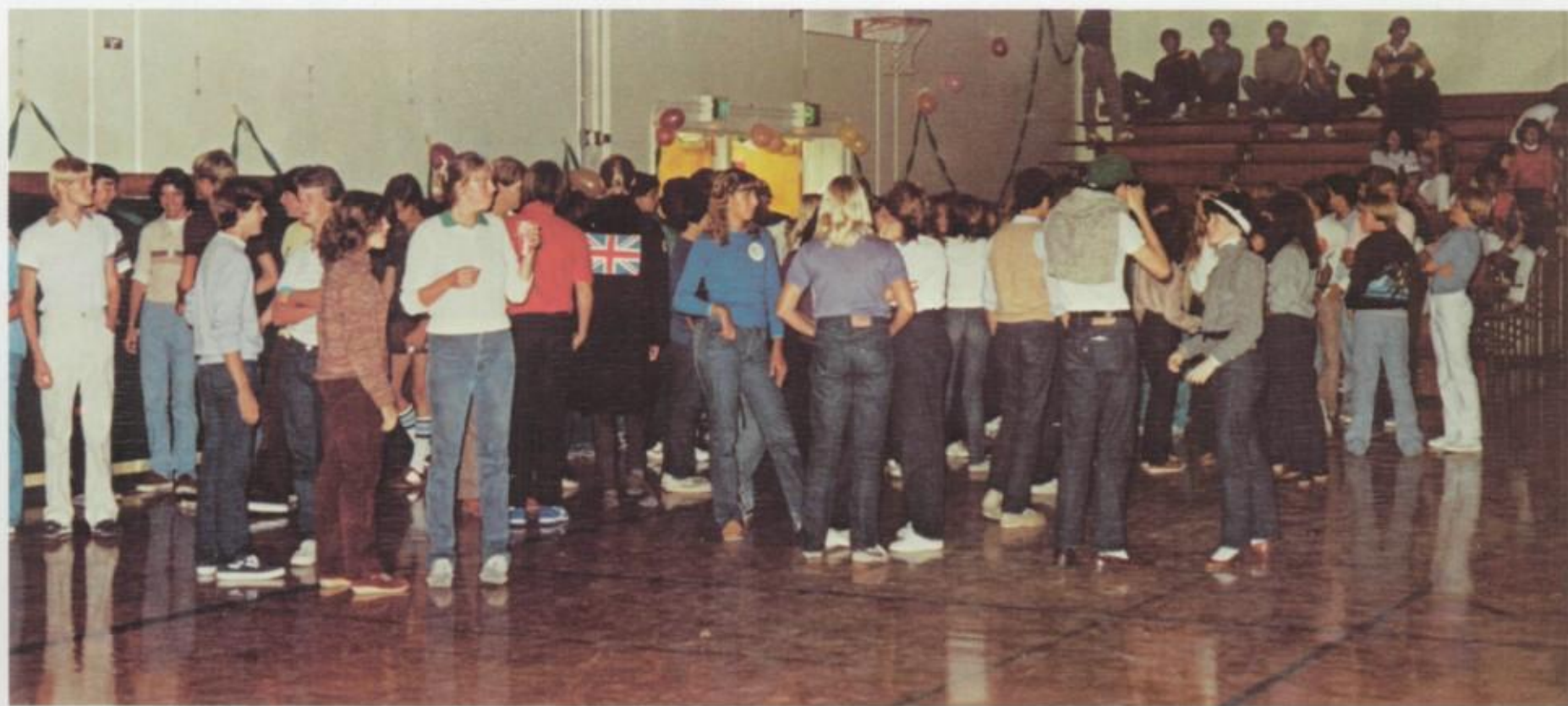
Nhon Tieu discovers the creative world of *graphic arts*.





*Oceanography students looking over handmade whale projects.
Film as literature students experience a new concept of English.
Joel Roop designs a table in woodshop.*

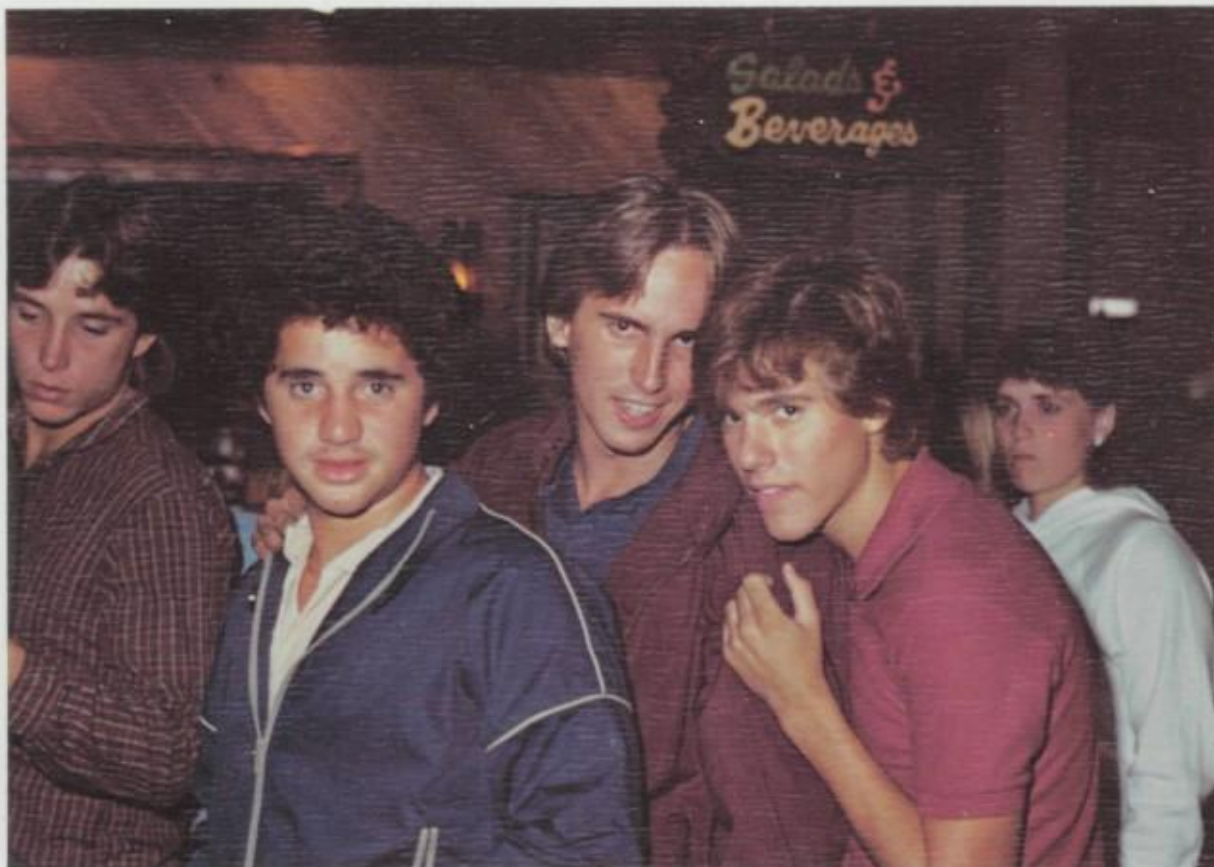
Friends Make It Special



With you as my friend
I have someone to share with me
Those simple moments,
To just act myself
And not to impress;
Our friendship is what makes
These simple moments special

Eugene J. Stewart





The Good Ol' Days

Homecoming is a chance to recognize students who have given outstanding service to the school. Those chosen by fellow seniors as Homecoming candidates included: Mary Farrelly and Jeff Merghart, Kristy Rankin and Andy Biehl, Kim DeSelms and Mike Brierley, Brenda Mathis and Corey Way, Becky Hoffman and Lance Buckley and Kandi Hosey and Scott Webb. During the week preceeding Homecoming the royal court participated in different competitions such as a "make a sundae on your prince's face" contest, a "legs" contest, a "make me beautiful" contest and relay races. Also included in the week was the annual Homecoming Assembly which was presented by ASB to create spirit throughout the school. A run-through contest, competition between the royal court, performances by the cheerleaders and the revealing of senior standouts were all part of the activities at the assembly. At the conclusion of Homecoming week, Jeff Merghart and Mary Farrelly were crowned king and queen of '82.

Princess Kandi Hosey and Prince Scott Webb finish off the night's festivities with a royal dance.



Princess Brenda Mathis, Prince Corey Way and Princess Kandi Hosey show off their "make-overs."

Princess Kristy Rankin and Prince Andy Biehl show their enjoyment of the evening.

Prince Mike Brierley lends a helping hand to Princess Kim DeSelms at the Homecoming ceremony.





Last year's Homecoming Queen Marcy Bona relinquishes her reign to Mary Farrelly.

Prince Corey Way assists Princess Brenda Mathis out of their car at the Homecoming ceremony.

Princess Becky Hoffman displays the final results of the "make me beautiful" contest.

Princess Mary Farrelly hunts desperately for her prince's legs in the "legs" contest.

Princess Becky Hoffman and Prince Lance Buckley join the rest of the court.



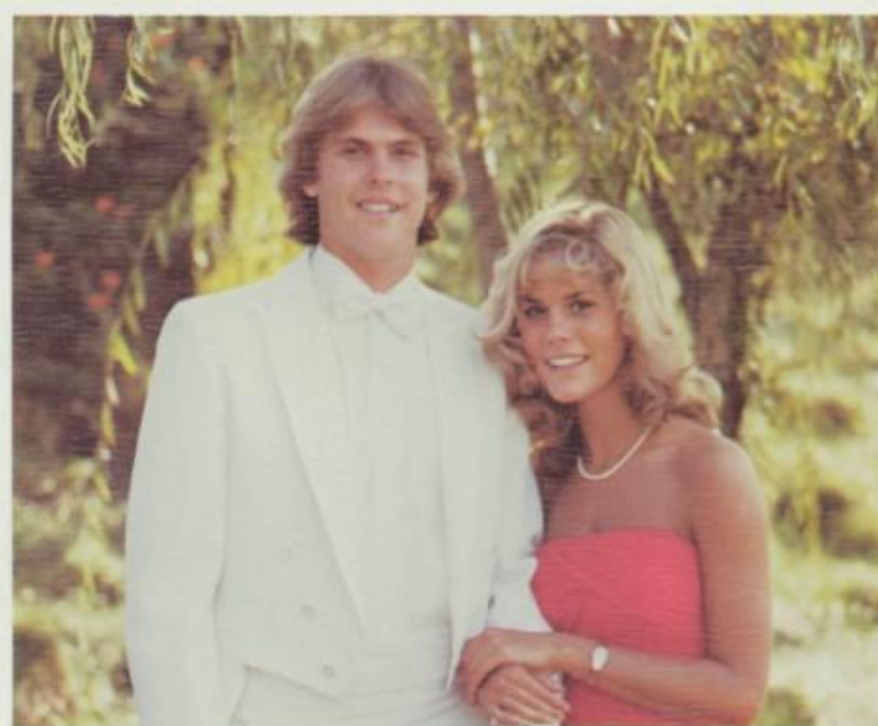
King Jeff, Queen Mary

It was in the ASB office on Friday evening, October 15, where the air was tense, the atmosphere anxious and the royal court nervously awaited an entrance onto the track. At half time, as antique cars delivered each Prince and Princess to the gate, the band played and then grew silent as names were announced. The stadium lights dimmed, the crowd quieted. "The 1982 Homecoming King and Queen are Jeff Merghart and Mary Farrelly!" With excitement still in the air, the crowd was treated to a sparkling array of fireworks. It was an evening where long lost friends were reunited once again as they found themselves rooting for their team, the Scotties, who notched their 4th straight victory with a 28-0 rout over El Capitan. As the gun sounded the end of the game,

players and fans left slowly, stopping along the way to admire the scoreboard and savor the moment. Then it was on to the dance where clusters of students witnessed the climax of ASB's version of "The Good Ol' Days."

Homecoming Queen Mary Farrelly was vice-president of her class her freshman year. She had been in Young Life and was a standout in track. Mary was also involved on Tartan staff. Homecoming King Jeff Merghart was a cartoonist on the Highland Fling all of his years at Helix and he assisted ASB with his artistic talents. He also played football.

The Royal Court of '82



The royal court included Princess Kristy Rankin. Kristy was a member of the varsity swim team and was involved in ASB. In addition, she was editor of the Tartan and in Highland League. She was escorted by Andy Biehl. Andy performed outstandingly in water polo and swim during his four years at Helix. He also excelled academically. Princess Kim DeSelms was very active in her years at Helix. She was freshman secretary, commissioner of spirit and ASB vice-president. She was also senior class secretary. Kim's escort, Mike Brierley, was very involved in ASB for three years. He was also on Tartan staff and senior board. In her four years at Helix, Princess Brenda Mathis had run track, was both a JV and varsity cheerleader and was on the dance team. She also was spirit commissioner. Her escort, Corey Way, was a participant in football, basketball and baseball. He was also on the Tartan staff and a reporter for Highland Fling. Princess Becky Hoffman was Highland League president her senior year. She was captain of JV cheer, in ASB and on both junior and senior Board. Escorting Becky was Lance Buckley. Lance was senior class president and actively involved in ASB. Kandi Hosey was commissioner of activities her senior year, freshman class president and involved in sports. Her escort, Scott Webb, excelled in basketball, baseball and football. He was quarterback at the Homecoming game as well as being an all-American kicker.

Seniors





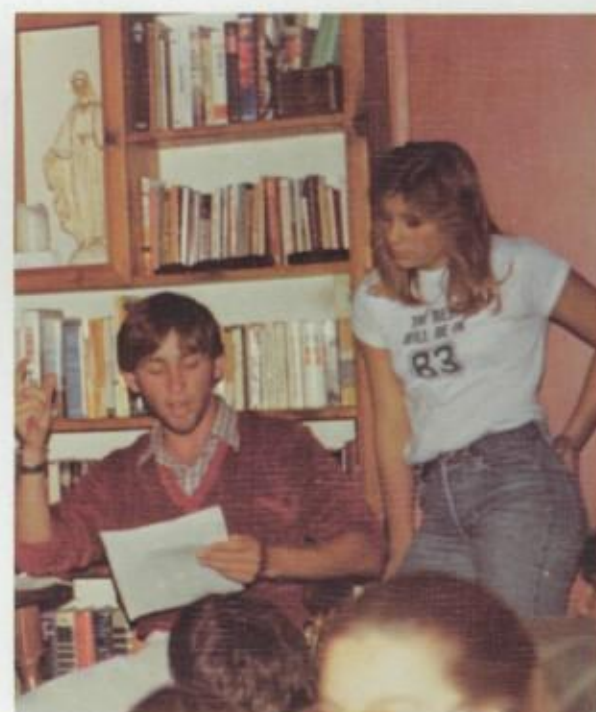
Cindy Wilcox — section editor
Mike Brierley
Karen Cunningham
Dianne Skidmore

Senior Board kept busy during the summer and throughout the year preparing for the Senior Prom. Officers Lance Buckley, President; Michelle McBride, Vice-President; Kim DeSelms, Secretary; and Mark Iverson, Treasurer selected different committees to plan Senior activities such as Senior Breakfast, Annual Signing Party, Grad Night, After Prom, and Graduation. Aided by Senior Class advisors Mr. Ron Ray and Mr. Parker Olsen, Senior Board sponsored many successful fundraisers which helped to keep the costs of these activities down. Senior Board made it a productive year for the Class of 83.

Senior Board members were: K. Lungwitz, K. Altman, D. Smith, N. Gilliland, L. Lowery, D. Avants, K. Hosey, M. Adams, M. Zuleger, L. Vitai, J. Igarashi, T. Beaver, P. Tyson, S. Pinterich, R. Edney, J. Edney, G. Eng, D. Nowell, J. Silva, J. Seeman, L. Beers, J. Quasarano, A. Harrison, A. Allgaier, J. Ridenour, S. Moser, L. Branson, B. Hoffman, B. Mathis, K. Rankin, J. Hill, K. Cunningham, D. Skidmore, M. Brierley, D. Glatz, J. Wheeler, and J. Gilliland.



Officers: Lance Buckley, President; Michelle McBride, Vice-President; Kim DeSelms, Secretary; Mark Iverson, Treasurer.



Mr. Olsen



Mr. Ray

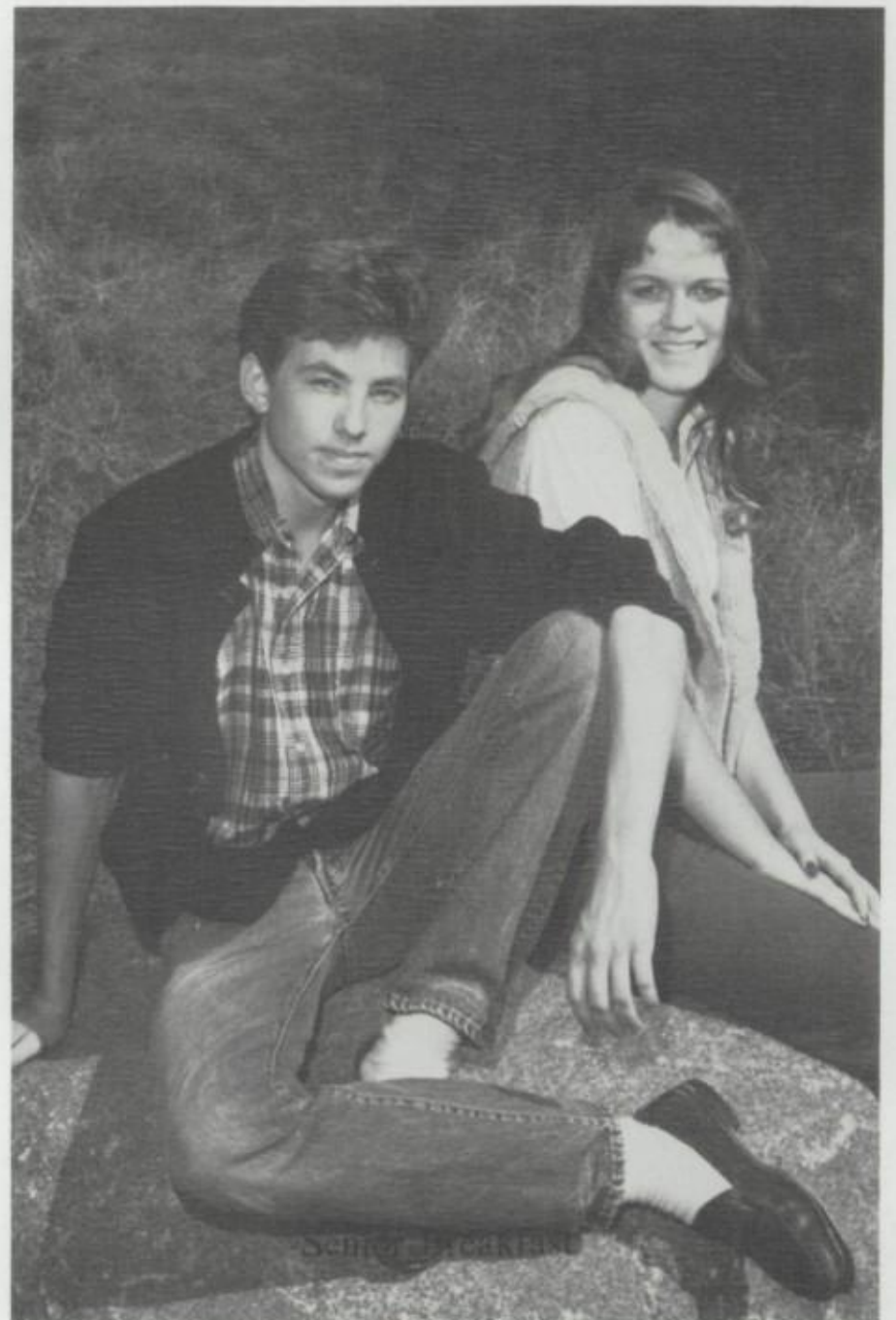




The Best Will Be In '83



Committees not pictured: Cap & Gown, Senior Bulletin Board.





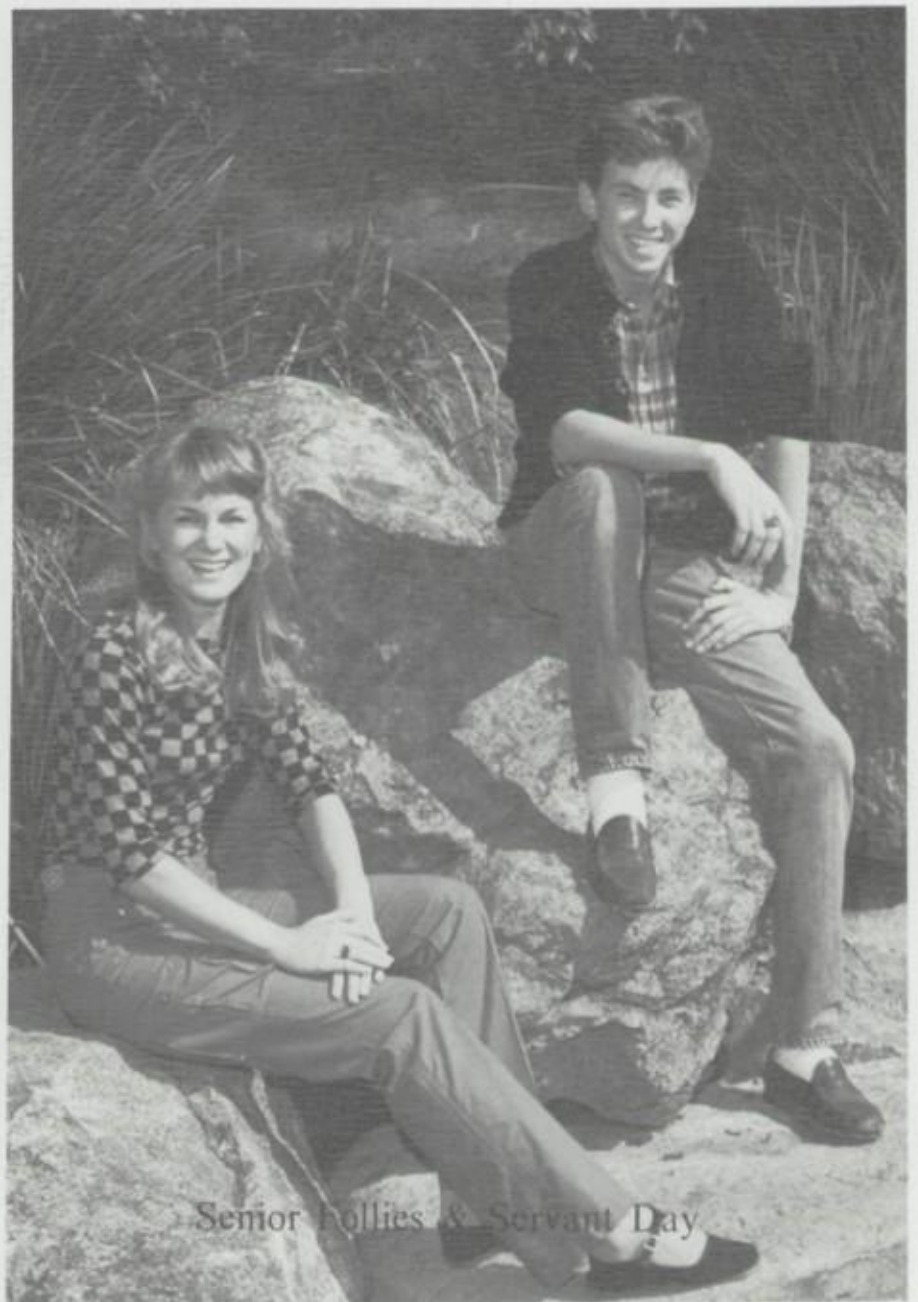
Senior Announcements



Annual Signing Party

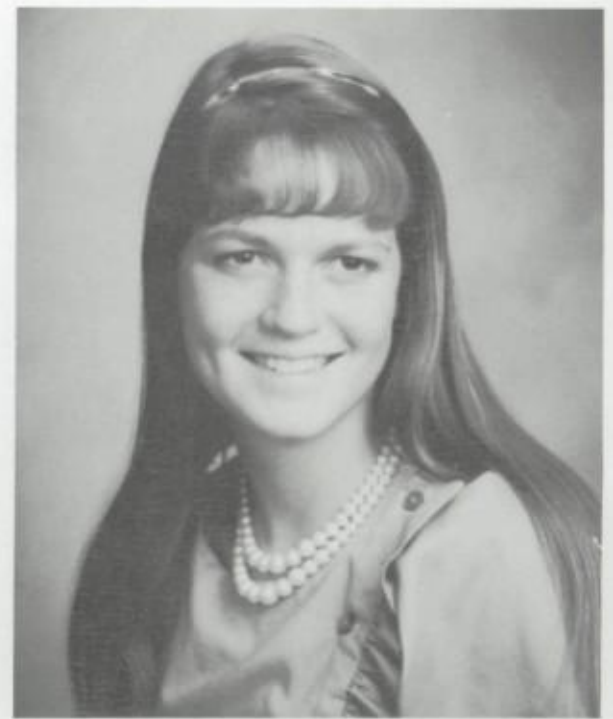


Baccalaureate

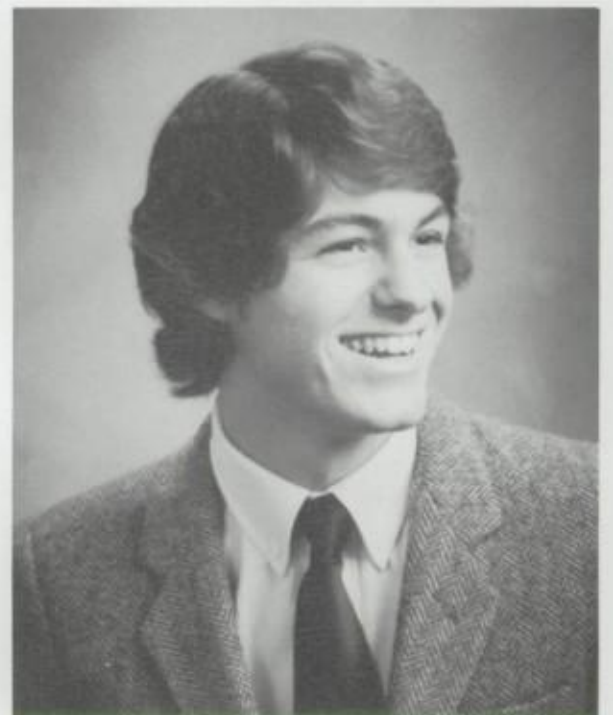


Senior Follies & Servant Day

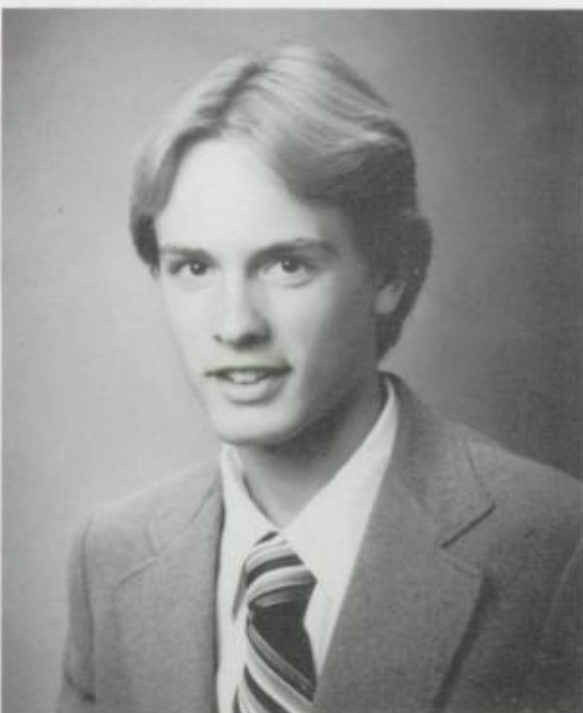
Valedictorian, Salutatorian Candidates



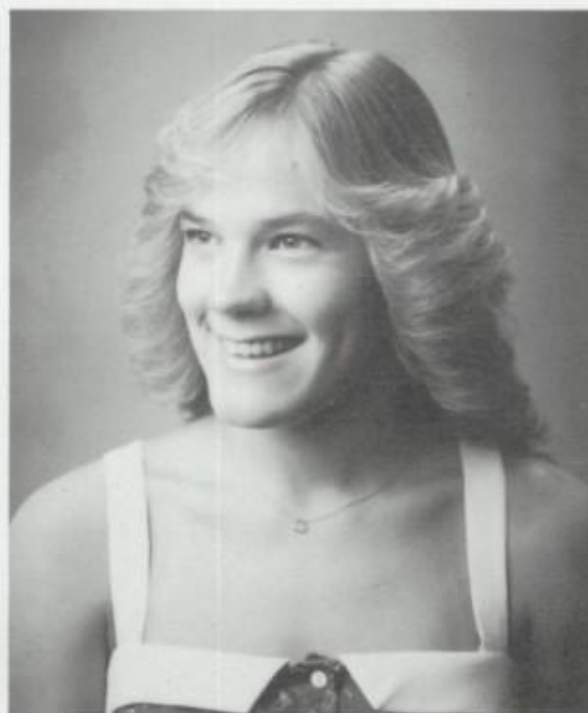
Allison Allgaier 4.00



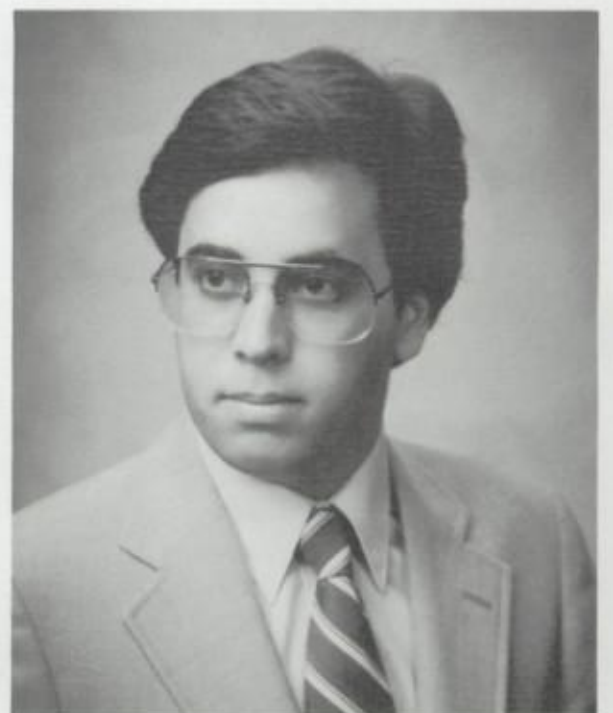
Pat De Gravelles 4.00



John Michno 4.00



Patricia Smith 4.00



Todd Curry 3.966



Kelly Altman 3.960



Kimberly Green 3.95

Remaining Top Ten Percent



Kimberly Whitcomb 3.95



Charles Cecil 3.94



Ron Edney 3.93



Kimberley De Selms 3.92



Mary Farrelly 3.92



Margaret Zulegar 3.92



Jamison Hill 3.88



Barbara Gilbreth 3.88



Katherine Van Boskirk 3.88



Daniel Anfinson 3.85



Janice Ridenour 3.85



Allison Chapman 3.84



Kimberley Moore 3.84



Susan Mackenzie 3.83



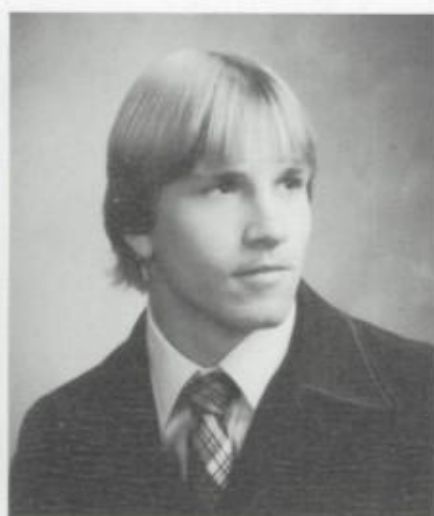
Kimberly Bucholz 3.80



Janine Quasarano 3.78



David McAdams 3.76



Kevin Beaver 3.73



Sandra Mac Gregor 3.73



Robin Lim 3.72



Glenda Ruby 3.68



Dianne Skidmore 3.68



Cynthia Wilcox 3.68



Anne Marie Campbell 3.66



David Bryant 3.65



Jane King 3.64



Margaret Sherrill 3.64



Andrew Biehl 3.63



Kathleen West 3.63



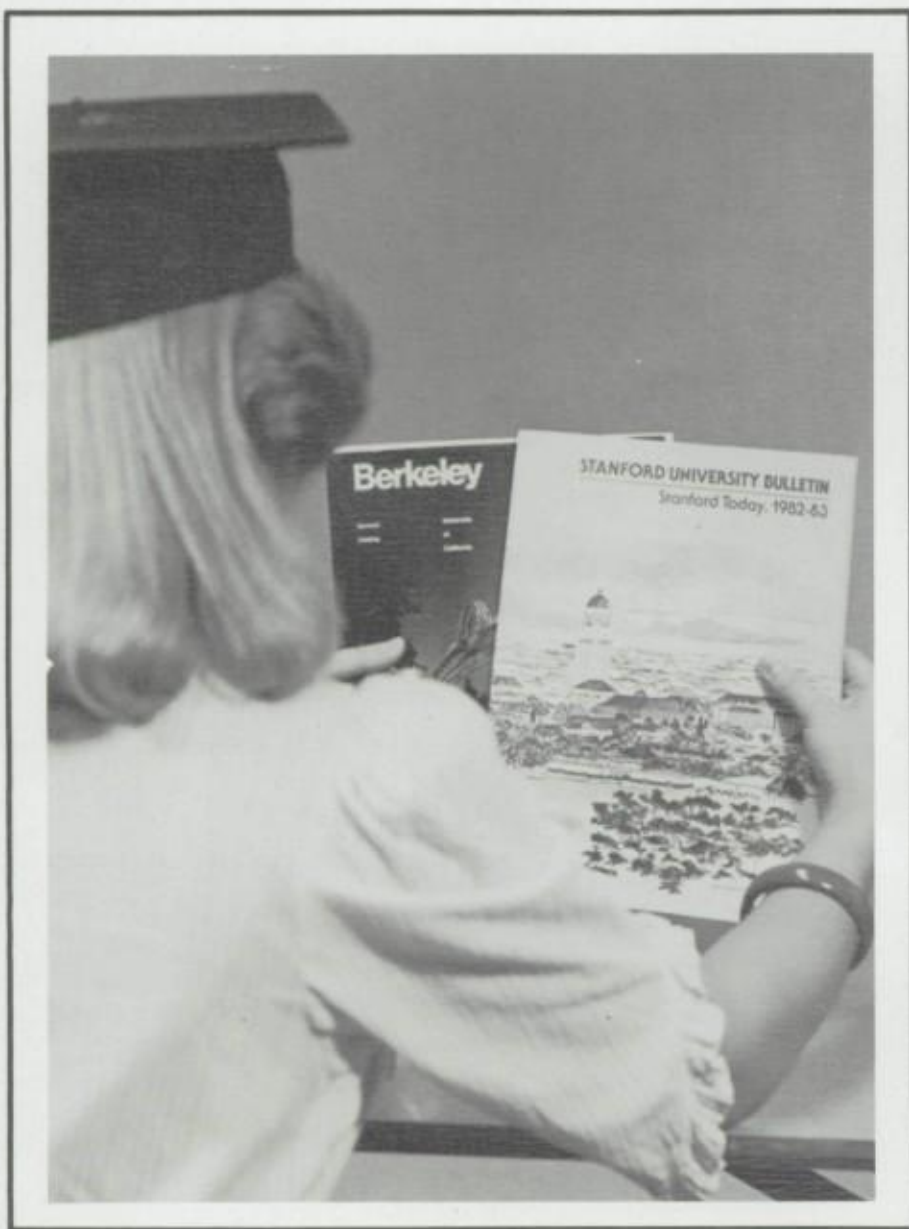
Tracy Heiner 3.61



Beth Mandel 3.61



Robert Madden 3.60



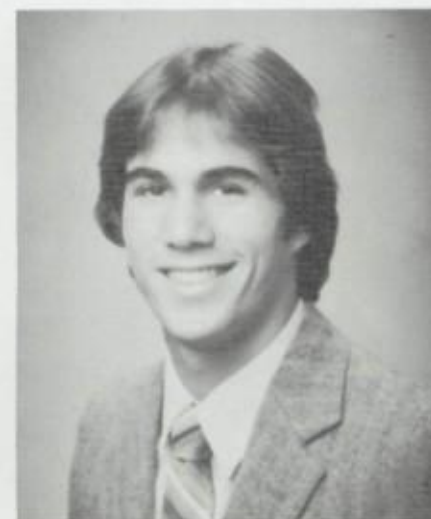
Elaine Wong 3.60



Mark Iverson 3.59



Julia Seeman 3.59



Mark Allen 3.56



Kristy Rankin 3.56



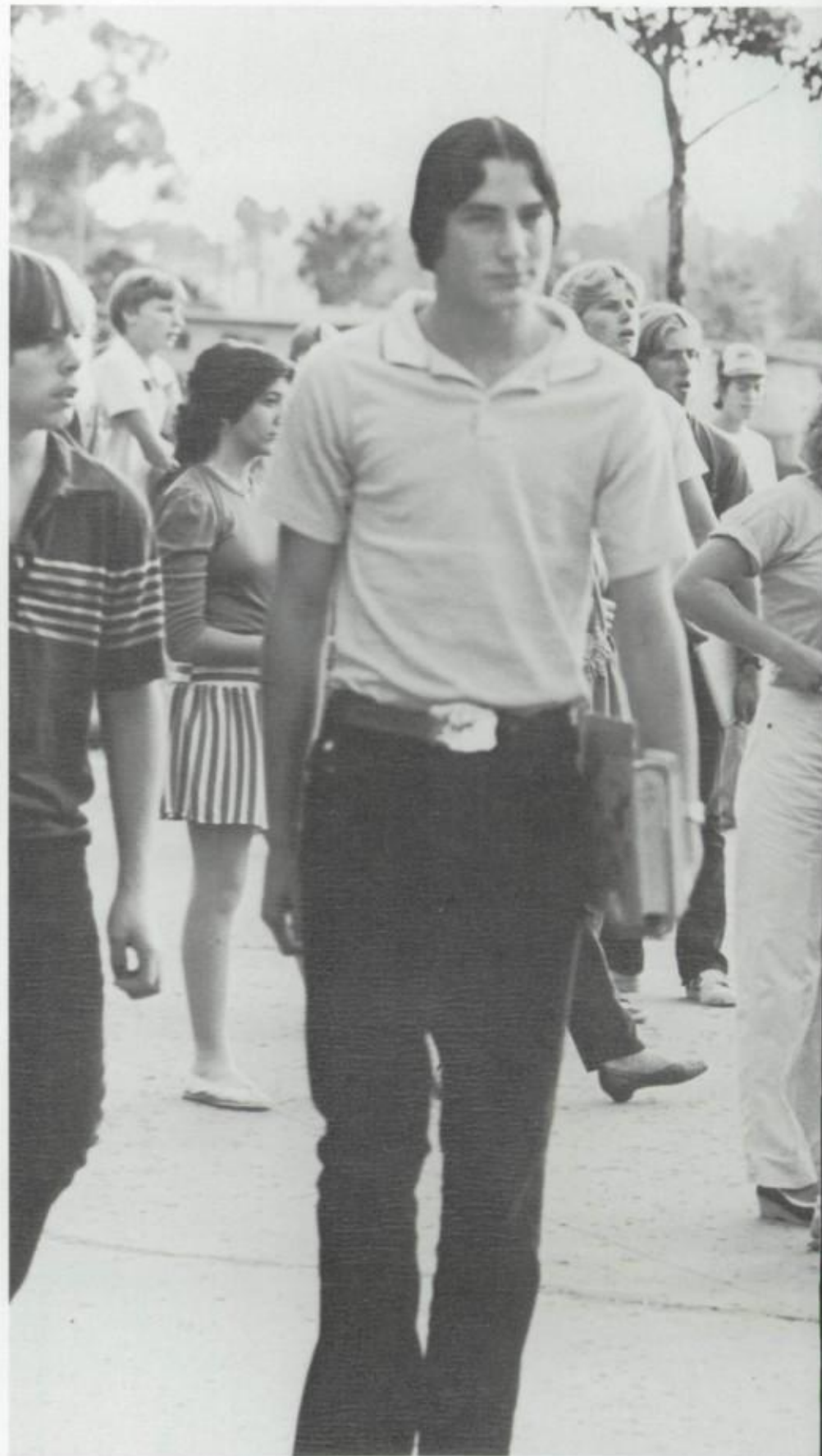
Mary Kay Roberg 3.56



Tracy Towler 3.56



Elizabeth Vitai 3.56



I feel different from everyone else.
 I don't need to conform to what others want me to be.
 I just need to be what I am.
 I don't need to impress other people.
 I just need to do the best I can.
 I don't need to keep running.
 I am content with my activities.
 I don't need a lot of people.
 I am happy to be alone, thinking about you.
 I am very satisfied with my life.
 I guess it's the knowledge that though we're not to-
 gether all the time.
 You care about everything I do,
 and You share all my thoughts and dreams.
 Author Unknown



Leading Lads 'N Lassies



October
Jan Abernathie
Music Dept.



October
Margie Sherrill
Choral Dept.



November
Todd Curry
Math Dept.



November
Dianne Skidmore
Art Dept.



December
Pat DeGravelles
Foreign Language Dept.



March
Chuck Cecil
Boys Athletics



March
Deeann Lovell
Girls Athletics



April
Jim Omahen
Economics Dept.



April
LaVina Lowery
Cheer



May
Mark Iverson
Tartan



May
Penny Tyson
Highland Fling



June
Kevin Beaver
Business Dept.



June
Eric Johnston
Business Dept.



Selected Each Month



December
Karen Williamson
Science Dept.



January
David Munson
Industrial Arts Dept.



January
Margaret Zulegar
A.S.B.



February
David Bryant
Library Dept.



February
Jamie Hill
Social Science Dept.



The selection process of Leading Lads 'N Lassies was handled differently this year. Traditionally the selection was made by the Senior Class, but Highland League felt that a change was needed. "Seniors should be recognized for excelling in academics, as well as extra-curricular activities," said Highland League President Becky Hoffman. Eighteen students were chosen for their outstanding contributions in various departments including Athletics, Art, Sciences, Math, Business, Cheer, A.S.B., Music, Journalism, and Language. With the exception of June, one Lad and one Lassie were selected each month by department heads and other faculty members. Although students were not recognized in the Highland Fling as in years past, their names were publicized monthly in the cafeteria showcase. October's Lad 'N Lassie, Jan Abernathie and Margie Sherrill, were first to be honored. November recognized Todd Curry and Dianne Skidmore and December, Pat DeGravelles and Karen Williamson. January honors went to David Munson and Margaret Zulegar and February, David Bryant and Jamie Hill. Next to be honored were the March candidates Chuck Cecil and Deeann Lovell. April honors went to Jim Omahen and LaVina Lowery and in May they went to Mark Iverson and Penny Tyson. Finally, June recognized two Lads, Kevin Beaver and Eric Johnston.

Outstanding Athlete Candidates

Senior athletes pictured here are candidates for *Outstanding Senior Athletes* in their respective sports. They were selected for this distinction by their coaches based on individual performances which ultimately led to All-League and All-C.I.F. recognition. Because of their performances

Helix was privileged to participate in C.I.F. waterpolo, cross-country, football, wrestling, soccer and basketball. "We expect to participate also in C.I.F. track, baseball and golf," stated athletic director Jim Arnaiz. Not pictured are Robert Devers for track and Peter Young for football.



Mark Allen
Football, Track



Kevin Beaver
Football, Track



Bradley Bidwell
Waterpolo, Swimming



Andrew Biehl
Waterpolo, Swimming



Michael Biggs
Football



Georgette Bradley
Volleyball, Softball



Tyrus Brooks
Track



Kimo Cano
Football, Track



Chuck Cecil
Football, Basketball,
Baseball



Mary Colbert
Basketball



James Coyle
Football, Basketball,
Baseball



Clifford Croxall
Soccer



Todd Emery
Soccer



Jerry Fanning
Football



Carlos Hernandez
Football, Track



Linda Holmes
Volleyball



James Igney
Soccer



Garrett Keisler
Football, Wrestling



Jane King
Basketball



James Kirklen
Waterpolo, Swimming



Stephanie Kruase
Volleyball, Basketball



Jeffrey Learn
Waterpolo, Swimming



Deeann Lovell
Cross Country, Track



Kevin Mahoney
Football



Brenda Mathis
Track



Douglas Miller
Baseball



Tyrone Muldrow
Basketball



James Mutter
Basketball, Baseball



Tony Necoechea
Football, Track



Rusty Nelson
Basketball, Baseball



David Nisleit
Football, Tennis



James Omahen
Waterpolo, Swimming



Scott Pilkerton
Football, Baseball



David Rinder
Football



Kent Schwartz
Football, Track



Renato Shaffer
Football, Track



Miranda Surber
Volleyball, Track,
Softball



Benton VanWulven
Cross Country, Golf



Elizabeth Vitai
Cross Country,
Swimming



Corey Way
Football, Baseball



Scott Webb
Football, Basketball,
Baseball



Kathleen West
Volleyball, Soccer



Cynthia Wilcox
Swimming



Anita Wilson
Gymnastics

Seniors Boogie
In
"Dance Mania"

Tyra Santos and Lisa Oyos dance to LOVE COME DOWN.

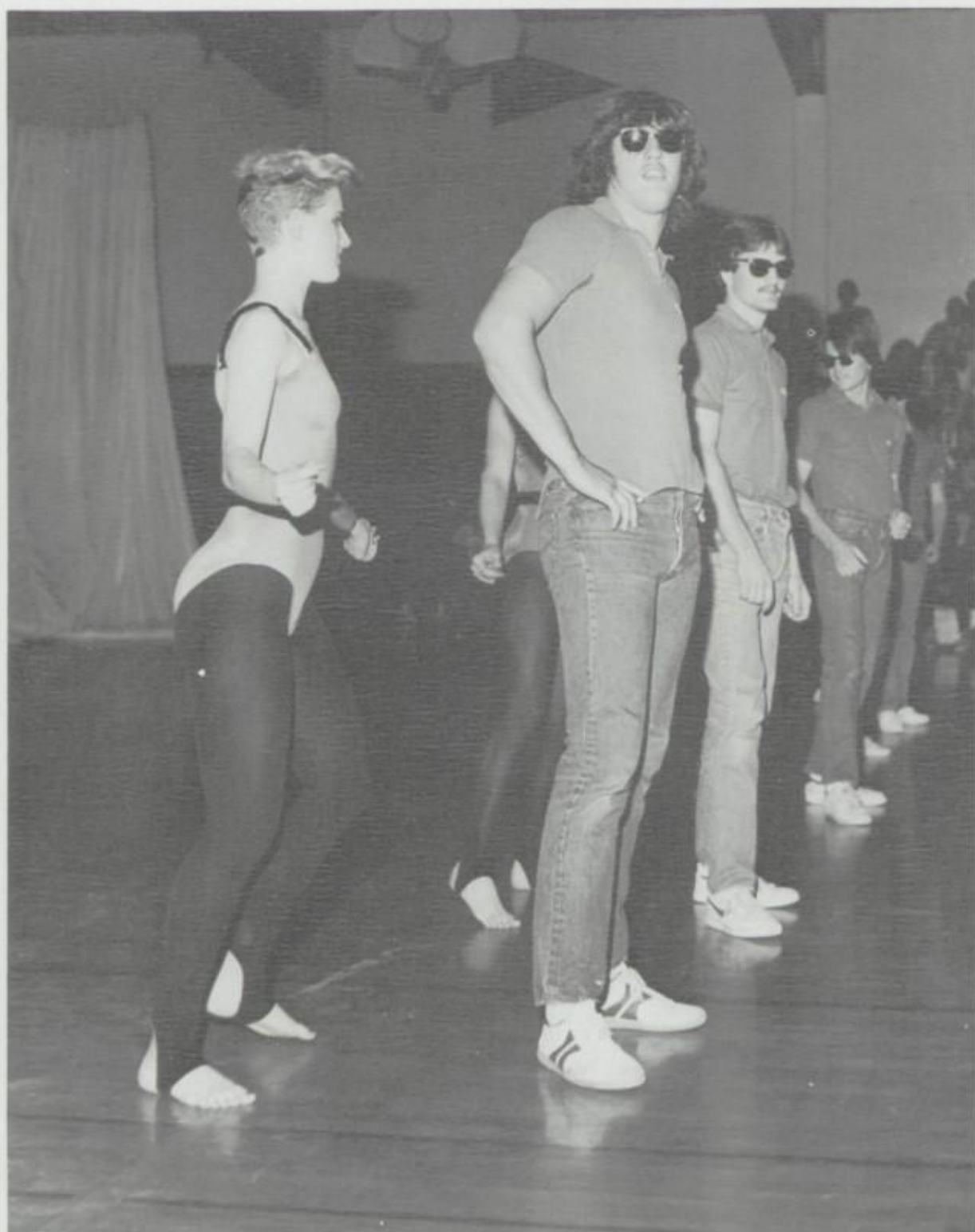


Amy Hernandez and Dawn Gourley dance to HARD TO GET.

Penny Tyson performs to YOU SHOULD HEAR HOW SHE TALKS ABOUT YOU.



Dance Mania, a collection of dances choreographed and performed by Helix dance students, was presented in a concert in the Helix gymnasium on February 17 and 18. The program was primarily a variety of dances developed in the advanced dance class. Senior girls invited senior boys to participate in their routines for the show, consequently there were two senior boy-girl dances. Said director Mrs. Leslie Messier, "The show is successful because the students involved are conscientious, responsible and talented. They should be proud of such an accomplishment. Each year I develop a closeness with the students. I think nothing will ever be as successful, yet each year Helix has enthusiastic and sincere people involved. I remember a time when I had to choreograph almost the entire show and now I usually do one or two dances. Students are very involved and determined to create their own masterpieces."



Brenda Mathis and Lori Branson in WHO CAN IT BE?

La Vina Lowery dances to DO IT.

Sharon Barnett, Mike Biggs, Danny Kellogg and Pat Whipple perform in DANCE WITH ME.

Comedy Tonight Take 4

Over the past four years, Comedy Tonight has become a tradition with the drama department. It consisted of numerous comic scenes which Mrs. Noll, director, chose from viewing plays during the summer. Comedy Tonight was performed by the advanced drama students with auditions lasting one week. The production opened on November 18 and lasted three days. According to Grant Conrad, "This was by far the best Comedy Tonight ever."



Comedy Tonight — Entire Cast

M.C.'s Grant Conrad, Al Harrison,
Margie Sherrill, Lezley Jones

Gypsy

June..... Michelle Bloom

Louise..... Margie Sherrill

Rose..... Teri Phillips

Herbie Dan Zasueta

Cratchitt Lezley Jones

Owl and the Pussy Cat

Felix Steve Moramarco

Doris..... Teri Phillips

Blithe Spirit

Madam Arcati..... Shelly Larson

Ruth..... Dana Regan

Guys and Dolls

Announcer..... Aaron Pett

Girls Carolyn Adams, Kami Fredrick, Dana Regan
Carrie-Ann Hall, Michelle Bloom
Jana Carter, Sandy Stangl, Julie Rushing
Lezley Jones, Sara Fitz

Nathan..... Bobby Day

Adalaide..... Margie Sherrill

Odd Couple

Oscar..... Dan Zasueta

Felix Aaron Pett

Murray..... Bill Fisher

Roy..... Grant Conrad

Vinnie..... Bobby Day

Speed..... Steve Moramarco

Pajama Game

Girls Carolyn Adams, Sally Chitton, Margie Sherrill
Jana Carter, Michelle Bloom, Lezley Jones
Kami Fredrick, Dana Regan
Sara Fitz, Julie Rushing

Doris..... Sally Chitton

Charlene..... Lezley Jones

Ann Kami Fredrick

Carmen Sara Fitz

Sandra..... Julie Rushing

Hines..... Grant Conrad

Max..... Aaron Pett

Private Lives

Amanda Shelly Larson

Ellyot..... Al Harrison

Victor Grant Conrad

Sybil Carolyn Adams

Doctor Kronkhite

Patient..... Bobby Day

Dr. Kronkhite..... Steve Moramarco

Nurse Carrie-Ann Hall

Actors Nightmare

George..... Bill Fisher

Henry Irving..... Grant Conrad

Sarah Siddons..... Shelly Larson

Meg..... Margie Sherrill

Dame Ellen Terry Carolyn Adams

Executioner Al Harrison

Director..... Mrs. Evonne Noll





Foreign Exchange Students

Tiziana Lombardo, an AFS student from Gurin, Italy, lived with the Bras family while attending Helix. When asked about high school in Italy she replied that it was generally more difficult and concentrated on preparing students for a particular field. She enjoyed going to the beach and visiting the many attractions around San Diego.

Going to the beach and visiting Sea World were things that *Miguel Zarza* came to admire about San Diego. Coming to America through the World Experience program, he lived with the Nye family. Comparisons between America and his native country of Paraguay centered on weather conditions. "At home it is hotter in the summer and colder in the winter," he said. When he returns to his country he will attend high school classes lasting from February through November.

The Norris family became host to *Alex Ramel* who is here from France through a program called World Experience. Alex discovered that "... everything in general" was different between America and his native France except for the climate. Alex was particularly impressed with American football, baseball, and cheeseburgers.

To have a better understanding of American people their way of life was a big reason *Olli Kariniemi* became an exchange student through the Youth For Understanding program. While attending Helix he lived with the Martin family. His favorite American things included skiing, the ocean and pies from Marie Callenders. He stated that compared to his country of Finland, school is easier here. In his home of Helsinki he attended high school from August through May.

Senior Memories

ABERNATHIE, JAN

Activities: Band 1,2,3,4, Pep Band 2,3,4, Orchestra 1,2,3,4. Memories: Scotland 1980, Europe 1980, Roses 1980. Long and hot Summer Rehearsals, Pops Concert, Solo Festivals and Finals, Grad Assistant 82. Special Consideration to the following: DA, MN, RK, PP, RD, GK, RA, and JM. Ross, you were right.

ADAMS, LORI (B.C., Mad Dog)

Activities: Cross Country 3, Highland League 3, Junior Board. Memories: Frnds: Justine, SY, TH, KC, JJ, the gang, the Klan, Mr. V, 7L. Grt Xs w/TC: BRGM Ense. C-up * Bm guys! BK (S & S), IT, MM, SD, sb, Pony, B & R! Hawaii (2) 82, 83! LV, SS, D-Land w/JK, DC, my C&P, Flan/Man! fbg. , Kellys. Spe. Frnd — Teri! SG-PB: T42C! LU! Miss you, Dad! Thx M&D — couldn't have made it w/o you! I-L-Y!

ADAMS, MARY ANN (Meri, Juan, Goon)

Activities: Cheer 1, Scottie Riot Squad 1-4, Track 1,2, Volleyball 2, Cross Country 4, ASB 3,4, Drama 1, Dance 2. Memories: S.F. KD MZ GB BM TB SJ LL LV DS FFC/KKDM fsh w DS m frnd Mks Prty Drc SNA wknds w/BMD mlk&7up rr w DW SJ LV fdMrt tkgr rm w SB wdlf Gentlos B-bysting TPR STO 3 arms kng strgs STNS RS. WHO ocn w Gi Wldrns Sr. prts dncg w BM Dsnylnd 7up BFA-MO KHMFCDC? BEATLES MA fst et it dpst Gi M.S.F. ILY, Nvr 2 4gt MZ KD BFF, ILY ma & dad & JC.

ADKINS, STACEY (Spacey)

Activities: Cross Country, Track. Memories: Best pals Pauls, Gayle, Rick, Mickey. "Summer 81" Being w/Alan 9/7-6/4. Meeting Robert — we had fun. Halloween Party. Getting busted at Fam. Fun. Prom 82 w/Alan at Katella H.S. Rad tms in Anaheim. Kngs River, Night Skiing — Mt. High. Going to Mammoth. Mom, Kim, Mark, I Love You All. God Bless You.

AGAR, LAURA ANN (Laurie, Laurel, Laura May)

Activities: Gymnastics 3,4, Campus Life 3,4. Memories: Sumer '82 — Bckyrd fun w/M&L. I'm in Lst! Ht Cld Sht w/J.R. & J.F. Ft bll gms & pizza. Laurel-n-Hardy Best Buds 4 ever ILU-U R Super! Ziggy! Yllw M&M's. Wve rt, P.P. Xmas dnce 81 w/K.S., 82 w/J.F. 2 spcl guys John & Jeff 8-6-82, Besy & Chug. C.H.S. Buds S.S. & L.L.I. mis U! Thanx Mom & Dad 4 evrthg ILU!

ALLEN, MARK

Activities: Basketball 1, Track 1-4, Football 2-4, Letterman's Club 3,4. Memories: Crazy Times w/CH, JR, RS, CS; Mary A. & my \$70, Dallas choked 2 yrs in a row; Beans; I can't thank you enough; CH, "Would you lick that Wallpaper?" CIF Champs; Loving CJA, Playing ILU w/my baby; Memories forever; College Bound; Can't forget Mrs. Davis, THANKS.

ALLGAIER, ALLISON (Ally)

Activities: Glee 1, Choir Treas. 2, Math Team 2,3,4, CSF 1-4, Fling 4, Junior Board, Senior Board. Memories: MABD Bdays w/MO Fraul Deb Smnr: Oxy Convair MAA We Rip Chk Rst Mad Jack Liz Chtz Bz BAD (p w lrn) \$20 "94" TACS Elphs Gd Tms w/ the Gang tht Usd 2 B: GE R&J J&N G&S KV PD FK JH JN AC MI LB BG JS CW SM G's prts BF 4ever: JR sychphnt fball Pigassus Big 4 7up Egocity Diet Glt Trp cryptic KIT all esp 4&G ILU All I'm Almost Free!

ALTMAN, KELLY RAE (Kel)

Activities: Tennis 2, Cross Country 4, Highland League 3, Tartan 4, Senior Board, CSF 2,3,4, Ski Club 2,3. Memories: Spcl frnd: KB KL TB PS DA BM KS CS RS JR — OUR GANG - -Bst tms: Wdlf Wldrns F Home ftbl gms "our spot" bch, green bugs, sky show '82 * CIF CHAMPS * CURBS * Nw Yrs Eve 81, Prm 83, Xmas Dnc 82, Dads 40th, AGADEFTOWL, The Who w/ LV, 3D * spcl tms w/Carlos — Sept 24 — RN pty #1 — H.O.M.E. — I WILL LUV YOU ALWAYS Thnx Mom Dad Dare & Kym — ILY.

ANDREONE, DAVID

Activities: J.V. Baseball 2,3, Wrestling 3,4. Memories: THE GANG: J, T, S, MP, DK, AS, BRUNO, LK MORENA, SKI W/GANG, SHOTS W/BRUN, TURBO, PILLOW MAN, BUTCH, CATS & ADAM 82* ELVIS, JIMS, RALPH, TRUE FRIENDS, SOMBRERO, TIMESW/PETEY, LAUNCHES, ZOOMS GIG, SURF W/J & BRUN, OUR SECRET, MCENROE, HUGS W/ERIC, CHUCK P, RAPIDS W/DAD, DT W/T, THE BEST FAMILY, ILY.

ANFINSON, DAN

Activities: Band 1-4, Pep Band 2,3 Leader 4, Math Seminar 3,4, CSF. Memories: Artesia '79, Roses '80, Scotland '80, Football Games, Jazz Band Chaffey Trips, Pops, Sweepstakes; Seminars Barbs and Vets; The 4 Year English Class; Teachers: Mr. B, Mr. K, and Mr. M; Best Friends: MN, JA, TC, GF, FK, and JM; Thanks Mom and Dad.

APPOLITO, COLLETTE

Memories: Best Buddies M.A. & S.G. Crazy times w/Shel & Jen. At AP w/S.G. & L.M. Margaret, Margaret! K.L. Food! Good times w/M.Z., Rack, K.A., C.H., C.S., S.C., & R.S. Mark "I Love You This Much" Sea Port Village and LOTS OF GOOD TIMES. MY LOVE TO YOU ALWAYS.

ARANGO, MARIA

Activities: Basketball 1,2, Swim 3,4, Human Relations 2, Chorus 1,2. Memories: GRT X DEX, A RIBBON IN THE SKY 4 US! Sharin talks Disney Im tryin to tel U Xms Dan 81 82 Prm vid CRAZ U Blu my men cmprs TIGRES GQ or NOTHIN LOOKIN TUF car H2O brdg YR THE BST KID Thnks 4 the LUV U SHOW. Mom Dad Ma Jel I Luv U ALL Otter Huy To My BST OF EVRYTHNG The BST IS YET TO COME ALWAYS 4 EVER I LOVE YOU DEXTER! Thnk U GOD!

ASHMORE, ROBERT (JRBW)

Memories: Beware of the BLUE! Fun w/Best Buds: B.D., J.I., C.C., K.L., J.K., L.B. Anti-ET Awsome time at X-mas Dance w/Katie B.R. Parties, frzn Mps. The Furs. THNX D.D. for 024! Yeri's val-speak. Gng Glfng w/J.I., C.C. Surf Sessions at L.J., O.B. Special Friend Dawn Celto. Spcl Thnx Mom & Dad. CLASS '83 RULE BYE.

ASTON, LISA (Bambie)

Activities: Band 1, Drama 1, Key Club 1,2, Choir 4, Drama Club 4. Memories: Pals L.F., D.E. & all. L.Y.F.! H.S.H. Dances!! Great times with L.F. parties & friends "ACE" First love D.M. (Foust) X-mas dance w/David. Prom w/Gary. Petal Pushers! Parties at my house!! Tim (the best of times!) Love to all my buds. Thanks Mom! I mad it!! Adios Helix!

ATHY, BRENT (Skullman, Bob, Guns)

Activities: Pipe Band, Orchestra. Memories: ATHY, SKULLY, B.B., GUNS. SONY-CORBISEZ. DARRIE NOWELL. SPIDERS — ELECTRONICS. TRUDY RUSSLER. SNOTT MAN. BUSS TRIPS A BLAST. HOOD RIDE-ING. VARSITY LETTER FRESHMAN YEAR. TRUELY TASTELESS. 444 DAYS. POKEY. BAJA. SAND DAM. SUPERSTITION. WARRIOR BUST-ERS. WARRIOR PACT. SAA. AKS. AKM. HKG63. SAR4. DEATH.

ATKINSON, CHRISTOPHER (Chris)

Memories: SUMMERS IN GB FRIENDS, NR, SV, JLB, DP, JW, SW, JN, MD, CD, HB. THE ROUTE, SILVERCAPE, SUMMER, 17 B DAY. XMAS & PROM DANCE W/JEN. WHITNEY W/CD, BM, LC. PEPPERDOG. BUNK-HOUSE. LOVE TO G BEE, MOM & DAD. LOVE YA JEN, ALWAYS. BAN-DAID/JB, DP, OUCH. HAWAII 82.

AVANTS, DEIDRA (Daydra, Deerlin, LOTA)

Activities: Ensemble 2, Highland League 3, Scottie Riot Squad 4, Senior Board, Young Life 2,3,4. Memories AGADEFTOWL GOLF THE GANG DG DK TD JH Thnx 4 evrythg. R spt NYE 81/82 CIF 80/82 spcl tms w/RAP 12/23/81, 7/4/82 Thnx 4 bng the bst of evrythg 2 me. R sq HAPPY. Wdlf Cpgrs YL PT MH RW — Thnx 4 ldnng me 2 the Lord! Luv 2 Mom Dad sis & all Thnx 4 all you've dn. RAP I luv u & I know we'll mk it! Thnx 4 the memrs & Thank U Lord!

AVILA, PAULA (Big Eyes)

Activities: Dance 3,4. Memories: Ftbl games, OP biology w/KB, X-mas dance 82 w/NG. B-buds SB, LG, MG, KB, MA, JO. Spcl times w/PS. Rocked ace w/GCPD. Grt times w/Gadlers TJ, beach fires, late nites, gas, mackkin, Prtys, diets, Smovies, camping, M's car 1-19-83 Ditching, Thnx to my family ILY. Chiness Food Yuk! Luv ya Paul & Family.

BARNETT, SHARON (Huck)

Activities: Drama, Choir 1,2,3, Gymnastics, Dance. Memories: BST X W/RHANDA AG MQ DS PA & JAY DIAMONDS ARE 4EVER PUNK-/LIONS WFUNK "9" OLYSSEY Bspray 4 DJT BI YB W/ MQ! FUN X AT CSB & CASTLE W/MARK BIG BRO HUEY ILY! SO MANY FUN X! SILK/H SHO FUN DIORHWC! CSTLWANNI ROBERTO RUNS CARDIFF TRPS THANX FOR BEING THERE MOM & DAD, LOVE YOU LAURA TO MARK — I RELE DO! PARIS IN JULY/G-BYE!

BATES, JAYNELLE MAY (Nellie, Jell, Puddin)

Activities: Drama 1,2, Young Life 2. Memories: Spfids: Rox, KC, YD, CQ, The Gang, Ftbl gms, Beh, prts, nce-plc-mans, wfls, Dr. Edge, Def Lep, JP 81 & 82, Who, Sky 7, Pez Del & #1, the neborhod, Rox BFF, vac w/cuz, spc mems w/Scott: ace, tp, suces!, Beh, mshnell ws, Remember you always gramps, thnx Mom, Dad & Grams. My best pal Oscar, I love you all!

BATISTA, SHELLI (Jelly)

Memories: Dan, Ill Love You Forever./Best Buds Teri/Bac. At Ponyf./Buds T.R. J.B. T.M./X-mas w/Dan/Skiing in photo w/T.R. J.S. K.L./Loving Dan/New Years w/Dan/June 16/O.T.L./Best Bro David, I Luv You/Pooky Bear/Pumpkin Face Dan/Shut Up In There/Cooper/Jimmy Joe Bob/sing on T.M.'s horse/Best memory meeting Daniel/I Hate Boats./Kissy Kissy Kissy w/Dan.

BEACH, KRIS (Beachola)

Activities: Swim 1-4, Gymnastics 2, Jr. Class V.P., Tartan 3, Fling 4, Ensemble 2,4, Campus Life 2, Young Life 1. Memories: FRNDS: MW JI PW SM MF LB KR (I L U GUYS) CARDIFF W/MISSI. CABL TRIPS. RIVER (AHR). HOME (Y B NORMAL). JOHNNY KAT. SPCL TMS W/JOCL. X-MAS DNC W/SD. GRAD NITE W/DW. SWIM BUDS. MM W/SM. ACCTNG CHRIST W/MF 5-2-80 (MIL). THNKS FOR THE LOVE MOM & DAD (ILU). TO GOD BE THE GLORY OF MY LIFE. I LOVE MY FRIENDS AT HELIX GOD LUVS YA!

BEAVER, KEVIN (Beav, Kev)

Activities: Track 1,2,3,4, Football 2,3,4. Memories: TRACK CIF CHAMPS 80,81. FTBL INJ RES. J.O.'s IN NEBRASKA. WATER SLIDES. CONCERTS-AC/DEC. VAN HALEN, JUDAS PRIEST. GOLF W/CC, CW, TQ. PARTIES W/BVW, DR. GOOD FRIENDS — KC, MA, TH, RC. RN's PARTIES. FTB BUDS TN, JC, MB, RE, JF, TD. TRACK BUDS MA, TB, RS, KC, MEL. NOW MORE SCHOOL. THANX FOR EVERYTHING MOM.

BEAVER, TERI LYNNE (Beav, Ti-Ti)

Activities: Drama 1,2, Track 2,3,4, Highland League 3, ASB 4, Jr.-Sr. Board, Cross Country 4, Young Life 2,3,4. Memories: Frnds BS KA DA PS MA SJ KL JB LV Ftbl CIF Trek New Yr eve 81 82 beach good Golf STO Grn bugs Takng crs Prm w/E.A. frsthms Bckpkng wdlf w/PB 1st Luv Stones skyshow good Nite Boys fntimes w/MA MZ KD BV MA DR, MA SJ KA Prtys R spt AGAD BT house PT Thnx ATM & B PB TB BT JF EA JM RC FT mean All my luv fmly. Thnx Lord GODBLESS HLX.

BEERS, LYNETTE (Pinhead, Binney)

Activities: CSF, Senior Board. Memories: Gr & spec momnts (more to come) thanks to best-spec frnds: Marey, Ann, Mel, Jul', Barb, MS, PP, GE, MD, JQ, LEF, etc. F-ball games (CIF 80 & 82. Grad. Gr. times w/Cov: Turk Hunts, Ariz, Catalina, Pine Val, For Home, Tor Pines, River Trips. Lkng for snd. Pinhead, Inc. Thanks Mom & Dad! Ph 1:21, Ro: 28 IXOYE

BEHREND, MICHAEL (Squirrel Man)

Memories: Dynamo-Hom. Garfield at 120. J.P., Scorps, Sabb and Rush. Mt. Helix w/L.C., G.B., B.M. and our dear friend H.W. Playin' my bass at 2 in the morn. Joe's class w/every 1. The Walls. Stgecrp w/E.B., J.E., A.M., and a cast of nobodys. Were's the Haps? Looks like I'm free. Laytex.

BELIO, ERIC

Memories: 4 long years but worth it. Steve Good Luck, Stay out of trouble. Donny keep little bro in line thanx. Xmas Dance 81 & 82 with Tyra. Trips to Glamis, Show with Best Friends. My girlfriend Tyra its all been great even our bad times. Mom & Dad thanx for everything. Take it easy Steve. Love you forever Tyra. Later Helix.

BELSKY, SHARLA JEANNE (Fish, Princess, B.M.)

Activities: Gymnastics 1, Young Life 1,2,3, Speech 1,2,3. Memories: CRZY SPCH IND RESV YVA YMA 4 C P W AMY JAH BAH BON FIRE MRI B-RM BEE GLEES HENRY SESAME ST CHIC BRO PAT THE RAT GRNPA MY 69 CAM ART CLS W RF SUMMER LOVERS W YVONNE N GEO GY HNTING BCH CRZ DL MR SNOOZING ON FREEWAYS 82 Q'S BUBLS JARMS ALWAYS BE GEORGIES GIRL THIS WS MNT TO BE I LOVE YOU GEORGE. FOREVER XXOO DRMS DO COM TRU

BERNSTON, CYNTHIA (Cindy, Spaz)

Activities: Tall Flags 2, Dance Concert 3. Memories: Best Buds: DL KH Phil Z JD AG MJ JM (hun) — #1 pal & sis Lori Castagna — New Yrs Eve til 4 am! Good times at McD's w/LC TC AS TB BV PZ — Wtr. fights w/Paul. D, Such a Cutie! Dnce. Concert 82 — Garfield 4-eva! No more JC! THE CLASH! Thanx Phil! Thanx Mom & Paul for the love & support! Luv ya! Bye Helix, Hello Academy! Chow!

BIDWELL, BRAD

Activities: Water Polo, Swim. Memories: Work at B.K. & Gabi, Toadstools w/big T Deb & Van, Xmas scam '82, Lets play football! Collier Park, H2O Polo 1/4 of the way. Summertime, Hawaii '81, US & LA concerts, Blk Sab #1, Surfin w/Joe, Carlsbad all the way, off P.B. pier, Treepad party, own pad '83.

BIEHL, ANDREW

Activities: CSF 2,4, Student Council 1,3, Swim 1,2,3,4, Water Polo 3,4. Memories: MV stps — 1st time, Hula Hop '80, B.S., Skiing w/ BG & PC, Luch bds, MB, RB, DD, DS, SRFIN '82, La Jolla, FRONTIER — 2 p.m., JO, KC, JM, JL, Fuzz & grapes o/hill: whlsm jbbys, IH-INBTS-no way, 1/4, BB party, Hawaii '82, THANKS MOM AND DAD!

BIERLY, CRAIG

Memories: SURFIN WITH BOBERT SAN ELIJO '82 WITH RB SHREDDING WITH RB, GT POCKER PARTIES W/BRO. SP BB S C "THE SHACK" OCOTILLO W/KB & DE "SHORT CUT" SKY SHOW '82 THE WHO OCT 27 & DEC. 17 W/SIS, LS, I'M DYING CHAIN GANG FLIP TJ JW MC IS 200X SORRY DOLL TO THE REST EE, RD, MK, DR IN THE MORN W TW TH THANX M&D IM FREE.

BIGGS, MIKE

Activities: Football. Memories: MAIN ST TRAIN BT, MB, CIF 81, 82. SKY SHOW. SCORPIONS. TIMES WITH SJ, JO. BEST TIMES FOREVER SP. BEST FRIENDS MC, MG, RE, MA, JR, BT, LB, JS, RM, NM. CARDIFF. 28 STITCHES. RIVER, BT, JD. COACHES. RA, JA, RB, BH, VH, NB, BT, BH. BB GUNS, SW, KB, MC, JC. QUATES GANG, MC, JC, TN, LB, BT, BL, SF, VB, BZ, HP. 4th OF JULY GRAM C. SP 4 EVER.

BLACKBURN, JACQUELINE (Jackie, S.G., Jackson)

Memories: BB: SF, JK, DK, DM, TM, PC, TB, SB, RM, VM, and more. Snst pk, fiesta, snst pts, Ace, JI TB, prctr vly, aéro w/Reo, prtys, nanas gng, The clan, Prkwy bwl, Dani cmro 7, snw, Nev, onions, De Anz, crlsbd, Dsnylnd 82, DL MR FR 82, RHPS, dneng, cnerts, 16, 18bdgs, spd gls, bud, It tk lng engh JD, Ths is the MDRN WRLD.

BLACKWELL, TRACI DANIELLE (Tracita, Babys)

Activities: Highland League 3,4, Junior Board. Memories: BFFE/Gina, 9/24/79 — M.M., 10/18/79, 4/4/80, S.F. — our dream! Oregon, my rings, oh no! X-mas dance 81 & 82, Alpine, DSNYLND 81, my drm car frm Dad, Thnksgvng 81 & 82, S.F. 4 16 B-day-the best. Luv ya lots Gina — yur the best! Thnx Mom, ILY Mom, Jeff, Gma, Gpa, Dad. All my luv to U Mike, 3 grt yrs & still goin. Wtch out wrld, here we come!

BLAIR, WILLIAM (Bill)

Activities: J.V. Football, J.V. Track. Memories: Parties at Round Table with JW JS Crusin 2nd st with Pb's Jose F Randy P and Me Jill W #1 party Rocky Horror with Jeff Surfin at the Jetty and In S 1 O Sky Show Party Lots of fun with Mickys JV Football and Track Rad Beach parties True love found with Stacey Mike Mom-/Dad thanks I Love You!

BOE, KAREN (Bird)

Activities: Orchestra 1-3, Orchestra Coun 3, Band 2,3. Memories: Putt-Putt Power! TP'N Laugh'n Sec w/JS, GB, VN/Best Sec 82/Wild Bnd Trps/MOTHER GOOSE DUCKS POPS 81 Orange Crush/BH, GB, DA/Mr. K/Never Say Never Mr. L/Dr. L/DA, Saxes forever/TOAD/A'n Higby/Best Frnds MK, JT/treasure/Mark D 7-11/BD-CD/Leia, Thanx Mom CHILDHOOD'S END.

BRADLEY, GIGI (GG, BaaBaa, George)

Activities: volleyball 2,3,4, Softball 1,2,3,4, Basketball 1,2. Memories: Spcl frnds SM, MA, AU, MZ, KD, JV, SNA frst frnd notbooks — Ma Bsktbal — JM, Spcl talks w/AU, MA, SM, JV — Thanx! Fever Hawaii, Cw-FI 8-16-81 Still MG, nice, beach, Stones 81 IL Mick! who 82, SM Sky Shws, JV Brwnes, xmas dnc — Cary 10-15-82, Thanx Mom & Dad, ffl Cary you're very spcl ILU! MLTU CARY!

BRANSON, LORI MICHELLE (Buffy, Twiggy, Sammy)

Activities: Dance 2,3,4, Senior Ensemble 4, Scottie Riot Squad Pres, Choir 3, glee, Tall Flags 1,2. Memories: Summer 82 bac yrd fun w/M & L! Beach Fun H2O skiing! Ftbl gms & RT BR partys Xmas dnce 79 80 esp 82 w/JI Prom 80 & 82 RP 80 BK — Buf NY. Laughs w/M J K S J P D R J P A! CCCC WC w/MM! IXOYE! SNOOPY! GREAT times w/my frnds Thanx! Tru Frnds PH MM SD BK! Special times w/STEVE OMY (MY d-J!) ILY! Mom & Dad — ILYA! To a New Beginning!

BRECH, KAREN RAE (KiKi, Head)

Memories BBF VIBE & GV! FF/aerobics (grind) Jamacia PC/LMRV Mr. A's Bob & Steve. UFE GRANDE PEPE LWAHO. SB Nagel JM JC BC CC DM. DLH 2-16-81 cbn skg bch REO UC Memrs frvr mor to come Yre Mi Amour, yre hun fr life! I L Y Mom Dad Ray Thnx fr evrthg You're the greatest!! 1983, the best!

82 MEMORIES

BRIERLEY, MICHAEL JOHN (Mig, Squiggy, Bubs)

Activities: ASB 2,3,4, Tartan 3,4, Key Club 2,3,4, Campus Life 2,3,4, Young Life 1,2, Junior Board, Senior Board, Maranatha 2. Memories: Best Friends: AK, JC, DC, oh well! Fun at Alphys & Sth MSN. "El Torito SMR" My New Job. Mac Friends KL, RW, KY, AS, RM, DW. Rnd Tble to Pza Ht. Prom 82 w/Dawn. Mikis. 1-18-83/my MG. Xmas Dnce 80-82. Rcng Hondas — Too Funny! 2nd St JI TB. 7-11 I'm SURE. Luv to my fmly: MARK, DEB, DIANE, & Yvonne My New Sis. Luv to Mom — Miss U Dad. Bye Helix!

BROCKLEHURST, SCOT (Rudy, V.L.)

Memories: Old Mission Gorge, Flashlights on the beach, the corner, Chemistry, Music Cars De Molay and Rainbow Girls, Best Buds M.W. J.A.M. G.C. R.Y. T.F. S.J., B. Buds T.F. R.Y. M.W. M.B., Electronics with Dad JAM T.F. Ron, Christmas Dance with Kathy aA very special thanks goes to My Family and friend for helping me get this far.

BROWN, JULIE A. (Gus, Browne)

Activities: Gymnastics 1,2,3,4. Memories: Best Bud MILLER! Buds, GT, SB, TR, CC, CS. JACKSON BROWN The Best! Hi Bms ptys w/CC & SL. BRC SPRGSTN w/CW. X-mas Dnc82 w/SL. Pbe sis w/KS. Spcl Toks w/CW. SB's Accdnt YUK Thx GOD! Dn Who? AMOL Biz-R w/SM. Strnd w/Tr. Trir w/TM & AH. SMSH FC IN MAT! Spcl Tms w/STEVE. Funniest Times w/My Best Friend Taunya. Not 2 4get.

BRUMBAUGH, SUSAN ANN (Suzy, Curli, Brumbus)

Activities: Swim 1,2,3,4, Softball 2,3,4, Track 1,3, Young Life 1,2,3,4, Tartan 4, Human Relations 2, CSF 1,3. Memories BEST BUDS MR, KW, MF, JK, CW, LM, TP 143 ALL MM'S: Cl Hts, Lng Udwr, TPing, Wrping CRS, Shvng crm. Thnks Pam & Rick YL — the best: Wdlf, Wldness, Cnda — Nw Frd CM! Trk w/MR, MF, CW, KW, Swm w/MR, Xmas Dnce '81 w/BM, OTL '82 w/LM, CW — 2nd Plce. Be: Rssn, a mn, innr bty, grn rsn! 143 JESUS CHRIST, Mom, Dad, T P M J C B R D & GB.

BRUNER, KURT (Kurtie)

Activities: Choir 1,2,3,4, Mixed Ensemble. Memories: I was the big Fresh. High times but really low times. Augie, Mike, Todd. Tenth Jesus my Lord, God and Friend. PTL. Lora MBF. Margie and Jim are MBFS. I FILW Barbara. My brothers getting Married PTL. SPWM. CWPT. IWJK. The Where do we go from here. TNTLAHWMYPS!

BRYANT, DAVID (Hey David, Pomcanoni, Edgar)

Activities: Speech Team 2, CSF 2,3, International Club 3,4, Choir 3,4, Literary Magazine 4, Library Club 4. Memories: Spch tm w/JF, LK, CG, Xmas 80 & 82, Yosemite, Shkspr Plays, Marrakesh, Ocean W Wing, Lncw w/A & B. Gd frnds: TC, DA, KG, GH, LB, BG, AMC, MG, BC, SB, EJ, MP, RL: Spcl luv to: B. Nichols, J. Gormley, M. Faulk, Dr. Freeland. Thank you Lord for all! Love & thnx Mom, Grandma, Weezer, Beth & Jennifer. Adieu Helix!

BUCHOLZ, KIM (Kimmie)

Activities: Swim 1,2,3, Young Life 1,2. Memories: Great times w/best frnds, I L U!: DA, KA, BM, PS, CR, KL, TB. Crazy! AGAD Food! New Yrs 81 & 82 EO, Ft. Ball Gms, rnd tble "our spot" Beach, PROM 82 Sky Show 82, Salona Bch — Bump! Partys CURBS! Disnylnd — "Granite" Thanx Mom, Dad, & sis, Lynette — I luv ya! Best times w/Rusty — I love you 4-ever!

BUCKLEY, LANCE (Buck)

Memories: Thanks everyone for all the good times. Thanks TN and Family. Thanks MB and Family. Thanks JC and Family. Coach JS the Doc is the best. Thanks DB for your time. Little girl your the greatest. Thanks Cates. Thanks BI, BE, MR. C, thanks ASB, thanks TN MB, JC, for all the help.

BURNETT, ROBERT (Bobby)

Memories: Best Friends A.D. L.N. J.D. S.B. L.A. L.F. K.V. T.C. P.H. Favorite Teachers and Staff. O.R. Parker, C. Snyder, S. Holt, N. McGee, J. Woods, H. Estes, Eckert, Heyer, Schmit, Keeler, Lobb. Future to be a Pastry Chef. Thanks to my family for loving me and being there when I needed them. Prom '83 w/Robin C.

BYERLEY, RENEE (Banana, C.C., Baug)

Activities: Ski Club 3,4. Memories: Skiing Utah, Tahoe & S.V. Gd times at wrk w/Em MK EW RW CB BV & others. Beach at 3 am w/3c's. Cncusion. Flying w/CA ML & CR. DH w/LC — who's this? Ocifers & car crash. Concerts. All 3 yrs Eng-member diurnal SJ? Best relationship w/AS — many gd times to remember & cherish. Aug, I care 4 U! Thanx gram 4 your support!

CABIGAO, REBECCA ANNE (B.C., Beck)

Activities: Basketball 1,2, Campus Life 4. Memories: Good tms w/good frnds! spcl ppl: I miss u! Vicki B. U R a grt prsn! A.L. & Mar, thnx 4 3 trffe yrs of frndshp! ILU * Lvng End, THE BEST, CNTMPO '83! & Brgr Bsh * Beh Bys, T 4 2, wna go 2 Dnny's? Pnny lunch. R.S. "U cn't hrry luv" Mom, Dad, Aggs and Tory ILU alwys, thnx 4 evrythng! Spcl thnx 2 J.C. who lus me as I am! The best is yet to come!

CANO, KIMO (Omik, Stu)

Activities: Football 3,4, Track 2,3,4, Dance 4, Young Life 4. Memories: GRT FRNDS AS, JM, RC, RS, RN, CH, KB, JR, AM, CD, FRNTR DRVN, PWY W/R & R, ALLREDS, Mybe Smdy TS, J hrt C, JM, My Bruddah, CIF CHMPS, STATE#1, Vltrs — TEAM C & K, FN w/SM, MO's Btr lt thn nvr, SRF LSNS FRM JO, THANX FOR THE CHANGES AND SUPPORT MOM, LUV U ALWAYS, ALL MY LUV TO YOU DAD IN HEAVEN, SEE YA THER, HLX ALWAYS #1.

CASEY, LINDA

Memories: Good times in electronics w/the guys, my fav. teach Mr. Laterza. Sorry about all the squashed lunches in the locker Irene, Good Luck! Best Times of all w/Mark, I luv you!

CASTREJON, PATTIE (Muppet)

Activities: Modern Dance, Library Club. Memories: BB Kathy Eckardt, BF, LA, DG, LO, D & CD, LE, MF, TL, BH, ST. Walking home w/Stacy or ride in the tuna boat on rainy days. Short w/DC. French w/RV, SG, SM. Lib w/Michelle. Lunch 82 RB, LR. Lunch 83 Rosie. Summer 81 & 82 Accounting w/Dar, Dor, Di. Beach Bummin 81 & 82. Adios Amigos y Buena Suerte. Luv U Mom & Dad.

CECCHERINI, GIAN PIER (Pete, Petey, Gean)

Activities: Ski Club, Track. Memories: Surfin w/Vagn Eric M Donny ERic C, SKI w/Bilo & Anj Bil, Marn bst of Frnds Bobs w/Marc, Sftbal hit a trgt win a Mod CHK, Stikn Falk, Geto Peo Saab r-les tour NO OZZY, spra paint shrmns hoose w/Vagn & Greg, Wish I had Andy back shes spcl cuzin w/Gretch, Pepsi, I luv Andy Marn S & J Dvy Mrc.

CHAPMAN, ALLISON K. (Allie, Wilson, Kimi)

Activities: Ski Club 2, CSF 2,3,4, Tall Flags 2,3,4, Festival Flags 3. Memories: AF, MB, LM, SV, SH, EW, JR, GE, NG, JN, (SH) 79 Inch gng MM8013, 7480LSB, MJstad, Kermit, the bet, Joe sum 1296 Buds JBDBBB, Cal 34 34, REs moped, POPPERS 64511564, 2 trip, JB, SLAFILOP (nmre), MMTH w/Nanoo, SIG, GP, TA, (verts) 143 ABC!! 11620424, XMAS 3 (Mikis) TFs #1, LUV — Mom, Dad, Rob, Andy BYE NOW!

CHIANESE, CAROL

Activities: Tall Flags 1, Glee 1, Ski Club. Memories: Best Buds: GG, DS, PN, BR, JS, DE, Rad times, truck Ralleys, Mex, 510 nights, Drive in, HLWN 81, mojo, GK, DF, & Dodge, Ski Xmas 81, Engl w/B.M., Obsession, Sky Show 7, B&R, Toyota

Madness, Looking forward, ILU BAM, Dream come tr., Trip East, Luv you Dad, Bro., E.M., those who care, special thanks to mom, its been real.

CHITTON, SALLY

Activities: Drama, Volleyball. Memories: TO THE LCHS DORMIES OF MY F YR, U HAVE THE BEST OF MY WISHES. 2 ALL MY BUDS AT MVHS, I'LL ALWAYS REMEMBER THE GOOD TIMES. I B SURF ROCKS. US OR BUST 83. LETHA I HOPE WE KEEP IN TOUCH 4 EVER. JUANITA AND MIKE LUV YA BOTH. TO DRAMA AND ALL MY BUDS AT HELIX U ALL'R RAD. LUV U FAMILY. JULIE B.B. ALWAYS. RAY A & F.

CHRISTIAN, DEANNA

Memories: LET ME TICKL YOUR FANCY LET ME XCITE YOUR SOUL, R SECRT ANTOINETTE. 11, 12, 13 w/P & T, CMS LIK YESTRDAY. MEM-RIES HURT! HALOWEN, NW YRS 82 — GET ANY MANDY? FRANTIX, SKT PALACE — KIRSTEN. MY BOYS — MIKE, ADAM, AND JOHN. MEGA BUCS AN A 55 T-BIRD. SCARCELLAS AN MY FAMILY I LOVE YOU. TURN OUT THE LITES THE PARTYS OVER.

CIMMARRUSTI, RAPHAEL (Ralph)

Activities: Baseball 2. Memories: Best Buds RN, DK, KC, KB, DE, RF, DM. Crzin in DK's bug. "Dogged" SM, & MS 25c R & R #1. RRK @ LK Pwy, Car on Fire? Rus Jks. Wht dd I Dr. sy 2 the othr Dr.? Wld Ngths w/frnds. Lawn Smr 82 Grnd Cnyn w/DK ouch. Xmas dnce 82. Clss of "83" rules. Grtest frnds of all. Thanx Mom, Dad & Family 4 evrythng. So long Helix. Stay #1.

CLAUSER, KEN (Earl)

Memories: Best Buds, M.B. D.H. C.T. G.C. P.D. Mr. Grease. Dale Johnsons woodshop and the prestigious Larry Award to S.A. Rad Food Fights in the Cafeteria. Insane Concerts, Black Sabbath, Scorpions, Judas Pries. May there always be a guitar to play and remember Long Live Rock n Roll. See Ya Helix, I'm Gone.

CLAYPOOL, CHRIS

Activities: Golf 1,2, Band 3, Math Team 1,2. Memories: IB Days & fast Back nights w/SL, SK, DN. Fishing you do it, to many Caps. Max w/S.L, S.K, The River & Ski Trips, Parties w/TM, JB, Good Times The Bug Ya! KB at the Borg Sea LN Daily Walk ins the who no way Mark, SL, TM, JB, What friends Thanks Mom & Dad, 510 finally.

CLIFFE, ANDY

Activities: Cross Country 1,2,3,4, Track 1,2,3,4. Runnin with JM, GJ, RR, BS, VW, BS Heat Hole Frank and the Tabinoids! Vopo and the Eis Bikers FT, JT, DB, JB, FK, SA Rthnbg! Thnx Her Knott campin wth Don, Karen, Pat, Francis jack Mammoth 78-82 Thnx God, Mom, Dad, BSA Eagle Mercedes DR, PH, JL 51 mo. route Lnch with TC, MR, CS, GK Thnx Muirhead, Smith, Gary!

COBB, MARK (Moose)

Activities: J.V. Football 1,2, Track. Memories: Good Times all 4 yrs with J.F. M.M. V.M. S.K. T.M. T.B. C.G. J.P. D.L. J.B. D.V. K.S. K.W. Skating 2 yrs ago Grad nite last yr with J.B. A.B. D.P. Christmas Vac. with R.M. B.W. 4 yrs are finally over Let's get out of here. Best Friend J.B. ALANNA I Luv U so much. Thanks Mom and Dad for helping me Grad. I Luv U Both M.C.

COLLINS, LINDA RENA (Kookie, Baby Cakes, Crazy Linda)

Memories: This has been a dreadful four years but I never said it wasn't fun. I enjoyed everyone who was worth enjoying especially SHORAN, CANDICE, MICHAELLE, RENE AND THE REST OF THE RUDE CREW. I will miss my accounting class — they had laughs. McGee and Howard are pretty groovy chicks. Goodbye and I hope you graduate.

CONNOLLY, KAROLIN (Kari, Kiwi, Bear)

Activities: Mat Maids. Memories: Hoo D Hoo D QD! Bst Bds DBski 4evr Frog Up D Noz-ow! sm yay Fun 4 us Gag Me w/a Tuna O-We Wont Talk Bout Cowz! D-anza Cove Scamn D Rad Guyz. LMTIC Tony & Tiko JMPXmas Vcate JN & SK How Lng! Snce We Met, Bst Bds Share Evrthng! NFD Harpun I et Canibls FMTT Slrp! C-side Motley Cruce 2 Fst 4 luv.

CONRO, PAMELA (Squirrel, Pam Poon)

Activities: Mat Maids 2,3. Memories: BST FRNDS — SK, JB, TO THE STONES "81", THE WHO "82" NOV 12, 82, THE BEST EVER NVR FRGT U POIN, BNGNG W/P.E., T.P — PAT EUCKER — I LOVE YOU SO VERY MUCH, MY LOVE TO YOU 4 EVER! 6/10/82. SHRNM, MUNCHN, BNGNG, WHFFNG! ALIAS JESSICA WNTRS, DEEP PURPLE, LED ZEP, BST IS YET 2 COME! BIZARRE, THE RAD LOLA! S.K. & SANTA, DON'T LEAVE ME P-143!

COOPER GREGORY

Activities: Band 1,2, Orchestra 1,2, Pep Band 1,2, Jazz Band 1,2, Cross Country 3, Track 3,4. Memories: Scotland tour 80. Bus trips w/Band, Las Ponchos 4 oders. Fries w/P.J. ellet. w/Mr. L. Judas Priest w/M.B. & K.C. Copying homework Victor D. elect. w/B.A. Best Friends Mike B. Phil J. Vic D. Ken C. Denise class of 83 Rules.

COPELAND, KAREN

Activities: Basketball 1,2, ASB 3,4, Highland League 4, Tartan 3,4. Memories: Grt X w/Kristy — jeuzi, rvr trps, laf til it hurts! C. Port Vil, X-mas dnce w/Pat luv ya! Spl frnds: BH, KR, RS, CW crzy x w/the grls ftbll, pizza, Grfld, garbge bgs Thanx for the good xs Helix! John 3:3 I Cor. 10:13

CORNISH, ROBIN (Mon Cherie Petite, Shrimp, Super Chicken)

Activities: Choir 2,3,4, Ensemble 4. Memories: CATALINA W/CHOIR 81. TCHERS GREAT! THNX! BES FRNDS LA, MS, SS, KB, JK, MZ, JM, TMW, ROSES FROM THAD. PROM w/BOB. CHRISTMAS DNC w/MIKE 80 CHRISTMAS DNC w/THAD! NGAGD 82! \$5.53!! POPS 81-83, THE BST! MUPPETS! BB!! CABE! THNX MA FOR HELPING! I LUV U, MY LORD! I LUV U MOM, KITTY, MY BROS., AND THAD II MISS U!

COUTURE, ALEDA

H.H. ALWAYS HAD TO MAKE THINGS DIFFICULT. ALMOST DIDNT HANG. THANKS FRIENDS FOR MESS UPS IN 10. FOUND MY T.L.A. MEMORIES OF D.M. GETTING RAD. 11 ALRIGHT YR. RAD SUMMER AT P.B. 12 GREAT MET SOME INSANE FRIENDS AM. LC. SL DM. RP. TG. MIKE R. AND TO THE REST OF YOU THANKS. ROCK & ROLL.

CROSBY, LARRY

Memories: 4 long yrs rad times in sumer srfrn blax C st. prtys BB, BM, PD, JN, Kill the rroll Big E runs-endless bngs w/MB to many snoids, not enuf OUTRAGE 6/12/82 Scorps — Judas no more JC-SW the eggman smo the wall mt. W w/CD, BM Cardiff 81-83? NFC later!

CUNNINGHAM, KAREN MARIE (Trixie)

Activities: Library Club 1, Junior Class Treasurer, Junior Board, Campus Life 3,4, Tartan 3,4, Highland League 3,4, Senior Board, CSF 4. Memories: Spl Frnds — JB, LA, TT, BC, BS, TB, My Brother John, puls/Dann K, Bill's jokes, Flan the Man, Mr. V, Surf's up M. Bay! Midge, S.F. 81, CIF, FOCL N' BrSCIH, Dr. Edge "Luv Joe" Xmas Dnce 81-82, Nw Yrs Eve 81-82 "Arthur" * 1-22-82 * HBO wknds — it's t-VEE! 35 mph, vnasa, Hoagie, Pnny Lnch, T 4 2, Prom 83, Thnx Mom & Dad & Someone Very Special — MARK.

DA COSTA, VICTOR

Memories: Yr. 81 Best yr. Teach. Friends. Best Bud HHW Thanks 4 Everything. Sum 82 Best sum Good time w/HH. Beach time, ice skate. Thanks to everyone in hard times. Mr. S Hist. Mr. L Elect. Will remember all you. Keep up good work Helix. Class of 83 Rules.

DAVIS, KIM

Memories: Special Frnds MC, PB, DT, KI, TH, JM, JD. Driving thru park w/MC. White Capri. PB you'll always be special to me. Prom 81 w/GS. Love to Mom. thanks for being there when I needed you. Thanks Mrs. H. and Tad for helping me thru the hard times. SB barbeques on sidewalk. GREG ILY. I'll remember the GOOD TIMES!

DAW, JULIE

Activities: Glee 1, Tall Flags 3, Drill Team 2,4. Memories: Fun times w/KE, BL, CB, JC, KC, KD, JM, JS, BJ, DN, SV, etc., All those bnd trips w/DT and TF's. CIF Champs '80 and '82! Prtys w/BL & KE pops cnct 2. Simi Valley w/KE, learning to H2O ski! Science Bld crowds. Sweet 16 prty w/ BL what a blast! Thanx mom, dad, sis you've helped me a lot! Mustangs rule! BYE HELIX! LTA!

DE FREESE, CHRIS (Christopher, P. Limey, Stuubies)

Memories: Partying w/Fr: PD, GB, JN, BM, DM, DE, MD, DL, LC, NA, SZ. 1st yr. rm 1200. Com w/CCC. Ind. Co. & chic Sum 80. Mking pizza at Leo's — don't forget the fingertips. Rock-cons of 80's. Borcom w/Ted & a game of disco golf. Bk pking in the Hi Sierra. Thanks for Luv & Support Mom, Dad, & Denise.

DE FREESE, DENISE (Neeser, Neecey)

Activities: Dance. Memories: Best Buddies: Cindy, Vicki, Debbie, Karen, Teri, Amy, Kathy. Will always rem: Rene, Mark, LJshores (where I met my bubba!) B&R midnt sundaes, X-mas 82, Body by FF, Tempi 82 63 w/3rd pl, S.W. w/Oceans, the Kinks . . . thanx Chris. Thanks mom & dad and special thanks Gordon, I love you all! P.S. T.N. Yea!

DE GRAVELLES, PATRICK (Pat)

Activities: Boy's State 4, I-Club 4, YFU Exchange Student 2, Soccer 3, CSF 2,3,4, Literary Magazine 4. Memories: Deutschland 80-81, Familie Kroll, Vielen Dank! Thanx to Knott Ramsey, Boone, Hart, Landry, Higby, and Smith. Fun w/Rod in DK, mes amies everywhere and BIG 4. How about a hug, J.R.? Fritz (personality #112) MPAF Allison (J'es pere! Thanx Mom, Dad, Sr. Ros. and Terrebonne. Dieu Merci! GU HERE I COME!

DE SELMS, KIMBERLY

Activities: Class Secretary 1,4, Comm. of Spirit 2, ASB V.P. 3. Memories: TypFrsh SisCris SrSlvDy MyFrnd Lndn JPG&R Dvrce StpSnExpr SNA Mlk&7up 7-11 3 AM Blzrd Snkg in & out Cnerts — Sins Crs Rod 2 Who Sky 81 UCLA w/MZ "Bby Sting" GM MrdMn Elctns KsngStrngers Hmcmmg MV Rmnee: JL & MC-MsnBeh 1 PrvtPrts GdTms w/BM IH LV LL & TB WLDRNS! BstFrnds Meri & Bada LK&R ILU! Off to be a Bruin!

DENOS, ATHON (Gyros, Yaker)

Activities: Tartan 3,4, Young Life 1-4, Baseball 1-4, Football 1-4, Basketball 1. Memories: Best Friends, GD, DH, CD, CG, CW, RH, WD, TN, MA, KB, Joe M, M Lee, MPL, Petos, Sanos, Soffyear FB, BB, 67 Falcon, MA, House SW, NAN, H, Race, Work, W, HAMMER, My, House, BB, CAMP talks with CW, Love Los, Love to Mom and Dad, sis, to My Best Friend Dad. Thanks for all the help and the good times. Working with 6D, fun times fishing with Ron, Work at Moms.

DEVERS, ROBERT TIMOTHY (Flash, Carl, Deve)

Activities: Track 2,3,4. Memories: Jr. Olympics 81 w/TB, KB, TH. Grssmnt Chmps 81,82. 440 Xpress — KB, SW, TB, RD — #1! HHS Record! TS, MJ — Good lck in 84! TO RB — I've nvr met a lady like U! ILY vry mch! I hope we wll sty tghtr — Always & 4ever. ILY! 2r+d=3 studs! Darb, Rob — Good lck Seniors! TN sty w/MB! Class of 83 #1! Bye Helix! Later G-Club. SS #78 BF.

DIBOS, BILL

Memories: Thanks Mom and Dad. Special thanks to special teachers, Mrs. Hume, Mr. Boone, Mr. Landry, Mr. Cates, Mr. Feeser, and Mr. Higby. MT. DW. AIR. LA. MM. JF. PW. KC. a good joke is always wanted. The beach, Tangeirs, 706. Fun people Marie Kellie, Ben, and Hoggy. Thanks Helix, Luv ya, Bye.

DRESCHER, THEODORE W. (Ted, Beaver, Tedly)

Activities: Cross Country 1,2, Speech 1, Maranatha 2,3,4. Memories: So many memories, great pals Teri Sue (All wet) I.C. J.M. D.P. M.S. 'NO BOZOS' Smiles w/Cates, advice from Heyer, morning w/Oxford. Squeaky Mustang, fixing the Monza in shop B.M. K.W. S.P. Most memorable Jan. 25 '80 LOREE FOREVER! #8 Jimmy's in L.G. & the buddies there. Luv & thanx to all Mom, Loree, God.

DREW, DENISE (Eskimo Boots)

Activities: Maranatha 2,3. Memories: Best Fr's: AB, SE, DK. Memories: Camp, SE & Gang in Eckert's library, His Way OK, library fines, Carribean '80, late again, Anne gets her license, Lunch w/KK Landry's w/Ko, Walker's w/DB, KV, SE, 7 GB, IWYC, Adventures w/Anne, lunchtime w/Shelly, lost in Bartlesville, Cambodia, 83.

DUGGAN, ADINA (Dino)

Activities: Band 1, Tall Flags 2, Swim 3. Memories: Roses Scotland 80 Psprts? Wnt Nw Gum, BFCL!, Mkys & Rb grls, Mts, Mdnt Bsktbl *, Gd Egs, HOWDY KLA D-day, Fun in the snow! All nt lng w/Al & Scot, Ldys nt out at SFs, TjTs, ILuv my I'd Bug, I ArobD it w/RG & MD, Thk Thin, CRZY BUDS: LFASRG (SARG), LS & JF Thnx 4 ' bst yrs evr, ILY kiddos! Mom, Ross All My Love, Shritis hit in '8C!

DUNCAN, KEITH

Memories: Best of times with my friends TC, CA, TH, and PH. Great concerts, football games (I never attended). The girls I wanted to meet. Watching jazzercise at Fam. Fit. Helix was great and so were the puddles. Thanks Mom and Dad for all you've done for me — I Love You — Stacey and Tim too. Class of 1983 is the best.

EBERT, PATRICIA M. (Scooder)

Activities: Tall Flags, Drill Team. Memories: Times w/Tc, Dn walking into Leukes class late, Crusin nts, +RR, GK, HM, Tunnels, TDT'S & LE Elephant Man, TC Gtng Bsted, ice cube on bus bench, popcorn on bleachers, TNT, DN all dy str Prt, Disnylnd — conoeng, ptng hand in sal., crsng frwy. Spec. mem. w/Ruben & more 2 B. I love you Ruben, alwys and forever.

ECHARDT, BRENDA (Bren)

Memories: BEST BUDS: MM, DA, NM, PA, DCA. MM YOU HELPED ME THROUGH. TLKS W/D; st JOB-EL KONK. MM/VA LINDA: JAN. 8-9, 83 I FEL N LUV W/YOU. D THE 1st — NEW YEARS. TRULY — LR. LUV IS SPECIAL; DA, MM; DF THANX FBAF. ILU MOM/DAD. KAT I DO CARE AND I DID TRY. INCT ILUM; E IT IS WG. JUNE OF 83!

EARLS, SHELLEY (Boom-Boom, Mouth)

Activities: Glee. Memories: ISLY MM I WILL ALWAYS REMEMBER THE WAY WE WERE GUYS AT THE GYM FRIENDS PM JM SM DD JP JD VT SG IN BAILEYS CLASS MICKEY MS McGEES CRAZY STORIES AND REMARKS BEING TUTORING BY MR HOGART SINGING IN MR FAULKS CLASS BEING IN LOVE SWEET BABY TEARS WHAT I WANT OUT OF LIFE IS TO BE HAPPY.

EDNEY, JON

Activities: Cross Country, Senior Board, Human Relations. Memories: To good friends MB DSGE and RB all the best. To the special ladies SA TP MC LB NG PT KB and SM, all my love. To the most special of all MARY, your my lady always. To Deb and Brad thanks. To my Mom THE BEST, I love you. Most of all to my best friend in the whole world, my brother Ron, were going all the way. REPUBLICANS FOREVER.

EDNEY, RON (Walston)

Activities: Fling 3,4, Speech and Debate Teams 3,4, I-Club 3,4, Human Relations 2,4, ASB 2. Memories: TO FRNDS: JG NG GE KV MI AC AA JR EW SH ONLY BST FR US ALL. JH, GH THNX & I LUV YOU. RR IN '84 REP. ALWAYS. MY NEW FMLY: PT DOING, SHRING, CARING THNX FOR BEING YRSLE, LOVE IF ANY TO YOU, MOM NO WDS XPLN ... DAD THE BST I CN BE FR YOU. MY FMLY: JAE THE BEST BRO WE MD IT! MOM ELVE OR NOT AT ALL FR YOU MY RSPCT & LOVE ARE YOURS. THNX TO A SP FRND.

EDWARDS, ERICK (Maynard)

Memories: EARLY SURF SESSION W/DE & SK TEAM? BEST TMS W/DE SP CC SL SK LC JM LT CL RD MM SB BS DC SL TD SB SB RD MB PW & VERY SPECIAL TIRZA, VIKNG LIQR W/CC 3/4/81 MEMORIAL RIVER CREW EARLY MORN BB'S & BOAT? SAN ELIJO — WKND PARTIES RACY RED RACER 66 TOY "LOWENRED" THANKS DAD & MOM ILU BOTH CYA!

EFURD, DAVID (Davebo, Eff)

Activities: Football 2. Memories: Geom w/DK, JP, JS. Span w/DM, Adios! Watching frnds chng ' learn. Getting my Toy 4X4 Thnx DK. Finally dscovring tapping harmncs. Ed VH Superb! Specl frnds DM, RF, DK, RC, KB & Othrs. Job at BK Ha! Finally Janice, we made it. You've chngd my life & I'll luv u 4 ever! Thnx Mom, Dad & Fmly! I mad it! Janbo U R #1!

EMERY, TODD (Bruno)

Activities: Soccer 2,3,4. Memories: The Gang: J, T, S, Baug, Danny, Davy, Mike. Teams: Morey, teez, NU. Traditions: Logging, Sambos, Jims, AB. Bst Tms: Lke Morena, Bety hnts, Queen, Adam, WHO cnerts, srfin, soccr & f-ball gms, bicycling, Bruntuns. Lets keep in TOUCH — GAng, ILU — Mom, Dad, Sis, Bros, & Savage.

ENG, GREGORY (Greg)

Activities: Ski Club, I-Club, Human Relations Sec./Treas., Senior Board. Memories: Go to the places where we belong. We say we'll keep in touch and be friends forever but as time goes on, as we go our ways so will our friendships and memories grow theirs. Magic Mt. Best Friends thanks 4 being there. JE RE NG JG JN SH GH ET CW AC EW LV MI KW KG MF JH BG LB PT JR AA SM PH KV TB FK MOM, DAD, DIANA

ESPINOZA, DAMON ("El Damone", Big "D")

Memories: Good Buds TM, CB, KW, SS, AR, Skull Busters, Amy Thnks. TRACY ILY. Kevin Ugg. SS & me out cold KW you drive. The CURBS we are going to the top! Parties w/Erick "Turn here!" Tracy and I at Seaport Villa. Crusin' times in my Big Bad Blue 70 Malibu thnks Mom, Dad & Bro ILU TRACY love ya over the wall Helix!

ESQUEDA, LISETTE

Memories: BEST FRIENDS: LW, YF, PT. Good times with Elaine in carp. The concert w/YP. Stratus 82: To my best friend Lynn I'm glad we became friends. Fun w/David Garibay. Lisa's wedding night w/Elaine and you know who. Thank you Lisa for being there. I love you Mom & Dad for helping me through the years. God Bless You.

EUCKER, PATRICK

Memories: Happy to leave this 7734 3704. Meating P.C. going to the Rolling Stones and hanging out at TO. Going to Black Sabbath. Buds going to see the WHO in 82. Long live John Henry Bonham. Long live rock.

EVANS, DAVID (J.B.)

Activities: Water Polo 1. Memories: The Acew/SD, CC, GG, PA, DS. Mex 12/82 w/Michelle & DR, HC, LC, TM. Good frnds SD, CC, GG, HC, DR, PA, LC, TM, SR, LA, JB, YD, PN. Skney Dipn w/Denise. Berne Bumouts. Good times at the HFC w/the gang. Thanks Dad, Mom, stepparents & Ron 4 puttin up w/me. Good bye Helix.

EVANS KAREN

Memories: Yeah! BST YRS OF MY LIFE BST BUDS W/DT REMEM 9 GR & PSRT! SUNSET CLIFFS JF ' DT RP WHT A BLST! FRM JAKY D TO FLAMN HT DOGS! DL MR HRS SHWS & FAIRS! THE PIER! GREAT SUM OF 81 & 82! TMS N MY BAJA, ENSNADA! THE GANG! BLST AT DEATH VLY W/RP & FAMLY! RPU R MY I & ONLY LUV U ALWAYS! ITS BEEN GRT HELIX IM GONNA MK IT! LUV U MOM & DAD!

FANNING, JERRY (Nut)

Activities: Football 1,2,3,4, Track 2, Young Life 3. Memories: CIF CHAMPS 82, great times w/Bill, DM, KS, PW, MC, KD; Halloween 81; to gas; vets night w/BB; crash day 1, beach, mary on leker, workouts, pizza, 1 day job, summer; times w/Lisa New yr, Xmas, 10-22-82, anver 1-22-83; senior dich dy, dernt, love you always; Bday 82; Thanks Mom, Dad, Rick, Lova You.

FARRELLY, MARY ANN (Spike, Natasha)

Activities: Track 1,2,3 Tartan 3,4, CSF 1,2,3,4, Mat Maids 2, Young Life 2,3,4, Campus Life 2. Memories: The gang: KW, MKR, SB, JK, CW, TP, ' LM; Frosh spaz H.H. Nitemare, Mskd Mrders, Grn rasin, cl hts scemin snekn movies, snomn thermals, TPing out w/a bang, wildnes, sailin Beond Laughin & cryin w/Kim; prom 82 w/you Magruder — Mary me! Crzy sisies attempt to swagr tikle spider! Thnx Lord 4 helpin me thru Mom, Dad & Fmly ILY.

FAUSSET, DANIEL (Louis)

Activities: Swim 3,4. Memories: Nights in RB w/Lene. Gd frnds: JC, TC, BF, CF, CL, BM, TR, TW. The shele. No. Co. Surf w/'Da Boyz. Mt. Hlx 5-12-82, Never mind!! Swimin' in RB w/TW. GQ. Chrishna High. Summer '82 — freedom. Sumrs in S.C. SNL in Del Cerro. THE CARS. New Wave. Electric nights. Thank you Mom & Dad. Lets Go!

FAVERO, TODD (Haugh Babe)

Memories: SB gm's watchin C.F. jam! Rad tms with EKO, SS JT, CO, LS, SP, PN, BU; CDO: "The Field," livin attar midnt. Dodge, "P.B." w/Trish. Skin thru Ozzie w/EK. Scamin, B ' R itsabst!! Smr '82 trippy bch experiences, killer concerts the fair & endl's Blo with special friend Suzie. The zoo, a kola? Led Zeps' #1 ' R'R aint gona die. Thanx M&D, ILU. Its time to face reality — Later Helix.

FINN, MICHELLE (Finnsky, Foghorn)

Activities: Basketball 2,3,4, Tennis 3,4. Memories: Friends — Erin, Steph, all the times! Bball! good times! Best Times w/EL, SK, VH, DV, CQ, LG, JC, MC, BS, BC, DS, TL! MC — nice — glad to meet you! TALK! Bball Guys/Girls glad I met u all! Thanx! Stats! X-mas va '82, Tourney #1, Thanx Singer and Frank for being there! Family, Erin good luck, I luv you all! Bye!

FISHER, WILLIAM (Nels) Activities: Drama Club 2,3,4, Sec. VP. Memories: Buds Dave, Therese, Theresa, Dini, Margie, Cathy, Scott, Laurie, Stacey, KE, CT; 2-4, Mama, 12 Angry Sip's, Rocky Horror, Mae W. Com on Up and see me Sandy & how lucky can U get; NY, NY, Hollywood Airport w/Sandy, Catalina; all my love to both my grandmother and Bob, I love you Mom, ROMY Thanx.

FISHMAN, ROMY (Kush, Romela)

Memories: Oh Hi! CG, Punk me? M'Ms, Kush eter — dn't stp! Chrs: whts his nme. E.T.F. whrs the beach? Tru bst/frnd, I'll b bak 4 U!/J.A.P. Mel; on on R wy 2 Mex & P.S./B.C. & J.P., no thxs, Savoie ILU! HERSHEY'S always thr: Red. Mom I & only. Syanara!

FLORES, YVONNE DENISE

Activities: Modern Dance 2. Memories: Me a Sr? HA! Bye LF, KH its yr turn now. Lncw w/KE, it was fun. Todd I'l mis U & dur lafs. PG luv RF. Manor (Dior). B all U can B AF, luv U Bro. Bailey I'l mis U & dur lafs, now is that clr as mud? HA HA. Luv a my fam. LE rmbr Stratus & the guys! Ooh la la. Got to go now therz more a come 4 U LE. Congrats Nia. Bye Helix.

FOLEY, LESLIE ANN

Activities: Band 1, Drill Team 2, Swim 3, Speech 3,4, Drama 4. Memories: RP, LS 2 JR Muck Adina — great 4 yrs I LUV U Thanx Sandi — your the BEST! Lghs w/Bio Bud Jam, Cliffhngs w/Leah, ALARM! Did u pay? GA 81 HOWDY! Bbi — Fri, MT's The Chefs Moose Moss #1, Gd Eggs Bob — I care *WANT NEW GUM* Scot 80 pp? "TRUTH" My dad the BEST 4 Ever n my hrt. Thanx God ILY always Mark U 2 Marleen, Think Pink, 83 Rips!

FOLLERO, GINA (Mrs. Wna, Snuffy, Gi-Gi)

Memories: Special Memories w/my baby Jeffrey D. Wna!! We've been thru a lot — but it was worth it! I LOVE YOU! SPECIAL DAYS 11/6/81 — 7/21/83! Best Friends, Sal, DI, Cocoa, Lori, Lei — Thanx! I LUV YOU MY SPECIAL FAMILY — THE PURSELLS ' MA & PA WNA! XOXO THANK YOU GOD!! HI NAT! HI LF, DW, LC! I LOVE YOU JEFFY! XOXO!

FRAIZER, TODD (Stretch, Stork, T3)

Activities: Key Club 2, President 4, Campus Life 3,4. Memories: Best was DK, MD, RH, EW, AD, BB, RA. Best times at Key Club conu also Oceanside Futball to and from, CHP. Number 3 Ha Ha Ha, Getting Crazy w/frnds, HBO nights. Summer 82, late night Julian trip. Offiser mailer, nice guy. Best times and friends all while at Helix. Helix and people YOUR TOO MUCH, see ya later.

FREEMAN, LA CONDA (Freeman)

Memories: Crazy times in Dr Training. Hitched in Soc. Liv. Passing Biology w/D! Thanx Mr. Walker! Best friends w/LA, you decorated my life. Anyone 4 tennis! Partners w/Castro! Good luck to my friends LA, PK, CS, JM, AC, PK, MA, KK, CF. Growing pains & being arcade crazy! Thanx Mom, LB, CTC! Bye HH.

FRIEND, WILLIAM E. (Bill Chief)

Memories: Gaining peace w/g Buds in CS Hogan KW, DB, GL, SL, RM, & other pale faces! Soer team highs, OTL in Felipe, Alfonzos, Tecate, Ensenada, Summit Dr scene, sail Niruana w/KC/MC 82, Riviera 69, State of Mind, love and thanks for the start, to my parental units, quote, Not All my Time is spent in Just Passing.

FRITZ, ROBERT (Fritzee)

Memories: Fun times with friends DE, SH, JC, RC. Skiing, beach, 3-wheeling at Pismo w/Dave. Sand Pits. Crusing w/GP, BH. Lake Mead. My Jeep? Maybe Late nites. The Who concert '82! Thrashing my Celica, BC. Sleeping. Pre-Cal, Film as Lit mistake. 930. Family, no more grades. College, see ya!

FULLER MARK

Memories: Starting out right in 9th, treuors house, Pink Floyd, Walker's class, and a fast life, then work, short hair, steady girl and strat life, friends Elizabeth, CP, MM, LC, CQ. Goodbye Helix, hello life.

GADLER, LORI

Activities: Young Life 1,2, Human Relations 4. Memories: Bst bdz Trish & Paula. Gd frendz SC, KM, SG, MG, KC. Skiing w/PH, Strwberry, 3's the chrjm. Gd X's in Del Mar w/clan. Bufont 4 ever. Nachos w/TT. Sailing w/TT, MG, MG. Normous. 1 S W/SC. F on FK. VD w/TT, Ace & nxt day. Prsidio Pk VD 81. Xmas Dances 80-82. Cr's 25c's. Rush knsrt. Luv ' thanks 2 my family. Luv 2 Mark. Mis U Helix.

GALLEGOS, DAWN DEE

Activities: Band 1, Drill Team 1. Memories: Thanks for all the good & bad times. My best buds Eee, Lynn, & Dorothy, & to all the others who went through the yrs w/me, LS, LP, TC, TE, SB, MM, MM, MS, YF, & JM. Eee & I at RP 80, & all the trouble we got into. Best of luv to grandpa. Luv ya always Dean LL. 82-83. Best of luck to all of senior class of 83, we are still the best!!

GARDENHIRE, ANNIE (Carrie)

Activities: Modern Dance 3. Memories: BB at DK that great time at the fair. Constructive critism of my behavior. BD, TI U R still a peach. Massive pigout on ICE CREAM with Sharon. Hugs and Kisses to Mom, Dad, Mark & David (B. Jeff). Yes, Dad I'm real!!!!!! Hi Danny, thanx for the long chats Dale.

GEORGE, WILLIAM (Bungalo)

Activities: Golf 1,2,3, Football 2,3. Memories: Workin' at "The Dust" with Perry, Rude, Rich, & Stickerman. Skiing '82 (after the Brk.) Fishing at Morena, and vacation. Sherwood Forest! The Who in '82! New Wave Dave. Finally out after three and a half years. Taking pictures in Mr. Rays photo class. Thanks: AB, JM, JN, JN, IH, GB, PC, M&D, Joni & Bruce.

GILBRETH, BARBARA (Bee, Pinhead, Barbaridad)

Activities: CSF Memories: 2 fast not fast enuf! Luv & thanx to Mom & Dad. Times w/Perso: lunch 9, Bio & gum, sum 82, jacu, "can u come over?" Soul, donuts, I luv u! Hi Pinhead — pickin, Catalina 81, dont laf 2 hard — wont 4get u! Annelida — lets bash, Bio, & Oceans, good friend! Mustang, 1st job, growing up. God be with you all!

GILLILAND, JAN (Janner)

Activities: Human Relations Commissioner, Senior Board, I Club. Memories: Green Fridays. Football games w/friends. Honors English. The Best will be in 83. Thanx to all of my teachers & friends. Best friends 4ever Jan & Jan. Thanx Mom & Dad & Gramma & Papa. Working woman GMC. Good luck to all of my friends in the future. Thanx RK!

GILLILAND, NAN (Nanner, Nanny)

Activities: Senior Board, Human Relations Commissioner, Jr. Board, I Club. Memories: Frosh yr: puddle stomping soph yr! 1st job Family Fitness & broken arm. Jr yr: met Greg went to his prom. Sr yr: fun in library w/ Renee & Clitn. Locker Pal Jon — Remember when . . . BF, Newie KM. Gregory: Best friend & love. Formal — Nites, X-mas & my Prom. #2 twin. NF; SM; PT; I luv u Mom & Dad — Thanks.

GILLUM, RENE (Regi, Short S)

Activities: Scottie Riot Squad 3. Memories: Lvng Mt Crml & ofds. VB pop ens SN lng tlks RY big sis JY lng tm LF fight? Dads wdn nw fmly lvng w/m & J Mny! Helix & nw fds CC & BB Gd tms! EW — I kw wat she sd! Somoan wrestlers! DE! LC anthr nt? Mnr ylng at us! Stbry dams (yum) DW! I luv u al! Thnks. Bye!

GLATZ, DORENE (Dori, Baby)

Activities: Scottie Riot Squad 3, Senior Board. Memories: Best buds Dianne, DC, RS, BC; Disneyland w/DS, DC. Concerts w/ DS, BF; B-ball, futbol, Bch Boys w/gang. No to Denny's! I'm not a wbl wbl! RS nice knees! Di dont forget KD, GC, JT, BF. Do you see a mt or smell the air? DC thanx for being there. BC be nice! Joey, gee your special your a great friend thanx Ma, Pa, Mike & SB ILY Jesus #1!

GORDON, ANTIONETTE (Lady T, Toni)

Activities: Varsity Track 1,2,3,4, Young Life 1,2,3,4, Choir 3,4, Human Relations 3,4, Letter Lassies 2,3,4, Drama 3, Student Council 4. Memories: Best Pal BS. I mis u. Rember track workouts, I survived! AH! Tripin w/SR. Fun times w/ Allen D. Special talks w/Cathy T. Thanx 2 GF, SJ, Carlos, U R A BABE. Smurfen w/SR, LB, DD, SO, MJ, CH at city and state. Fun times w/lil sis, Tiffany, I Luv U. I leave my Trak record 35'2" to? Thanks 2 Mom and Dad I love you. Goodbye Helix! 4ever Lady T!

GORDON, CYNTHIA (Biddie Lou, Missy)

Activities: Modern Dance 2. Memories: Bst buds KJ, JP, SC, PD, MA, Sis; spec mem w/SC, Luv U 4ever; Xmas dance 79; Prom 80; leave me! All the great X in Palm Springs! Cruzin the 55 T-Bird. Dithcen w/JP, RF; Pauls prsh & 4X; river, offroad, GL, getn stuk w/ JP, JH; shrm stain up ALL nite! All the X! James gang, thks to ALL my tch, McGee; ALL my LUV & THANKS to Ma, Sis, GMa & buds! I'm a FREE BIRD at LAST! See ya Helix!

GOURLEY, DAWN

Memories: Ay: my bt fd as, hs, L Y ph ph ie es gd ps ct gt tt sf of yr hs hy in we ct hd ts pn fr lg bo mn, nw ys Jy 4 Ny Gs ha Oh ts gs! Cn we se eg 4/1 bn bd Be & Si-Si ye my bt fd lg ts sd ss dt lk nw Ay Ms H gg td it is gd ec. Mn dw bt te bk! Jn: LB, CC, no bt sy sh Lg ph yr pi cn 11-19-82-tg pt 1-8-83 OK In #45 Wn? Bd wh te gd oe dy at a te yr te bt! I L Y!

GRACIE, GINA (Motor Mouth, Gene, G)

Memories: Best buds CC, SK, LC; buds PA, PN, DE, CA, DS, DM; Hawaii 82; Mex; Glamis; Truck Club; toys, score, The Klick; McGee; H&D & roomates; B&B; The slap; SDSU; Ace; car nites; skyshow #7, 1st love, New Years 83; snopps; DOLLS; Love to C's, Thanks to family — ILY — Love to Deah.

GRANDE, JAMES

Memories: Best buds: JK, LG, SS, SR, LS, KK, BB, JR, RB, TF. Good Times w/ JK, SR, LG, SS. Memories: Scotland 80, the "toadster". Now land cruiser, hang loose; get a car, 4X4 superstition. Supercross, the Who concert, FB, Rused 80. Tough teacher award: JM, SDSU here I come — 4 more.

GRAY, MARYANGELA (Mariooch)

Activities: Band 1,2, Orch. 1,2, Drill Team Team 2, Maranatha 1,3, Fling 3,4, Sports Editor 4. Memories: Scotland & Rose Parade. Biology w/O&P. BC & LE. It's a Frog. Flinging' around friends IS, MS, MC, KK, SE, CD. '80 w/DB. Christmas Dance '81 & '82. Sr Prom '82, Grad Night '82 w/Henry Hny! Found Keys wet on water bugs. Best friends Mom & Dad, AA & UR. Henry and Jesus thank you; I love you.

GREEN, KIMBERLY ELIZABETH (Kimbo, Keemo, Kiddo) Activities: I Club 2,4, Science Club 3,4, CSF 2,3,4, Maranatha Club 3. Memories: 79-80 Darrell Hmcoming 80. Frnds: Greg, Jan, David S, B, V, G. Kathy V. Steve E. 82 Prom w/Amr & DB. Bim (81) Pat, love and thanks to: Estes, Landry, Ehlers, Freed, & (Love and Kisses) Higby. FOCLNBrSKI forever Mrs. Larivee! Mit Wiebke 82; The hero journey continues . . . Hghlndrs & diamonds are forever!

HAAR, MATT

Activities: Basketball 1,2, Baseball 2,3,4. Memories: Mexico with Danny Holmes, Tim Haas, Jeff Haar, PU with Tina File. Time of my life. Surfing 12 foot Sunset Cliffs with Dan. All by our selves. Never forget June 19, 1980. Thanks Dad fir baseball. I love you Mom, Surfing 6 foot big rock with Danny Holmes. ALL BY OUR SELVES. Mexico with Tina File Never forget you Baseball 82! We should have won. I am finally free.

HAIRGROVE, PAM (Spam, Pammy)

Activities: Ski Club. Memories: 9 yrs of frndship & fun times w/LB & TT. Crsng w/TT. BLK MSTNG PP, BS, GO— SP Vllg w/LB. Vstng SO & FI — CEC, RJ, TZ. I was the rat! #1 frnd, Francesca. Nrv 4gt DN & FI, AMC. Crzy tms the best! 11/81 Frank I 4evr tna fshrmn 8mnths of hrd tms; Cdance #1 w/NG #3 w/FI — Mario help us! Thank you! Prm 82' w/TG. Prm 83' w/ RC. BUBBA someone vry spl. Sel frnds FB, RC, LB, TT, RM, AS, MS — MN bwlng SR PNY Mets. To RC — I W A L Y 4evr. Evrlstng frndshps.

HALTERMAN, TERESA L. (Punkin, Sissy, Baby Girl)

Memories: Best Buds VM, LA, BF & all they did. Skating, my 1st kiss. The beach, LA & I in the "Bug", WHBC & the Yth Grp; going to the river, football games, dances, my surgery; my 17th Bday party. All my therapists & nurses & my tutor, Raines & Garcia. Bye Helix. Thanks Mom, Dad, & Greg. I love you!

HAMM, SCOTT M.

Memories: Good luck to friend C. Croxall (summer of 81, jokes at lunch, Munsen's final.). My love and best wishes to N. Gilliland. Thanks to best teachers: B. Higby, O.P., Be. Ehlers. 4 more yrs to go. I hope I make it! Goodbye Helix! Thanks.

HARDER, GAIL

Activities: Varsity Swim 2 I Club 3,4 Team Debate 3 Speech 3,4. Memories: Chem w/Deb & Brad. Scott J. Swm fnls. Utopia. Bch, cakes in faces. Spch & dbt w/Ronny (fight in Hist). Super Sue. A1 H — songs, poems — good friend. Howie — Landry — Olsen. Leaving & bday. AFS-RSA. Velt & family=love. Coming home — SIGN! Thank God 4 Greg. Thnx 4 being Jamie, RI, JN, JG, DB, PH, KVB, FK, EW, MI, JR, AA, SM. Now open to new doors.

HARDER, SUE

Memories: EW — Ads, liar, 2. months! Its cloudy! Ice sicle ski PH — falling trucks & rolling curtains AC MJ, ST, TM — park dancing, long talks, jap, jacuzzi RG — understand? Daq milkshakes, DE dancing, Colombian frnds — O, S, M & D N, J — I love you all. MI — double trip GE & DE lunch EW & Mp. Thanks 4 all help.

HARRISON, ALFRED O. (Chip)

Activities: Choir, Drama, ASB, Speech, Key Club, I Club. Memories: Closet C. My OL Punk friends AL, TD, SC, RL. Those were the days to trick to love to hurt. The park BB, The meat rack Haven's. The Bars. Wanna P. Moi Vespa. Being myself. A lil' boy. Fun boy 3. 12 AS. Line . . . The true prepies — beaver. Punk will never die. New RO I luv U LC, Bro, Donald, 2 gether 4ever, ABC.

HAWKINS, DAVID (Vaughn, Vagin)

Activities: Swim 1,2,3, Water Polo 1,2,3. Memories: Surfin w/Dave & Pete, Spray painting w/Greg & Pete, Shermans House, Marnie, Surfun w/Bob, Ricky, Photo w/Mike, Danny. Dead Mods No Ozzy. Tastes like Pepsi, before school surf runs w/Pete, Cemetary, late night mortuary runs lost in Boogum town w/Marnie, Dave, & Heidi. Mom loves you.

HERNANDEZ, AMY

Activities: Dance Team 4. Memories: Hsup-hsup, LUV U D, cud. Cakes, NN! Hula, Aloha! Haiwan nern, swe. Noaomassmaerd, 4/1. Your my best friend! Echo! Topmi tog u down, lee cub, U can't teg taht ffuts ffo ruoy sdnah rof skeew. Dawn t'nod kool s'ereht . . . New Years 82' w/luv, luv U KC. I luv U Mom & Dad!

HERNANDEZ, CARLOS A. (Super Destroyer)

Activities: Football 3,4, Track 3. Memories: Bst tms w/KELLY — I LOVE YOU — Sep 24 — KELLY Fn tms RN pty #1 — H.O.M.E. — 143 — BANANA * Dont, Joe Exp, I know, Gd tms w/CS JR, Amtrk 1 mstk, str gang, yktri, fr 13 pt 3, url, SeaLn w/CS alwys gone, Molly, prvtns w/JR — The Score, Trk w/MA — 4 G's, Thnx Hebrew, M Mt w/RS, #20 CIF 82 — Thnx Mom, Denise, Sugar for the help.

HICKS, RITA

Memories: As the clock struck 12:00. Nov 25 Prince arrived. Thanks to K.W. & V.M. Fun during lunch. I thank T.B. for being there. I appreciate all the T.L.C. Fr: Monroe Johnson. Best wishes to S.D. I thank J.C. for his blessings. I'll never forget Jan 6 & 15, 83. A special thanks to Mama & Joe. And the support of S.H. & Jr.

HILEMAN, ILONA (Ed)

Activities: Swim 1,4, Cheer 2, Highland League 3,4. Memories: Fn X's w/Frnds: K.d, B.M, L.V, D.K, W.H: Dngy, Thnx sis. Km's pty, B 52's, Elvis, Frnch ts, Gd bis MNL wsh I wr thr. Thnx D & J. Luv 2 all. A. rew: gd x's r nvr frgt 9-19-80, 9-19-82. The Mntn. ILY!

HILL, JAMISON STEWART (Jamie, Stewie, Jam)

Activities: Tennis 2,3,4, ASB 4, Literary Magazine 4, Jr. Class Secretary, Senior Board, CSF 2,3,4, Ski Club 2, Human Relations 4, Highland League 4, Girls State 4. Memories: CASC 18 Prs, state encl mths SF, cmp 82, Grls State. KATHY the best: June Lk, ice fsh 37c mini skrt srch, later, kmhm troddle, eat it. Stab, Get thee 2 a nunny! snekrs CC. Sr cmpgn. Col vsts. Ramsey Hig Lndry Est Smit, H grp smr 80. X dnc crt, SAT, GE, RE, AMC frnd? brwn pnts DB clpbrd. Miss U K. Thnx. Ready 2 go!

HOFFMAN, BECKY (Fraul, Pokie)

Activities: Track 1, Glee 1, Dance 2,3,4, Choir 2, Cheer 3, Junior Board, Highland League 3, Pres. 4, ASB 4, Dance Team 4, Senior Board. Memories: Best Dudes — BM, KC, KR, CW, IH, LV, MA, DP. Lost in Mamoth w/KB. Bch w/Joe Prom w/JM. Hot L Jam, fling off #16 xmas dance 2 3 4 w/JM. Dnc crt 2 3 4, 16, Garfield, mooching. CASC, train River w/K & K. CIF FB w/Fnds. Wigball, Gum. Galipoll, porking — movies. * HMC MG * 1/2 tms lghing w/frnds. Mom & Dad. 1 4 3 Joe!

HOLM, ERIC (Gimp)

Memories: Working for my motos. Fun with the boys JB/RR. Ice blocken. Wheelie Kid. Jay's lemon. Proc/Val runs. No Big Waves Lives On. EBs stick to rocks Jim. Clmb w/Dolt, Frog, PW. Shawna — good times. Nee! Regal hates rabbits ha ha — hee hee. Pizza boy. Poke Len. Thanx Mom.

HOLMES, DANNY (Big Dan) Memories: Surf Safaries, with the best Matt Haar, Mexico and Hawaii. Twelve foot Sunset Cliffs. Six foot Big Rock all to ourselves and eight foot Popalto. Early morning I.B. freezing wabbles off. Meeting Karri at Homecoming and still going strong. She made high school worth while. All my love to Karri, David and Grandma for the best years of my life. See YA!

HOLMES, LINDA

Activities: Volleyball 1,2,3,4. Memories: SPECIAL FRIENDS: MICHELLE F. JAN G. SANDY S. JANICE W. FUN IN P.E. WITH SANDY DANCING! THANX MRS. HUME & LARRY V — BALL WAS GREAT. V-BALL TOURN. "OUT-TO-LUNCH". FUN IN RAINES CLASS WITH JANICE. TEACHERS: SR TA. HEIMPEL, MR. FREED, MR. KNOTT, MRS. RAINES THANX FOR EVERYTHING! THANX MOM & DAD & VICKY I LOVE YOU!

HOSEY, KANDIS (Kan, Kanerona, Lope)

Activities: Freshman Class Pres, ASB 2,3,4, Basketball 2, Diving 2,4, Young Life 1,2,3, Campaigners 4. Memories: JAMES MY GOOD NEWS DOUBLE NICKEL BABE DIMY OCO OUR NITE — JAN 23 1981 JOEY (THE GUMBALL) SUNDAY DINNERS W/MOM, POPS ANIMAL PARK ALL MY LOVE BABE HEAD SHARONA SENIOR WOMEN QUARTERS L4 JACKSON BLVD CHOCOLATE CHIP COOKIES JJ AND CAKES SAVAGE KISSES PEELINGS MR THERMO THANKS MOM BIL RIT OCO BABE.

HOWARD, SANDRA (Lady)

Activities: Modern Dance
Memories: I would like to thank "God" for helping me live to graduate. Thnks to my Mother and Step-father for supporting me. And my teacher for helping me learn. I leave my hall locker to D.J. My "love" to Steve Webster. My dance steps to Rhonda and Shawntel. And stay sweet my "Gossip" friend Steph. And my "Sweetheart" Alex.

HOYLE, KELLY SUE (Kel, Vibe, Sissy/ff) Memories: BBF Vibe GV! FF/aerobice (grind) Jamacia PC/LMRV Mr. A's Bob & Steve. NB ILY! Cme to Vns! Prtys w/NB VL PB JC CK PS. Fn Az! My FIAT 82. SC/DD 81. Lndry. SB ME AR. To Kirb, Mon Coeur T'appartient. Tu seras Toujours La plus Brillante Etoile Dans Mon Ciel. Je T'Aime! ILY MOM, DAD & SIS!

HUBERT, KATHERINE

Memories: Best Friend Karla, Morn Coffee at Mikis w/CB & LZ. Work at Gros. Gardens — BP. Who w/SL. All my love to Ron! Thanks Mom & Dad for all the love and support, you're the greatest! Regina, Bob, Tina & J.T. — ILY all! See YA'LL later, Bye!

HUEY, TOM (Hubie)

Activities: Track 1,2,3, Basketball 1,2, Football 2. Memories: MY BEST TO F BUDS WOR! DCB SQUEAKY BEAV BI EH IJ LLUVLL, SP, VH, FUN IN ENG W/AB JL SH ACE LAY PARTY W/KB & BV CRASH OF 82 THANX NOON E HURT ET NOT ET HOUSE 93 OL GR UT ES AT LM CB & TM EARLY MORNING HOPE POR GREAT PROM. T FACK IS HE I IK IS SMELLA IG WAS HELL FROSH HOOP #1 SPEAR IS A DS WS I AM ACCOUNTING GREAT LUV MOM & POPS.

HUTCHERSON, SEAN (Squeaky, Hutch)

Activities: Basketball 1,4, Journalism 3. Memories: Good times w/good friends GP, JN, RC, LK TH, JO, WS, & all the rest. Night at Lk's, Rosarito — Ensenada Bike Ride, trips to Colorado, fun times at Sunset. Remember: friends are what make life worthwhile. Good luck bros. Thanks for everything Mom & Dad. Santa Barbara, here I come?

IGARASHI, JOCELYNE (Joci, Jr., Squashi)

Activities: Gymnastics 1,2,3,4, Diving 1,3, Swim 2, Fling 4, Ensemble 4, Young Life 2,4, Senior Board. Memories: Best Bud 4-ever Kris. SPCL WOG & MOG: MM LF HH TS PW RG LL PT KB LP BM DW MS. Xmas Dnc 81. Mnth 82; Hume; Rvr; AHR; WntrCmp; EO; Sen Rtrt; TNL; TNBS; Surf; Porkn w/Panooka. CR MS LV BF KW, ensemble buds, CABC HS staff & 'the man' ILY ALL. Thnx Mom, Dad, Leslie, B K PSD G G I LOVE Y. Spcl Thnx 2 my Lord & Savior Jesus Christ ILY. Jude 25 niv.

IGNEY, JAMES (Jay, NB)

Activities: Soccer 1,2,3,4. Memories: Look out for the BLUE! Fn at Disney w/Jeri, CIF w/RA, CC, Bst Bds CC, RA, JGR, JK, TH, LB, LA, KL. Pooh bear, Im not that tall! Lets buy Rob a BLT. Spec Frnds Patti & Jeri (sc), Thx bro Torb. Lil sis Just. Nw Yrs Eve w/SC, BR prtys. X-mas Dnc w/Lori B. Katie's wk & cld but? Thnx Mom, Dad & Sis.

IVERSON, MARK ALLEN

Activities: Ski Club 1-4, Tartan 3-4, Campus Life 3-4, CSF 3-4, Sr. Class Treasurer, Sr. Board. Memories: All the fun & spcl times w/ Karen & all my frnds. com foto brkfst runs w/KB, CC, & MP. Xmas dnces 81-82. Poppers wknd & Sues famos bch brgrs! 66 El Cam to 200sx. Pnny Inch. * 1-22-82 * Hawaii 82 * Brgr BsBash. Plane crsh @ Powy. HBO wknds & It's TEE V! Ski'n & Utah. 5-28-83. Spcl thnx & luv to Mom, Dad & Sis's & mst of all KAREN.

JACKSON, CHRIS ("J", Birthday Cakes)

Memories: Best times w/THE gang; Bruno, Mike, Dan, T, Aug, Dave, S. F-ball games, Jimmy's, Luv for each other. Wrestlin everyday, No 2 on 1, Yellin at everyone — "BUTCH" etc. The only true "Team" is the whole gang. Queen & Who cnrts, FIB, ADAM, MNS, never otr, carne asada w/A&S. Thanks AB CP & NU. Love you MOM & DAD.

JACKSON LEAH (Leo)

Activities: Softball. Memories: GREAT times with Rat and Bobby. Desert trips with Rick and Lorri. Mex w/Leesa. Best times of all with my sweetie Steve. MONACO. Thanks for everything, Mom, Rick, Lorri, Billie, ED, MONACO.

JERNIGAN, DEXTER (GQ, Dex)

Activities: Football, Track. Memories: MON THANKS FOR BEING MY BEST FRIEND THESE 18 YRS. THERE WILL NEVER BE A MOM LIKE YOU. MARIA I LOVE YOU REMEMBER YOU PUT IT ON BKWDS (TFTWMD) X-MAS DANCE 81-82 MUFFUMS DS PROM-83 RIBBON IN THE SKY TEDDY CQ DEX TRAILERS PIZZA (TTNYW) BUTTONS BEST BUD: MELANIE ZINN; PALS, CS, CH, JR, MT, PT, THE TIME YEES BUDDY.

JOHNSTON, ERIC (Navin, Steve)

Activities: CSF, Fling. Memories: Good frnds: PO, RO, JL, DR, DM, Fling staff, list goes on ... Radical Freshman, never volunteer, Acctng, Me talking? EX-CUUUSE ME! Ushr 82 grad, loud stereos/fast starts/speedin in the lot, Jack's and Parkway, Rnd Tble, 4 yrs — WOW. Thnx Mom and Dad. Watch out SDSU, here I come!

JORGENSEN, JETTE (J.J.)

Activities: Track 1,2,4, Young Life 3,4. Memories: Ftbl. games, CIF yea! B-Buds VH, LN, CD, JB, KU & MW. Times at Rnd Table — meeting Dean & CD. Concerts, fun in accounting, Remember "what a man", watchin DH in 11th! bettin crazy, jammin, seerts w/LN & VH — keep dreamin 4-ever u 2. Luv u Mom & Dad & Sisters. Helix is #1. Bye Luv U.

JUNIOR, SHERYL LEE ANN (Shey-Bey)

Activities: Young Life 2,3,4, Scottie Riot Squad 1,2, Scottie Service Squad 4, Drill Team 4, Highland League 4, Maranatha Club 1, Modern Dance 2. Memories: I've finally made it! Best Buds: Angie M. Nia H. Lady T., Phyllis W. & Renee B. To Ms. Pac Man — ILY Best friends always. Nia, stay cool, Toni & Phyllis — thanks 4 B-ing there. Renee, UR the best. Stay sweet & Remember Divrnl. Pam — What happened? Thank you Lord for watching over and blessing me. LC & NB friends 4 ever.

KEISLER, GARY (Barney)

Activities: Wrestling 1,2,3,4 Football 4. Memories: THE CAKE, CIF CHAMPS 82, HOLTVILLE 82, 83, VIR 81, GOOD FRIENDS M.R., M.M., C.F., A.C., MY BROTHERS, LIT'L GARY BY JM, BURLY, MO PEDS, M.R.'S CAMARO, BIG GUY, THE HOOKERS, 63, GOODBYE HELIX.

KELLOGG, DANIEL (Dano, Corn Flakes)

Activities: Football 1,2, Track 2,3,4. Memories: Best Buds: RC, SS, DE, KC, MB, RN, Tm. Vlrs C&K Dead chevy. S's 4 VW Desert w/AK Loud \$&\$ Fnyl 18 wknd wrss Grand Canyn w/RC (no H2O) TRS Blues Bum Rds Nice Wiff 2 obx at Y.L.? Na. I luv sun! AM's at Box 13' Bonzai! Hza, VR #1; ONJ #2 Stwrt Cnert w/Pw spel wmn out 2 soon Thanx 4 good times, Frnds Thanx 4 evyng M&D!

KILLEN, STEFANIE

Memories: Pam Santa — skipping first breakfast at Mikis. Typing making mistakes — what a drag! — Heidi 6:AM how we hated it! The beach and all the seaweed, yuk! Blacks beach what a sight! The old gang in 4 hour, all the fun times and the color purple! "Tiny" Thanks Helix for a fun last year! Thanks Mom & Dad I LOVE YOU BOTH!

KING, DONNA

Memories: Football games w/KW, LL, MB, LA, "It's a plane" "Where's my car?" Group talks w/Bobby, ouch Bercitis Best Friends Corie, Linda, Karen, Sonnie, Listening to JC, Hope your mailbox is straight, Bill I couldn't ask for a better friend, Great times at Del Mar, Thanks for a great year Chuck, Luv You Always!

KING, JANE (Hane, Waner, TJ)

Activities: Cross Country 1-3, Basketball 1-4, Class Pres. 2, ASB 2, CSF 1-4, Tartan 4, Young Life 1-4. Memories: Hairbl times w/Cathi, the best ever! rad guys, driving? Scare me! Mrdering & T.P.w/Buds, SB, MF, MK, KW, LD, ILU all 143. Wldernss. Talks w/PT NO 5 NO GUYS. 81 & 82 w/Ken, snk'n movies & gd times BM'S laugh CCS 82 B-ball; it was fun! Mike p. Thanx for your support Mom, Free at last!!

KIRKLEN, JAMES L. (Toad, PB)

Activities: Water Polo 1,2,3,4, Swimming 1,2,3,4. Memories: H2O Buds: AB, BB, JL, JO, RH, BS, DD, PS, SY & CJS; Bst Frds: JG, JM, TC, PW, BM, KS, JI, LL, PS, BP, TH, DM, RB, JW, Elct & Type Buds; Hawaii 80: Ice, Bdy Surf, Sand & Girls; CIF H2O 81&82, Killer Practices, chairs, Fall Torny, Mst Insp, Movies, DC MB, PH, Good times W/M, J & L; Luv you Mom & Dad, Thanx Helix WO-WHIC.

KLASNA, SCOTT

Memories: Fun with Enid Crystal and Gonja. Memories of S.L. and C.C. My 50 mohawks and colors. Auto shop with Mark Cobb. My best buds Debi and Ricky and Bob. I Love You Enid.

KOLE, DANNY (Frisbee)

Memories: Best Friends AS, MP, CJ, ET, SR, DA, TE, "The Gang" Nobody's Really Sure FIB Happening! NU "T" Sixth Grade Hello Ralph! Freaks Go away Dinners W/Aug Left leg climbing, Breaking Johns! Swap Meet w/R.D. & M.P. KTS Forever sombrero speech class w/Aug & Mike, concerts, parties, Brunes Games w/J Mom and Dad YOU ARE THE BEST.

KUCKUCK, FREDERICK WILLIAM III (Fritz)

Memories: Pigesus and Peachfish, dressing for shock value. Playing those social games. Concerts, dancin', sweat. Are they going to send me home for this? STRESS. Love and regrets to all those misc. people who've left their mark. CON-FUSION. Bier und Apfelkorn uber Alles immer weiter, and: thank you, good night!

KUENNE, TROY

Activities: Football 2, Fishing Club 3,4. Memories: Shonna! BEATLES! PB Local-workn "Gotta Work Can't Play" Surfng 81-81 w/RB, EE, DE — Best friend Pete Young! Keep in Touch — Fishing w/PY, MP, SW, "Loulard Crawl" — ACE w/Shonna Hottest Summer Ever! Surfin w/Shonna — I Love You Babe Forever and Always! Jan. 22 w/Shonna (Santee) — My 69 VW — Later Everone!

KUHFAL, DAVID

Activities: Orchestra 1-3, VP 3, Campus Life 1-4, ASB Comm of Fin 4, Junior Achievement Treas 3, Pres 4, Case Sec/Treas 4, Isle of Skye 4. Memories: #3 PL: UCLA UCSB LA HONDA SAC CASC BIG B KNTS 81 RS PRD ORCH: SECT VP POPS SOLOS EXCH RK THN CL: BKWY SCR DK DNC: PRM 82 X-MAS H-H MST SPT GER: PLAY CAMP CRLG SPTS: CIF FB GRN HR PIZ CHGRS BB COACHN RKTBJA: FIN VP PRES THNX TO ALL MY FRNDS TCHRS ESP MD JC THE GROUP & TO THE GREATEST PARENTS & FAMILY IN THE WORLD GOD BLESS U ALL.

LABRINCHA, JOE ("G", Legs, Mr. GQ)

Activities: Band 1, Track 2, Ski Club 4, Human Relations 4, Junior Achievement 3,4. Memories: Best Buddies RTT, VW, CN, HH, DN, VJD (I LUV YOU BAR-BIE) Time in LA, SF, Possibly NY! Xmas Dance '81. Weedend blasts. Ski Utah! Cycle far distances (builds great legs). La Jollan nights, wm sumr nts. EAGLE! Mr. welch, boone. I love you Family. Tms at Mt. Mgul (trader), Helix, your not so bad yourself. See ya!

LANHAM, MARK (Ladamer)

Activities: Football. Memories: Best Friends: J.N., J.F., P.A., J.A., C.I.F. Champs '81 Favorite Teacher Nash, Good Friends C.L., L.G., B.W., T.M., K.M., Halloween 3w C.L., & J.R., F-Ball Mgr. 3 Seas. GUMP SQUAD PATROL LEADER IN COMMAND! C.L. Sorry it turned out the way it did, Just ONE more try? Let's keep in touch!

LARSON, KIRSTEN (Bird)

Activities: Modern Dance. Memories: The Birds. All the fads. My romances w/KM, DS, My model man (JB) The desert. Beach parties & foreign friends. So DAK. MQ & Collin. Human Plasma. Beth Lisa & Matt. Allison & Thierry. 1940's & Downtown. Erikaw/the trends. Mama & Daddy. x-mas dance w/Arnold & Greg. KM. Service men. my BEST FRIEND STACEY.

LAWTON, TRACEY (TJL77TA)

Activities: Golf Team 3,4. Memories: The RAD 427 BLOWN BB Memories Late nights at 2 Vally PKWY MT. Helix 4 am Late nights in RM Jacuzzi with SW, owahoo Hitting high speeds of? mph 12 pm Late Beach Runs to Scam outhe older women 21 MH 23? 69 DS (AH YES) The RAD TRANS-AM 455 HO Loved Lots Mom Grandma Brother BL with a slow blown BB Vega LAMBORGHINI IS NEXT.

LEARN, JEFFREY

Activities: H2O Polo 2,3,4, Swim 1,2,3,4. Memories: Water Polo CIF 81, 82, Swimming CIF 82, 83 Water Polo friends JO, AB, JK, SY, BB, Best friends David R, Steve G, Doug M, in Thai, Andy B., and Jim O. Good Times — Friday nights, the Beach, My car, X-mas dance 82, Hawaii Trip 81, Dead soldiers, surfing 82, Thanks Mom and Dad for Everything.

LEAVITT, TAMMIE (Leave it)

Activities: Band 1,2, Basketball 2,3,4. Memories: Rose & Scot '80, Best Frd. Deb Bye NGM4 Skid — Golfnuts? Take it off! Big Mac., A.B. with Deb, Ha! Ha! Have fun C.L., S.N., A.W., T.B., & Mrs. P. E.T. for Shadow & Missie! B-Ball #1, Thanx for evth. Sings! Spl. Thanx Oma & Opa — I Love You! I miss you little bro. Bob! I Love you family! Watch out world, here I come!!

LEE, LINDA

Memories: B.F. Donna — Amy — Greg, New Pals/Good Times. C — me — Jo Jo — Hi Cindy Summer '81 w/GC. Roll of '82 Mem — NG, KE, TB, JR, SS, & Char. Triton Nite Sch. Pals — DK, JI, DM, TT, KC, KM, — Grad. Limo! w/GC & CC Disney w/JR, Delmar w/ The Barn. Cal & Baja Bugs Thanks Mom & Dad & Terry Miss ya Paula. '83 Rules!! Best Yr — Sr. Yr!

LEFKER, KYM (Kymgrs)

Activities: Ski Club. Memories: Good time's at Sea World with JS, SB, TR., Good friends, JP, TR, SB, CG., Good times in McGees class. Jack's & Charlies during photo. Memories of the desert & Mex, with RM, JP, MP., Good times at parties, off roading, & ski club. Thanxs Buddy's, Thanxs Mom & Dad, Thanxs Mr. Ray & a big good bye to Helix. "Thank God I mad it."

LIM, ROBIN

Activities: Math Team, Math Club, Science Club, CSF — Vice-President, Student Council. Memories: HI GUYS! IT'S BEEN GREAT TO BE W/YOU ESPECIALLY KG JM DB TC DA FK SH KC RM BG. REALLY ENJOYED EN78H HOPE SA WILL TOO. JM & DB, YOU'VE BEEN GOOD COMRADES THANKS. FK IS INSPIRING TO BE W/IN PZ. KG YOU WERE THE #1 FRIEND HERE, DANKE. AA TC JM DA IN MS5 ARE BEARABLE, REST ARE INSANE. '83 — A WONDERFUL LIFE W/LOVE ROB.

LIPTON, EDIS (EB, ER, Cricket, Edit)

Activities: Track 3, Campus Life 4. Memories: GD TMS w/Tom Thnx Member U 4-ever ROA I was Tru. GD TMS w/My best Bud (HA HA) The bch Hey Twins The gray van the gang. Smmr nghts The trble we gy into, nerds, Lets gt crzy. Lisa & Cris Prtys Hllwn The Red Bug Sams hse Mxco Shawn U. U Bug Me. Tom Whrs My Jk in the Bx Dnnr? Mom & Sis Luv U Both Bye Bye Helix Lucinda We Made it!

LOWERY, LA VINA DENA (Lavy, Vina, Veenie)

Activities: Volleyball 2,4, Track 2, Cheer 2,3,4, Head Cheerleader 2,4, Dance Team 3,4, ADV. Dance (V.P. 4), Student Council 3, Highland League 3,4, Scottie Riot Squad 2, Senior Board. Memories: Fun TMS w/JV Cheer Buds. Crsh on jew. STDM 3 yrs CIF CHAMPS 2, 4 Spec Tms w/Karlos 2-12-81 (ILY). Misks w/JC, DS, MA. Vars Bud EX, JG — burritos & Diets. Fiesta Is w/CW. MA Prty & X-mas Dnc w/JR. Mt. Vista Rival. Spec Frnds BM, KD, ST, LO, JO, DG. MT. M Prtys. Spec Gys KD, MA, JC. Thanx Mom, Big Sis & Karl For Everything. Adios!

LUCAS, STEVE (Lucas Kid)

Activities: Glee Club, Choir, Golf 1,2. Memories: Old IB Mex dys w/CC da pool, DN, SK, fstback. Summer dys C Ln prtys w/the gang. crzy wknds w/JB, CC, CS, TM, RD, EE, etc. Leucadia dys w/Bro. skiing Mamm, Utah, Jun Lk. 1st annual Riv trip "INSANE", the boat, Pops VN 4X4 someday. All my Girlies especially #1 "JULIE", lips ILU Vry Spcl. Thnx Mom, Dad, Dan, Val, Ed, finally made it Bye.

LUNGWITZ, KIMBERLY ANN (Mouse, Cubby, Kimba)

Activities: Riot Squad 1, Student Council 3, Modern Dance 2,4, Young Life 2,3,4, Senior Board, Highland League 4. Bst Bds KA, DA, KB, TB, BM, PS, CA, LA, LL, MW! AGAD! our spt, ftbl gms & RT, Wdlf & Frst Hm, bch, sky show '82, CIF Chmps, YL OTL, Hula Hop '80, X-mas dnc & tlks w/BST FRND KELLY — ILY! Thnx bro RAP! Mom & Dad & Sis — Thnx — ILY! WE MADE IT!!

LYNCH, ANDREW JOSEPH (Andy, A.J.)

Memories: USMC FOREVER! Good luck Dave McAdams, Victor D. & Victor W. On my own July 26, 83. P.R. OVER! Thanx Mr. Lat., Mr Oxford & Ms. Noll. Fun at lunch w/ Mary. KC says goodbye! Plus BLUE STAR! 11-17-82 Banquet 300. Nice guy Dashnaw. ASVAB hard test. Great sgts. Terri & Joe. Look out Pendleton! A.J.L.

LYNCH, DEBORAH ANN (Koala, Zelda, Deb)

Activities: Drama 1, Human Relations 2, Modern Dance 2, CSF, Cross Country 3, I Club 3, Fling 3,4, Campus Life. Memories: Best Frenz Shonna, Tammie, BW, KC, KH, CB, RB, KH, MM, AS, SG Freddy 4-ever! Luv ya June C, SV Sumr 82 — KRAZY. Party 82. KOALA KRAZE! 2nd St. Blu Meenie, trip 2 LA, 3 p. w/Bertha, Melva & cookies. Beach 120, T.P.3, X-mas 82! AC/DC & LED ZEP 4-EVER! Sumday JH & JR mite GROW UP. LGO! MD, I REALLY LOVE YOU!

MACE, MARK

Memories: Having great times in woods class with V.M. M.C. and in math with K.L. B.M. Lunch with C.P. and M.L. at M.L. house. the parking lot with J.W. during 5th. And all 4 years befor school I made it, HA, HA.

MAC GREGOR, SANDI (Sandra Dee)

Activities: Tennis 1, Fling 3,4. Memories: Bap. day w/K.B, MF, KW, Hi Bug, M. Mountain w/KB, TNL, SHS, Tuesday mornings w/JR, JR, SS at CR, Fling w/PT — oh my! Wed nights, Maries, stn w/special friends, Thanx Friends, KB, JI, MF, KW, LB, SS, skiing on retreats, coodo, QT Wabit, All my praise to my best friends JC, PTL! Luv you Scott bro, too cool, Huh? Thanx muchly parents, All to you Jesus.

MACKENZIE, SUSAN (Susie)

Activities: CSF 2,3,4, Modern Dance 2. Memories: Thnx 2 all my frnds, U R alwys remembrd, esp KV many fun times, KA Seatl thnx 4 hlp, BG 2 mch laugh, Pd Ich liebe dich & memrys 4 evr 8-6-81, ltrs raccoon etc. HQ IOJD. Soccer 83 nice guys etc. Cars & Bobby best bro evr. Eng H, Span, stufd anmls. Ups & dwns, I've grown. Luv U Bob Ma Gramps my famly. Thnx Hlx ben fun.

MADRID, DARREN (Smagie, Elitos)

Memories: Best Friend Babykins. DM, RP, TL, WS, CS, Lets Do Some B's. Jumping off the bridge. WHL, CHR. MGC. MTN. w/my naby. My 69 Volks. Going to the beach w/Janine Special Thanks to Mom & Dad. I Told you I could do it. Love You Janine. Bye Bye!

MADDEN, ROBERT (TREBOR)

Memories: I never attended an extracurricular activity or ate cafeteria food. I remember The Boomtown Rats, Deutschlandreise '82 and water in a martini glass. My sincere thanks to Mum, some teachers and the taxpayers. To FK GB SS I leave some of my insanity. I can only wonder at all. We don't know.

MAHONEY, KEVIN (Cpt. Inertia)

Activities: Football 1,2,3,4, Wrestling 1. Memories: CIF Champs 82 all most 81 League Cps 79-82 ALL CIF 82 Coach Van Hook and the Hookers — MM, PT, AW, RE, JM, GJ, GK, PY, SS — CIF Night — The Gang — Moye Boys, KS, JC, AK, JW, MW — Firebird Sprgined Ankle Kims Bugs stdy hall w/KU — Weight Rm w/JW, KW, PY — Off Sears — Pts w/KW, SP-SL, JH, KV — The Who — Mom, Dad, Julie Bye.

MANDEL, BETH (Bambee, Herman)

Activities: Drama 1, Modern Dance. Memories: Best Buds: SM, PS, KS, RO, DA, KB, KL, KA, BD, SY. 2 Msktrs, Quack, R spt, K nail, Plngr Pwr, ckie dgh, bch w/Scott: 1st luv, Radan, IDO BDDO, B.B.B., arms? yllw camro, Se Wrld, Fn tms w/SM, MC-PS, RL-BD * (Trple Dting) Nw Grges, Hi . . . Jeff! limo rde, Brad? Special luv to Bobby! Thanks Mom, Dad, Larry — Luv ya!

MARSHALL, VICKI (Vic-Ms, Vicki)

Activities: Senior Board. Memories: Best Buds — TH-DD-DF * Summer 81-82 w/Bm. Srfng w/TB. Wht hppnd to R Frndshp? Mrch 6, 1981: Special! Ms. Vicki. 31 mdnt sundaes — my ZX — Tms N the pnk car. Talks w/TSG. Rn-Scrpns Cnert. Thnks Mom, Dad, my Big Sis & espclly my Frnds — ILU all! BM — Why? I'll nvr. 4 get U — I Love U — 4 evr! By Helix.

MARTIN, DOUG (Fooley)

Activities: Wrestling 1,2,3,4. Memories: Best Buds — N., JF, RM, JM, CD, DM, JM, RC, DK. Best girls — LL, Huey, Duey, TC, LM, DL, VC, DK. Hmcomng 82 w/JD Marine St w? JM & DM Bodywhmpng. Rm 18 Bday in WH van. NM & the gang. Vet Day 10 BBs w/ JF, MC. Thanks, RB, Tom & esp. Mom & Dad, nice hand in 83, see ya wrestling!

MARTINE ROBERT

Memories: Hanging out with all my friends at school pirata mouse and especially my Best Buddy Tauyna Miller Be cool Toker Dreamer Boo Boo Spooky Pirate Mouse OSO Smokey Wease/Chapo Puro Lemon Grove Crazy Gang.

MATHIS, BRENDA (Barbie, Sista, Brena)

Activities: Track 1-4, Diving 1,2, Cross Country 4, Highland League 2, Cheer 2,3, ASB 4, Dance Team 3,4, Senior Board. Memories: Frsh Gng — prtys M&Ms Frsh PE Ilo-Thnx 4 lafs & gd memrys JV Chr — THE BEST FUN on Var Chr-cmp gutrman Rdin Grp w/IH & LL WOODLEAF! WILDERNESS — Grt Exp Go 4 it Homecoming Doin Gym CC & Brys KD's prty Divn w/Kan Grfld Snleho & Bgbd MG Din Spec Frnds: IH BH KH MA KD MZ LV JK CW LL thnx 4 gd X Thnx Lord Mom Dad & Sis' I LUV U!

MAXWELL, KAREN (Max, Merv)

Activities: JV Cheer, Varsity Cheer, Gymnastics 1,2,3,4, Tennis 1,2,3,4, Highland League 2,4, Senior Board, FF Cheer, Dance 2,3,4. Memories: Luv to ATC — Kris Dana Jel Dee, Many Cars 747's Top Shelf us! AB McRib, Luv ya Kris 9 yr BF 3-1-80 FFC (Makoos) briebsd, River — nature us! Jel Wakup! Off-Rd, New Yr 82 Qn, our guns, Basics, Special Times with Tony — Knotts, dinners, New Yr, CWrlld, Feb 27, 82 I Luv You! Gymnstcs w/Dineros! Lots Luv Mom, Sis, Dad & Pups.

MCADAMS, DAVE

Activities: CSF 1,2,3,4. Memories: Buds: TC, BS, JS, HW, DF, SS, VW, RT, Vince and Doug. You made it a much better experience! Best wishes to you all!

MCBRIDE, MICHELLE LEA (Mitch, Hardy, Cute)

Activities: Tall Flags 1, Speech Team 3, Gymnastics 3,4, Modern Dance 2,3,4, Highland League 4, Sr. Class VP 4. Memories: Sum '82 Lo Lo; Laurel B.B. So Cool In Lst HT CLD SHT Ziggy yel M&Ms Ft Bll 82 w/Bill Spec Bud TNX "Laurel n Hardy" Bst Buds "Ato Shp Gals" Bessy Chug CRZY NTS G H BR Laurie Bst Frd I L U Xmas 82 w/Alec 9/25/82 The Bckt Senic Rt. Rny nt. HT N RN Boo Boo Best of Times Thanx C.M. Spec Frnds CB, PW, DM, BH, KS, BG Thanx Dad For Evry Thng I.L.U.

MCBURNEY, DENISE (Nee Nee, Curly, Chi-Chi)

Activities: Softball 1,2,3,4 Young Life 1,2,3. Memories: Good Buds JM SM KM BW TS MS MW KH RD LM MB. Hi-15 fountan w/M BW. El Toritos w/JM. Parties. Wtr slide. 1st ticket Mos falt. Sftball memrys. Blk Ang Tlks w/MS Xmas dnce w/Rc. Mmuscls. Thanx Mom Dad 4 evrythng bro sis rltvs LY ALL.

MCCULLOUGH, MARK (McCullick)

Activities: Football, Wrestling, Choir. Memories: CIF Champs 82, Hookers — LY, KM, JM, & Me "What a team" Never forget you coach Van Hook. Best Buds PY, KM, CM, KR, JM, KC, SB, DN, RT, miss you all. Maynerd the McCulla mobile. Auto shop flankys KW, DR, LR, Thanks Jimmy, Don. Good luck Jeff & see ya Helix.

MEEK, DANA MICHELE (Meeker, Meek)

Activities: Tartan 3,4, Gymnastics 3,4. Memories: Old buds PW VO LACK Laura Mex 7-7 Shelli 9th grd Ace milr tr frnd Melanie SF Prmse B52 S.F.F. thnx all! Basic tgth mty 5 A.T.C. Dee Karen prking lt rept Jel cnfsn nite u'll alwys b spel Hlwd Kris rjets qtrs deks I Lu fg — MA Jo Ed bio ng' bys Jim C Chuck thnx u'r spel Mom Dad fam n God — mch luv n fth thnx — nvr md it w/o U!

MENZER, JEANNE (Munchican)

Activities: Choir 1,2,3,4, Scottie Service Squad 4. Memories: I'll Remember the times I had w/my friends. The fun we had will last a life time. I'll Remember the fun I had in Choir and when we went to Yosemite. My Best friends are M.A., L.F., and P.R. I'll Remember the Prom 83 w/Scott. I'll Remember the teachers that helped me through. Now It's time to say Good-Bye H.H.

MERCADO, DIANA (Lady Di)

Activities: Modern Dance. Memories: Gina Sunday & Lori. Times in Mira Mesa. Friday Nights at Stratus. Trippin out in cooking. Plaza Bowl, Vacation Village. Concerts, CIF Game, La Jolla ect. Crazy X-mas Eve at Taco Bell. Special Memories at Mt. Helix, Broadview, Navajo, Parks, & Crazy Places w/Cookie Monster! XXXOOO family.

MERGHART, JEFF FRED (Nature Boy, Animal, Baloo)

Activities: JV/Varsity Football, Track Memories: sld dressng on brritos! Summer 82: party Frontier, wt. rm., BEACH, OTL, surfin w/Bro Kimo Andy! CHERIE! JhartC! N&F! Me? King? drw run thru! drw crtoon! play piano! Nice garage Mr. Ligon! CIF Champs! V-Ball! Ski! Best Bod? Ha! dare ya! I luv U Cherie! G'bye fnow Dino. luv ya! Thnx Mom & Dad! I Love you.

MICHNO, JOHN

Activities: CSF 3,4, Math Team 3,4, Science Club 4, Track 3, Cross Country 3,4. Memories: Millers per 6 Chem 82: is Chou god? JGR3, KTC, DALL in Knotts cornr. Grossmont w/DALL, RL, MS, SH, JH, KTC, zeero, Lunson-Munsford. Chuck Roast, cant sit still in Frnch, pro crstnatn. CC: oranges, stairs. Thnx, all my tchrs, frnds, Steve, Juli. Evry ne shal bow, tngue confes: Jesus is King of Kngs, Mastr!

MILLER, DOUG (DOOGER)

Activities: Baseball 2,3,4, Basketball 2. Memories: 4 of the best years of my life. Gerry you're the best friend in the world. MILLER & PLATT, INC. Dollar night at the UA. Baseball '82, almost a dream come true. Coach Hook & Boo, you're the best. X-MAS dance '82 w/AJ. Sandy and Fosty my two babies. Andie, you'll always be special. Mom, Mike & Kim, I Luv you guys.

MILLER, TAMEKO LOUISE (World, Lloyd, Bob, Marly)

Activities: Basketball 1,2,3. Memories: MJ, SM, LH, NB, AM, JO. X-mas Dance w/Duane. CIF 81 Oh Well. GAP w/BARB, LAURA, MINDY, SUE M — I'm Buying. "ALL WORLD". TEMPEST. HOOPS 82 Vahalla. LO, SA, TM, AR, RS, MZ, DB, LL, AH, CH, JR. COOL. MORNIS w/TH, CB. Kathy M Tuff. What time is it? JO 777-9311. FIRE Extinguisher. Chokin' up — Love Mom, Mike.

MILLER, TAUNYA (Taun-xmilcod, Chantaunya)

Memories: BEST BUD BROWNE Buds GH, TR, SB, JB, CC, SL, CS, JD, SK, #1 MAN JACKSON BROWNE, JEEP, LOU, I hate 12 pm, The Clan, GT's w/Scott, X-mas Danc 80 w/Rk, 82 w/SC, Mr. D, P-Patch w/JB, RM, Thx CC 4 GR's ACE, Dude, 12/26/82 w/SC. Fun w/no slep 81 Gtt, Cofien, MT's w/Dad, The Gang, Biz-R, S. Mont, Thx JB 4 listng U R A Pal. SB's Acc. ILU Sis Bro, Mom, Dad & Grams, Bye.

MIRHOSSAINI, VAHID

Memories: Good times in Woods with MM, MC, TL, JP, Doing BL with MM, RP, at my house Copying off N HS Paper and everybody elses all the time. Great Times in ESL with BD, SH, JG, OA, MH, SW, Didn't think it would be this soon but it's finally over.

MITCHEL, RENE (Nene)

Activities: Human Relation 1,2,3. Memories: I just want to thank my parents for all the help they have given me these past years. Without their help and the support of my family, I don't know what I could have done without them. I want my family to know that I Love them very very much. Without my friends: MT, PT, LL, SO, MJ, & CH, school wouldn't have been fun.

MOODY, JEFFERY (Pharoah)

Memories: No 1, National Ski final's. Wrecking dad's Ferrari Restoring the green blob. Night runs and chocolate sundays I made it. Best friends. Phil O. B.P. Exploring the outer limits. Snow wolves and LN Murmaids.

MORGAN, BOB

Activities: JV Track. Memories: FRSH DAYS W/SM, LC, PD, PE, INHL 13 W/FRNDS SURF AT BLKS & SCLBD SPHMR YR W/VM & CO. NEW BRD. JR WST. BIG WNT. SURE. FLY BI NGT W? KR ENG. W/CC DRM ON. SR. YEA! THE WHO. AT LSTW/CC. BST TIMES W/VM GD LK. BTTR X's TO COME W/CC GD. LK.

MORTENSEN, PAM S. (P.J., Spam, Pamer)

Activities: Gymnastics 1,2, Tennis 2,3. Memories: BB Lisa Fn tms w/M.Z., L.V., S.P. Desert trps jeepin & ATC's. Smmr 81 w/my sis & S.P. 2cd jeep & cougar (wot) .B. w/L.V. my 16th B-day E.C. prtys Sky Show 82 so-co prtys w/L.P. NFO Smmr 82 NLB qtrs M.B. THE WHO 10/27/82 Dnts my 68 RS Camaro is it fast? New yrs 83 Bnta 68 vs 76? Chief, U R spel. Wa.-S.D.? Prm 83? OJ Thanx Mom & Dad I'm out at last!

MOSER, SHERI (Sher, Sharona, Shana)

Activities: Softball 2, Young Life, Senior Board. Memories: T.J. w/MS RN JC — 3/1/80 My othr 1/2 GIG Thnxs so much! SKY SHOW * KEY IH Wht Hpn? Fun X's w/TS DM H20 sld/bed * Spec X's w/JM Smmr 80 "Frekle Me Bruse Me" Smel spec MS J82 Sry Rus 25e Brnty KH R Pac L4 "Enchas In Spnsh" CW I Felt It IC4U! DW MD MB JS KC KS KM BC Trst DH Ps. 32:3 McB's Paco Surbs MY FMILY ILU Ia: Fnd Hapnes; Mstly JC.

MOYE, DAVID (Moye, Moyeboy, Twin)

Activities: Drama 1,2, Jr. Class Pres., ASB 3, Fling 3, Feature Editor 4. Memories: I RMBR: TH GNG. SM KM JC KS JW AK MJ SH TM MUSIC NO HM. I M DIFRENT VARIOUS FEMALES I IN PRICLR. TH CREEP PRTY LVES! FUN SONGS HLX FTBL KM CIF MIP NHFL "I DON WANA FCE REL LIFE! I LVE MOM & DAD. RNGR X. UFH HRE I CUM. UCLA C U N 2 YRS WRITING BAD MOVIES. JURNLISM: IT'S JST A FLING. I WZ A SOSH. BEAVER, WALLY, GUMBY SCTV TH 2nd SMSTR I CNT MNTION. CUESTA AVALOS & HASTA LUIGI.

MOYE, STEPHEN DOUGLAS (Steve, Spif, Moyeboy)

Activities: Wrestling 1, Track 2,3, Choir 1-4, J.A. 3,4. Memories: OK GANG! BEACH PARTYS THE GANG: AK DM KM KS SH JW JC IM MW TO AND MOR: GIRLS: ST AM BR KP JB MM 2 MANY MOR 2 LIST CRP PRTY CIF 80 N 82 CM PNS — JAKE DYING OF CNCR — DM AS BP R2? NO! MOYEBOY STUDIOS — PREP — THERANGERX! JAMCO 81-82 DANCING THE FRANTICS 2 MOM DAD N REST UV TH CLAN I LUV U ALL! G'BYE HELIX!

MUTTER, JAMES ROBERT (Doublenickel)

Activities: Baseball, Basketball. Memories: B-BALL '82 LETS GROOVE. BASEBALL 82 "K" BEST BDS JC & CW & SM OTL JG'S SKY SHOW 81 DIR TRAFFIC FOR JC BOCCI W/DW NYE PTY '81. JM-TAPS. XMAS DANCE TP SHELF MO'S PRY * SM AND KM * KAN-JAN 23-STR WARS, BUSY, WALL. DINNERS, MOVIES, BCH, CAMPING; MY LOVE TO YOU AND ESPCIIALLY MOM AND POP. SAYUNARA.

NAPLES, GINA MARIE (Gina-Beana, Jumping Gina, Geans)

Activities: Scottie Riot Squad 1, Jr. Board, Young Life 3, Highland League 3, Student Council 3. Memories: BFFE Traci, X-mas Dance 81 w/M.B. Sum 79 w/AK camp 80-82, OH-NO!, mamth 80, frndshp w/mike, Gretchen, keep smiling, Spel Frnd in the Lord w/Carla, Grt Fam, M&D JN & BRM. Traci thanx the Grt 4 years luv ya lots. * Lance * 10-15-82 & 11-11-82, Bucks truck, talking laughing & crying, your so special. Thanx for letting me luv you. I'M so glad I found you. ILYSM.

NECCECHEA, TONY (Chachi, Nickochicklet, Nick)

Activities: Basketball, Football, Track. Memories: CIF CHAMPS '82 All hd wk pd off! "The Clan" tj w/RN & co. br w/Ed off. Aceves Bahia, state, slab, Macs van, river, dt sht tht gun, crzy cliff, 1999 Cecil has no rythm JP is my hero, Feb 27, 837 Knot's Berry classy dinners. spec. times alon my baby wd be beutfl. I luv you Karen. Thanx coaches. Spec. thanx to Mom & Dad luv ya. I luv my bro. KWBMF.

NELSON, CHAD (Captain Trips)

Memories '79-'83; Four long years of brevity — PAST: Jan 1, 1982 — "TAL," CV, Invasion, Weird Oct. '82, BLADE RUNNER, Gelatin Sheen, Igneous-Neon Nights w/MR, AO, VW — DORUST — FUTURE: NEXUS 6, LS6, MARK VI, A6-SS454-SDSU44 y UCLA 46 — Summer of 1987: Los Angeles and Las Vegas — DIAMONDS ARE FOREVER.

NELSON, JERRY (Blondie)

Memories: "GOOD or BEST FRIENDS AE, BL, Ron-S, DK, CK, CG, CA, EH, BJ = Going to Family Fitness for 3 years. Going surfing with Ron and Brett and friends; and golfing with Dad; graduating in "83" Thank's to Mom, Dad and Rick and Thank's to Berrys Sporting Goods.

NELSON, RUSTY (No Cakes, Tube King)

Activities: Basketball 1,2,3,4, Track 1,2, Baseball 4, Young Life 1,2. Memories: Spel Frnds: RC, TM, AS, JM, KH, SM, KM, JO, KM, TN, CC, DK, DR, JE, TJ w/MS, SM, JC. B-Ball All-Tourn, fishn, 25c, dreams, 18 B-Day, Coach Sing, The Surb's, Crusn w/RC." MS — U R Very Spel, I LUV U!" Thanks Sue, Trac, Lawn, Frekls, My Car, Foxtlk. Shana, Denis: ILU! Jst Once, Beach. Thanks Mom, Dad, ILU!

NISLEIT, DAVID (Bwser, W.T.S., The Kid)

Activities: Tennis 1,2,3,4 Football 4. Memories: Best Buds UG, SW, CH, CS, JR, RS, RN, TN. "CIF 82" tennis all league, Dec. 19, Santa Clara Pt, San Felipe w/Val I Love You forever, Christmas Dance m7 nights w/Val, marg 25c. Del Mar surfing, Woods class, New Years w/Val, fav. car Rabbit, Cal coolers VAL and I always, year by year, but, I like you walking the sts. The thing, KC, Best Parents in the World, Thanks.

NOWELL, DARRIE LYNN (Bear, Pokey, Bud)

Activities: Drill Team 1,2,3,4, Capt. 4, Modern Dance 2,3,4, Dance Team 4, Senior Board. Memories: High! Good Times w/Teri & Trish. TDT'S, JFSW, Wlkn to EC, Tato Bug, CCC, J-N-B, tire shot at, Lckn keys in car trunk & STD-in w/SW top. Best Freds: SB-Putt 2, BA, JS, MM, GF — Purp, RT, DG, DA . . . SBGD, Drop 2 by CW. MDT Comp. 83, Scotland '80, Rose Parade '80. Thnk, you Mom & Dad for 4 great years! GOOD-BYE HELIX!

OMAHEN, JAMES DONALD (O, OMY)

Activities: Water Polo 1,2,3,4, Swim 1,2,3,4. Memories: Water Polo, CIF, workouts, H2O Polo friends: AB, JL, BB, SY, JK, DD, Coach Schmit. Polo Tourny in Hawaii. Good Times with AB, JL & PW. Riding with Pat. Christmas Dance with Jane * crystal shoppe. Cardiff — with family. Quick four years. Thanks Mom and Dad.

OSUNA, SHELLI (Shell)

Activities: Volleyball 1,2, Gymnastics 1. Memories: 1 Tr. FRD DANA Fun xs w/TS, Spel psn RL, Smr '81 w/DM, MV GM too! LEDES FAM #1, Stn wt Ft bl gms O-Rd prtrvy w/ALM Every-l pshing tk swg w/JR. Our RL's "EGGS" Fgt w/AH Xlt Ramin bk rdg @ bch. Southwestern #1, I luv U Mom and Dad!

OTTO, RITA (Reet, Rat)

Memories: Robyn Lisa & Leah — ever my best of friends! * Life in LJ w/Rob — Dinner at La Costa — Lonely Wanderer — New Yrs 80 * Rndtbl w/Lees & GT — THE WHO — Scursions i in Peagreen — New Yrs 83 * Trps w/John & Kev * Ntes w/the gang, KR JC TB DD BS etc * 18 Bday w/Kev & Donna * Beth & Sara * HEY LEO * BEANS * THANX MA & POP — LOV YOU MUCH!

REED, CHRIS (Smooth, GQ)

Activities: Football 2,3,4. Memories: CIF Champs 82, 2 min crew crazy J, DJ spillin the dirt, Hitn up Stratus w/RR. Cold Ace Partners Ricky, Tyrus, Inter national cutie pie club "CQ and you know that", I love you mom and dad, To that one very special person in my life, SUSANNA, I'm truly in love with you and I'll love you Always and Forever!!!!

OYOS, LISA MARIE ("Mosca", Rod, Face)

Activities: Cheer 3,4, Modern Dance 2,3,4. Memories: Best Bud Sara Chr buds ILU all! J.V. Chr #1 UCSB plaques! CIF 82/83 yea 4 the deal, dernt, SCBY! fries & pekles crzy tms w/Twin 2CFWP, Del Mar R.S. truck "15" Jap 10/22/82, 12/26/82, 12/31/82, 1/22/83 Ann Disco X-Jerry I LOVE YOU! — bro, sis & esp Mom & Dad I Love You! Cyathe HELLO KITTY Salon!!

PARIANOS, MICHAEL (Michael, Leleston)

Memories: Oh Mr. Celestion! If they only knew gang: T.E, A.S, D.K, E.T, S.T, D.A, C.J, Friends: D.A, R.B. working at G.T.? Mikey without a cause. Dear Elvis Lennon 4-ever antmusic 4 S. People My first but not my last love K.C. Special thanks to: Granny, Mom, Dad. It was fun beating on you Steve. I don't have a chance.

PHARR, DEBORAH LYNN (Stretch, Far Out)

Activities: Glee 1, Ensemble 2,3,4, Powder Puff 3. Memories: B.F. — AG, BH, AA, MO, MS. MABD's. Prom 81 Louis. Louis — UR Special, glad we are friends. T.C. — Terrific. Classy & Sassy. Hawaii 82! Pops 92 Best Ever! Hall — Grape? Tammi — ILY. I'm an aunt! X-mas Dance 82 Scott. DES 83 The Four of Us. Thnx to my family — ILY ALL Scott — Hope it lasts. Bye Helix — You're Great!!

PHILLIPS, ANNE WYNELL (Annie)

Memories: Best Friends JL, JP, TE, SP Prom May 22, 1982 w/Brucey Baby — B.M.'s Grad Night My last two yrs have been great — Rock-n-Roll L²/₂ THE WHO W/Bruce & the gang, parties!! love at first sight — hang outs at RA, RM, DH, JD. Love You Mom & Dad, Luv U Bruce, Bye Helix!

PHILLIPS, TERI

Activities: Drama Memories: WHO'S WHO IN THE LAND OF TERI SUE? Ted walking thru the sprinkler under London fog. Jimmy's food yum yum! What Jan? Geometry? ZZZZ Leslie speed limit? Chip, Lezely and who's boyfriend? Never forget Shonna, Irene & Jos. Drama Freds Shelley Grant Bill Margie Dana. I love you Mum Poppysen & Ted. We made it.

PILKERTON, SCOTT (Pilk, Opie)

Activities: Young Life 1,2, Football 4. Memories: Best Buds; Rinder Petey D-Line good times w/DR PY AD AS MS KW. Oxfords Auto Wake Up Working Mr. Steak #1 crusin in Datsun 64 full of muscle your so buff HA HA. Alice my sweetheart good times; cat beach cards what do you want to do I beat u missin u in Army good luck I love you only 2 yrs CIF Champs 83 Thanx Mom N Dad. See Ya.

PINTERICH, STACEY (Stac, Midge, Dwarf)

Activities: Modern Dance 2,3, Gymnastics 2,3,4, Tennis 3, Senior Board 4. Memories: Good times w/TT. TR. C.S IP. LR. JB. KB. MZ. HE. LB. JS. Best of times w/Tirza, Rad X's at concerts etc. H-H w/JC. Prom? MM W-end at River Thanx for being so nice TJ. D-O 450 SL (someday) Diamonds and AC DC! Special Xs e/special person — Mike ILU 4EVER! Thanx Mom, Dad and Randy.

POTTER, JEANETTE (Netters)

Activities: Gymnastics, Softball, Track, Dance, Student Council, Ski Club. Memories: 4-ever My Love Michael 4-12-81, 5-30-82 river, San Felipe, Jet Skiing, snow skiing C.G. J.H. kick out of drive in J.S. K.L. 12-31-82 J.S. K.L. S.B. #1 people Mc Gee, Howard, of course Bliss. Most of all I couldn't have done it without the people I love the most my parents grandparents. 7-25-81 great day — right Mike?

POWELL, JANICE

Memories: Rad times w/Betsy Buddies: CM BS AP SL CK. Skiing Mammoth w/Betsy (My poor car!) AHMIGTF. Tree Skiing? The WHO '82, V.H. Plnkhs prties w/J.J. Craig I still care and will always luv U. All the crazy tms wrkng at Gemco. cnrtrs, summer, N.F.D. Thnks sis Hal II & Macs, BKG chicas * HMCNG * mems of SD, 2 dtng w/K & P, xmas dnc 81 & 82, OBrdg, cmpnrs, 18 BD, 6 A's, ftbl gms, biolgy grwnng up, still BB w/Pj, ILY chich M * D * L — WE MADE IT! — Prov. 3:5,6.

QUASARANO, JANINE (Quas, Neener, J-9)

Activities: THANKS JUL-frnd 4-ever! FUN TIMES w/JS, LB, AC, MM, MD. Beach sunday's, spagetum, backpacking 81&82, bear scrms! TP! swm prts, 81'-CBS. Yogurt w/Sandi. H20-log w/CW, DS, IB, AD. Talks w/Pam. ILY! April Cher-me-uper, Keep smiling! Love to family. BYE HELIX! THANKS LORD.

KNOTT, JIM (Jimmy)

Activities: Diving 3,4, Track 1,2, Basketball 1, Speech 3. Memories: To all my brothers and sisters in CHRIST, KURT, Matt 4:19, MARGIE, Ps 59:16, APRIL, Matt 5:8, HEATHER, Matt 5:14, JOC1 I John 1:9, SEAN, Acts 16:30-31, ROBIN, 1 Cor 5:3, STEVE, 1 Peter 2:2-3. Remember CHRIST in all things. For he is the truth and the light that guides our pathways.

CORBIT, MARK (Inventor)

Activities: Football 2,4. Memories: REEB CONTS RIVER BST FRD 25c SKY SHOW M S EV4 SUM TBBWC 24 KAC NFC ISS H2O SLDS MORE RIVER IDS INDR SOC TPWTD DVS HS TJ BST FRDS JC MB TD SF MAX DK MICKEYS IALYSG SLAB TIM BD POP COP BB FIGHT SDSU BAHIA NEW YEAR 83 86 THANX MOM & DAD JC & MB.

92 MEMORIES

RAGSDALE, KIMBERLY MARIE (Kimbies, Kimball, BBS)

Activities: Drill Team 1,2,3,4 Pres. 2, 4th Lt. 3, 1st Lt. 4, Mat Maid 1,2. Memories: Thanx mom and dad for so much! I've had the best time in Drill Team. I love to mutter on the way to school right after I've had an M&M. Hey HELIX it's been fun, but now it's time for me to run. I've spent 4 years here and I'm not complaining because this is the year I've been anticipating. MARCH SMILE WIN! BYE EVERYBODY.

RANDELS, DOUG (Dugger)

Memories: Surfin all summer w/CB Hot waves at Cardiff. Oregon and Mex-trips w/CYF. Roxann & me. Skiing Baldy-Bear, June Mts. My New Rozzi's. Gettin buff at Balboa w/BW, BVW, JF & Mongo. Protein shakes. Dec. 19 Blizzard w/BW & JC. X-Mas '82 in Va w/old friends sis weddin, cruising w/RX & Co.

RANKIN, KRISTY JILL

Activities: Swim 2,3,4, ASB 3, Jr. Board, Sr. Board, CSF 4, Highland League 4, Young Life 4, Campaigners 4, Tartan 3, Co-ed. 4. Memories: 11/19 life 2 CHRIST awsm frnds-KB AF BF BH RS PW,bst of x w/Karen jcuzi, rvr flts,Dave-always spl Mt Helix.SMILE! Lk Mry, Hal II& Maes. BKG chicas *HMCNG* mems of SD,2 dtng w/K&P,xmas dnc 81-82, OBrdg,cmpnrs, 18 BD,6 A's, ftbl gms, biolgy grwng up,stil BB w/Pj,ILY chich M*D*L-WE MADE IT! Prov. 3:5-6.

REID, AMY (Amous)

Activities: Soph. Sec. 1, Young Life 3. Memories: GOOD TIMES W/SB I MISS YA. SHARING THE YEARS W/DE GOOD LUCK! LOVE YOU SAM & SNOOPY SAVE US A PLACE! A MEMORY OF JLY 4 '81 & JAN 16 '82 W/A.B.C. THANX FOR BEING THERE P.T. NEVER FORGET YOU. TAKE CARE, SANDI. FUN IN THE SUN W/KH & KB. LUNCHTIME FUN IN CATALINA W/A.B.C. SUMMER '82. THANX FOR YOUR LOVE MOM. LOVE YA JEFF N JENI. I LOVE YOU BRUCE.

RETTKE, DERON

Memories: Well I guess this is it. Best friends, DH, MH, Frds. MK, GB, BF, RF, RG, Grils, TT, SP, SV, KF. Fav. class auto shop. Fav. Hang Out, 2nd. Best Times w/Dan H. Off roading the Desert and Street Racing 'Love to go fast' Fav. things Cars, Buggys, Drums and Girls. P.S, See Ya Later Helix.

REYNOLDS, CHRISTINE (Crystals)

Activities: Ski Club 3, Ski Club Pres 4. Memories Best of frnds RB, SH, MH, DW, BS, wrk buds CM, SH, DW, PH, beach at 3 am w/CRR, flyng w/Mike, prty w/DW, snkn out fence clmbng, snkn IN, papr bags, st signs, Mtns, Dtchn, Dthe D (grt flicks), B Day lines, tlkn w/Rick B, ski Utah, Taho, Mamth, fav cuz — you're right Arthur — Happy Family

REYNOLDS, CRYSTAL LYNN (Crissey, Christopher)

Activities: Diving 1, Track 1,2, Highland League 2 (Sec/Treas 3), Riot Squad 1,2,3, Young Life 1,2,3,4. Memories: Fn wFROSH GANG Advns w KIM (Sr Mn) Sktng 80 Spl x wBH * Smmrtm * Rvr Trps 185 Cls Frnds SHEL * Kims D TB JI MB DR TRUCKS 210 16th Bday YL Hldys 82 Fn wCousins SS21 Lv 2 Mom & Dad Lv it up Sis 1 Th Ranch MOM — You're 3x a Lady. Lv 2 CLK BRYAN — You'll always be on my mind ILY! Bve Helix — I won't forget u!

RIDENOUR, JANICE (JR, Junior, Naners)

Activities: Choir 1,2, CSF 3,4, I Club 4, Fling 4, Literary Magazine 4. Memories: FHPC #1 Sr Hi's Flk Chr BF Sin Tom RFS — Lry & Ssn Blym KY MM Frgy DBS Mssn 80, 82 IXOYE! Eng Gang Ally (YR we FAT) Kat Grg Pat & Fritz Big 4 Pigassus — 14k ft Ck stkr lkr cryptic lyz, bz BAD (will He?) intlgntes GT's hugs. Gaffe — gag Pom/Oxy w/Rn & Jm Allie & Cin — intro extro per. Mom Dad Jud Al — ILY Thanx! What next? Bye All!

RINDER, DAVID (Oxe, AH)

Activities: Football. Memories: Going to stadium 81 and winning CIF 82 Putting up with Pete Y Scott P Renato S Jack R Carlos H Chris S Tony N Deron R Desert Trips Driving Amsoil Van Being with Tracey

ROBERT, MARYKAY (Blinky, Marki, MK)

Activities: Swim, Track 1,2,3, Young Life 1,2,3,4. Memories FRSH YR #86 KJ & YL PAM & RICK. I LOV U ALL — WNT FRGT WDLEAF, WLDNRSS, & CNADA & AD #7 — MRAUDR w/SUZ, TRAK MTS-LNG JMP 16'3 YAY! FRND T OOWNS — THANX JESUS FOR EVERYTHING! GRAD IN JAN! WNT MISS U-LK OUT CUZ HERE I COME!

RODGERS, PAMELA (Olive Oyle)

Activities: Maranatha 4, Drill Team 1. Memories BEST FRIENDS/MARLA — ADAMS — GOODTIMES IN SENIOR YEAR. CHRISTMAS SPENT WITH BEST FRIEND, MARLA. BEST FRIENDS, MARLA ADAMS, LISA ASTON, JEANNE MENZER, KURT BRUNER, JOHNSIE, TERRY. GREAT TIMES AT DANCES & FOOTBALL GAMES? GOING TO PACIFIC BEACH ON WEEKENDS/CHRIS ACT IS ON. SENIORS ARE NO 1 SEE YA '83

ROSEN, SCOTT (S., Rosie)

Memories: Great Times w/The gang: Aug, J., T., Dan, Bruno, Dave, Mike, N.C. on waterslides w/Aug, The Who in Oct., Jimmy's Breakfast, Missing S.E.S. Wrestling after school, T. and adventure, T.B. w/J., Carne Asada w/J. & Aug, F.I.B. forever, Seumuns at V.T.H., A.B. & chunks, N.U. 7 O.T.H., I love you Mom!

ROSSI, MATTHEW (Mateo, Matchu, Rat)

Activities: Football 1,2, Track 1,2. Memories: STOMP & Camaro SS, Brninrubbr, Eat oreos. Amigos JCN, VW, AC, GK, DF, CF, JC, MC, KM. The LANDRY cake 3x TS. Old 800 502 Nite life THRASHMARKS CV117 squeak, Best Bud Chad, ZLI ROC Fun w/Lisa, Kill Bitty, thanks VH. WE GOT THE BEAT! Chevy Rules! I luv ya Dad. ADIOS HELIX!

ROWETT, SANDRA (Sandee Man)

Memories: Best Buds DM, YD, CM, CW, CM and gang at HFC 2nd home. ACE BERNIES Decan best friends always. Kevin, I love you pigga!

RUSSO JOSEPHINE (Josie)

Activities: Cross-Country 3, Speech 2,3. Memories: Freshman jitters. Christmas Dance 81,82. Gradnight 81, 82. Fun times with friends. All of the best to my speech buddies (Good luck Kris!) Bulletin wake-ups. Jim you are my A-one-King of Hearts, Love You, Josie.

RUTHERFORD, TERI (Ter)

Memories: Best Buds: SB TM, JB. Bac at Pony fd. SB's boat acc. Dog beach 10 31. Ski at seaworld. Photo w/SB, KL, JS. JITB. Meeting Reed. Glamus trip, its raining again. 1st mash, bear. Fiesta crash w/SB. BB Shelli Batista. New Years w/RH. Party's w/TM & JB. Tm's horse. Eng guys, no gas. Later bye. T.Y. Mom. Luv ya Reed.

SALAZAR, CHRIS (Teacher, Sally)

Activities: Football. Memories: ME w/SC, CH w/KA looking towards Prom and Graduation, laughing with CH JR BIG Frank Dry summer w/Buddies SL CC TM FB CH Hippies and Trindies Looking Forward to Leaving Trindy H.S. Stretching Amtrack strikes again Never will forget SC Never will Forget CH JR FD KA CH #1 Girlie Football with all The "goats".

SANTOS, TYRA ANN

Activities: Drill team 1, Cheer 3,4, Modern Dance 2,3,4. Memories: fun times w/vc Buds — Sept. 14, 81 my drm come true — Our spt — Xmass dnc 3,3, — Trips to the snow — the bst new yrs. eve at the desert! Only w/EB my BBy, My El Camino — EB dnt 4get Our plans TFA — Thnks, M & D I Luv you & Tess — The greatest love of all — ERIC — My One and Only, I Luv you, I clidnt make it w/out you. Luv Tyra

SATTER, KASEY A. (Spasey, Kasamer) Activities: Modern Dance 2, Highland League 3. Memories: Spl Frnds: BM, DM KA, DA. * cookie dgh, Plngr Pwr * 8/7/81 — I won't 4get u! "teddy bears", Xmas dnce w/TB, ygrt, Bam — "H2O Plyrs" Thank u Deb . . . cncts, "SS-FB", 2nd st, GUYS, prtys, COUSNS, & a 2nd fmly — I O it 2 u! JIB, "thrs", Debby — 4u: Robert P. Paige & Leah, smile! MOM, u r just 2 spl — ILU! Luv u all, Spase.

SAYLOR, DAVID (Popeye)

Activities: Football 2,3, Young Life 2,3,4. Memories: Good Times w/TJ, RB, AB, FG, PW, DK, KR. Lifting w/TJ, KB, DH. Tennis w/TJ, PW, RW. YL Camps Forest Homes, Woodleaf (Ha, Ha) Grossmont theatre 24 guys. Hom Com Dnc w/KR 1st time out Kristy I love You. Tom S Thanks for being a special friend. YL staff thanks, Mc Cormacks thanks, Mom and Dad I Love You. God Bless everyone.

SCALZITTI, AUGIE (Baug, Sceddies)

Memories: The Gang — Dan, Mike, T, J, S, Brun, Dave. Rad Dad Capital S. First string sweetie Banana. Love you all. Parties. Flies. Concerts, Games, lake Marena, skiing, mts, dinners, fri. breadfast. Soph spanish, senior speech. Pals Vic, Wag. Action, no one knows for sure. True friends never divorce.

SCHWARTZ, KENT (Dorfman, Doyle)

Activities: Football 1,2,3,4, Track 1. Memories: CIF Champs '82, Recruiting. Buds, JF, DM, KM, RN, MM, JL, TH, KC, JR, CS, RS. My Best Bud Pat. Good old knee. Skiing, 3wheeling, snowmobiling. "He's going to die", Thanx Pat. Mom and Dad, I Luv You. Mammoth '80. New Years '83 The River. Kamokazi, Tubbing w/PW. URSULA. I LOVE YOU.

SEEMAN, JULIE (Tulip, Julio, Jule)

Activities: Glee 1, Track 2,3, Cross Country 3, Ensemble 2,3,4, Choir Staff 3,4, Human Relations 4, Fling 4, Campaigners 4. Memories: Relating w/JQ, MG, SG, CF, JW, LH, JM, LB, SH #1 loves LB, MMC MD, AC, CC, MF, JL. CC buds "fade" 7 "spaz", Teresa, Netters, Ygrt. & "fun" runs, bk rd'n, bk#pk'n, Easter Outreach, River, Mex., beach, CBS, "sleep like a truck", Ens. Hugs, "Fathers Eyes". Thanx Dad, ILU, Lord, I'll "Never Give You UP"!

SELMAN, BETSY (Berthann, Betz)

Activities: Tennis 1. Memories: BEST BUDS EVELYN, CHRIS, FANIS. HALLOWEEN 82 W/EV. PUMPKIN MAN SOOO FUNNY. Me Jane. Mammoth w/JANIS. YOU TALK TOO MUCH. DISNEYLAND W/SF, FB. EV THANK FOR VILITING ME AT CV. OLD BLUE DID THE JOB. TEFABT. SEEE YA!

SEWELL, LAURA (Blondie, DK)

Activities: Tall Flags 1,2, Lt. 3, Capt. 4. Memories: My best Ronda! JH LM KS JW LF JG SS SP AS LS CL DO CW (Sewer). Married to JJ! (Date?) Kenny (Rah Rah) Riverside Don! Burn. Holly Guys/Headquarters/2nd st./Beach/Tradition. Flags — no fun — Debby. Kim/Jowll, my Kids! Ditching/gum Rosie! 5th period. Fish? Yacht. The Clash! Mick 4ever! Good bye Helix!

SHACKLETT, REBECCA LUCILLE

Activities: Girl's Basketball Stats 2,3, JV Volleyball 2, Cross Country 3, Tartan 3, Co-Editor-in-Chief Tartan 4. Memories: KR, Lessa, SB, KCu, RC, DG, TB — clst buds, CC rd rns — 2 fun! CC pals: MR, JR, JS, DL — U R 2 fnny fr my mnd 2 hndle! Mss U Shlby! Pnny Inch. Secr gms — SUCH MEN! ch Bys w/gang. U R SO spl KC! Thanx fr so much! Special Parents — Mom, Dad; Min, T, Kel — sister? ILY all! "Everyone Needs a Hand to Hold on to." It was the *Best* of Times, it was the *Worst* of Times.

SHAFFER, RENATO (Ace)

Activities: Football 2,3,4, Track 1,2,3,4. Memories: Football C.I.F. 98 YDS. TD CRAZY PARTNERS CARLOS, CHRIS, JACK, JEFF, DAVE N, DAVE R. RAY T.B, T.M, K.C. LIVE FISHING NIGHTS W/C.H, C.S, J.R. THANKS COACH HERNANDEZ THANKS MOM, POPS, SIS AND MOST OF ALL GOD J.L BIKE HELMETS ARE NICE CAN'T FORGET AM, KD, CG, PS, PE. Mark, COLETTE, AND KELLY.

SHEA, JOHN J. (Joe)

Activities: Young Life. Memories: BEST BUDS WW, TF, DM, BS. SPECIAL THANKS TO TEACHERS LATERZA, WOODS, MORETTI, CORBISEZ. THE GOOD TIMES AT YOUNG LIFE, FUN WITH GOOD FRIENDS. CHARGER POWER THEY ARE #1. TO MY FAMILY, THANK YOU. HANG IN THERE KEV. LATER HELIX.

SHERILL, MARGARET (Margette)

Activities: Drama 1,2,3,4, Ensemble 3,4, CSF 1,2, Mixed Ensemble 4. Memories: TNL, BRGNDY! Lmn Brs HH & KG! X-mas Dance 81 — Kurt, 12 AJ, CT 1234, CABC, friends: JI, KB, KB, HD, JK, JS, SS, DP, GC, AH, MG. Beni's MW & LB! Stff Mtngs Ugh! WC 82 JG! No Bozos TD, Xmas DAnce — we're late! Ooh, come up & see me some time Bill! ILY Mom, Dad, Barb. Jesus Christ my Lord and Savior — my life is yours forever!!

SILVA, JOE E.A. (Jo Jo)

Activities: Band 2, Bagpipes 3,4, Senior Board, Student Council. Memories: Best of Times w/Kelly, Lisa, Sally, DeAnna, Rudy, Darrie, DawnDee, TE, TC, LA, DS, PA, SD, TF. X-mas Dance 82 7 Prom w/Kelly. Band Trips, Pipe Band, Highland Games, Festival Flags w/SV, KL, KM, JM, SB, BA, LS, AC, TB, SH. Great Times w/Sally, Lynda, Mrs. V. T.P. & Movies w/LS, DW, SN. Thanks Mom & Family!!!

SIMONCINI, TRACY (Seymour, Track)

Activities: Softball 1,2,3, Basketball 3, Track 1,2. Memories: BST FRNDS: MW 3 mos DM LV MA MD BM MD CW TQ KC The gd xs, Smr 82 w/3 mos DM TQ JC DW RN. Sftbll memrys 25 at mos. Tort flts IBTC. 1st dbl date MW Psy w/CW (SG). 4ner 82 smr ptys at SDSU. Fri nite ftbl San ELijo W/Mcbs. Thanx for all your support Mom I Luv U.

SIMPSON, ALICE

Activities: Volleyball 1,2, Tennis 1,4, Softball 2,4. Memories: Brook FCS Silverado. BFCL STEAK. DB Why Not? Best is Last. UP THE NOSE kb where r u? DENA STA KUL kw & dl what a pair CC IT HAD TO BE high st 8 das wk A DUG U R THE BEST LUV U 4-EVER! PICK U MADE MY YEAR I LUB U 4 IT. sta pos & u'll be great! GUD LUK 2 MY 3 FAVS! Mary best sis MOM DAD CARL HARY CMA I LUV U! GPA I LUV U MUCH! Thanks.

SKIDMORE, DIANNE (Skids, Di)

Activities: Basketball 1,2,3,4, Swim 1,2,3, Tartan 3,4, CSF 2,3,4, Letter Lassies 2,3, Service Squad 4, Junior Board, Senior Board. Memories: Best Buds Dori, Tammie, DC, TB, BC, WIS, Wana go to Dennys? Tam — Golf — nuts, JCK San Fran, Proms 82 w/John & Scott, 7-lls, Bowling, Movies — don't brg jacket! Knotts w/DG, SJ, Tinker, Dland, Act. w/Dor, Dar, Par, KD — whers the mtn? Take it off! Websl, Beach Boys, Sky Show, Ragtime, Mom, Dad, Sue, Gary, ILY & Thanks!

SKRAK, KRIS (Skraker, Shark)

Activities: Tennis 1,2. Memories: Spl tms w/Jay my Luv & my BST FRND! Buds: Karen Bst Frnd always ILU gys & mny more Dana non nevr frgt Fun & Food ILU gys R gys Dcks E.A. Frnd alwys thgh Bio rytms FGS DM & MA rejects Ate DS JH KM DM mty 5 Hollywood Qtrs my HSE Prom w/Jay Basic cocroch Jay 2+ yrs & i Luv u evn more Lil sis i luv u hang on only 3 yrs 2 go * thnks Jay *

SLOAN, URSULA

Memories: Best friends, Dianne Ring, Mom and Dad. Weaknesses: Kent, Clothes, Mc Donalds. Most Memorale: Camping at Pismo with Ding and Dad, Camping in Mexico, going to the snow and mountains, going skiing, Mudding and being with Ding. Special Dates: 1981, 10/1/82 and 1/1/83. I'll be waiting Moosey!

SLOANE, SEAN (Coodo, Seen Shawn-u)

Activities: Tartan 3,4, Campaigners 3,4, Choir 2,3,4, Mixed Ensemble 4, JA 4, Junior Board 3. Memories: Clge RStrnt 6:15 tues. Mxed ensemble, Tartan Photo. Sailing beyond. Kris, Sandi, Joci, Jena, Jacki, Anita — bud, Maribeth, Rod, Penny, Missi, Kathy, Sheryl, Kurt. Keitn Green Memorial Concert. Amy Grant. Christ! Lord! John 3:16. Buffums'. Catalina '81. Thusday Night Bible study. Australia.

SMITH, CHRIS

Memories: Thanks To All My Friends, Teachers, and Parents For Making These 4 Years At Helix Some of My Best. And to the Steelers For Winning The Super Bowl in 1979 While I Was Here.

SMITH, DEANDRIA JEANETTE (Dee)

Activities: Freshmen Cheer, JV Cheer, Varsity Cheer, Scotty Riot Squad 1,2, Human Relations, Senior Board, Young Life. Memories: TB 1st & FFC, J.C.Cv th swch C.W. Bw & Hr James 6-9-79 1st lv Beh H sh Mt. Sp Tm wALLAN 11-27-80 x-ms Mt. Hlx. EMCD cp Dt Gt Pd Cbd wth Ev mh A TC Gg 007 Smr 82. I love U T, K, & D. DR, Bky Bly Esp U Mom THANKS 4 Ev Thg

SMITH, JULIE (Jules)

Activities: Ski Club. Memories: Best Buds: CR, KL, JP, JM, WS, CC, CR, LC, KB. Good Times at MD's. L Guy Never! ILYA, JMD! Skiing to Sea World w/KL, SB, TR. Jacks Kuring Photo. Sorry Dex! Sammy w/Wendy that nite. Get Over It! Woods w/TN & DN THANK 4 LAUGHS. Woodleaf '81. THANK BIG BRO, LUV YA! It's over. Look Out World! THANK FOR STOPPEN BYE!

SMITH, PATRICIA (Patti, George)

Activities: Young Life 1,2,3,4, Swim Team 2,3,4, Mod Dance 2,3, Drama 1, Scottie Riot Squad 1, Tartan 3,4, CSF 1,2,3,4. Memories: Spl frnds: LA BM DA KA KB TB KL * Sk Shw 82 * Wdlf, F Homes, Okrdg * CHRIST * Md Rgby & Shvin crm pals * Ftball Games, Pizza, Our spot * Antonios * Seaprt Vill * Beach * NwYrs eve 81 * Dncng * 1st dt * Spl Tms w/TM — Chrgrs, Reo, Grdnte * Cars — Forner w/JS * Trpl dting — Mex. X-mas Dance 82 Limo w/RL * Luv To Fam * BYE HELIX!

SURBER, MIRANDA (Mardi, Slurb, Lawn)

Activities: Volleyball 1,2,3,4 Softball 3,4, Track 1,2,3,4. Memories: Fnds — SM, KM, KS, DM, KM, JH, CW, BC, SF, TM, RC, KC, KS. T.J. w/SM, JC, RN. 1/10/81 MS & RN Frevr 8/25/81 Bst evr. Sets w/RN. Bng mylf w/SM. Lsng frnds. Skng 82 w/Nelsons. Mgc. Mnt 82 w/MN. 10/8/82 Thx fr dnr yr wlm fr. dsst. 12/22/82 w/s.f. 92.5 1e fr yr thghts. ILY MA & PA. MSG. NANA Loving Rusty Shane ILMY

SVARE, STEVE (Larry, Moe, and Curly Joe)

Memories: NO COMMENT, WELL, Maybe. On Second Thought, NO. Definitely Not. Wait Maybe I should. Well. What? Oh, who cares. I take the fifth. Maybe. Hi Mom!

THORVICK, TRISH (T.N.T., Thor)

Activities: Track, Ski Club, Tartan. Memories: Best Buds: MO & LG great times, skiing, racin on the way, passing small objects, accidents, 360's, Mustang Reborn, Blind Date, flying eggs, BTBOLB, xmas dance '79 '81 '82, short people in the way, Pintos suck, S. Ramsy, surf Mission Bay, N.Y. Eve '81, Normous, Nachos, ZZTop Sh9 PHHS Halloween '81 I Luv U Mom & Dad Thnks fr everything I Luv U Mark.

TIRPAK, JULIE MARIE (J.T., Best Bud)

Activities: Band, Orch. Memories: Roses & S'Land '80, Best frnds: MK, KB, SJ (More the Merrier), TC (It's coming), Plus all my frnds frm band. Thanx Mr. K. Go Mr. A! 4th place finals. D'Land '82. Thnx 4 the good times HM & MN! B. Prk w/TC, MA, JJ, JM. Frnds n fun at work. Summer '82 w/DP. Sandy #1 sis — always will be. ILY Mom, Dad, Frank & Grandma. God Bless You All!

TIUMALU, SARA (Dinky, Pop it)

Activities: Band 1, Cheerleader 3,4, Modern Dance 2,3,4. Memories: Setld 80, CIF 82/83 3CBY, 2SFWP, bb Wsa, JV Chr #1 V Chr UCSD Cp. Plaques Chr buds Luv u all, Good tms w/JE, crazy tms w/TWIN Del Mar, RS Truk. Mtg LCH in KS car 8/20/82. yay 4 the deal! Cruzn w/AH DnTn Bmp. By babe UH AOMM I LOVE YOU. All my love to Mom, Dad, Bros, Sisters, cuz DoDo, LD, KS, & esp to God 4 being w/me.

TODD, MIA JANELL (Ms. Outstanding)

Activities: Human Relations 1,2,3, Choir 3,4. Memories: Saying GoodBye 2 all my friends Pat RM SO LC CT DB Being mid grad Leavng Pat. Being w/close friends Lee Chris & Ugene. Having 1 special friend Lee Tate. Thanx Mom & Dad 4 the help! Luv u so much! Leavng Lil Bro Wendell Bye! Tripping off MS MJ Going to the 'connie' Hellosis Paris. Bye 2 all my fans. Luv u Mom & Dad & LT

TORGENSEN, ERIC (T., Eric T., ET)

Memories: Gang members: Aug, J, S, Bruno, Dan, Dave, Mike. DT & theories. Fun times at concerts (Betty hunts) Many traditions, Rationer at Jimmys, Sambos leather cakes. "It's your own fault" Million \$\$ calculators, computer T. Car problems, swap meet. Some girls "I would for sure". Mom & Al your best!

TOWLER, TRACY ANNE (Trac)

Activities: C.S.F. 1,2,3,4, Drill Team 1,2, Drill Team Captain 2, Key Club 3, Tennis 1,3. Memories: I made it thanks to mom & dad. Flying w/Brian, x-mas dance w/Brian, Tim, Pam & eating in Manors class. Thanks Mr. Grainger for the inspiration, God Bless. Brian, I owe my pilots license to you. I'm yours forever. You'll always be my sweetie pie! Love Always, Tracy!

TRUSSLER, DAVID RUDOLPH (Ru, Rolo, Dough Boy)

Activities: Bagpipe Band 1,2,3,4, Pep Band 4, Pipe Mafor 3,4. Memories: Rose Parade 80 Scotland 80 H-land Gms 82 Xmas dance 82 Now I can eat more! Bus Trips Fun tms w/ET CCBB & CWH Tuna — whew! Be Calm! Best Buds — ETL LR The Pipe Band DN B & B Young BL MR. W DR DM MW DT Jesus Thanx Ma & Pa what a pair! J & T Vorhies Grams & PaPa Mr. W Thanks Jesus your my #1 Bud. Thanx Linda I.L.Y.

TURLEY, PATRICIA ANN (Ms. Knock-out)

Activities: Powder Puff Football 3. Memories: Going out having fun w/Mia, CT, RM, DT, PT, LT & VS I didn't 4get you & the rest of the crew. Most of all meeting a very special & sweet person to share my undivided time with D.C. Carter, Thanx 4 everything, I luv you! Good time with close friends SG, TP, TW. Mom & Dad thanx 4 being there & thanx 4 helping me through the year Luv Ya!

TYSON, PENELOPE LOUISE (Penny, Penso, PH)

Activities: Swim 1,2,3,4, Fling 2,3,4, Senior Board, CSF 4. Memories: JV Swim 80 #1 — Sum 82 w/BB & B — Europe w/mom — Dm enrt, snw cmp, Do-nut fix, Mag Mtn, Fr. Inch, RS lokr, gum? in Biol, "Firsts", w? Bee-jacuz, oids w/Kathin — MISS, Mex, Din CNwos, Crstms Vac/Nyr's 82, Iv Tow, Dncng 1234 no 5 w/Ron — Gd Frnds Nan, Ween, Jon — New Bro Merce — Luv Always to Mum, Dad, Mac, Bee & Ron. Thanks for making me smile!

TUCKER, MARY

Activities: Science Club. Memories: February 5, 1982, May 29, 1982, January 13, 1983, Christmas 1982, THE BEST. David, Tiffany, Gary, YOU'RE THE BEST EVER! David I will Love you always.

URBANCIC, KELLIE (Kellers, Kewie, Ketzie)

Activities: Young Life 3. Memories: Bst Frnd Mandy & Nellie thanx 4 bein there The Gang L.H. R.F. S.T. J.J. E.N. D.E. C.F.S.W. B.A. T.A. T.H. A.M. OIL R & R THE WHO Judas Priest SKY SHOW VII CIF 80 & 82 MUH! Pez Pel Racket ball class waffles, Spcl Frnd Troy I-L-Y Ill rember the good times Luv you Dan Mom Brian & Jungle

VALDEZ, SALLY ANN

Activities: Tall Flags 3, Lite 4. Memories: Many good times w/all my good friends. Disnylnd, Knotts, Rd Table after ftbl games w/LMF & Bro. CIF Champs 82 #31. BABA. ILU Mom & Dad and thanks Linda Y. For everything! Having friends who care for me as I them including - - Jeffrey, Mark, Karrin, Joe, Eric, Jerry, Andy, Allie too ... Best of luck LMF.

VANBOSKIRK, KATHERINE (Kafe, Kat, Stretch)

Activities: Literary Magazine 4, Swimming 3, Fling 4, CSF 3,4, ASB 4. Memories: pnkppr! Pen, cub, Frn Cnf, trip home, naive. BB games, Mr WNdrl, snickers. H, Hig, Lndry, AMC — pie, UTOPIA? Sea Wrld, hang in there! later! ice fsh, crumbs. Perseverate! CAN IT! Scubble WHA WHAA — Hmhmm, Othello? campy camp'n Nrdstrmbk'n, STAB! Come, you but dally! JAMIE — BEST BUD EVER! C YA HHS!

VAN WULVEN, BENTON

Activities: Cross Country 2,3, Track 1,2,3, Lettermans Club 3, Golf 4. Memories: CIF 81 Cross Country with bud squad. Concerts AC/DC, Judas. Billy, Mongo, Laimus, DT, and The Gang Killer times with Molon Mon. Prom 82 w/my Love. Killer session. Pump out. Thanks Mom and Dad for your support. The best is yet to come! I Love you Karen. Your number 1. Later days Helix.

VITAL, LIZ (Shorty, Bueford, Juan)

Activities: Swim 1,2,3,4, Track 1,2,3,4, Cross Country 4, ASB, Senior Board. Memories: FN's Blu Lg, BT! Swm SP-RR's w/Juans Fdmrt Rd Jilly AC/DC Gd tms srfn w/TM #1 Jk-n-Bx 6-1-81 Blk. Prche! CIF, Hls nm cr? B — Bstn Skg — Smr Pty's: KD, 1rst plc MA's, LJEP, MZ's, Grfld, M.G.D. — WHO — Gd Frds MA MZ IH KD BM BH KA TB & Swim Buds — Thnx M & D — It's been fun, UCLA here I come

VOLKMAN, LUCINDA K (Brat, Lustania)

Activities: Track 3, Campus Life 4. Memories: LVNG END PINE SUMMIT '82 FUN TIMES w/Phil — car wsh, Chpl Cnfrne rm I John 1:5 I LUB U PL JEFF — ftbl gm H2O Polo pretic Thnx Laura Edis — All spats & walks rise in tire, Sams, Grssmnt cntr Mt. Helix, Olen, Cris & Lisa 1-27-81 How do u spl "x"? Reed my B-day RED BUG, CMCO, wtchng sn at beach Laura we'll get 'em

VON OEHRKE, KRISTEN

Memories: BST FRNDS — MIKE M., LINDA, ERIC, MOLEIDS THE WONDER DOG & T.S. CROWD SPECIAL MEMORIES OF THE "WHO" IN S.D. & L.A., THE NIGHT WE "BORROWED" JOE — BOYS SCOOTER, CHRISTMAS DAY, NEW YEARS EVE (LINDA YOU BROKE OUR TABLE!), — MUSIC BY FB3, MADNESS, THE WHO, & MR. YELLOWMAN. — SPCL THX 2: MOM, LINDA, MIKE & FAMILY.

WALTON, VICTOR (Vector)

Activities: Track, Cross Country. Memories: Now it's over 80-83. Track 80-81. C.C. 79, 80, 81. CIF 79. Best years w/MR, CN, BD, JL, VD, DM, AC and HW. Weekends of insanity w/S box Saga. FFC. Rock n Roll and Stomp. Ready and go. Confidence. Oh no intervals, and lips, get your name. Beatles. Thanks to all my teachers. bye Helix it's been a blast. I love you mom.

WANTOCH, JIM

Memories: BEST BUDS: TJ TM JW, SPCL 1 SQ, 2 bas, 10 grd wht a bust, A.T.C.,TRL S, BTLS GDBY, John, my bass who RS judas grit brks w/MR, prkd semis, summer '82, BT Dads house, Chckn or brve, ll grd eng Rchrd Simns, finally out of villy high, RV, rdy wrld? Thanx Mom & Dad for supporting me. Gdby Susan u made H.S. fun.

WATWOOD, PATRICIA (Patti, Man, Hun)

Memories: G-frnds MR EE CS CH DM CR DD MD KH SH TS, river w/fam, McBairs w&j ski TAB, m-cros, crlsbd 2 st ngang tms w/Fred estrdg, 2x, ace, PU, r-trp, beach my ring 10-10-81 Pat Me G cruz \$x Camino, prty maliby Pv m-bike, my "71" RS 6-sumr w/MR x-FD 12-11 X-mas danz BH tms w/CS "NIGEL" Bst fam., thanx mom dad steps 2 I LUV YOU.

WAY, COREY (2'er, CW)

Activities: Football 3,4, Basketball 1,2,3, Baseball 1,2,3,4, Tartan 3,4, Fling 4. Memories CIF champs 82 ptys w/MZ MA LV BM JR CH. Gd tms w/JM JC — skysho ptys at Jg's SDSU, in front of MO's, 1st lv — DS! Gd tms w/GG — Cmmdrs, F.I. — It's only rck-n-rl Boss w/JB. TC — jst u & I? Mo's 2nd family thanx, SM — who knows?, KM my other half M & M EMP Tiks WLY! snoman, slab Ho-Da-Blab & Dad thanks ILY! most of all JC #1 See ya Pal!

WEAVER, CATHERINE (Cathi, Weevie)

Activities: Track, C.C. ASB, Hi-League, Tartan, Sr. Board, YL, CL. Memories: Jane Wana go 4 a drive? Nothng goes rite Cho Chp Cokie Laughs w/ Karen lots o love Chasd w/Ladnna Wodlef BH x dnce 82 Mrdng w/SB, MK, MF, KW 143! Velapa No Guys, no car, no \$ BM & undies Hrdl I lik schl Harbl "dales"? njury kild flks Tanx Mom King: ILY Dad U R I in a mil Dnna tanx 4 techng me 2 laugh ful on see ya!

WEBB, SCOTT (Mr. Automatic)

Activities: Football 1,2,3,4, Basketball 1,2,3,4, Baseball 1,2,3,4, Lettermans 3,4. Memories: Ftbl CIF Champs 80, 82 — All League, CIF, American. College recruiting trips — SDSU, BYU, UCLA. Fun times with bsktball, baseball teams — It's fun to win! Thnx coaching staff you're the best! No more hell wks! Nov. 6, back w/Jaynelle, Ace — movie? Top success. ILU Jaynelle. Thnx Mom, Dad. Bye Helix!

WEINMAN, DANA "Buddy"

Memories: C.V.H.S., T.M. w/M always. Best Bud forever Renee, SO confuses, 2/27/82 Survivr Saturday nite — TOO MUCH — those are FOREVER, Thanx JJ, Dreams come true, just go-for-it, Someday O.N.J! ILU Kevin W. I luv my truck, camping w/RW, those challenges and "Nobody" In Control, Thanx Mom, Dad, ILU!

WELCH, JIM

Memories: Frnds: TJ TM JW CJ PU PB, memories LMPD, pint scam, rvr w/TM, mtns, working buds LS CB MC TJ, van space at the ace, sky sho 82, bst teachers Mrs. Patton Mr. Lucas, Muirhead — thanx Mom Dad Sis Bros, for all the help. RIP Jeffers, Later Days Helix.

WEST, KATHY

Activities: Volleyball 1,2,3,4, Softball 1,2,3, Basketball 1,2,3,4, Soccer 4. Memories: Great times w/best buddy Laura, 3-12 Luv ya. Laf — in good time w/Dee Ann LMJH, D-In, Oh No! Julie you little tuffy KTA. My best friends LG DL JM AS GBEN JILM TKSP & the rest. Thanx Rusty & guys — you're the greatest. Als is, Jennie Ve-times. I owe everything to Mom & Dad. THANKS XOXO

WHEELER, JANICE (Safari)

Activities: Senior Board, Human Relations Memories: Best Buddies Jan and Linda. The Big 18. Bear Lovers, Honored Queen in 83, The Prom, Mike joins the family. This world has ended and the best will begin. West Virginia Jenny; tent revival meeting with pizza. Basketball shoes. Horses!! Jobs Daughters Wildwoman. Give me a Vegemite Sandwith Please HA!

WHIPPLE, PATRICK

Activities: Football 2. Memories: Skiing and water skiing with best friend Kent Schwartz. S.P. Wil. With Karen. Wnded Soldrs with JO JL & AB. BP at the beach. Kent tosses cookies. HA! X-mas dance 82 w/Karen. Tennis w/Dave. Thanks Mom and Dad for staying in the district, Luv ya. See ya Helix, it's been fun!

WHITCOMB, KYMBERLY KAY (Kymmie, Sam, Spas woman)

Activities: Track 1,3, Young Life 2,3,4, Campus Life 2, Tartan 3,4, CSF 1,2,3,4, Mat Maids 2. Memories: THE GIRLS: MF, TP, MKR, SB, CW, JK, LM — 143! Jr Yr & THE GUYS — most fun/most pain. MM's STRK AGN! Snwmn, thrmls, TP, Snkn. Frosh — humiliatng, GANG & HH 80. Sr Blahs! Spcl frnds: SM, PLUMS, PT & RW — thnx! JP-TCTAKM. MARY — MY BEST 12 YRS. — THNX, ILY! (MS?) DEC 26 — TILAJ, RC. ILY MOM DAD FAMLY. INR BTY — THNX JC ILY!

WHITE, RENEE (Buddy, Maddy, Lips)

Memories: My Great Friends who have made my Life happier: Dana, Moira, Babs, Shannon, ILU all U will be w/me forever. MH we were tragical. BF D.M. hlpn me thrgh the year. Catalina Favrite place, Summr "81" Beach campin pio Pico Hope yr life hapy Mark 11-22-81 O What a nite "Do U Wana" Thanx Mother, you're wonderful, Bye Helix — w/memories.

WHITTINGHAM, SHONNA LOREN (Ladybug, Spidder)

Memories: Ace D-In w/TK, SBBF, 22, Good times w/Cheri, shopping w/Debbie, Best Buds: DL, CC, DN, DT, TP, Summer w/Troy, st D-In w/Darrie and Teri, cruzin w/Debbie. I LOVE YOU TROY ALWAYS & FOREVER! Young sisters, beaches w/Troy — all the gd times. Prty 07 82, Garfield. Love you mom, dad, bros & sis'.

WILCOX, CYNTHIA LYNN (Popeye, Miss Sunshine)

Activities: Swim 1,2,3,4, Campaigners 2,3,4, CSF, Track 1. Memories: Times w/gd frnds — Inch bnch, Magic Mtn, Greg's parties, TA w/AC and JR (the verts), Sambos, Swim buds — the Movies, RT, Ygrt. Soph yr — tears, Meeting JC. Summer '82 — NYE, Bob's, USC, Mud, Priest named Romeo . . . 234 Thanks to "the Muppets", ILY! Best family — Mom, Dad, Eric and RR, ILY2! John 15:1-5, THANK YOU LORD!

WILKINS, MARCY

Activities: Drill team 2,3, Glee 1, Choir 2,3, Ensemble 3,4, Treasure — Choral Dept. Memories: Best Buds * Em, Lynette, Margie, Heather, Lynne * Catalina '81 Yosemite '82 Good Times in Ensemble 1 LUV U Mr. Fauld Pops '82 Celebrate! D.D. MDT USA '81 & '82 Dicipleship '82 Palomar '82 Summers w/Dad — I LUV U! I LUV U Mom, Dad, Min & Brent — Thanx for all your love and support. * Praise the Lord *

WILLIAMS, CHRIS (Cutes, Duckey, LOP)

Memories: Best of times at Helix, cute football players, Ozzy, Sabbath, The Juj, all my respect to the faculty and students of Helix High School!! Later daze dude. Best Pals: ET, TE, AD, JC, RS, KD, MP, SA, You're the BEST!! There are no boxes for us . . . so read on . . .

WILLIAMS, LYNN (Lynnie-Poo)

Memories: Thank you, Helix for the best years I had. Also thanks to Lisette for being my best friend. To all of my friends in the class of 82-83, I will miss you all. Especially L.E., D.G., R.H., J.M., Y.F., we had fun together at Helix. From Morse thanks to my best friend Kim for being there. 82-83 is the BEST!

WILLIAMSON, KAREN (Kitty)

Activities: Volleyball 1,2, Science Club 4. Memories: BEST PALS: Don, Bon, Cor, Nes, Patty, Lor, Mich & Barb. Bye GU luv'd u not talkn to do 8 & 9, 9 & 11 at De Mar #1 EQ. Bam, Pec, Spin. Los Caballos, Thanx Tommy, I Luv U! Hid it M. SCV. Who's y'r Bud? Bilbert, meetn the crew 1-82 3 days strait, Jay & my yard, JB & MBox, Ski B, Bonita Nites, Bye Helix Thanx! Luv U MOM.

WILSON, ANITA M. (Missi)

Activities: Gymnastics 1,2,3,4, Diving 1,2,3, Young Life, Campus Life, Modern Dance 1,2. Memories: Bst Friends TS KB DMSM MBJI KMLV MASM Hawian Cruz 81 Germany 80 TNL gang Cardif Hume LIV END Winter Cmp I'LL NEVER 4GET — Stu Rusty Tom Greg John Paul Shawn Chuck X-mas dance w/BIG #12 ur special! surfn skin Ue w/TS = DUB DATE! Celica Jeepn catch me Toyota LC Hollywd WOW/Coml LUV U Scott Shannon Mom Dad & Jesus!

WING, AMANDA (Handy Mandy)

Memories: Bst "BUDDIES" — J.B, A.K, K.M, L.H, S.H, B.R, T.M, K.M, J.C, D & S, Thanx 4 it all Kell LYLBF. The WHO, Skyshow VII, Rod the Bod. I DON'T REMEMBER WHERE MY HEAD IS & I DON'T CARE! Sandfight, NO Feelings, Mr. Vicious 4 yrs, ME, PIGGY SAYS, 10-9 FINALLY! Bro you're the Bst, luv U Mom & Dad. I LOVE YOU KIM

WONG, ELAINE (Munchiegan, Lane)

Activities: Ski Club, CSF. Memories: SH 2 Months?! Liar Sig Wd Ouch Pfnd stmts R u at home? Acqt AS 4 choices: Wrong one EL thanx for AD what r they doing? Quick! Weights pillw shr PH spider jump; haven't frgt AC cal 34 34 w/Krmt RG y do I understand U? GE & DE lunch w/hakgui MI Garcias LG get away car BOFA esp SH & AS who made 4 yr the BEST & kept me laughn

YIP, ALAN J. (Sweet'ums)

Memories: Loretta — The Girl I will NOT forget. A 10/27/82 evening with L.L.P. and "THE WHO" "LIVE!" (Farewell) M.A.S.H. 4077th's last season. The end of a four years of excruciating pain. 1/22/83 "THE BLACK KNIGHT" Hi Tush-kins.

ZARRA, MIGUEL ANGEL

Activities: Choir, I Club, Ski Club, Human Relations Memories: I enjoy meeting people, parties, R. skating, I. Skating, beach time, and look girls. My choir class was a great experience. Thanks to my American family for understand me. Thanks to the teachers and friends for their help. I'll never forget all of you. Good luck to everyone!

ZINN, MELANIE ARLENE (Melonhead, Mel, Brooke)

Activities: Ski Club 2,3, Tennis 2,3, Tartan 3,4, Highland League V.P. 4. Memories: KANDI bfnd alwys, CCC, 12/21/81 & 3/6/82 GH w/PC aprct tree, SWitch, Mr. Thermos, Hlywd w/Brooke & Olivia, cakes #34. DANA SFF B52 Blnde SF Prmse. RoMY JAP HERSHEY cmpng? KAREN UFE Jamaica LWAHO. CHRIS, ILY alwys. M.E.D. my PC. fun x's w/ WZ CS DN JR RS CH CA AD PM — ILY all, Pepes & FAM 2.

ZULEGAR, MARGARET ANN (Bada, Maggie)

Activities: Young Life 1,2,3, Scottie Riot Squad 2,3, Highland League 3, ASB Secretary 4, Human Relations 4, Class Board 3,4. Memories BBs MERI & KIM BM LV GB TM Men GI DH EA CW. ACH Fr SE WI AW MA Pty SNA SSS Bbstg TPR br Hnk Th Man Arams STo 3 DWTM Stns Sky Who ROD 2 BTLS PM Ken D A R snkg i/o Ks Ksng Strgs Gd Nt TFs Wdlf SB RE NYE TBs MA tkng trek vstg Gk OTL DLs hse Gd Lt Prys KD MA E PK-CWRN NYE MZ Gdby Helix, Frnc & UCLA hr I cm, Thnx 4 Evertng MOM I LUV U!

Seniors Show Their Class



Jan Abernathie



Lori Adams



Mary Adams



Stacey Adkins



Laura Agar



Mr. & Ms. Senior Class: Lance Buckley and Kim DeSelms



Mark Allen



Shawn Allen



Allison Allgaier



Kelly Altman



David Andreone



Daniel Anfinson



Collette Appolito



Maria Arango



Robert Ashmore

Watch Out World



Lisa Aston



Brent Athy



Christopher Atkinson



Deidre Avants



Paula Avila



Sharon Barnett



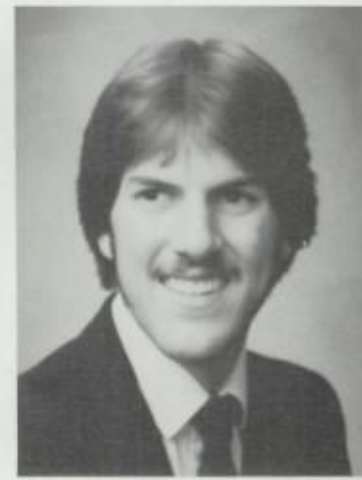
Brian Bartow



Jaynelle Bates



Shelli Batista



Brent Baxter



Cory Baxter



Most School Spirit: Mary Adams and David Kuhfal



Kris Beach



Kevin Beaver



Teri Beaver

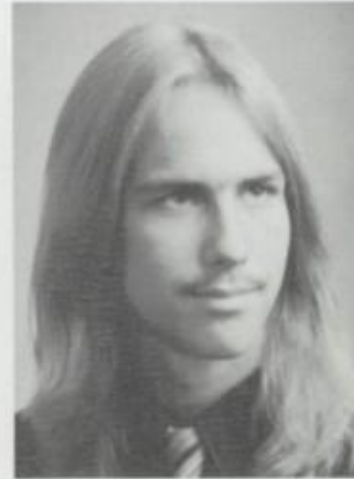
Here We Come



Lynnette Beers



Most School Service: Mike Brierley and Kandi Hosey



Michael Behrend



Eric Belio



Sharla Belsky



Gary Berg



Cynthia Berntson



Bradley Bidwell



Andrew Biehl



Craig Bierly



Michael Biggs



Jacquelin Blackburn



Traci Blackwell



William Blair



Karen Boe

Seniors Suffer



Most Athletic: Liz Vitai and Scott Webb



Georgette Bradley



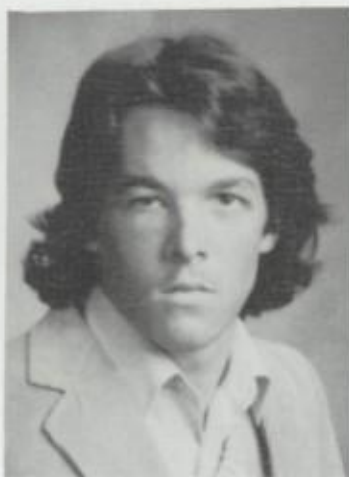
Terry Branson



Karen Brech



Michael Brierley



Geoffrey Brock



Scot Brocklehurst



Tyrus Brooks



Julia Brown



Susan Brumbaugh



Kurt Bruner



David Bryant



Kimberly Bucholz



Lance Buckley



Robert Burnett

from Senioritis



Renee Byerley



Rebecca Cabigao



Darlene Callahan



Anne Campbell



Kimo Cano



Teri Carter



Linda Casey



Prettiest Hair: Amy Hernandez and Matt Haar



Patty Castrejon



Gian Ceccherini



Charles Cecil



Allison Chapman



John Chapple



Carolyn Chianese



Sally Chittom

Seniors Selected By Peers



Deanna Christian



Raphael Cimmarrusti



Christopher Claypool



Andrew Cliffe



Mark Cobb



Mary Colbert



Linda Collins



Karolin Connolly



Pamela Conro



Gregory Cooper



Best All Around: Mary Farrelly and Chuck Cecil



Karen Copeland



Mark Corbit



Irene Cordle



Robin Cornish

Best All Around, Prettiest Eyes



Aleda Couture



James Coyle



Leesa Cravo



Lawrence Crosby



Prettiest Eyes: Melanie Zinn and Andy Biehl



Clifford Croxall



Karen Cunningham



Todd Curry



Kimberlie Davis



Julie Daw



Christopher De Freese



Denise De Freese



Pat De Gravelles



Kimberly De Selms



Evelyn Dean

Seniors Look Toward Future



Athon Denos



Michael Diaz



Bill Dibos



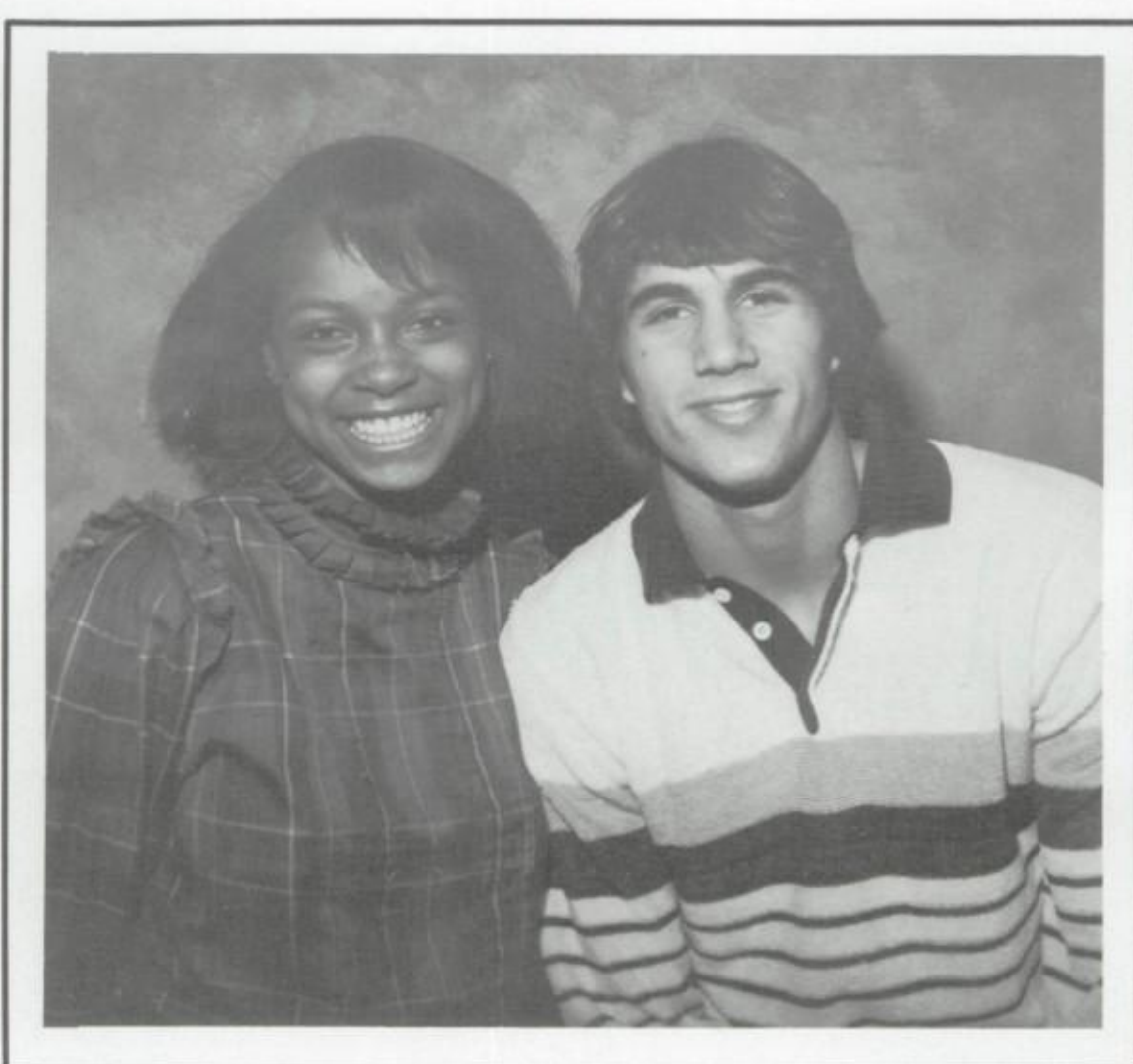
Jack Dona



Philip Donahue



Helen Douglas



Cutest Smile: La Vina Lowery and Mark Allen



Theodore Drescher



Denise Drew



Adina Duggan



Sonya Duncan



Yurika Dunn



Patricia Ebert



Brenda Eckhardt



Jon Edney



Ron Edney



Erick Edwards



Most Likely to Succeed: Kevin Beaver and Jamie Hill



David Efurd



John Ekhaml



Todd Emery



Gregory Eng



Lynne Epstein



Damon Espinoza



Lisette Esqueda



Patrick Eucker



David Evans



Karen Evans



Paul Evans



Craig Fairbrother

Class of '83 Set the Pace



Jerry Fanning



Mary Farrelly



Daniel Fausset



Todd Favero



Michelle Finn



William Fisher



Romy Fishman



Charles Florence



Rene Flores



Roger Flores



Most Talented: Kris Massa and Al Harrison



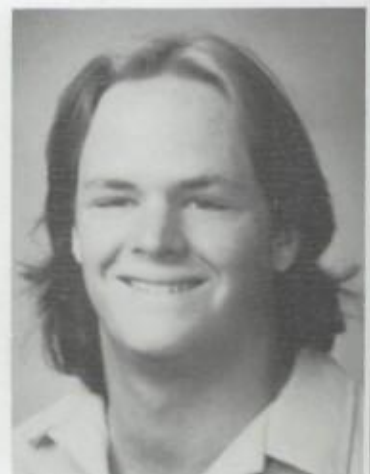
Yvonne Flores



Leslie Foley



Gina Follero



John Forrest



Todd Fraizer



La Conda Freeman



William Friend



Robert Fritz



Lora Gadler



Dawn Dee Gallegos



Silvano Gallegos



Best Figure/Physique: Rebecca Shacklett and Jeff Merghart



Shelley Galloway



Andrea Gardenhire



William George



Barbara Gilbreth



Jannette Gilliland



Nannette Gilliland



Rene Gillum

This Is The Year



Most Scholarly: Allison Allgaier and Todd Curry



Laura Gladhill



Dorene Glatz



Antionette Gordon



Cynthia Gordon



Dawn Gourley



Gina Gracia



James Grande



Mary Gray



Kimberly Green



Mathew Haar



Pamela Hairgrove



Teresa Halterman



Scott Hamm



Susan Harder

Of The Highlanders



Alfred Harrison



Denise Hart



David Hawkins



Marie Haynes



Tracy Heiner



Amy Hernandez



Carlos Hernandez



Rita Hicks



Ilona Hileman



Jamison Hill



Nia Hillard



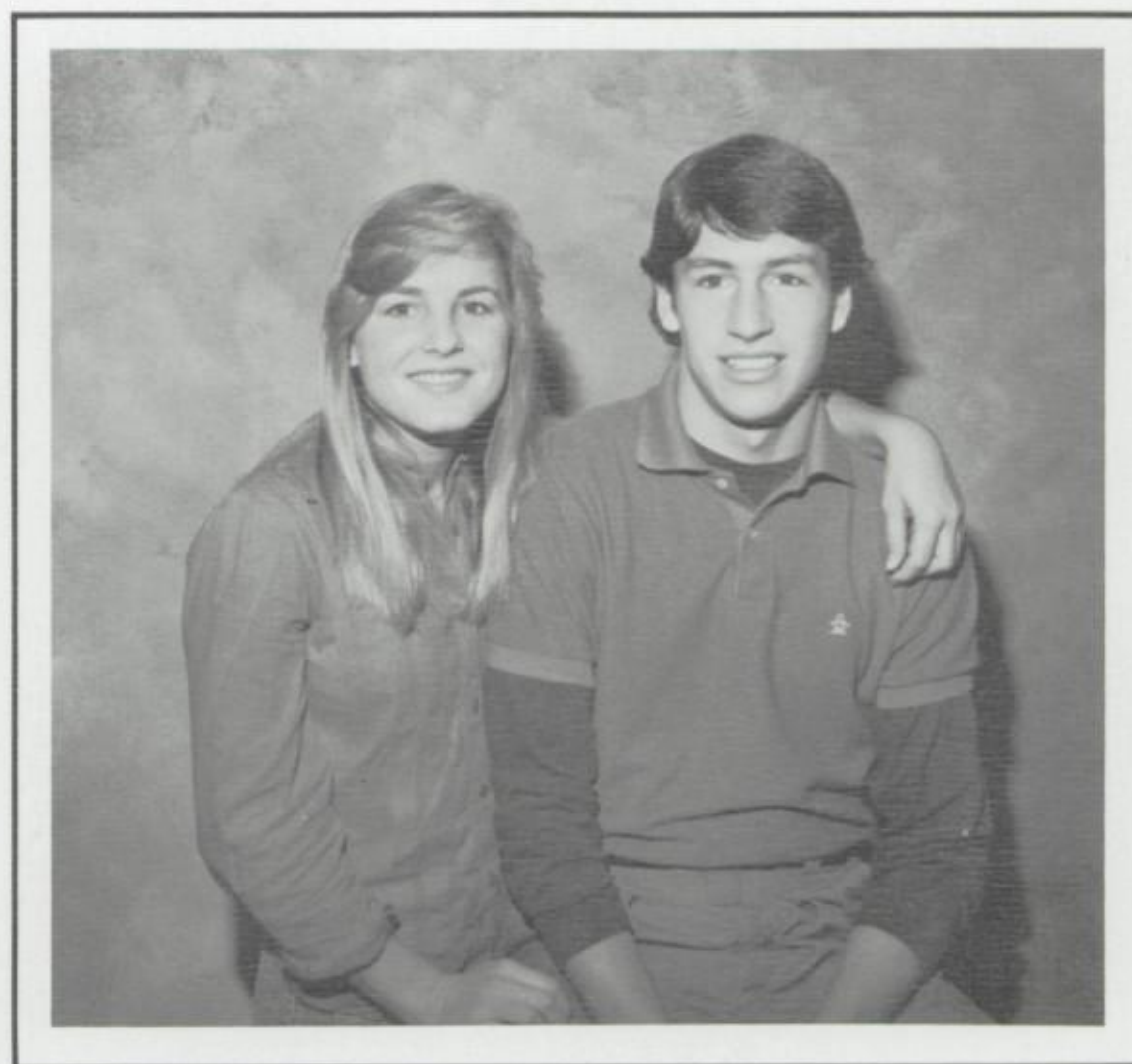
Becky Hoffman



Eric Holm



Danny Holmes



Best Sense of Humor: Sharla Belsky and Jack Rowell

'83, A Year to Remember



Linda Holmes



Kandis Hosey



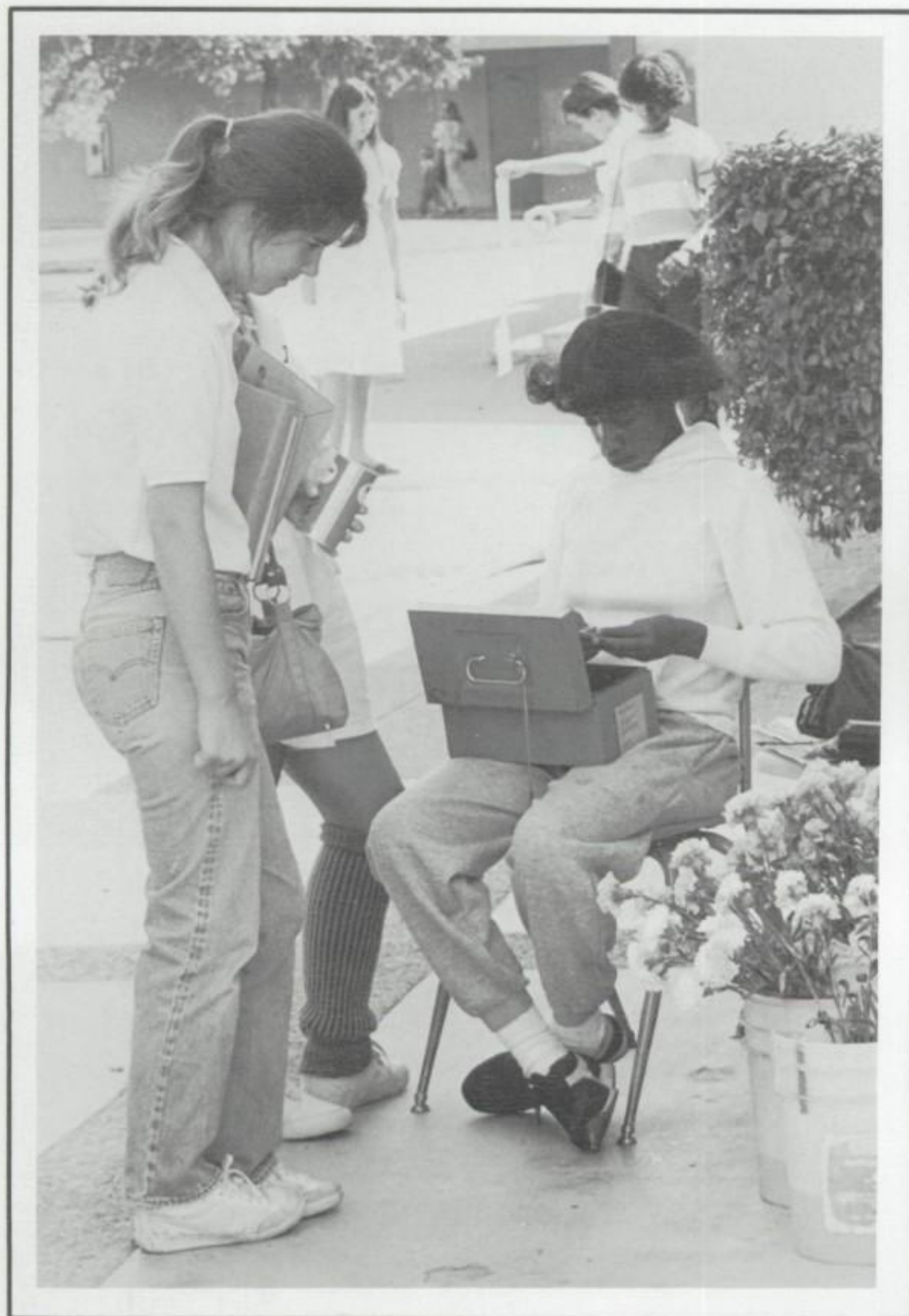
Sandra Howard



Kelly Hoyle



Katherine Hubert



"My first sale!"



Thomas Huey



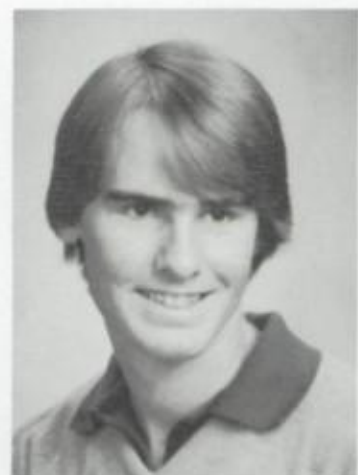
Sean Hutcherson



Timothy Hutchins



Jocelyne Igarashi



James Igney



Mark Iverson



Christopher Jackson



Leah Jackson



Dexter Jernigan



Eric Johnston



Timothy Jones



Jette Jorgensen



Mark Juarez



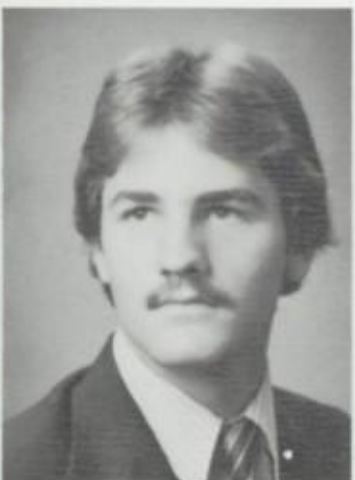
Sheryl Junior



Olli Kariniemi



Garrett Keisler



Daniel Kellogg



Kenneth Kendall



Stefanie Killen



Donna King



Sheri King



Jane King



James Kirklen



James Knott



Daniel Kole



Stephanie Krause

Senior Activities



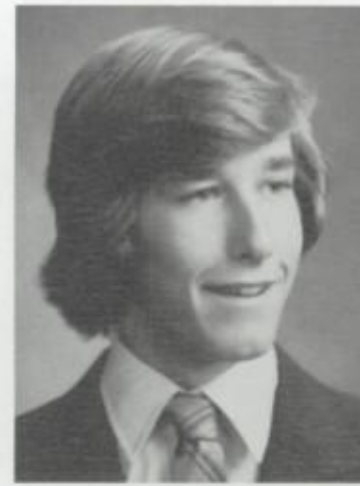
Frederick Kuckuck



Troy Kuenne



David Kuhfal



Mark Kunkel



Joseph Labrincha



Mark Lanham



"Uncle Porky wants you!"



Kirsten Larson



Tracey Lawton



Jeffrey Learn



Tammie Leavitt



Raymond Ledesma



Linda Lee



Kimberly Lefker



Robin Lim

Prove Memorable



Edis Lipton



Deeann Lovell



La Vina Lowery



Steven Lucas



"Gag me with a spoon."



Kimberly Lungwitz



Andrew Lynch



Deborah Lynch



Sandra Mac Gregor



Mark Mace



Susan Mackenzie



Robert Madden



Darren Madrid



Kevin Mahoney



Beth Mandel

Seniors Show Class



Vicki Marshall



Douglas Martin



Kristin Massa



Brenda Mathis



Tracy Matson



Karen Maxwell



David Mc Adams



Michelle Mc Bride



"No pictures please."



Denise Mc Burney



Adria Mc Clish



Mark Mc Cullough



Conary Mc Guinness



George Mc Neal



Dana Meek



Jeanne Menzer



Dianna Mercado



Jeffrey Merghart



John Michno



Douglas Miller



Jeffrey Miller



Tameko Miller



Taunya Miller



Vahid Mirhossaini



Rene Mitchell



John Montgomery



Jeffery Moody



Kimberley Moore



Bobby Morgan



Glen Morgan



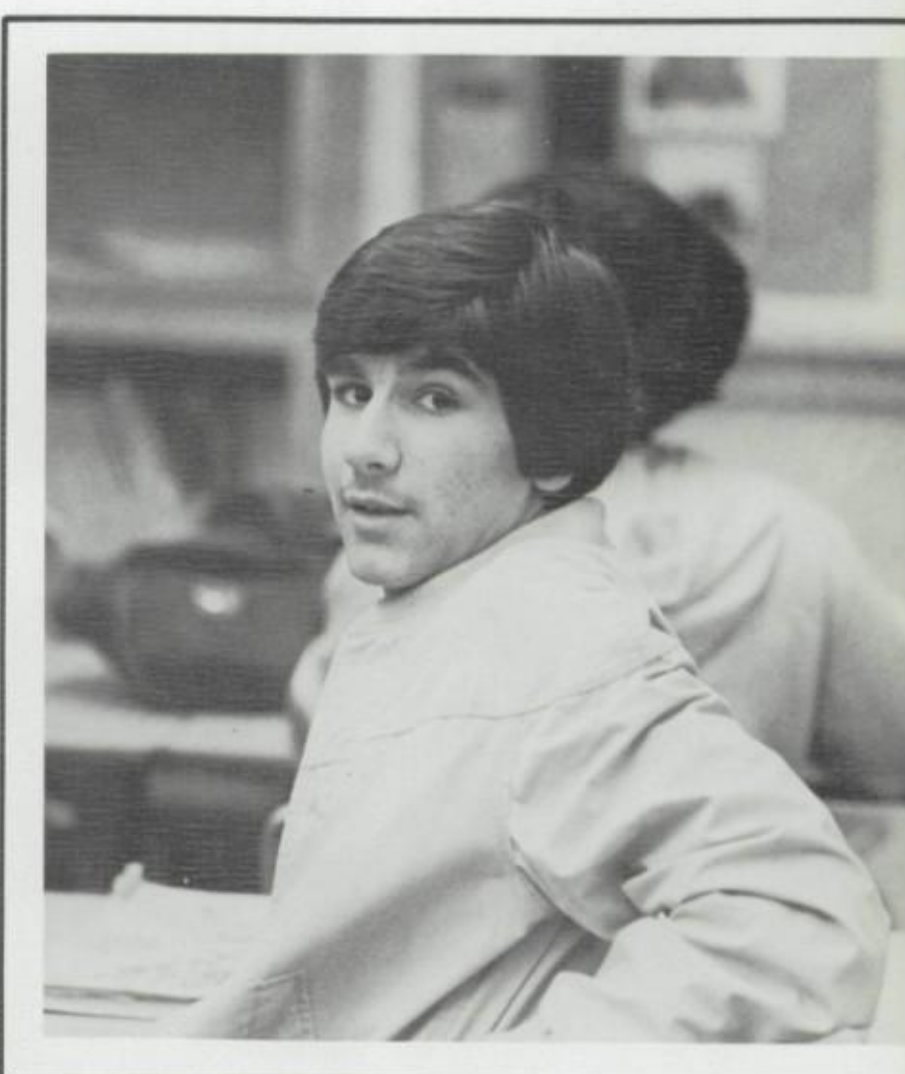
Pamela Mortensen



Sharon Moser



Robert Mountain



"What? A pop quiz!"

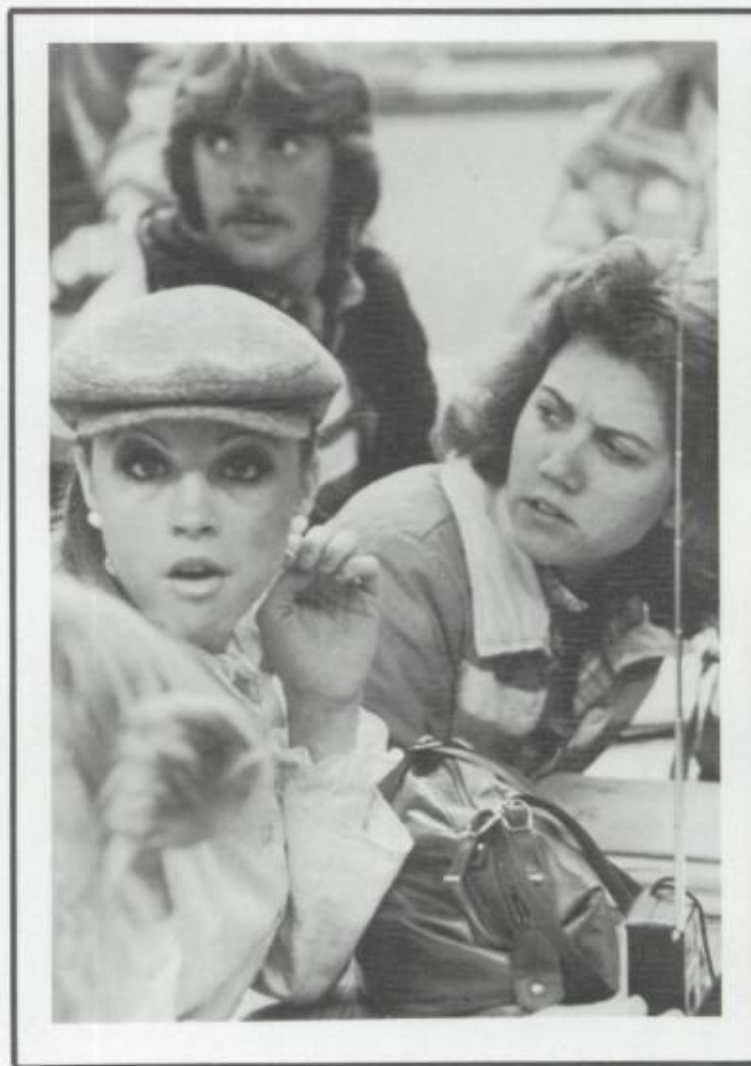
Seniors Strut into '83



David Moye



Stephen Moye



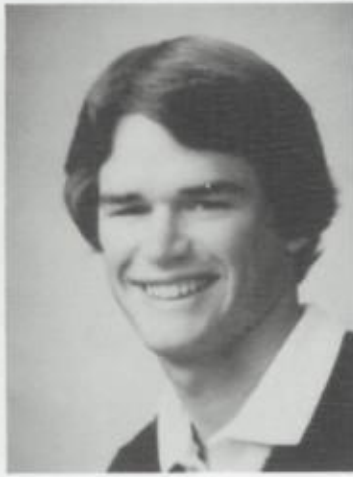
"Like my earring?"



Tyrone Muldrow



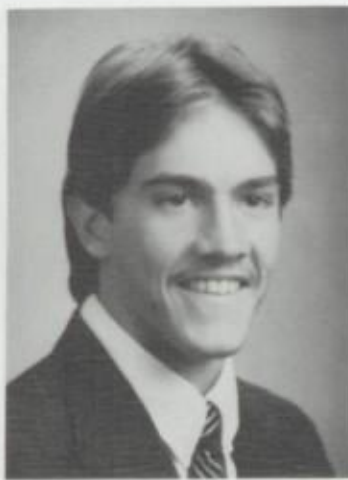
Dale Mullens



James Mutter



Gina Naples



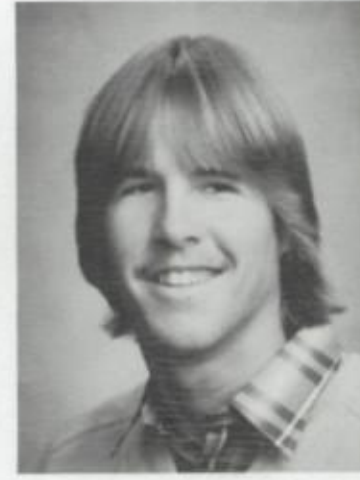
Tony Necoechea



Gerald Nelson



Chad Nelson



Rusty Nelson



David Nisleit



Darrie Nowell



Jeffrey Nye



Kristen Oehrke



Philip Offner



James Omahen



Shelli Osuna



Rita Otto



Lisa Oynos



Michael Parianos



Chris Parkllan



Lorelei Perez



David Peterson



Deborah Pharr



Ann Phillips



Teri Phillips



Scott Pilkerton



Stacy Pinterich



Jeanette Potter



Janis Powell



Bryan Pruett



Janine Quasarano



Kimberly Ragsdale



Douglas Randels



Kristy Rankin



Chris Reed

Seniors Strive for Success



Amy Reid



Deron Rettke



Christine Reynolds



Crystal Reynolds



John Rich



David Richardson



Janice Ridenour



David Rinder



Wanda Rivera



Mary Kay Roberg



Pamela Rodgers



Scott Rosen



Matt Rossi



Jack Rowell



Sandra Rowett



Glenda Ruby



"Now what do I do?"



Josephine Russo



Therese Rutherford



Christopher Salazar



Tyra Santos



"Did you hear the one about the ...?"



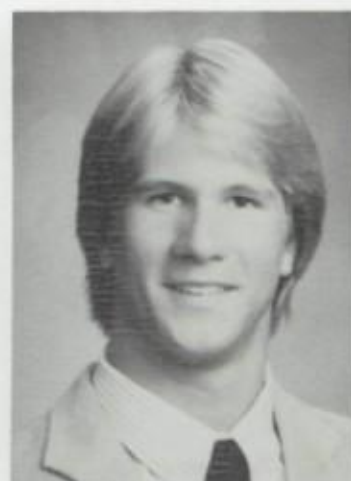
Kasey Satter



David Saylor



August Scalzitti



Kent Schwartz



Burnett Scott



Julia Seeman



Elizabeth Selman



Laura Sewell



Rebecca Shacklett



Renato Shaffer

Clan Stewart Upholds Tradition



John Shea



David Sheridan



Margaret Sherrill



Sandy Sidiropoulos



Joseph Silva



Tracy Simoncini



Alice Simpson



William Sinkes



Dianne Skidmore



Kris Skrak



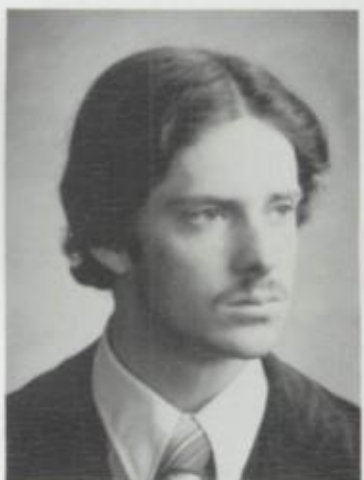
"Go away freshman."



Ursula Sloan



Shawn Sloane



Craig Smith



Deandria Smith



Julie Smith



Lee Smith



"Girls ... who needs them?!"



Patricia Smith



Nelda Soto



Connie Stewart



Eual Stone



Miranda Surber



Steven Svare



Dennis Sweeney



Angela Szymanski



Patricia Thorvick



Julia Tirpak



Sara Tiumalu



Mia Todd



Eric Torgersen



Duane Torrance



John Torres



Tracy Towler



Tirza Trojanowski

'Senior Citizens' Show Spirit



David Trussler



Mary Tucker



Mark Tunkin



"Those in



Patricia Turley



Penelope Tyson



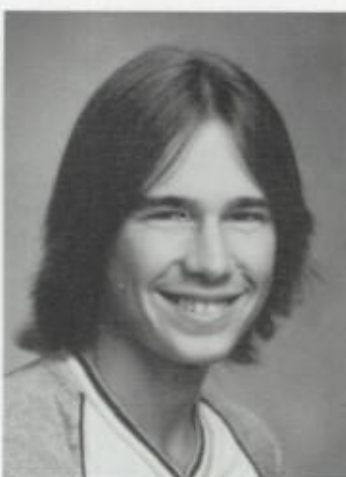
Kellie Urbancic



Sally Valdez



Katherine Van Boskirk



Benton van Wulven



Elizabeth Vitai



Lucinda Volkman



William Walker



Victor Walton



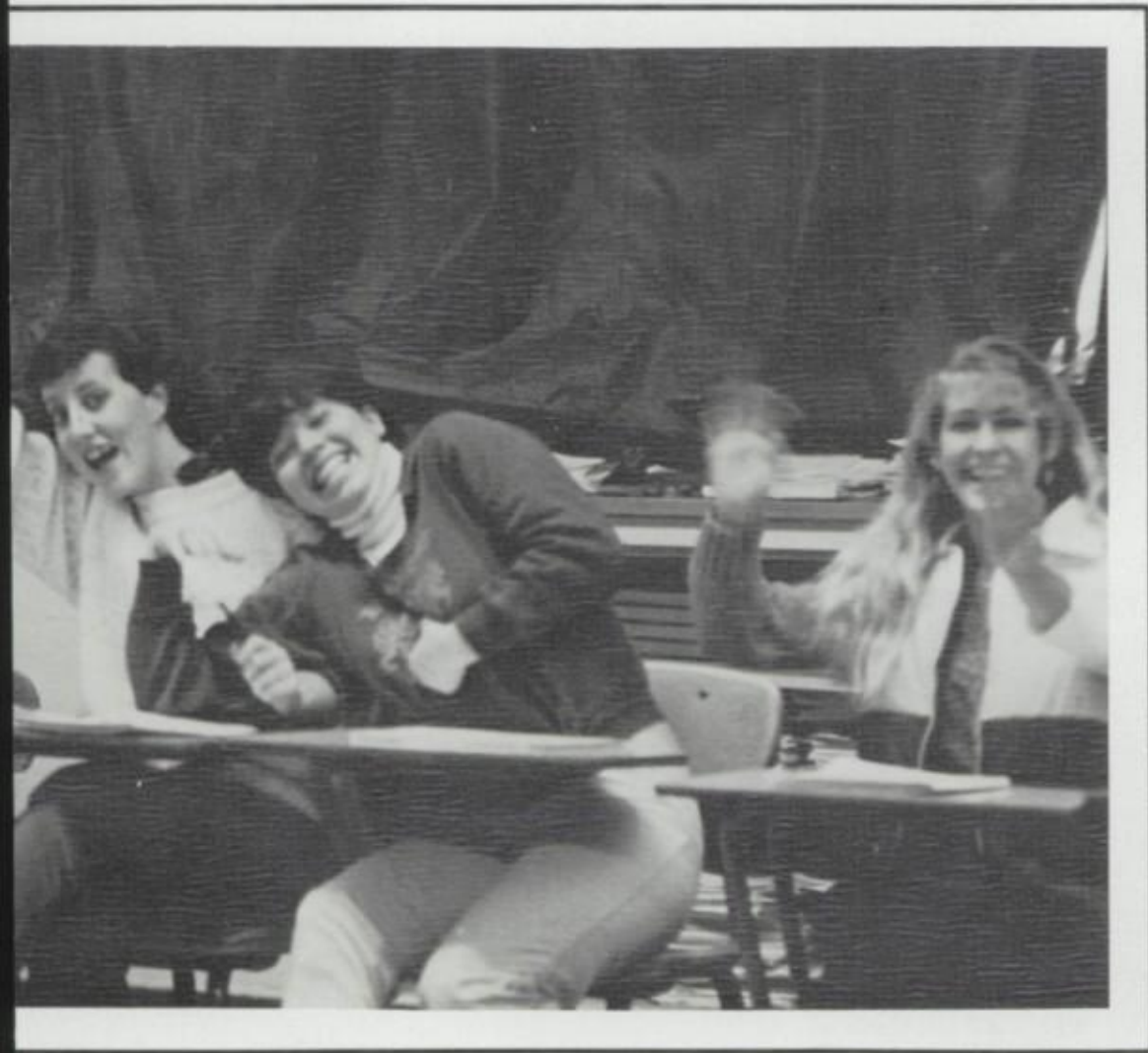
James Wantoch



Patricia Watwood



Corey Way



Catherine Weaver



Scott Webb



Carrie Weber



Dana Weinman

favor of Graduation, raise your hand."



James Welch



Hee West



Kathleen West



Janice Wheeler



Patrick Whipple



Kymberly Whitcomb



Renee White



Steven Whiteside



Shonna Whittingham



Tracy Wickware

Final Year for Class of '83



Cynthia Wilcox



Marcy Wilkins



George Williams



Lynn Williams



Phyllis Williams



Karen Williamson



Anita Wilson



Marty Wimsett



Amanda Wing



Kevin Wirt



Elaine Wong



Alan Yip



Miguel Zarza



Melanie Zinn



Margaret Zueleger

Too Late
to
Classify



Deborah Leary



Kathy Pryor

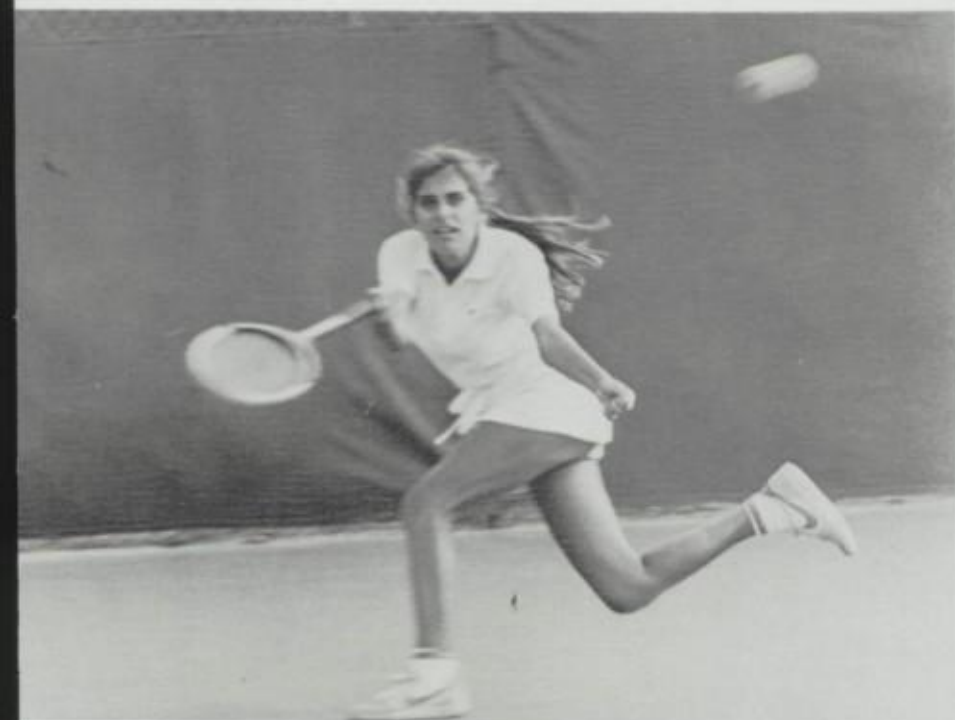


This Is It!

SENIORS 125

Sports



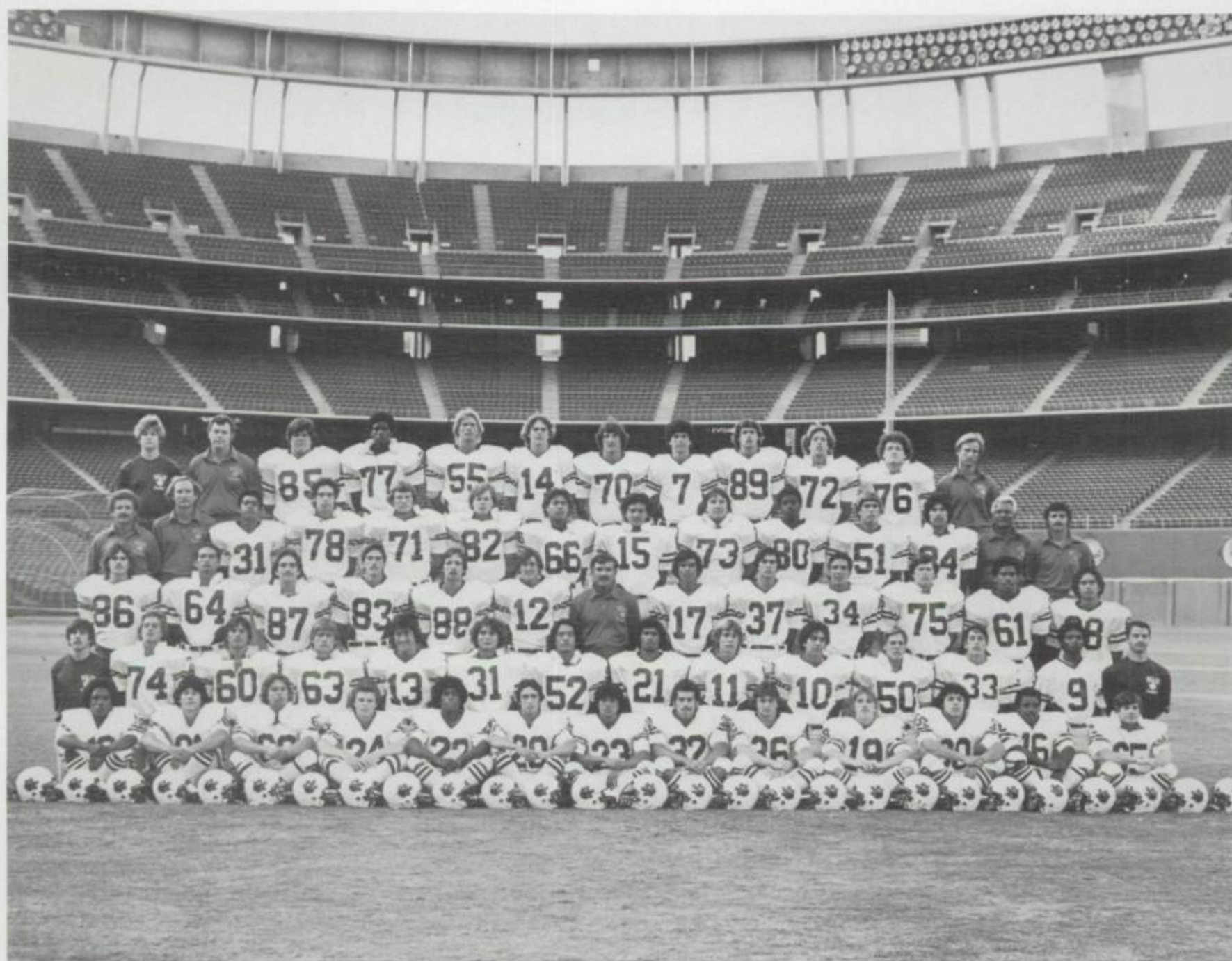


Corey Way — Section Editor
 Suzy Brumbaugh
 Athon Denos
 Andie Feeser
 Jane King

Scots — 1982 C.I.F. Champs

The season that wasn't supposed to be. The 1982 fighting Scotties were crowned CIF Champions. With only four returning starters from last year's squad, many saw this a down year for Helix. Renato Schaffer, Mike Biggs, Kevin Mahoney and Pete Young led the team. The '82 Highlanders opened the season against 7th ranked Patrick Henry and defeated them soundly 30-6. The next big test came against Mount Miguel, the team favored for the Grossmont League Crown. Helix came out the victors with a score of 12-6. Next was a non-league matchup with the top 2A team in the county, El Camino. Helix led 14-0 at the half, but let the lead slip away against the fired up Wildcats and took a 15-14 loss. That loss marked the only loss of the season for the Scotties. What followed was an undefeated league record with consecutive shutouts coming against Granite Hills, ElCapitan, and Monte Vista. Defense was the Highlanders forte and that became evident with defensive standouts Mike Biggs, Kent Swartz, and Chuck Cecil. The Mad-Dog-Defense gave up just under a touchdown a game. As the season progressed so did the offense. Running backs Jerry Fanning, Tracy Downs, and Steve Webster, comprised a backfield

which earned more respect with every game. One weapon that the Scotties had in their arsenal was the foot of two time CIF Kicker of the Year, Scott Webb. He converted 41 of 43 PAT's and 14 of 16 field goal attempts. With a third straight Grossmont League Championship behind them, the Scots would face Fallbrook in the first round of the CIF playoffs. Helix was victorious and registered a 24-6 score. The somewhat surprising Highlanders now faced Morse in the semi-finals. Highlighted by a 98-yard fumble recovery and return by Renato Schaffer, the Highlanders defeated the Tigers 27-7. Mount Carmel would be the foe in the CIF championship. Southwestern Uollege was the sight and an unusual afternoon game. The scoreboard read 7-6 at the half and the Scotties were 24 minutes away from a dream becoming a reality. Late in the fourth quarter, Scott Webb boomed a 26-yard field goal and Helix led 10-6. That would turn out to be the final score as Helix had achieved something many felt impossible. CIF CHAMPS 1982. The critics had been silenced and Coach Arnaiz held up the coveted trophy in front of 4,000 loyal, screaming fans. What had been a year-long dream was now a reality — CIF CHAMPS!!





Varsity Record		
	Opponent	Helix
Patrick Henry.....	6	30
Mount Miguel	6	12
El Camino.....	15	14
El Cajon Valley.....	6	28
Grantie Hills.....	0	29
El Capitan	0	28
Monte Vista.....	0	21
Valhalla.....	14	38
Santana	14	20
Grossmont.....	2	56
C.I.F. Playoffs		
Fallbrook.....	6	24
Morse	7	27
C.I.F. Championship		
Mount Carmel.....	6	10



Varsity coaching staff included: (front row) Jeff Boutelle, Rick Ash, Charlie Phillips, (back row) Don Van Hook, Ray Baksh, Jim Arnaiz and Ray Hernandez.



Quarterback Scott Webb discusses game strategy with head coach Jim Arnaiz.

Linebacker Kent Schwartz embraces center Mark McCollough after the game.

Defense Ranked 1st In County



#10 Corey Way and Chuck Cecil converge on a helpless El Camino receiver.

#12 Chuck Cecil returns an interception in a 56-2 win over Grossmont.

Tracy Downs runs for a first down in the championship game.

A self explanatory poster that sums up the whole season.

Jack Rowell and Dave McFarland put a stop on Mount Carmel's Jack Duby.

Championship Roster

Name	Grade	Position
Mark Allen	12	DB
Doug Bell	11	WR
Mike Biggs	12	LB
Kim Cano	12	WR
Chuck Cecil	12	DB
Will Cunningham	12	WR
Jim Coyle	12	WR
Rick Engerbretson	11	OL
Jerry Fanning	12	RB
Mike Favero	10	QB
Roger Flores	12	WR
Eric Hanks	11	DL
Carlos Hernandez	12	DB
Greg James	11	OL
Dexter Jernigan	12	DB
Patrick Jenkins	11	OL
Bill Joralemon	11	LB
Mark Juarez	12	DL
Gary Keisler	12	OL
Brett Lillie	11	LB
Jeff Luna	11	DB
Kevin Mahoney	12	OL
Mark McCullough	12	OL
Dave McFarland	11	LB
Jeff Merghart	12	OL
Tony Necoechea	12	WR
Dwayne Oswalt	11	LB
Scott Pilkerton	12	DL
Chris Reed	12	DB
David Rinder	12	DL
Jason Rodriguez	11	RB
Jack Rowell	12	LB
Ben Lewis	11	LB
Chris Salazar	12	RB
Scott Sanford	11	OL
Kent Schwartz	12	LB
Renato Shafer	12	DB
Todd Wade	11	DL
Scott Walker	10	LB
Corey Way	12	DB
Scott Webb	12	QB/PK
Deron Webb	11	LB
Steve Webster	11	RB
Arthur Wilson	11	OL
Pete Young	12	OL

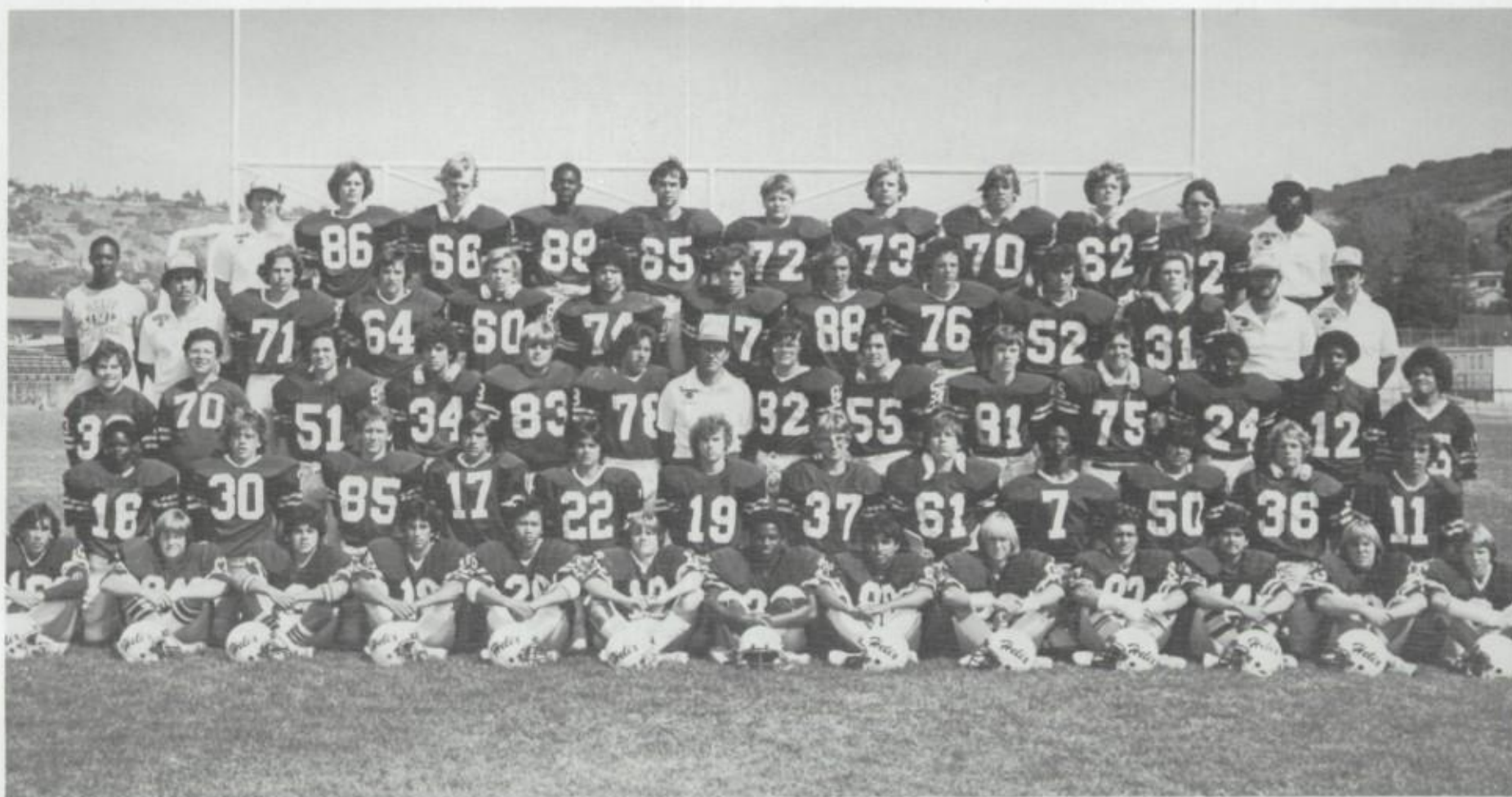
Steve Webster scrambles for a first down.

C.I.F. Kicker of the Year Scott Webb splits the uprights. With this kick, Webb became the national all-time point leader with 207 points scored in his three-year career.



J.V. Registers Perfect Season

A good football program starts at the Junior Varsity level. Head Coach Dick Langston with assistants Larry Rhinehart, Jeff Stodard, Rory Cambra, Nate Benjamin, Rick Faucher, and Greg Brackin, help put together an unblemished, undefeated season. The team was crowned Grossmont League Champions for the third consecutive season, and defeated non-league opponents Patrick Henry and El Camino. The offense was led by sophomore quarterback Tim Quinn who doubled as a free safety on defense. Linebacker Larry Tucker spearheaded a stingy defense. Running-back Larry Clark plowed his way through opposing defenses before he was called up to display his talents on the varsity level. The passing attack was a force to be reckoned with as Tim Quinn hooked up with receiver Larry Simms for numerous long gainers. Coach Langston could only smile as he reflected upon the future of his '82 squad, "We had a great year. This team was one of the best teams I've ever had, and I've had some good ones. I know they will only compliment next year's varsity," he said.



J.V. team members included: 1st row — J. Nikodem, D. Pilkerton, J. Castaneda, J. Dalton, H. Hguyen, J. Hammerschmidt, C. West, D. Rivera, A. Speidel, M. Demetrio, W. Valdez, D. Romanowski, D. O'Neal. 2nd row — M. Jernigan, J. Danalos, B. Gwinn, M. Necoechea, T. Quinn, L. Simms, S. Kelly, S. Bolshazy, J. Hubbard, D. Rousy, J. Schniepp, S. Duff. 3rd row — J. Miller, H. Grubb, J. Tucker, L. Sidiropoulas, S. Ellis, V. Salvatera, R. Molina, G. Hamm, M. Kinnard,

M. Arapostathis, L. Clark, A. Blake, R. Johnson. 4th row — E. Miller, R. Cambra, M. Biggs, J. Sanchez, J. McKay, R. Camacho, L. Henson, M. Anderson, J. Adams, M. Danner, L. Rhinehart, G. Brackin. 5th row — J. Stodard, D. Renart, A. Christian, E. Mobley, M. Barnett, J. Pearson, L. Schudar, B. Stodard, J. Roger, S. Wittkop, N. Benjamin.



#12 Jeff Hammerschmidt strips the ball from a Valhalla runningback.

#26 Jackie Schniepp forces this fumble.

The Defense gets ready for action.

#71 Marck Biggs gets fired up!

J.V. Record

	Opponent	Helix
Patrick Henry	21	27
Mount Miguel	26	42
El Camino.....	0	35
El Cajon Valley.....	0	41
Granite Hills.....	7	10
El Capitan	13	14
Monte Vista.....	0	46
Valhalla.....	14	35
Santana	2	43
Grossmont.....	6	16

Harriers Achieve Main Goal



"This year's team had a very positive attitude, much more than last year," stated coach Tom Smith. The team, finishing fourth in the Grossmont league, was led by top runners Ron Raines and Brad Sager. The harriers won five meets and lost three in league competition, while they finished with a six and three record in overall competition. The team achieved its main goal by qualifying for C.I.F. finals at Morely field, and placed eighth in San Diego county.

Leading runner Brad Sager strides hard in a race at Lindo Lakes.

Sophomore Ron Raines shows style and endurance in a tough race.





Varsity Record		
	Opponent	Helix
Mission Bay.....	42	17
Santana.....	31	24
Grossmont.....	36	20
Mt. Miguel.....	45	18
Monte Vista.....	18	41
Grantie Hills.....	41	20
Valhalla.....	16	46
El Cajon.....	46	17
El Capitan.....	38	38
South Bay Invitational — 8th		
Mt. SAC. Invitational — 7th		
League Finals — 4th		
C.I.F. Finals — 9th		

Varsity team members: John Geary, Dave Sheridan, Andy Cliffe, Ron Raines, Tim Earle, Tom Botttroff, Brian Sheridan, Brad Sager, Gary Jennings, Chuck Aguilar, not pictured, John Michno.

Andy Cliffe edges ahead in a tough race.

Pulling ahead of his opponent is senior John Michno.

Tom Botttroff shows intensity.



Girls Cross Country Experience Winning Season

Finishing second in league and fourth in San Diego county, the girls cross country team experienced another winning season. They were led by all-league and all-C.I.F. senior Deeann Lovell to a 6-2 league record and 7-2 overall record. Other top runners for Helix were freshman Laura Meyer, Wanda Johnson, Anne Kidney and Cheryl Barnes. Lovell and Meyer were chosen as the team captains for the young '82 team. "We had only one senior of the top seven girls on the team and that was Deeann," explained Coach Tom Smith. "Our goal was to improve our record from last year, to be second or better in league, and be one of the top five teams in San Diego county." Coach Smith was assisted by John Geary and Tim Earle.

Girls team members: Anne Dilley, Laura Meyer, Jennifer Whitcomb, Brenda Mathis, Coach Smith, Anne Kidney, Kelly Altman, Natalie Burkes, Deeann Lovell, John Geary, Wanda Johnson, Jayone Rasmussen, Theresa Barnes, Melissa Rinder, Cathy Zophi, Stacy Reischman, Cheryl Barnes and Kim Albright.



Girls Record		
	Opponent	Helix
Mission Bay.....	44	19
Santana.....	41	18
Grossmont.....	40	19
Mt. Miguel.....	44	17
Monte Vista.....	26	29
Granite Hills.....	46	15
Valhalla.....	26	33
El Capitan.....	44	18
El Cajon.....	50	15
South Bay Invitational — 4th		
League Finals — 2nd		
C.I.F. Finals — 4th		

Freshman Laura Meyer has a strong finish at Lindo Lakes.

All-C.I.F. runner Deeann Lovell shows her aggressive style.



First Year Team Finishes Fourth



Junior Varsity was led by top runners Robert Keeton and Richard Christopher. The team finished the season with a 5-3 Grossmont League record to give them a fourth place standing in the league. The team consisted of all first-year runners with no previous cross-country experience. "This year gave the team experience for more strength next year," stated Coach Smith.



Junior Varsity members: Geoff Birch, Richard Christopher, Mike Conway, Mike Cumler, Dennis Erickson, Dave Hosman, Robert Keeton, Andrew Kwan, Nick Moramarco, Dave Padula, Mike Stacy.

Highlander girls warm up for the C.I.F. race at Morely Field.

Scottie J.V. runners run strong together at Lindo Lakes.

Scottie runner sprints hard for the finish line,





Varsity team members: B. Bidwell, J. Omahen, R. Hall, B. Sutt, J. Learn, Coach J. Schmit, J. Heid, A.

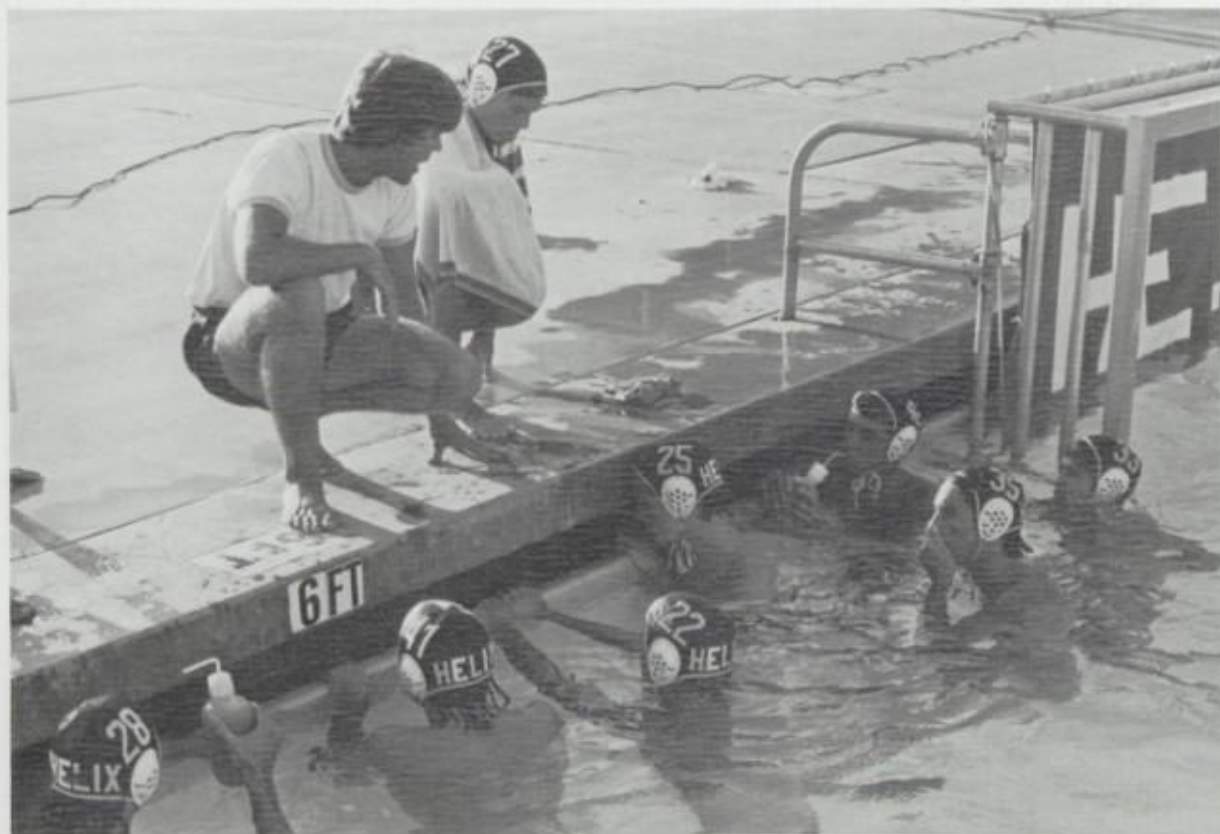
Biehl, S. Ybarrando, J. Kirklen, A. Ocasio, P. Smith.

Brad Bidwell and company attempt to block an opponent's shot.

Varsity Water Polo

	Opponent	Helix
Santana	4	37
Mt. Miguel	8	14
Grossmont	10	15
El Capitan	3	27
Valhalla	17	9
Granite Hills.....	9	31
Coronado.....	13	14
Fallbrook.....	8	11
Hilltop.....	4	11
University.....	5	6
Monte Vista.....	6	9
Santana	6	23
Mt. Miguel	6	9
El Cajon.....	4	25
Grossmont.....	10	18
El Capitan	9	30
Valhalla.....	13	11
Granite Hills.....	14	19
Monte Vista.....	6	9
Poway.....	15	16
Coronado.....	12	18
El Cajon.....	10	27

Waterpolo Splashes Into Victory



With the combination of young and experienced players, this year's team finished second in league behind Valhalla. Seniors Brad Bidwell, Andy Biehl, and Jim Omahen were selected to all-league recognition. While Bidwell was first team all-league and first team All-CIF, Omahen and Biehl were selected to second all-league team. The remainder of the team played an equally important part in league and post season play. The Scotties finished their season by winning the Fallbrook Invitational Water Polo Tournament.

Coach Jon Schmidt goes over half time strategy.



Bob Sutt blocks a shot on goal.

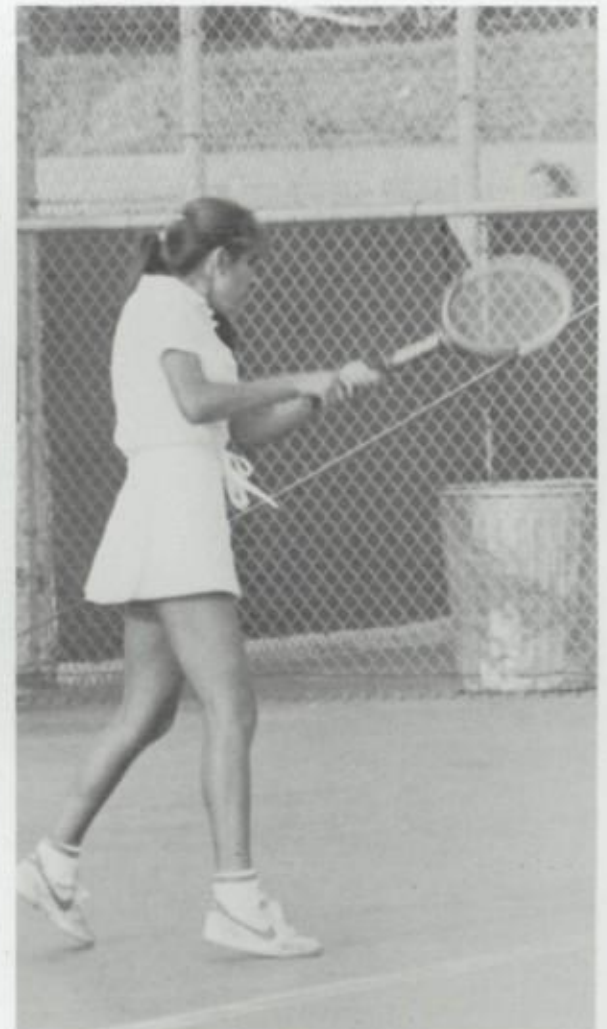
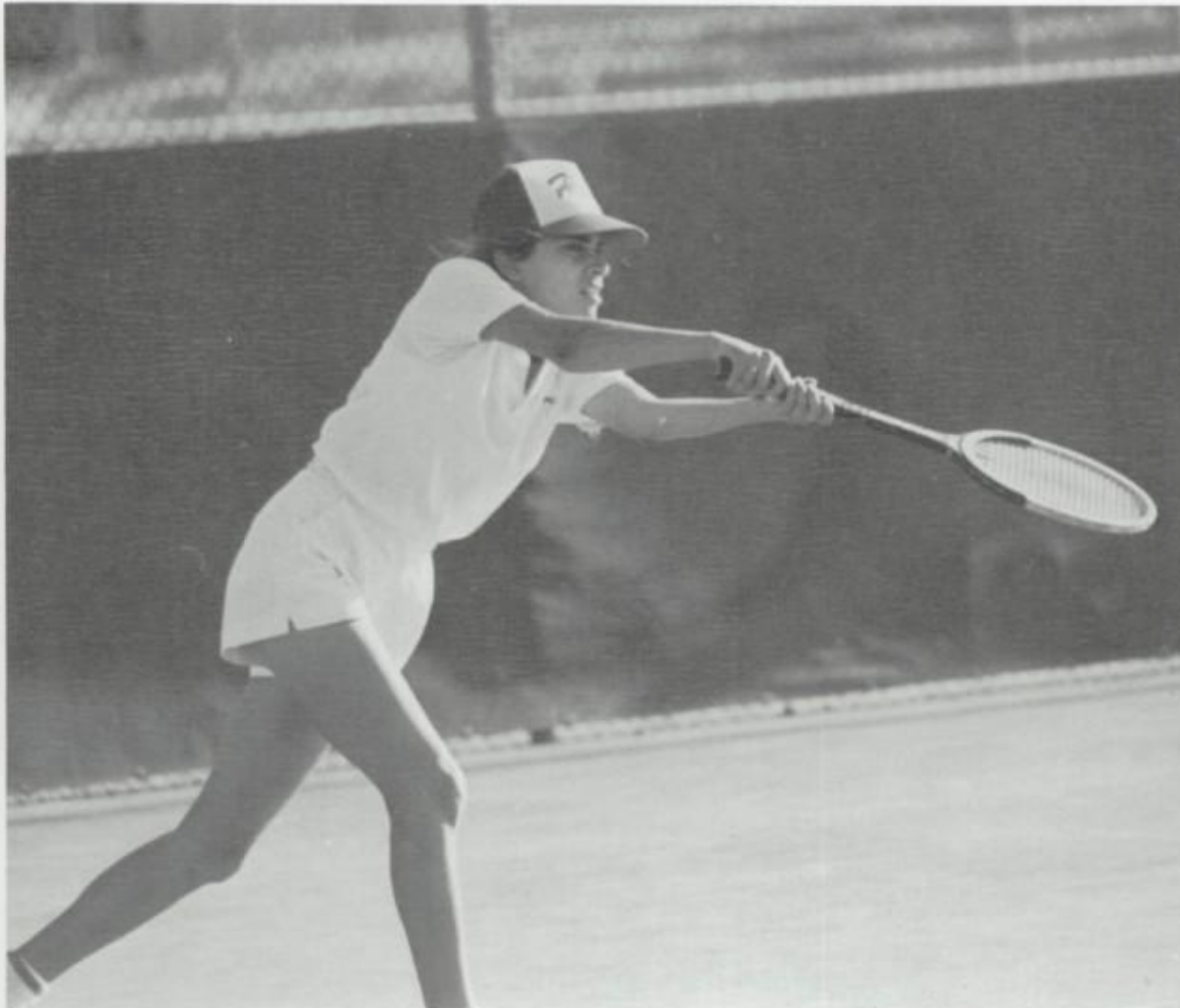


J.V. team members: Coach Jim Saucier, R. Draper, G. Backman, Z. Williams, M. Binder, S. Padill, T. Williams and T. Gittens. Schneider, J. Chandler, A. Pett. J. Lee, B. Voetiner, J.

Andy Biehl attempts a shot on goal.



Tennis Is On The Upswing



Led by head coach Ross Walker and assistant Bill Bruce, the varsity tennis team ended their season in 6th place. Top singles competitors were Helen Bechefskey, Lorraine Mungia, Mary Lou Mungia, all of whom plan to return next year. Said coach Walker: "These girls returning will add strength to next years team." The JV squad finished 2nd in league play, and according to Walker, "They should add more power to the '83 varsity squad. Most members of both teams will be returning, so watch out for us next year!"

Top contender, Lorraine Mungia shows good form.

Varsity competitor Mary Lou Mungia concentrates on her backhand.

Varsity member Sandy Sidiropolous prepares her backhand.

Varsity Tennis					
First Round			Second Round		
Helix	Opponent		Helix	Opponent	
5	13	Granite Hills	10	8	
16	2	Mt. Miguel	15	3	
0	18	Valhalla	4	14	
3	15	Monte Vista	6	12	
14	4	El Capitan	16	2	
10	8	El Cajon	11	7	
2	16	Grossmont	2	16	
10	8	Santana	8	10	
		Marian	15	1	





Varsity team members: Colleen Quinn, Alice Simpson, Michelle Finn, Coach Ross Walker, Lorraine Mungia, Helen Bechefskey, Nancy Stimpson, Jamie Hill, Sandy Sidiropolous, Mary Bongard, Mary Lou Mungia, Nicole Governali, Karen Maxwell, Darcy Altman, Kris Stinger.

Coach Ross Walker discusses team strategy.

Junior varsity team members: Rhonda Robinson, Jill Stuart, Tina Constantino, Lisa Colbert, Lora Bruce, Tina Lucero, Lisa Blanas, Evelyn Webster, Amy Araiza, Christi Smith, Michelle Press, Rene Tompkins, Jamie Duey, Lisa Langston.

Junior Helen Bechefskey strokes the ball.



Spikers Finish 3rd,

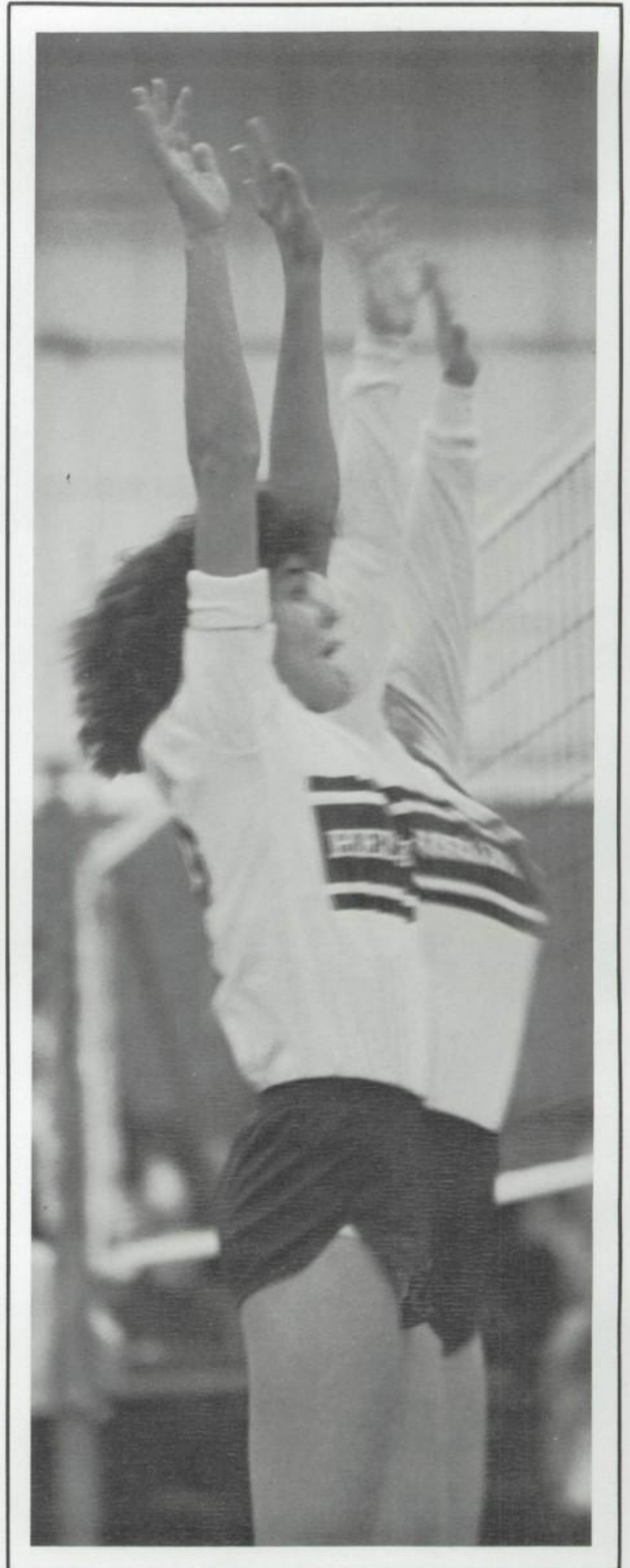
Overcoming a height disadvantage, the Varsity team had a winning season. The team finished with an 11 and 5 record to take third place in the Grossmont League. Varsity also competed in the Hoover Cardinal Classic and the Serra High School tournament, where they made the playoffs and finished third respectively. Coach Denise Hume said that "the team really came together all of a sudden, we just seemed to click." This year's team was led by M.V.P. Miranda Surber (first team all-league) and Kathy West (honorable mention). Seniors Linda Holmes, GiGi Bradley, and Junior Julie Moser were also important parts of the starting lineup.

The Junior Varsity finished the season with a record of 10 and 6 in league, for a third place title. Team awards went to Sophomore M.V.P. Chanda Minich, Captain Monique De Chaine and most determined, Gretchen Ehlers. On her first year of coaching, Claudia Townsend felt "the team had a really good season, and I was very pleased."



Julie Moser and Kathy West jump high above the net for a block, in the first round victory over Valhalla.

Varsity team members included: G. Bradley, A. Feeser, S. Krause, L. Holmes, V. Holmes, E. Lesch, L. Lowery, J. Moser, K. Moser, E. Nuttall, M. Surber and K. West.



Take League Honors

Varsity Volleyball

First Round

10-15, 9-15

15-9, 15-10

15-1, 16-14

15-9, 14-16, 15-13

15-5, 11-15, 15-6

13-15, 5-15

15-7, 10-15, 15-10

15-17 15-9, 13-15

Granite Hills

Mt. Miguel

Valhalla
Monte Vista

El Capitan
El Cajon

Grossmont
Santana

Second Round

14-16, 15-2, 10-15

14-16, 15-18, 16-14

15-11, 15-10

15-4, 10-15, 11-15

15-10, 15-9

15-12, 10-15, 16-14

15-10, 15-12

6-15, 15-8, 15-11



Gina Truesdell gets ready to bump the ball as Shelly Cunico and Monique DeChaine wait to help out.

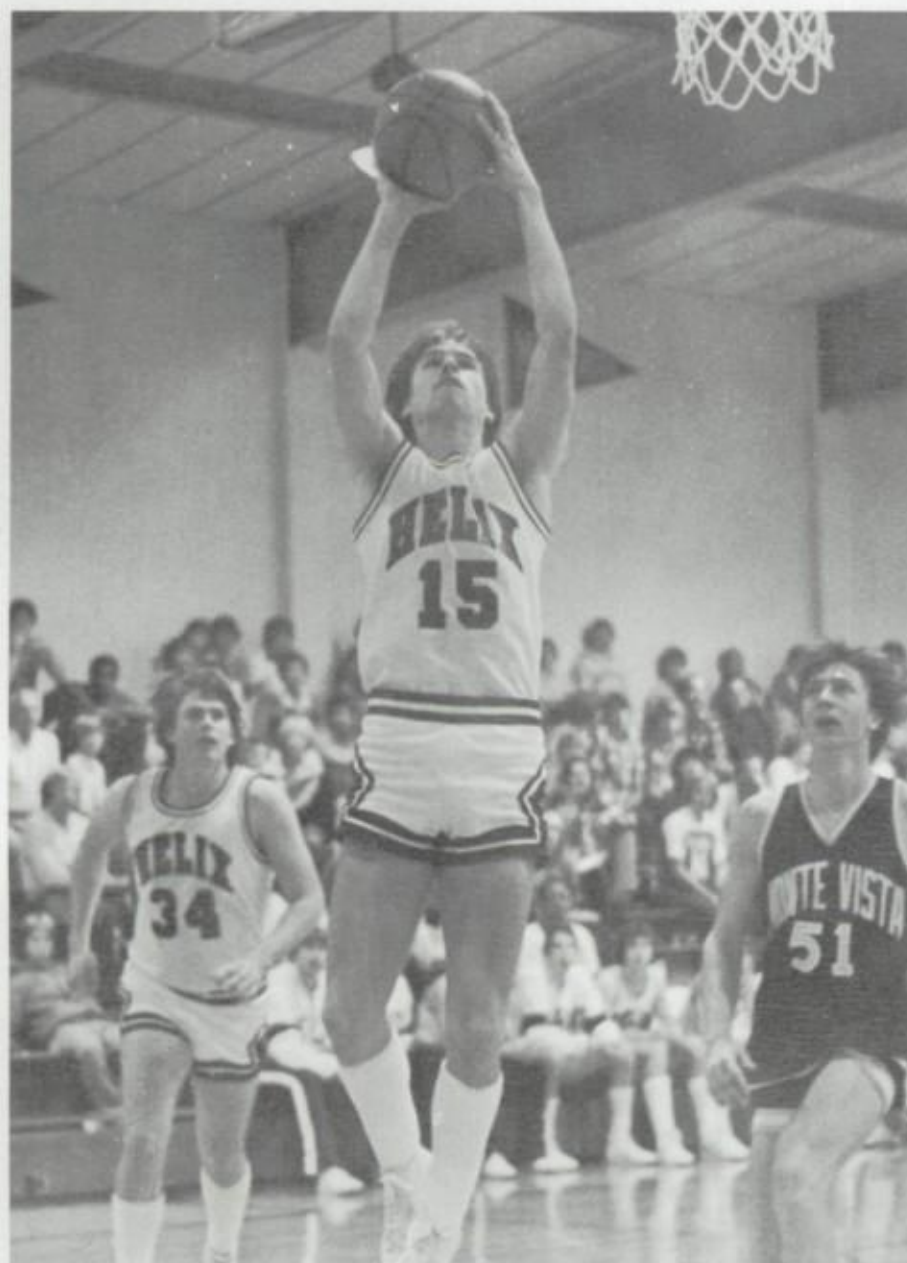
Miranda Surber executes one of her game-saving hits in the defeat of El Cajon.

Junior Varsity members included: M. Andrade, E. Biehl, V. Bradford, S. Cunico, M. DeChaine, G. Ehlers, L. Gillingham, R. Kearns, C. Minich, M. Murphy, V. Mutter, G. Trusdell, and J. West.



Scottie Hoopsters Defend League Title

Winning basketball games has long been a tradition at Helix. The '83 Scottie hoopsters were no exception. Led by six returners off last year's squad that captured the Grossmont League Championship, a banner year became a reality as they finished with a 15-1 record. Jim Mutter, Jim Coyle, Rusty Nelson, Tyrone Muldrow, Scott Webb, and Chuck Cecil all returned for another season. Head Coach John Singer felt that experience and depth were the biggest qualities of the '83 Highlanders. "We had three returning starters and all three have enjoyed success and they know how to win," he said. Singer, a 1971 graduate of Helix, took over the basketball program as Head Coach last season after 3 years at the J.V. level where he compiled an 88-8 record. His freshman debut as Varsity head coach saw him lead the Scots to a League Championship and the CIF Playoffs. The team had set qualifying for the CIF Playoffs as a goal that could be met. Although only the two top teams in the league would qualify for the playoffs, Coach Singer remained confident when he said, "We've got to work to play well consistently. If we play up to our capabilities, we can stay with any team in the county."



Rusty Nelson powers one to the hoop.

Jim Mutter executes a faultless free-throw.



Tyrone Muldrow skies high for a rebound.





Scott Webb (34) draws a crowd of Grossmont defenders.

Pressure defense applied by Chuck Cecil (12) and Rusty Nelson (15).



Juan Espinoza hits a jump shot.



Jim Mutter (32) drives hard to the basket.



Coach Singer takes a timeout.



Tyrone Muldrow leaps over a Monte Vista opponent.

CIF Playoffs Within Reach

Varsity Record (first round)

	Opponent	Helix
Valhalla	35	68
Granite Hills	43	97
El Cajon	39	58
Monte Vista	51	50
Santana	55	76
Mt. Miguel	47	65
Grossmont	57	75
El Capitan	54	71

(second round)

Valhalla	32	59
Granite Hills	49	72
El Cajon	51	60
Monte Vista	44	51
Santana	51	71
Mt. Miguel	36	56
Grossmont	41	77
El Capitan	51	73

(playoffs)

Torrey Pines	54	75
Vista	54	66
Morse	51	50

Varsity Roster

Name	Grade	Height	Weight	Position
David Buckley	11	6'2"	175	Forward
Chuck Cecil	12	5'11"	155	Guard
Jim Coyle	12	5'11"	160	Guard
Juan Espinoza	11	6'6"	170	Forward
Dan Hellberg	11	6'6"	165	Center
Sean Hutcherson	12	6'5"	185	Center
Barry Mantel	11	5'10"	150	Guard
Robert Morrow	11	6'2"	175	Forward
Jim Mutter	12	6'1"	175	Guard
Tyrone Muldrow	12	6'3"	190	Forward
Rusty Nelson	12	6'3"	175	Forward
Sean O'Toole	11	5'10"	150	Guard
Scott Webb	12	6'4"	200	Center



Junior Juan Espinoza looks for an opening in El Cap's defense.

Scott Webb puts one off the glass and into the hoop.

Chuck Cecil (12) blocks an opponent's jump shot.



J.V. Hoopsters Shoot For Top

Finishing in first place in the Grossmont League was just one of the hopes head junior varsity coach Frank Theroux had for his '83 hoopsters. Led by returners Mike Favero, Bob Surber and Eric Miller, the J.V.'s compiled a 15-4 record overall. Theroux looked for leadership from the returners who captured the league championship last season. Theroux felt Mt. Miguel, Valhalla, Monte Vista and Santana would be the strongest opponents and most likely to take the championship trophy from the Scotties. A one-point loss to Mt. Miguel midway through the season moved the Scots into a first place tie, however Theroux thought the chances of defending his league crown were good. "We're no doubt the best team in the league. It's just a matter of playing to our potential. These guys will definitely make a good contribution to the varsity next season," he said.

J.V. team members: (first row) B. Surber, D. Stockert, A. Spiedel, coach Frank Theroux, J. Castaneda, M. Favero and M. Necoechea; (back row) J. Adams, E. Miller, E. Mobley, M. Seymour, D. Rennert, J. Ybarra, D. Seymour and L. Henson.



Javier Castanada (25) dribbles past an El Cap defender.





Doug Rennert (53) scores two points against El Cap.



Eric Miller (45) scores two points against Mt. Miguel.



Mike Favero (11) dribbles past an El Cap defender.



Mike Favero (11) recovers a rebound against El Capitan.

Softball Teams Strive

Varsity got off to a solid start this year. Their hitting and intensity level improved with each game and greatly added to their success. At the end of the first round they were in second place and expected to finish the season as one of the top three teams. Varsity was led by returners Miranda Surber, Julie Moser, Gi Gi Bradley, Denise Mc Burney and Suzy Brumbaugh. While they were coached by Rick Ash and assisted by Robyn Demchak, their manager was David Jordan.

The junior varsity team had a slow start due to their lack of experience. "With only four returning players, it takes a while to get used to each other," said coach Donnie Van Hook. But, by the end of the first round they were executing plays and moving up in league standings. Coaching the team was Donnie Van Hook and assisting was Alison Usher.



Infielders Miranda Surber, Julie Moser, Andie Feeser and Gi Gi Bradley "break" before an important game.

Miranda Surber demonstrates her game-winning style of pitching against Valhalla.

Varsity team members included M. Bongard, G. Bradley, S. Brumbaugh, S. Cunico, M. De Chaine, A. Feeser, L. Gomez, J. Jeffers, D. Mc Burney, J. Moser, K. Moser, V. Mutter, A. Simpson and M. Surber.



For Greater Intensity



First Round

2-1
3-3
5-1
10-1
2-5
5-1
3-0
5-11

Varsity Softball

Granite Hills
Mt. Miguel
Valhalla
Monte Vista
El Capitan
El Cajon
Grossmont
Santana

Second Round

4-6
6-4
4-3
8-1
3-4
3-2
0-4
0-1



Catcher Julie Moser gives encouragement to her teammates.

Maria Andrade hits successfully in a game against El Cajon.

Junior varsity members included M. Andrade, M. Biggs, S. Brown, T. Brumbaugh, L. Colbert, D. De Simone, S. Galloway, S. Hill, H. Jones, T. Ledford, K. Lothringer, K. Mc Burney, M. Minando, K. Serano and J. West.



Soccer's Best Season Yet

"We expect to take first or second in league and then our goal would be to take C.I.F.," explained Coach Rusty Gray. Senior Cliff Croxal was the leading scorer for the Scotties, while Jay Igney was the top defensive player. Jim Myers was also recognized by the team as a good playmaker. Helix won for the second year, the Grossmont League Christmas Tournament, hosted by El Capitan and Santana, by defeating Mt. Miguel (2-0), Granite Hills (4-2) and Christian in a tiebreaker kick out. Helix and Valhalla were the top contenders for first place in the league and Helix's only first round league loss was to Valhalla. This year's record was the best the team has ever had. Helix also added a new dimension to their squad. Senior Kathy West was the first Highlander girl to make the Scottie team. Coach Gray noted that there were many outstanding players on the team and they all should receive recognition.

Freshman Steve Duff challenges his opponent.

Top defensive player Jay Igney shows his talent.

Coach Rusty Gray explains defensive strategy to Todd Koval in a tough match.



Scotties battle for possession against Mt. Miguel.





Soccer

First Round

4-0	Monte Vista
4-0	El Capitan
4-3	El Cajon
4-2	Grossmont
1-1	Mt. Miguel
3-3	Granite Hills
4-0	Santana
0-1	Valhalla

Second Round

4-1
3-0
3-0
1-3
2-1
4-0
3-1
2-1

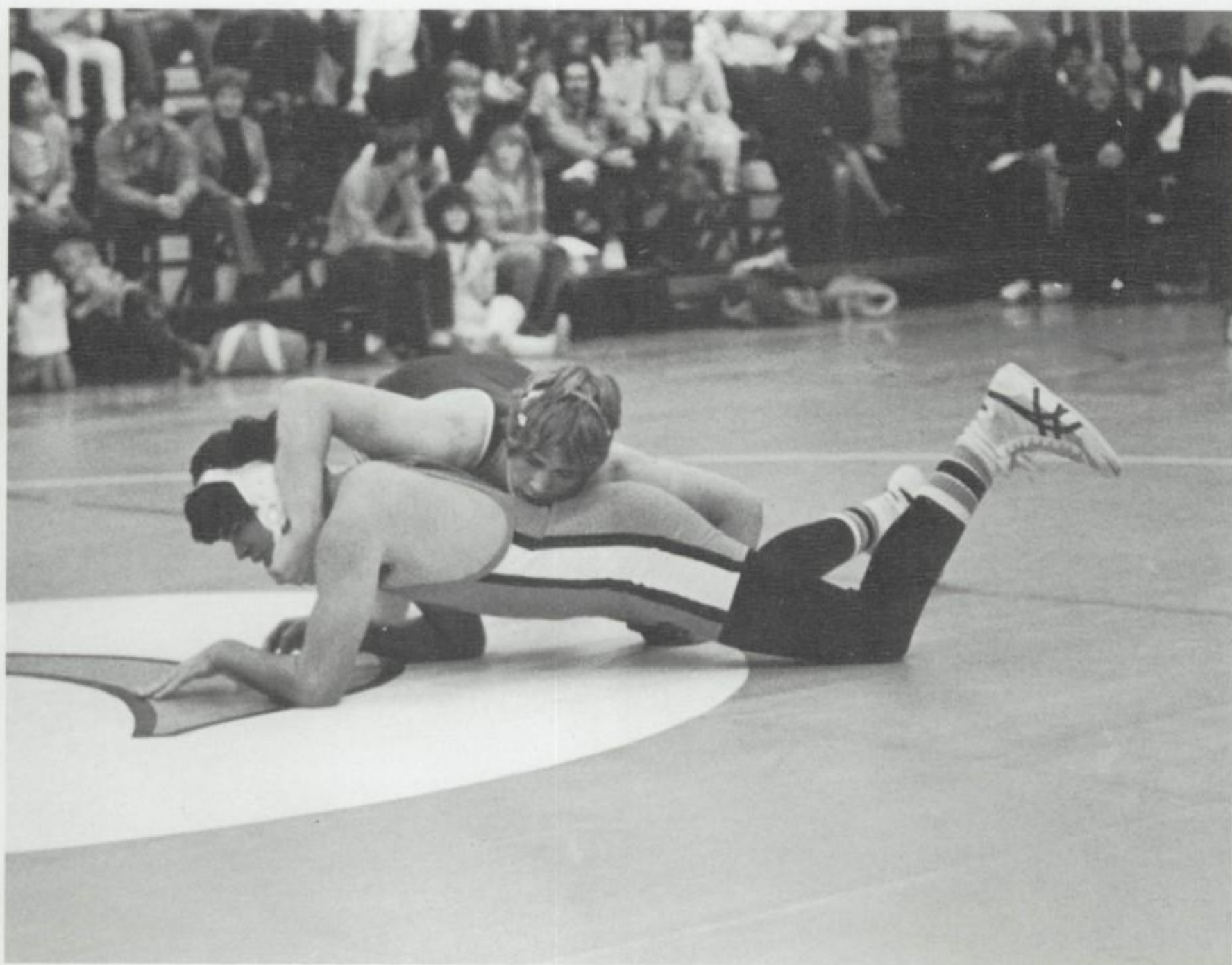
Varsity team members: Clifford Croxal, Steve Duff, Todd Emery, Bill Friend, Danny Hill, Link Horton, Jay Igney, Todd Koval, Scott Lowder, Bobby Mackenzie, Jeff Myers, Jim Myers, Joe Nikodem, Jeff Nye, Larry Oedewald, Todd Penick, Michael Seifert, Darren Smith, Scott Smith, Bob Stuhler, Kathy West, Scott Ybarrono, Coach Gray.



Goalie Scott Lowder kicks the ball back into play.



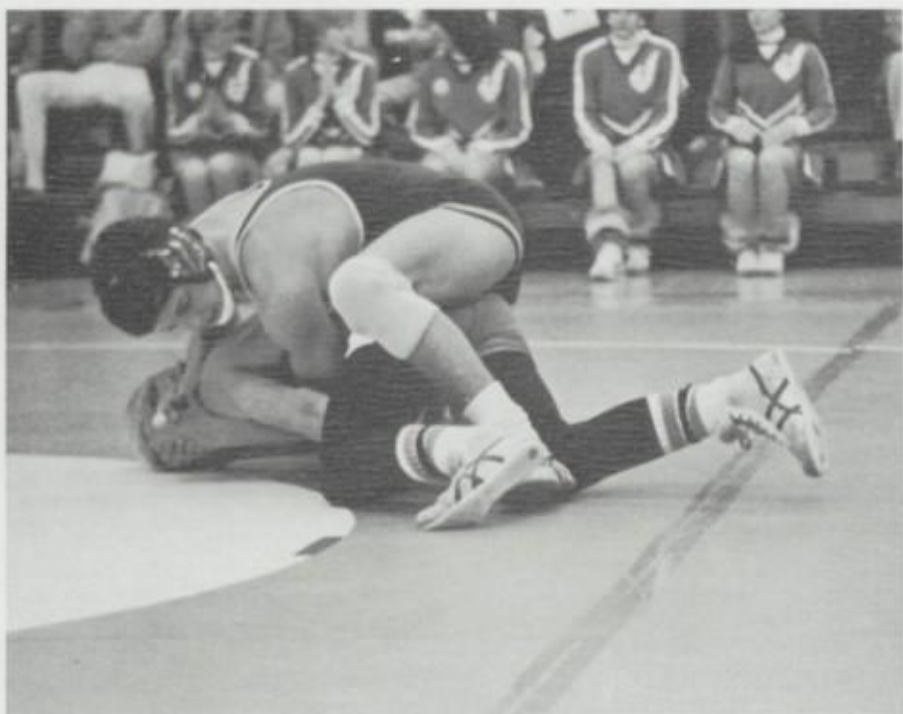
Wrestling Found Season Challenging.



Senior Gary Keisler controls his match from the start.

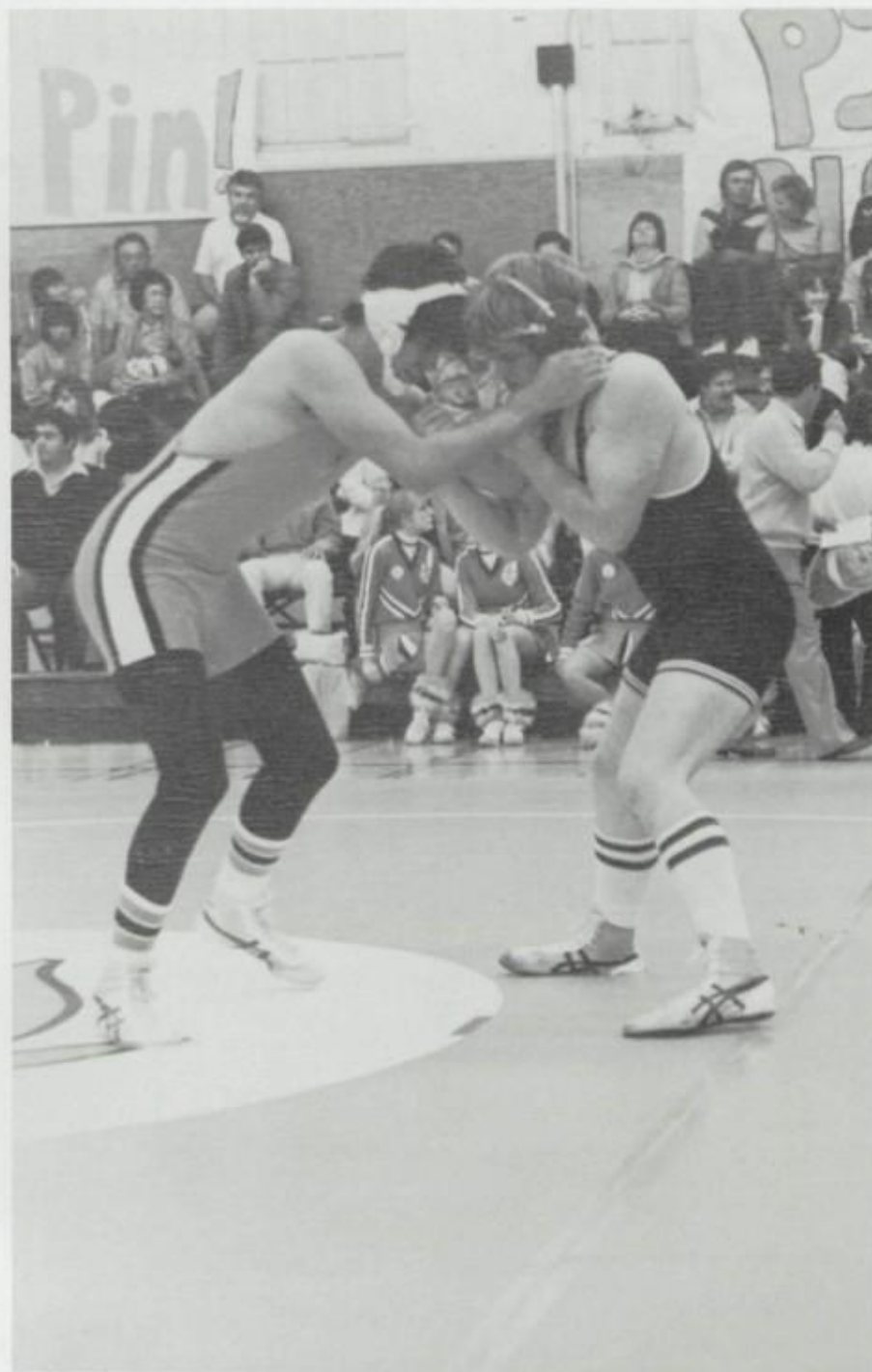
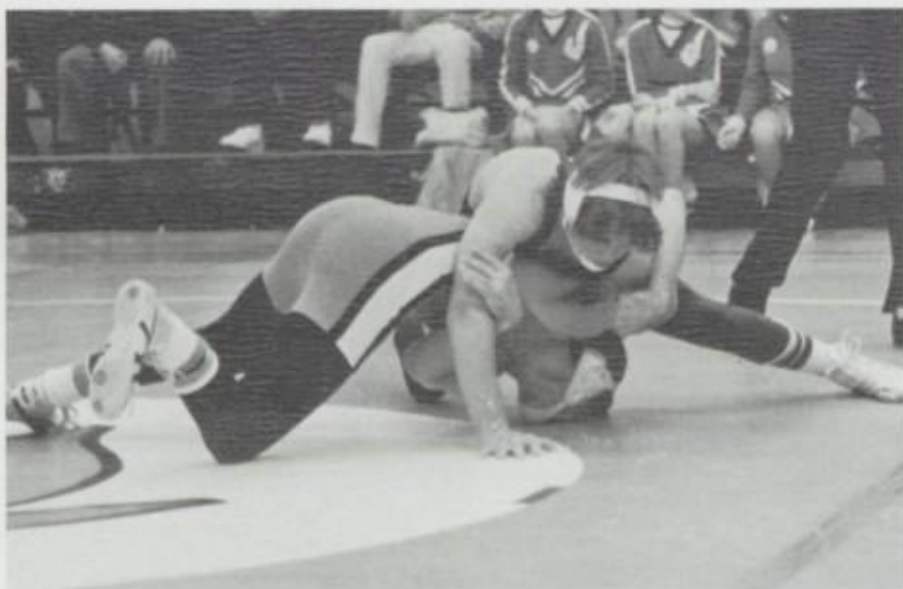
The 1982-83 Varsity Wrestling team experienced a challenging season. With few returning lettermen the team turned to young talent. The team consisted of two seniors, four juniors, five sophomores, and two freshmen. Even though it was a building year, the team had high hopes for a winning season. Top wrestlers were Gary Keisler and Nick Mc Avene.

Wrestling		
Helix		Opponent
52	El Capitan	21
14	Granite Hills	50
28	El Cajon	41
59	Santana	12
36	Grossmont	20
12	Valhalla	60



Nick Mc Avene takes down his opponent in the team's 59-12 win over Santana.

Jeff Miller preparing to pin his opponent in the match against Valhalla.



Heavyweight Gary Keisler attempts to take down his Valhalla opponent.

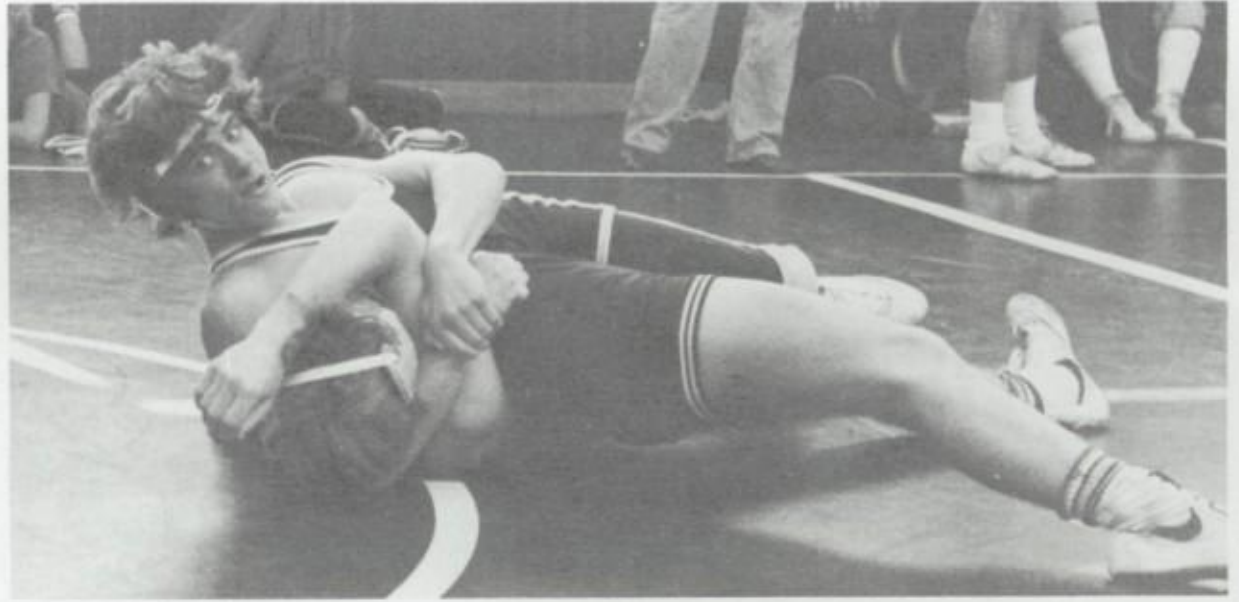


Varsity team members included: (back row) G. Keisler, G. Taylor, D. Martin, L. Sidiropoulos, W. Cecil,

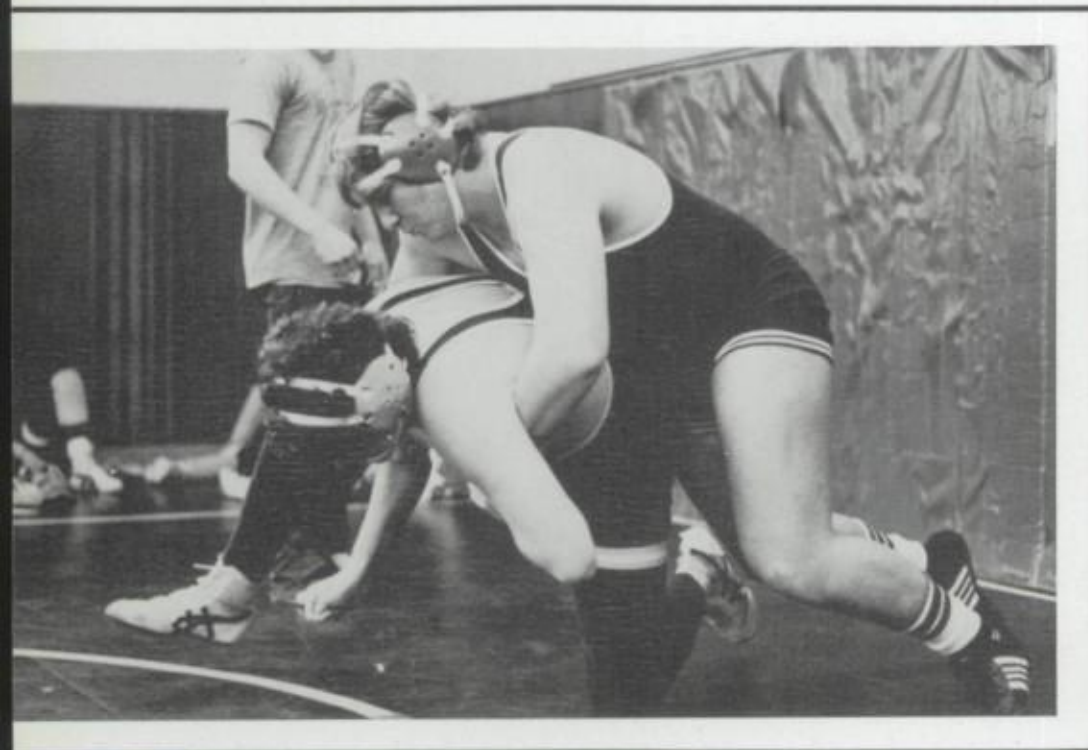
(front row) N. Mc Avene, S. Rubick, P. Jenkins, J. Miller, Jr. Martinez, L. Kelly and coach Dick Langston.

Wrestling Has Rebuilding Year

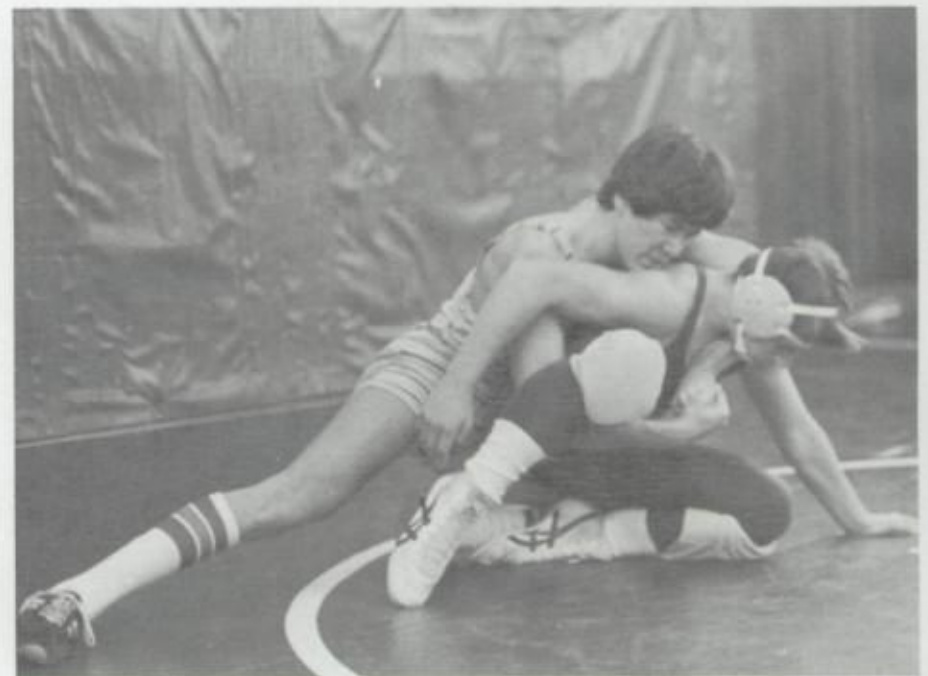
The 1982-83 Junior Varsity wrestling team, coached by Mr. Dick Lanston, completed their season in a winning fashion. "Throughout the season the team improved a great deal, which will be beneficial for next years team," stated Coach Langston. A well balanced team, the J.V. demonstrated strength in each weight class. According to Coach Lanston, individual standouts were: John Backman, Chris Cronk, Tim Duenas, and Mike Martinez.



Ron Synder Looks to Referee for a quick pin.



Freshman Chuck O'Conner throws a Poway opponent down.



Highlander Scott St. Clair plans his escape.



Junior Varsity Wrestling: (top row) M. Martinez, R. Matsushima, S. Anderson, C. O'Conner, J. Sanchez, R. Flores, S. Bolshazy, M. Ray, T. Oakland, (second row) J.

Diehl, J. Miller, R. Snyder, J. Buckman, M. Polos, J. Finley, S. McCarthy (bottom row) S. St. Clair, D. Schinke, C. Cronk, N. Moramacho, D. O'Neal

Varsity Baseball Defends League Title

Last year Helix walked away with championships in four different sports. Football, Basketball, Baseball, and Track all dominated the Grossmont League. Probably the most surprising was the Baseball team. They were not only Grossmont League Champs, but came within one run of being CIF Champions. A heartbreaking loss? . . . maybe. The end of the world? . . . no way. This year's team had 8 returners, 5 of which had starting duties at one time or another last season. First Team All-League selections Scott Webb and Corey Way join Second Team All-Leaguer Matt Haar, along with Jim Mutter, Jim Coyle, Chuck Cecil, Athon Denos, and Doug Miller. Head Coach Jeff Bortelle along with assistants Donnie VanHook and Bob Lucas, feel good about their chances to retain their league crown en route to the CIF Playoffs. "We have got some good athletes. We've got some returners from 1st year, and they have been successful in their other sports . . . they know what it takes to win," Boutelle said. The team set their main goal for the the CIF Playoffs. And as Coach VanHook put it, "If these guys play like they are capable of, those playoffs will be a reality . . . again."



Doug Miller rounds third base.

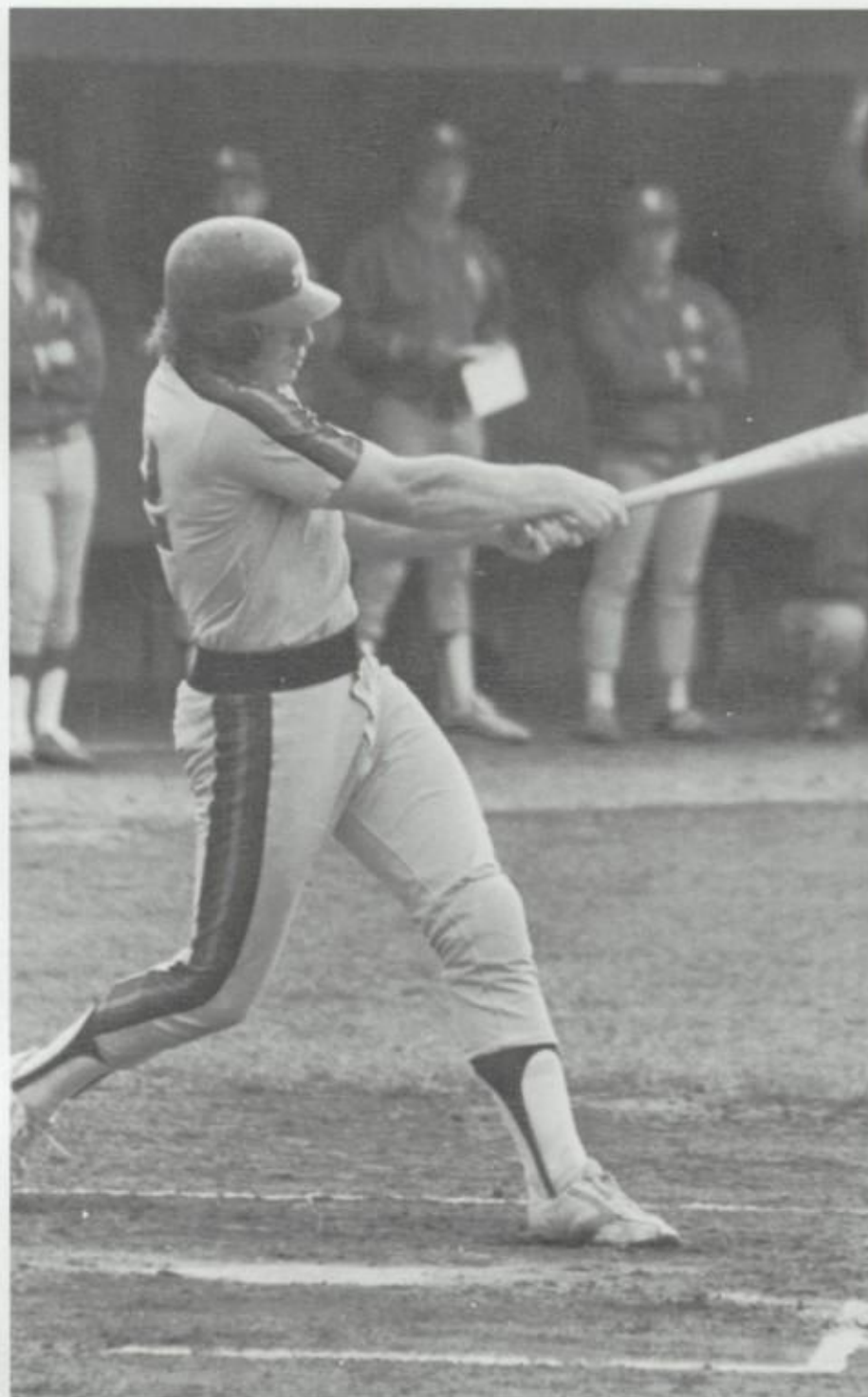


Front row — J. Coyle, C. Way, D. Oswalt, L. Simms, D. Webb, D. Miller, T. Downs. Middle row — J. Griffin, J. Mutter, L. Oedewalt, M. Haar. Middle row

cont'd — J. Oyos, S. Pilkerton, A. Wilson, M. Fairweather. Back row — B. Lucas, J. Alvarez, A. Denos, S. Webb, R. Nelson, J. Boutelle.



Corey Way delivers a blazing fastball.



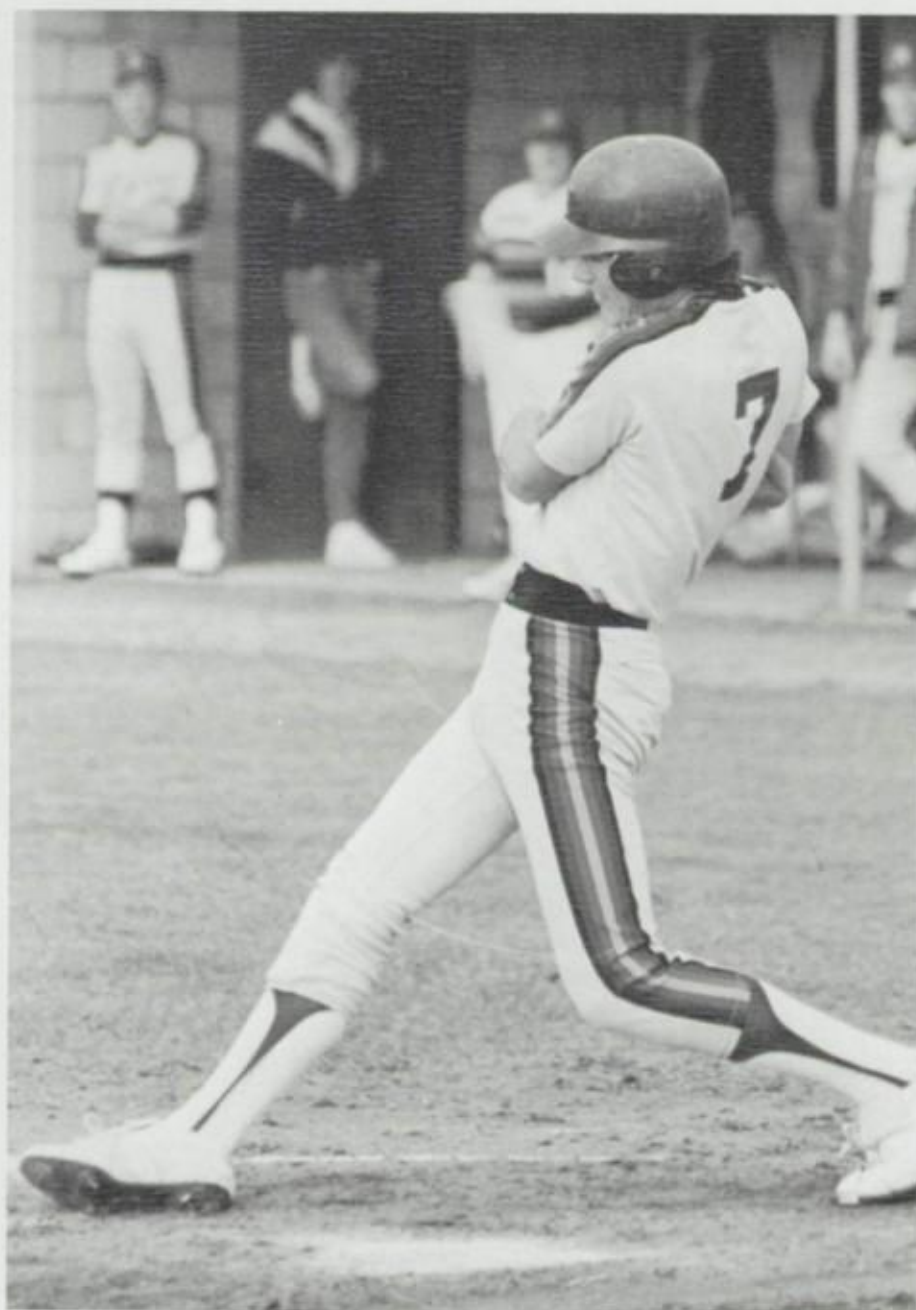
Scott Pilkerton takes a big cut at the ball.



Senior left-hander Matt Haar shows his form.

Catcher Chuck Cecil gives the umpire a good look at the ball.

Scotties Eyed Playoff Berth



Deron Webb (9) slides hard into home.

Coaches Boutelle, VanHook, and Lucas ponder game strategy.

Athon Denos (7) ropes a double against Mt. Carmel.

Scott Webb rips a base-hit against Mission Bay.

J.V. Looks to Finish Strong

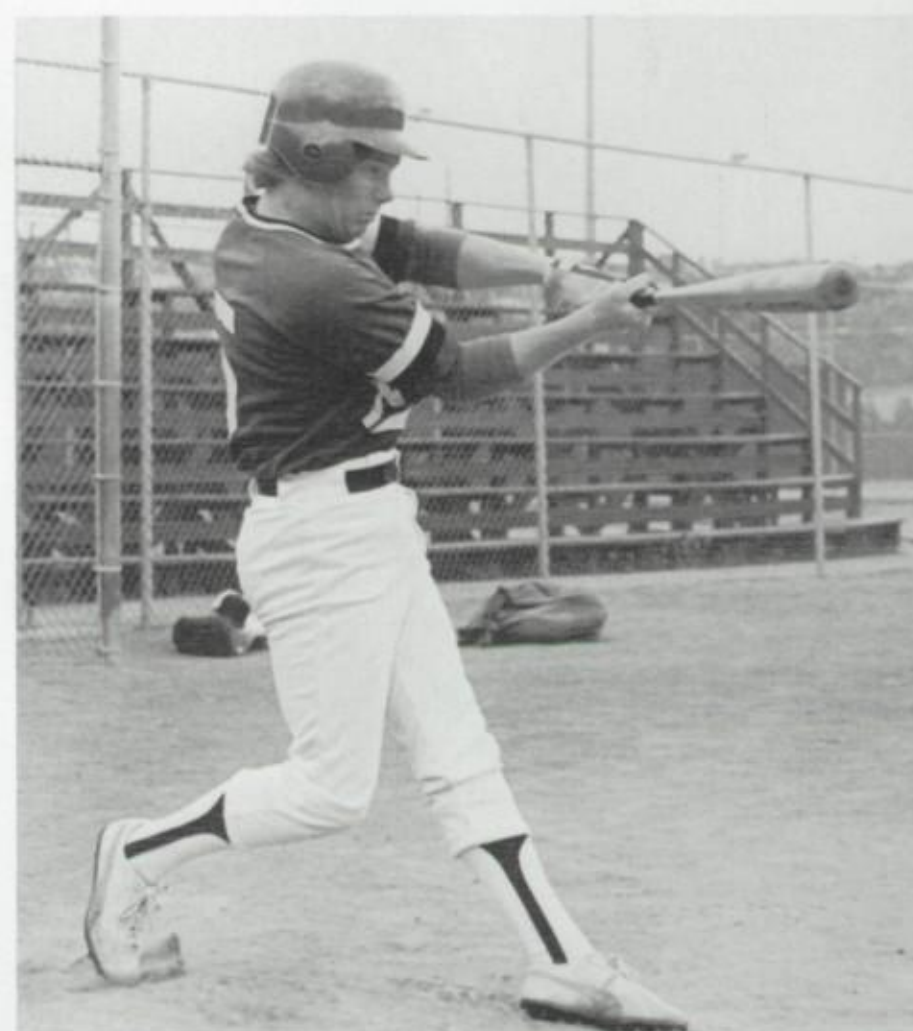
The 1983 Helix J.V. Baseball team has set goals that head coach Rick Ash feels are attainable. The team expects to improve every day and, with hard work, expects to contend for the league title. "Defense is our strength. We have some good fielders and some pretty good pitchers coming back from last year," Ash said. Third baseman Tim Quinn will lead the infield and Willie Davis heads the pitching staff. Former Highlander John Alvarez will assist Ash and will help with the incoming Freshmen who should make a good contribution to the team. "We have a good crop of Freshmen and, combined with some experienced sophomores, we should be in the race for the league crown," Ash said.



Tim Quinn takes a full swing.

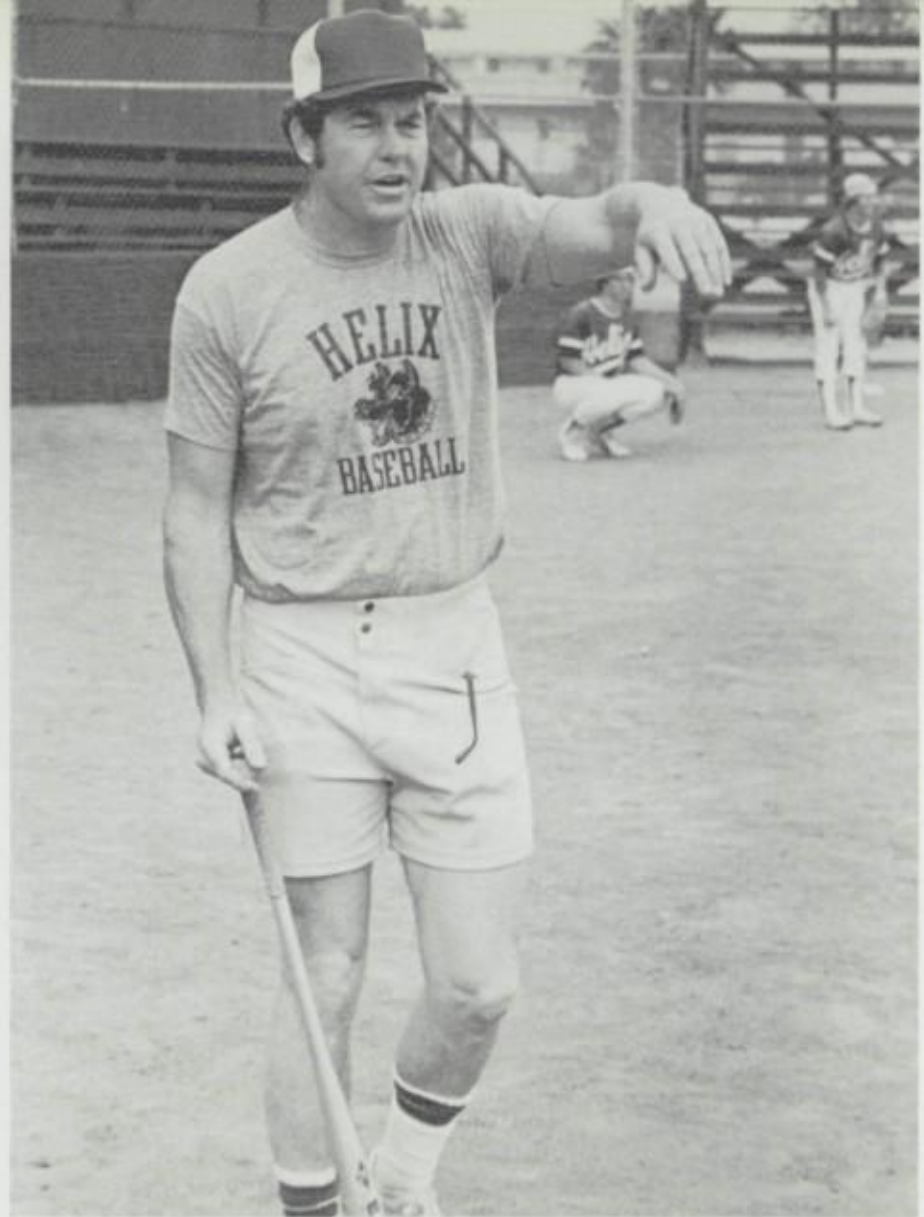


Pitcher Willie Davis hurls a pitch.



Catcher Jackie Schniepp swings for the fence.

Javier Castaneda awaits a pitch.



Coach Ash barks out instructions.

Jackie Schniepp digs one out of the dirt.



J.V. team members (bottom row): D. Rivera, J. Hoffman, J. Schiepp, J. Castaneda, T. Quinn, G. Bruso, (middle row) B. Fisher, T. Neal, J. Hemphill, M. Runyen, N.

Hall, L. Shudar, (top row) R. Ash, W. Davis, S. Walker, R. Graham, B. Surber, J. Alvarez.

Track Strives For



Top distance runners Brad Sager and Ron Raines set the pace against Mt. Miguel.

Senior pole vaulter Dan Kellogg clears the bar.

Relay team members Andrew Clarkson and Tyrus Brooks make a good hand-off.



Another Championship



"This team was a group of dedicated and hard working individuals," commented head coach Tom Smith. The team had a lot of experience especially with the sprint crew. Experienced sprinters included Kevin Beaver, Tyrus Brooks, Steve Webster, Robert Devers, Mark Allen and Mike Anderson. The distance team was young, however, including runners Brad Sager and Ron Raines. The team set the goal of trying to increase their 45-0 dual-meet record, and to be in contention for the league championship again. The team started off with three league victories against opponents Mt. Miguel, El Capitan, and Granite Hills. Coach Smith was assisted by coaches John Geary, Mel Jacobs, Carlton Hogard and Greg Brecken.

Senior Dexter Jernigan clears the high jump bar.



Varsity members; M. Allen, M. Anderson, S. Barefield, K. Beaver, R. Brandt, T. Brooks, K. Cano, A. Clarkson, A. Cliffe, W. Conningham, R. Denly, R. Devers, R. Flores, J. Garcia, E. Hanks, C. Hernandez, G. James, G. Jennings, B. Jeroleman, D. Jernigan, D. Kellogg, R. Morrow, T. Necoechea, R. Raines, D. Rinder, B. Sager, K. Schwartz, R. Shaffer, B. Sheridan, A. Stevenson, S. Webster, and J. Ybarra.

Top hurdler Mark Allen sprints hard to place first in the 110 high hurdles.

Top senior sprinter Robert Devers competes hard against El Capitan.





Chris Parks takes the lead in the 880 yard run.

Mike Anderson shows perfect form in the hurdles.



J.V. members: M. Arapostathis, R. Barnhill, F. Brembry, G. Birch, T. Bottroff, R. Christopher, M. Cumler, R. Flores, G. Hamm, J. Hammerschmidt, L. Henson, D. Hosman, J. Hubbard, J. Huey, R. Keeton, M. Kirpatrick, J. Mackay, S. Merghart, E. Mobley, H. Nguyen, D. Padula, J. Sanchez, M. Seymour, L. Todd, M. Vargas, C. West.



J.V. Seeks League Title



Junior varsity track had high hopes for improving their season, also, from last year's 6-2 record in league competition. They believed there was a strong chance of becoming league champions. According to coach Smith, "This year's young team has very talented individuals that are very hard working and dedicated." Fenton Brembry and Chris West were among the top competitors for the Highlanders.



Top J.V. sprinter, Fenton Brembry, strides ahead in the Mt. Miguel track meet.

Coaches included: C. Hagard, J. Geary, M. Jacobs, head coach Tom Smith, and J. Brackeu.

Tom Bottroff pulls ahead of Granite Hills to lead Helix to victory.

Freshman Richard Christopher sprints past his teammate, Tom Bottroff.

Girls Strive To Improve Record

"This years girls' track team has a good possibility to improve last year's 6-2 record," stated coach Tom Smith. Both experienced upper classmen and younger, talented girls combined their efforts to strive for a 7-1 season record. Top competitors for the Scotties were seniors Miranda Surber, Deeann Lovell and Brenda Mathis.

Wanda Johnson breaks the tape to another Helix victory.

Senior Brenda Mathis flies through the air in the long jump.



Junior Natalie Burks runs a tough race to lead the Highlanders to victory.

Freshman Jennifer Whitcomb shows good form in the 110 low hurdles.





Preparing for the hand off in the girls 440 yard relay.

Helix girls pull to the front in the track meet against Granite Hills.



Senior Miranda Surber finishes on top in the 100 yard dash.

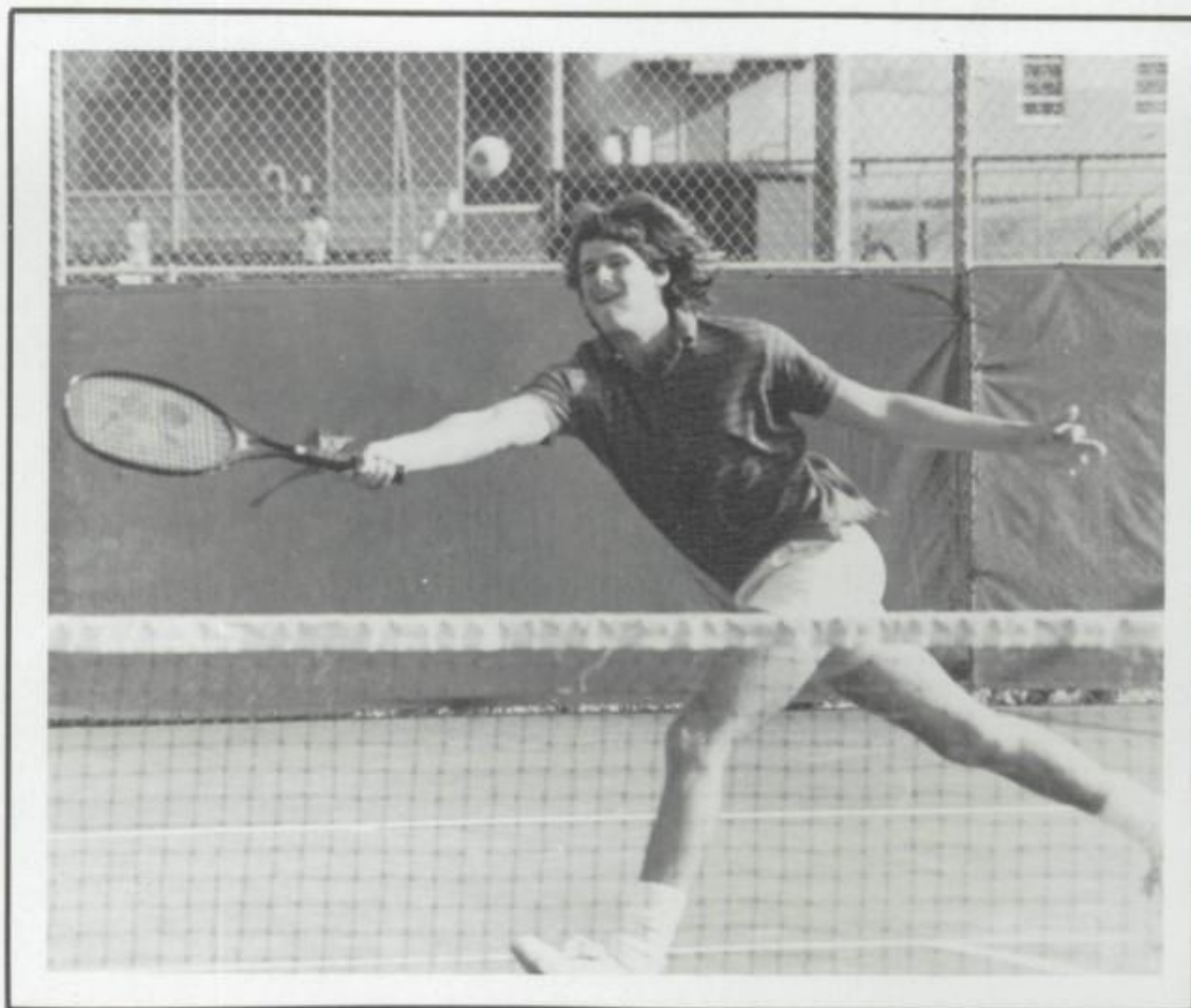
Girls team: K. Albright, L. Araiza, D. Atwood, C. Barnes, B. Battleson, D. Bauer, T. Beaver, M. Biggs, L. Bucholz, N. Burks, P. Byers, A. Dilley, M. Dorland, K. Grinder, N. Governali, S. Hartman, V. Holmes, W. Johnson, A. Kidney, D. Lovell, B. Mathis, K. McBurney, L. Meyer, A. Oliver, T. Reynolds, J. Sanchez, T. Smith, M. Surber, C. Weaver, J. Whitcomb.



Tennis Experiences Rebuilding Year

At one time or another, every coach talks about a "rebuilding year." The 1983 Helix tennis team was definitely in a rebuilding stage. Dave Nisleit was the sole returning letterman from last year. Nisleit received First Team All-League honors as a junior and was expected to fare well this season also. The remainder of the '83 squad consisted of new students, freshmen, and members of last year's JV team. "We're young and inexperienced. But we're building for the future," said head coach Ross Walker. With so many underclassmen on the team, coach Walker expected to finish around the middle of the league standings. His outlook for the future was optimistic, however. "We are young, but we are getting much needed experience. Things look good for the next two or three years," Walker said.

Senior Dave Nisleit rushes the net.

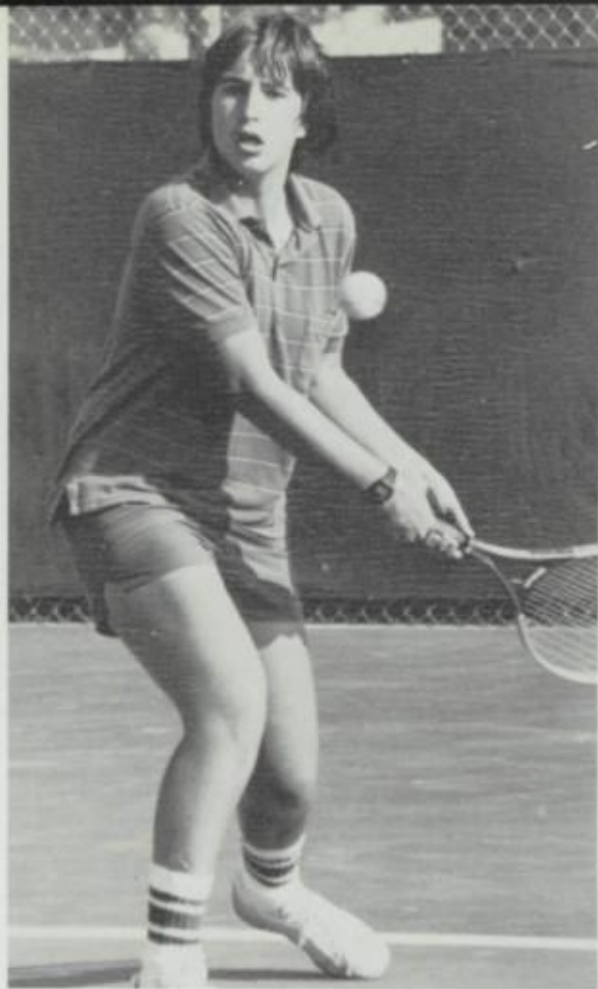


Varsity team members (front row): A. Gwinn, S. MacGregor, K. Strauss, (second row): Coach Ross Walker, T. Anderson, D. Hollister, J. Adams, D. Say-

lor, (back row): J. Pearson, D. Gutgesell, D. Nisleit and Z. Hess.



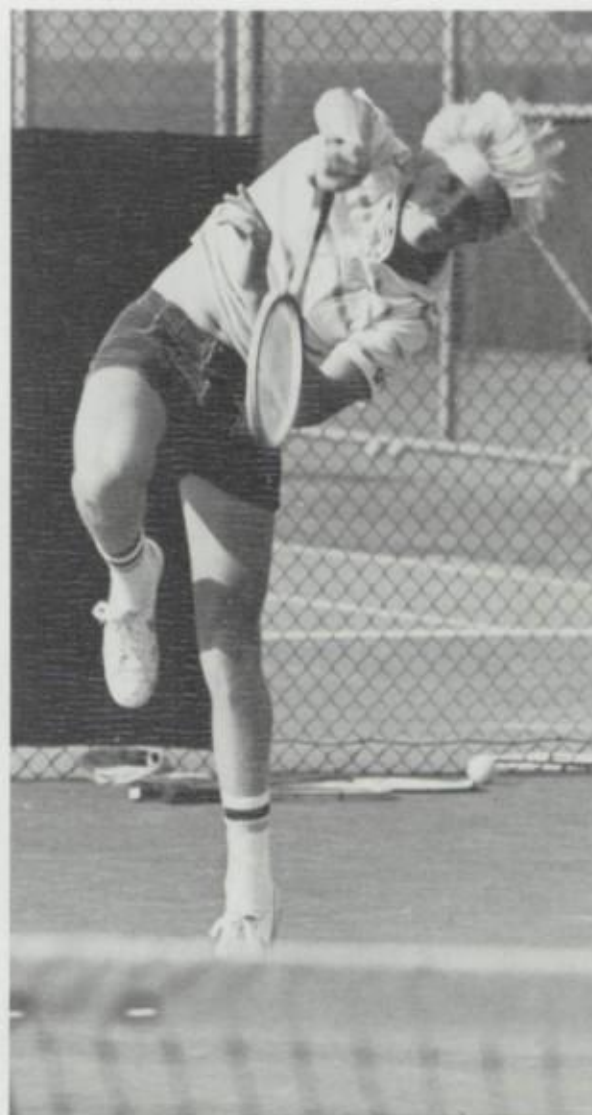
Junior Jerry Pearson returns an opponent's serve.



Zach Hess displays good backhand form.



Freshman Ken Strauss puts away a volley.



Sophomore Scott MacGregor booms a serve.



Barry Mantel rips a forehand volley.



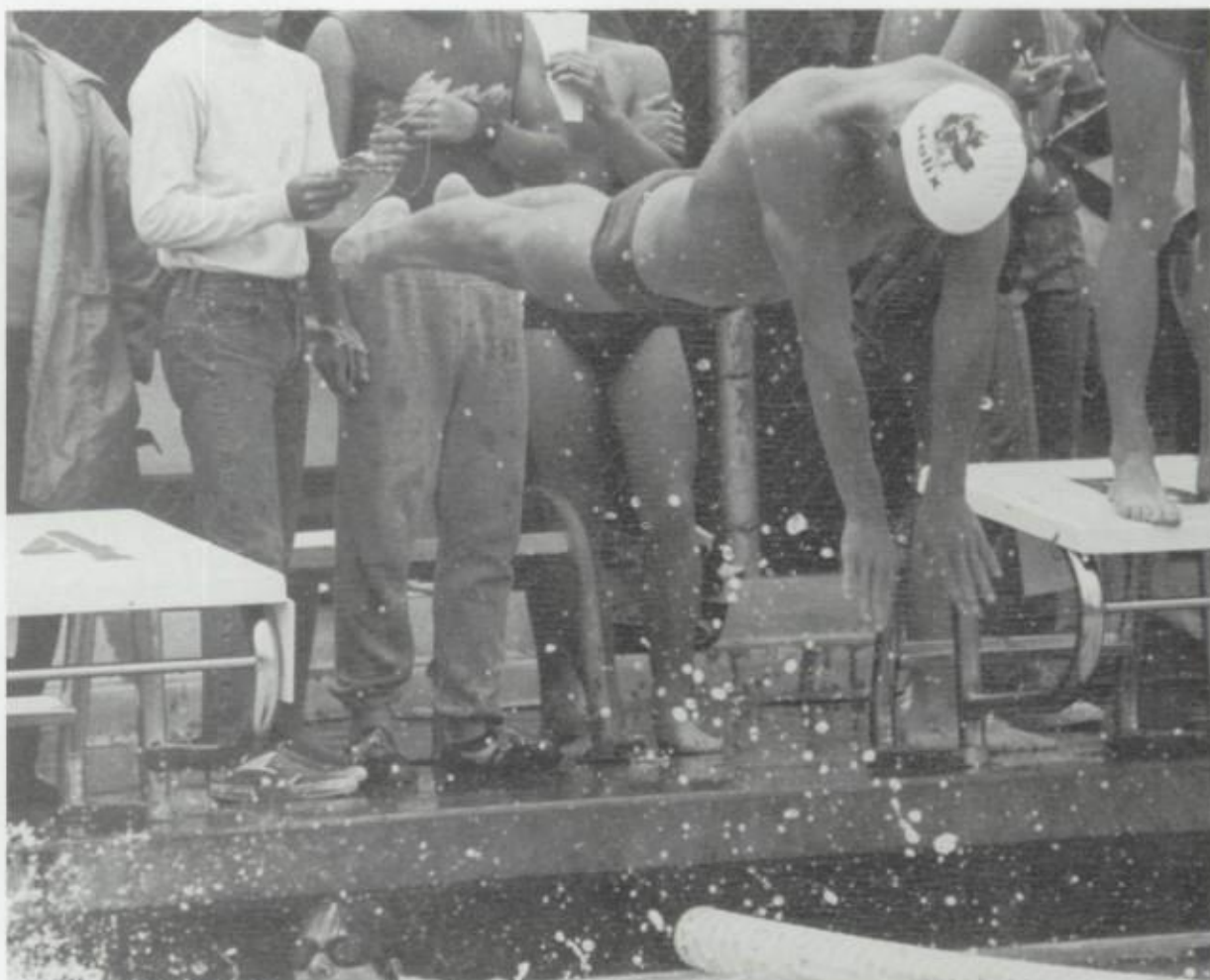
JV team members (front row): M. Bryant, M. Pierce, A. Leeds, C. Maxey, T. Kim, R. Dirk, A. Blanc, B. Apple, Z. Williams, (second row): J. Nye, B. Ortiz, S. Pfau, T. Mulvaney, B. Gwinn, T. Andrade, D. Stockert, M. Polos, (back row): R. Litsinger, R. Page, S. Fatehi, S. Conway, M. Maxfield and B. Virgilio.

Hard Work, Dedication Pays Off

Under the direction of first year Helix coach Mike Smith, the outlook for the season was very good considering that after one meet, five league records had been broken. Andy Biehl and Jeff Learn set records in the 200 I.M., 100 backstroke, and 100 butterfly respectively. Freshman Marty Binder set new records for the 500 and 200 freestyle. The varsity team had many valuable experienced swimmers returning. Top competitors were seniors Andy Biehl, Brad Biewell and Jeff Learn, and freshman Marty Binder.

Team members were: J. Backman, B. Bidwell, A. Biehl, M. Binder, E. Birdwell, T. Cantor, D. Darby, R. Hall, J. Learn, J. Lee, I. Murton, J. Omahen, P. Smith, B. Waymire, T. Wilson, S. Ybarrondo, G. Young.

Senior Andy Biehl executes a perfect dive in the 400 freestyle relay.





Jeff Learn demonstrates his record breaking style in the 100 butterfly.

Jim Omahen shows his smooth butterfly stroke.



Coach Mike Smith helps perfect his swimmers strokes.



Junior Dave Darby adds dimension to the team.

All-around freshman swimmer Marty Binder already holds league records.

Upward Stroke the Swimmers

This year's girls swim team, led by their new coach Cheryll Leslie, had a high outlook for their season. According to coach Leslie, "There are a lot of experienced swimmers and the freshmen are really strong." Team captains, Kristy Rankin and Liz Vitai, both seniors, along with Cindy Wilcox, senior, Angie Collymore, sophomore, and freshman Shawn Morneau were the top contenders on this year's team. The teams' goal was to finish within the top three teams in the Grossmont league. Although the swim season was changed to the spring this year, it had no apparent effect on the team, though some girls may have been torn between sports.

Varsity members: T. Barnes, K. Beach, E. Biehl, S. Brumbaugh, T. Brumbaugh, A. Collymore, B. Dupree, B. Foerester, W. Howell, A. Peterson, K. Rankin, A. Rittershofer, P. Smith, L. Vitai, and C. Wilcox.



Team captain Liz Vitai strokes through the water in the 500 freestyle.

Freshman Shawn Morneau flies to a victorious finish in the butterfly.

Junior Betsy Foerester is warmed up and ready to go.

Freshman Ellen Biehl shows good form in the backstroke.





The Highlander swim team's new coach, Cheryl Leslie.

Junior Varsity members: P. Avila, S. Griffiths, K. Harrell, L. Hulsey, L. Kriederman, T. Lucero, R. Martin, M. Minando, K. Omahen, J. Quasarano, D. Richardson, M. Schauble, J. Scolari, D. Shipler, S. Simmons, J. Stickley, and D. Wilkes.



Sophomore Angie Collymore glides to the finish in the breaststroke.

Cindy "Popeye" Wilcox led the Highlanders in the breaststroke.

Few Divers, But Experienced

Beating Mount Miguel and Valhalla was this year's diving team's goal. Though the divers lacked in numbers, experience was plentiful. Returning divers were Jim Knott and Dave Kinnaman who led the team. The team felt that Dave Kinnaman should make CIF again and help to lead the team to victory.

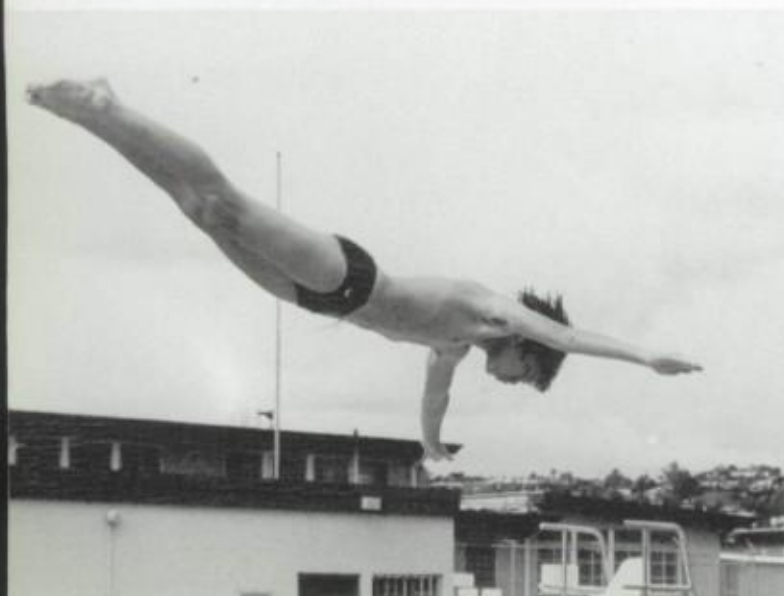
Divers Include: Dave Kinnaman, Jim Knott, and Mike Daglio.

Jim Knott prepares for a perfect entry into the water.



Showing grace and perfect form is our Highlander diver.

Leading diver Dave Kinnaman performs another flawless dive.



Diving Duo Impressive



Joci Igarashi shows concentration and poise as she prepares for her dive.

Diver Joci Igarashi performs a graceful dive.



Divers Include: Joci Igarashi, coach Cheryl Leslie, and Missi Wilson

Senior Diver Missi Wilson shows perfect form in her diving.



Though two divers does not seem like much, Missi Wilson, returning varsity diver, and Joci Igarashi, returning top junior varsity diver, combined talents in hopes of having a successful season. Both Missi and Joci were permitted to compete in diving as well as gymnastics, and they performed well in both sports. Both girls stated that they were excited that they were able to help the swim team out. With their experience, their goal was to make CIF.

Teams Motto: Hard Work, Effort

Hard work and lot of effort was the Girls Basketball teams' motto this season. The team had eight returning varsity members all but one were seniors. The Highlanders were led offensively by Senior Stephanie Krause and defensively by Senior Jane King and Junior Julie Moser. Mary Colbert, Laura Gladhill and Mary Bongard were also strong competitors for the team. "We are going to surprise a lot of people this year. We are ranked fifth in league, but I know we'll do better than that," stated Coach John Singer. Besides league play, the girls participated in the Chula Vista Tournament three weekends in March, and the Coca Cola Highlander Tournament held at Helix over the Spring break.

Senior Mary Colbert shoots for two.

Laura Gladhill takes charge on an inbounds play.



Junior Julie Moser makes a good pass against tough defense.

Highlander girls go in strong for the rebound.

Fighting with the opponent for possession is Senior Stephanie Krause.





Senior Jane King shoots the ball over a Vista team member.



Sophomore Mary Bongard makes a lay-up.

Varsity team members: Josie Abaroa, Terri Baako, Mary Bongard, Mary Colbert, Monique Dechaine, Andie Feeser, Michelle Finn, Laura Gladhill, Jane King, Stephanie Krause, Lisa Lake, Tammie Leavitt, Erin Lesch, Julie Moser, Diane Skidmore, and Coach John Singer.



J.V. Works For Improvement

The J.V. girls basketball team had a fresh group of girls this year. Many of the best players last year moved up to Varsity, leaving several open positions. Third-year coach Kathy Bryans worked hard to develop the skills of the young girls. Sophomores Sally Hill and Alicia Gutgesell were top competitors for the young team. "We are working for improvement every day, the girls work hard to become better basketball players and they will be in the long run," commented Bryans. Frank Theroux assisted Bryans with the coaching in both practices and in the games. The team had hopes for a high finish in league.

J.V. team members: Lisa Colbert, Vicki Mutter, Sonia Waterford, Denise Atwood, Sally Hill, Alicia Gutgesell, Heidi Ek, Kristy Cogswell, Jenny West, Hubby Jones, Vida Yazzie, Edvelyn Webster, Elena Gutgesell.

J.V. team members get fired up in preparation for their game against El Capitan.



Sophomore Kristy Cogswell performs tough defense against her opponent.

Lisa Colbert shoots up strong for a two point lay-up.



Golfers Had Positive Outlook



Golf members: Dan Romanowski, Benton Van Wulven, Bill Coyne, Jerry Nelson, Jim Money, Chuey Dalton, Marc Corbit, Stephanie Brown, Doug Randells, John Finley, and Coach Dan Plough.

Bill Coyne

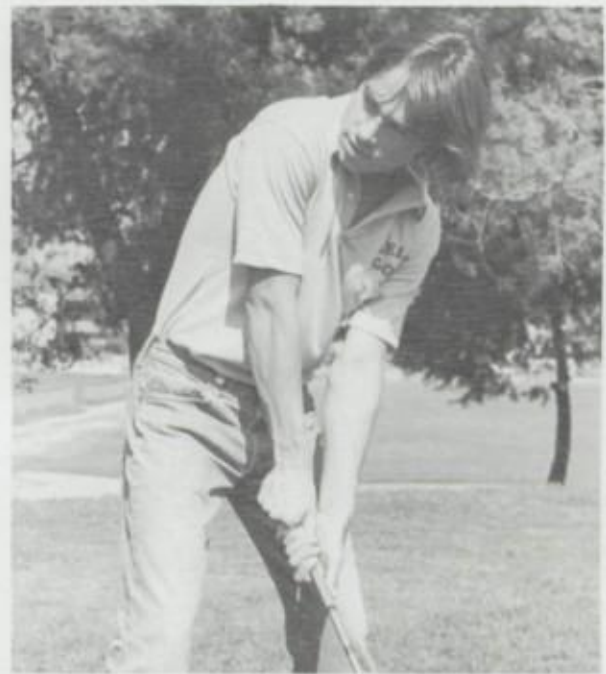
Dan Romanowski



Jim Money

Over 20 students tried-out for this year's golf team, one of the highest turn-outs ever. The team consisted of twelve members including one girl, Stephanie Brown. Coach Dan Plough had a positive outlook with his team. "We have the potential of beating any team this year." Plough also noted that Valhalla, Grossmont and Granite Hills should be all very strong this year. The top five golfers were Highlanders Benton Van Wulven, Jerry Nelson, Bill Boyne, Dan Romanowski, and Jim Money. These five and the rest of the team set the high goal of winning the league championship this season.

Benton Van Wulven



Jerry Nelson

Skill, Grace, Poise



Varsity team members were: M. Andrade, E. Bailey, J. Brown, E. Cohen, T. Englehorn, J. Hammerschmidt, J. Igarashi, K. Maxwell, D. Meek, M. Mc Bride, K. Nuby, M. Ocascio, S. Odum, S. Pinterich, L. Ponser, A. Rodriguez, T. Troganowski, A. Ultrasidlo, K. Wells and K. Wells.

Varsity was led by returning seniors Missi Wilson and Julie Brown, and by junior Janelle Hammerschmidt. Their experience and talent helped balance the team who also consisted of many promising new members. Varsity was expected to do well in league standings.

Maria Andrade and Terri Englehorn are a good team.



Erin Bailey and Andrea Ultrasidlo work together.
Team was coached by Bev Hull and Gail Quinnell.



Make Winning Team

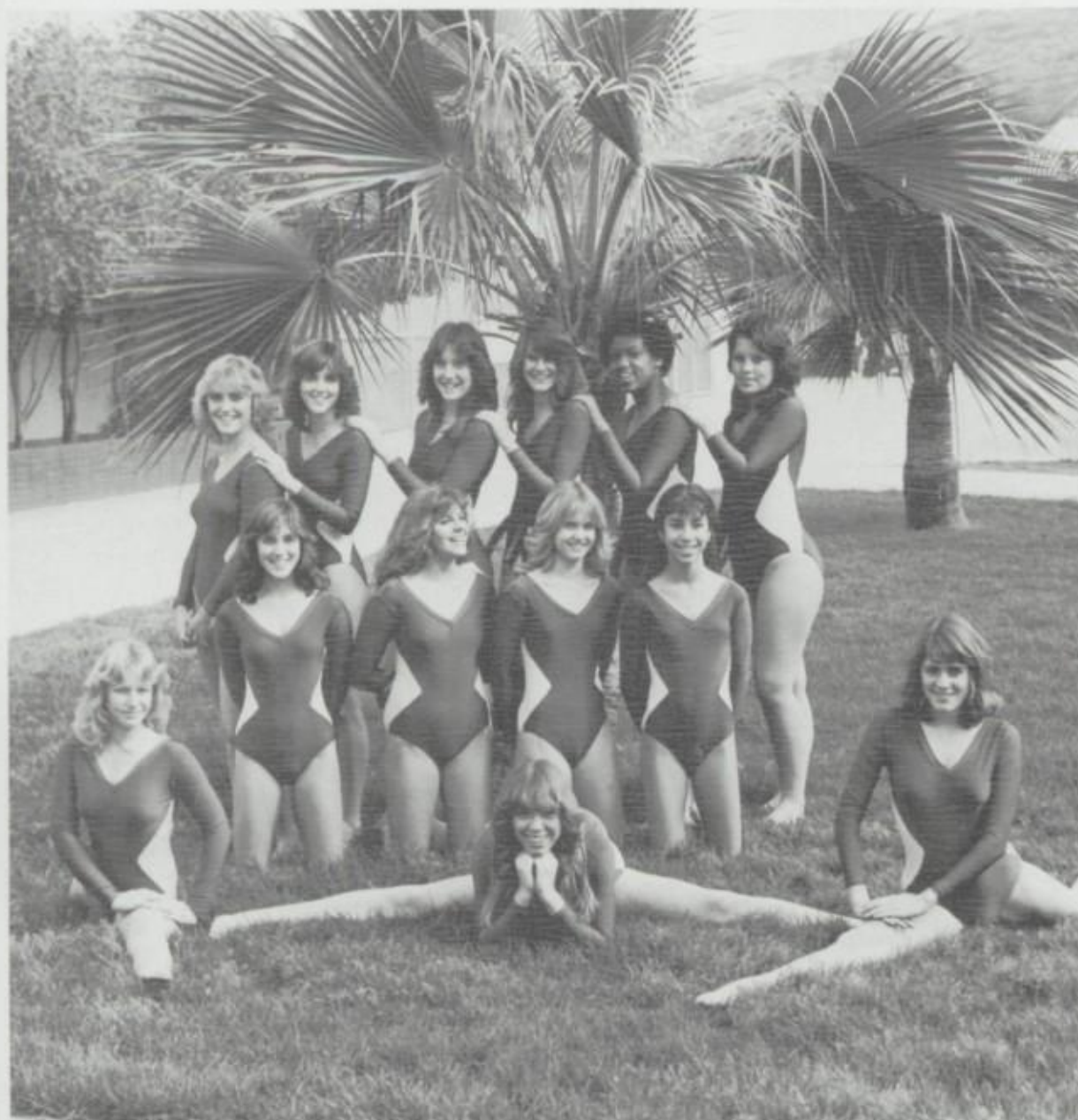


Top varsity member, Missi Wilson.

Best All-around performer, Janelle Hammerschmidt.



All-around specialist, Julie Brown.



Beam expert, senior Joci Igarashi.

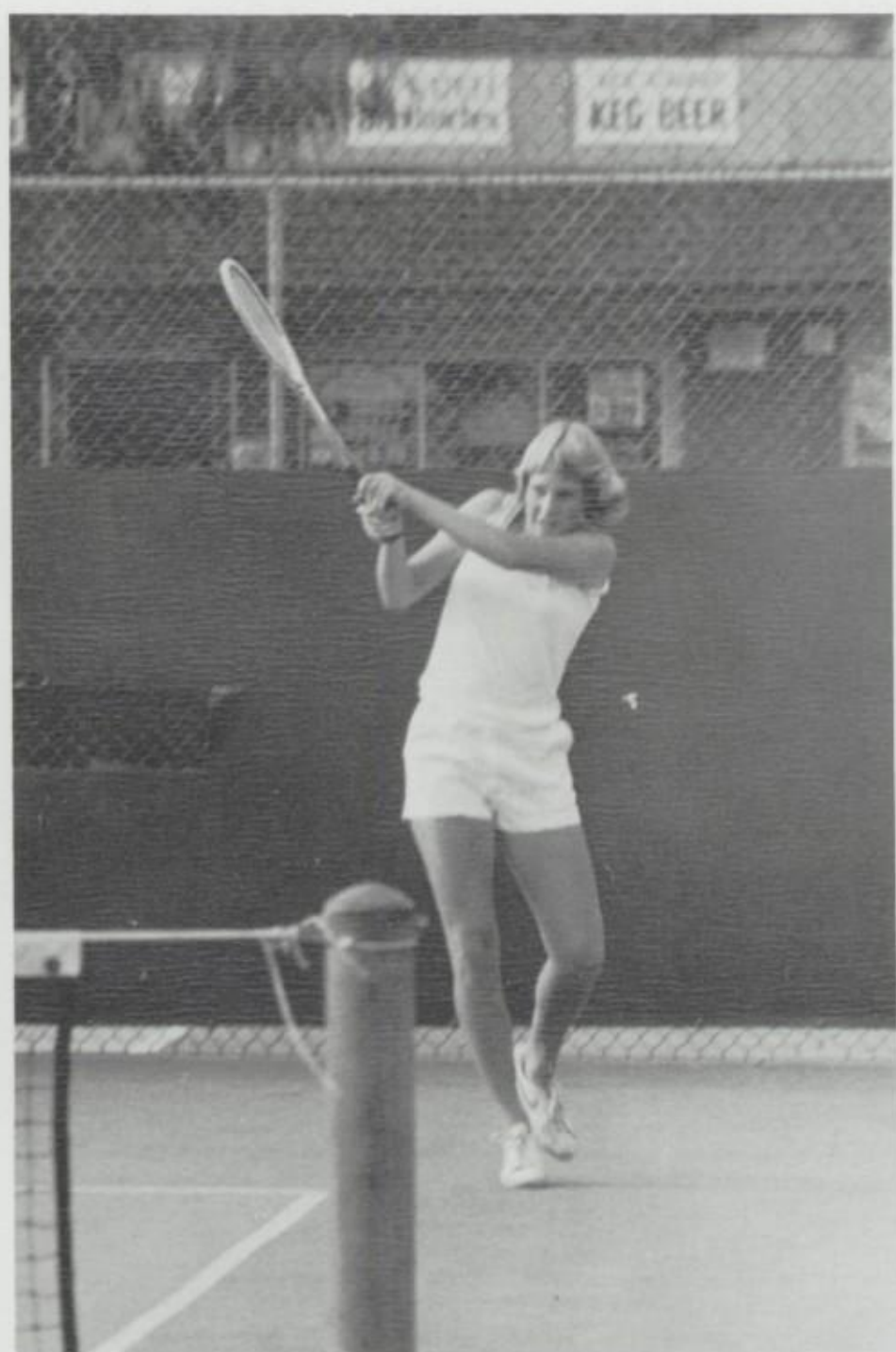
Junior varsity members were: D. Altman, A. Araiza, D. Gary, J. Kelly, S. Kelly, J. Panfil, J. Pruiet, T. Santos, A. Schectner, S. Torgensen, E. Waters and C. Webb.

Highlanders In Action

We have long been known for our superiority in our athletic programs. We strive for perfection. We have an unyielding drive to win and to never give up. During the thirty-two years of our school's existence, we have built a supporting program of which we are proud. Our prideful ways have kept us working hard, striving for the excellence that we have now achieved.

To us, our high goals might not have been met, but that leaves something to strive for our tomorrows. We've come a long way, and our pride has not failed.





CLANS





Kelly Altman — Section Editor
Kim Cunningham
Shelby Jones

Top Juniors Receive Academic Recognition

It takes a lot of hard work and dedication to be in the top ten percent of a class. The juniors recognized for their scholastic achievement had to maintain an overall GPA of 3.30 through the first semester of their junior year. For their achievements, they were given the opportunity to assist in the senior graduation ceremonies. The top two juniors were Elvira Huidor and Susie Nyenhuis who maintained a 4.0 GPA.

Tartan Bearers (4.0 to 3.66) were: Elvira Huidor, Susie Nyenhuis, Marianne McVeigh, Andrea Feeser, Nicole Governali, Danial Hellberg, Amy Rittershofer, Carl Gifford, Steven Allsing, Julie Moser, Steven Hill, David Buckley, Robin Hyatt, James Hartung, Gregory Fink, Cindy Cameron, Sharon Hartman and Charles Perkins.





Graduation Ushers (3.64 to 3.50) were: Todd Anderson, Margarite Scotese, Debbie Fessenden, Bunnie Feller, Lincoln Horton, Judith Viertel, Tony Stryker, James Heid, Mark Hutcherson, Patrick Jenkins, Eileen Nuttall, Elizabeth Foerster and Jacquelyn Jeffers.



Baccalaureate Ushers (3.48 to 3.40) were: David Driggers, Jeffrey Miller, Alan Gwinn, Marie Hayward, Martin Henning, Robert Matsushima and Jose Campos.



Graduation Assistants (3.38 to 3.30) were: William Joralemon, Justine Kelly, Celeste Morrison, Kelly Withem, Alisa Scheidel, Colleen Quinn, Katherine Ruffer, Kristin Colburn and Fred Edwards.

Abaroa, Josie
Aceves, Manuel
Adalian, Angela
Adams, James



Adams, Kristi
Albright, William
Allen, Stephen
Allred, Layla



Allsing, Steven
Alvarez, Andrew
Alvarez, Philip
Amarillas, Marisa



Anderson, Robert
Anguiano, Armando
Anguiano, Maria
Araiza, Leslie



Arellano, De Anna
Audia, Arnold
Baakko, Terri
Baker, Dwayne



Ballinger, Michael
Bardack, Karen
Barefield, Stacy
Barron, Scott
Baxter, Linda
Bechetsky, Helen
Beck, Helen



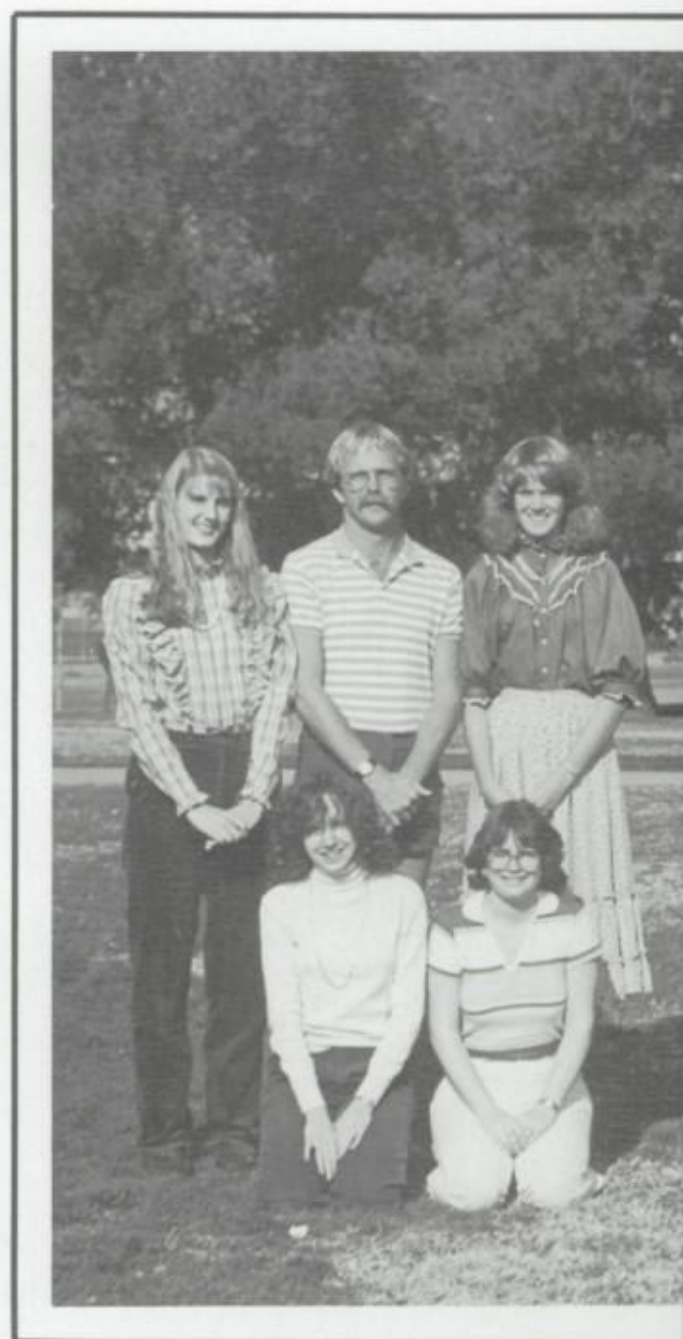
Bell, Douglas
Blake, Anthony
Blanas, Lisa
Blanton, Brandy
Blood, Rebecca
Bolshazy, Scott
Bonilla, Mark



Bourdeau, John
Bower, Philip
Brandt, Robert
Branson, Clifton
Braun, Jennifer
Brockway, Ann
Brown, Marie



Brush, Jeanne
Bryant, Christopher
Buckley, David
Budau, Brigitte
Burdge, Barbara
Burks, Natalie
Butcher, Karen



Juniors Prepare For '84

Dana Regan, president of the class of 1984, stood before a 42-member Junior Board and outlined plans for a successful fund-raising year. These plans included a candy sale in October, a sticker sale in February, a carnation sale in March, a Jog-a-thon in April, and more. The four board officers were Dana Regan, Pres.; Denise Richardson, Vice Pres.; Linda Schedler, Sec.; and Leslie Norris, Treas. Mr. Howard Estes was the advisor. Other members included Chris Grzesiak, Susie Nyenhuis, Grant Conrad, Steve Allsing, Randy Hart, Fred Edwards, Alisa Scheidel, Denise DeSimone, Jose Campos, James Adams, Lisa Langston, Leslie Araiza, Patti Scotese, Renee Martin, Kim Chapman, Andrea Detloff, Layla Allred, Doreen Carpenter.



Caballero, Lena
Cameron, Cindy
Campbell, Cynthia
Campbell, Lisa
Campos, Jose
Cantrell, Colton
Caparas, Kimberly

Capron, Michelle
Cardoza, Salvatore
Cargile, Linda
Carlson, Debbie
Carpenter, Doreen
Carrillo, Garbiel
Carter, Jana

Cartwright, Laura
Castillo, Virginia
Castro, Arleen
Chapman, Kimberly
Chapple, Matthew
Cheney, Dawn
Chewning, Brian

Chim, Lina
Ciamacco, Sam
Clarkson, Andrew
Cohen, Elissa
Colburn, Kristin
Cole, Suzanne
Coleman, Denise

Conlin, Lori
 Connolly, Teresa
 Conrad, Grant
 Cooper, Latricia
 Cordle, Gloria
 Costello, James
 Coyle, Kelly



Coyne, William
 Cronk, Ken
 Cunningham, Kimberly
 Darby, David
 Davis, Doreen
 Davis, Frank
 DeBence, Kevin



Decker, Denise
 Deeks, John
 Deters, Mary
 Detloff, Andrea
 Diehl, Philip
 Dill, Vincent
 Dougharty, Paul



Downs, Tracy
 Doyle, Karen
 Drapeau, Carol
 DuPree, Brenda
 Duey, Jamie
 Dunn, Brian
 Durbin, Kevin



Durland, Virginia
 Dyar, Daniel
 Easton, Sydney
 Edwards, Fred
 Edwards, Kacey
 Elmendorf, Candy
 Emery, Douglas



Engebretsen, Ricky
 Enright, Andy



Espinosa, Joseph
 Espinoza, Juan



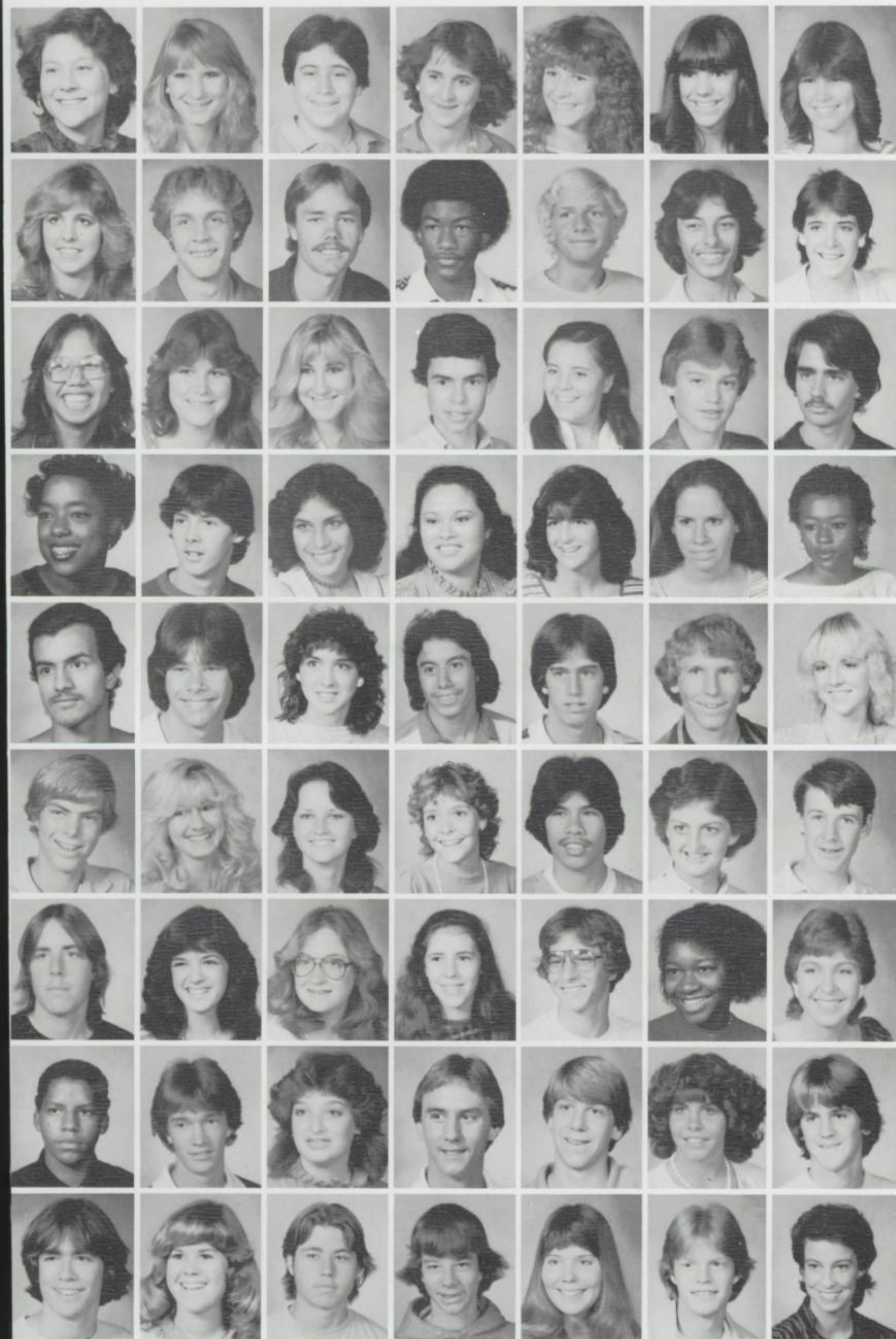
Fakhouri, Edward
 Farness, Jamie



Farrell, Andrew
 Feeser, Andrea



Wendy Howell and Eileen Nuttall were asked to comment on the cafeteria food.



Feller, Bunnie
Fessenden, Debbie
Fink, Gregory
Fitz, Sara
Flint, Andrea
Flores, Angelica
Flores, Lisa

Foerster, Elizabeth
Forthun, Jesse
Frank, Roy
Galon, Ronald
Garbero, Alex
Garcia, Juan
Gardner, Melissa

Garrido, Julie
Gaston, Shirley
Gauthier, Michelle
Gifford, Carl
Gilley, Christina
Gilliland, Raymond
Gilman, Peter

Gilmore, Valvett
Gilmore, Vincent
Gomez, Lisa
Gonzalez, Sandra
Governali, Nicole
Gracia, Janette
Green, Stephanie

Grimaldo, Charles
Grosekemper, Steve
Grzesiak, Christine
Guillen, Antonio
Gutgesell, Dennis
Gwinn, Alan
Haak, Donna

Hall, Richard
Ham, Kimberly
Hamilton, Karla
Hammerschmidt, Jan
Hanks, Eric
Harrell, Kristine
Hart, Randall

Hartley, Dennis
Hartmann, Sharon
Hawver, Michele
Hayward, Marie
Heid, James
Henderson, Candice
Henderson, Diana

Henderson, Douglas
Henning, Martin
Hertel, Michelle
Hill, William
Hollister, David
Holmes, Vicky
Horton, Lincoln

Hottel, Barry
Howell, Wendy
Hroza, Mitchel
Hutcherson, Mark
Hyatt, Robin
Janes, Philip
Jarvis, Stacey

Jeffers, Jacquelyn
Jenkins, Patrick
Jennings, Gary
Johnson, Joel
Jones, Christopher
Jones, Lezley
Jones, Shelby



Joralemon, William
Kelly, Justine
Kenney, Karen
Ketchpaw, David
Ketner, Debra
Keyler, Jon
Killian, Patricia



Knarr, Cindy
Knoller, Dominique
Kurbis, Jeralon
Kuykendall, Terry
Kwan, Michael
Ladeda, Denyse
Lake, Lisa



Lane, Mark
Langston, Lisa
Larson, Shelly
Latimer, Larry
Lee, Jana Marie
Lesch, Erin
Lewis, Benjamin



Lewis, Cheryl
Lewis, Rhonda
Liddle, Bill
Lillie, Brett
Linsky, Dawn
Little, Leah
Lovelady, Rejan



Lucero, Christina
Luciano, Thomas
Luna, Jeff
Lungwitz, Nicole
Manring, Robert
Manring, Ronald
Martin, Renee



Martin, Sheri
Martinez, Martha
Martinez, Norbert
Matsushima, Robert
Mc Avene, Nicholas
Mc Entee, David
Mc Entee, Deidre



Mc Farland, Richard
Mc Ginley, Jeffery
Mc Neill, David
Mc Veigh, Marianne
Mc Williams, Donald
Metzner, Kirsten
Meyer, Troy



Miller, Edward
Miller, Jamie
Miller, Jeffrey
Mills, Donna
Moble, Victoria
Money, James
Morgan, Lisa





Morrison, Celeste
Morrow, Robert
Moser, Julie
Moser, Kathy
Moyal, Angelique
Mucha, Candy
Muirhead, Amy



Mulvaney, Danielle
Munguia, Lorraine
Munguia, Mary Lou
Murphy, Valorie
Nicholson, Stephen
Nikodem, Joe
Nowakowski, Dennis



Lisa Langston informs her apprentices how to properly hang a poster.



Nuby, Kim
Nunez, Manuel
Nuttall, Eileen



Nyenhuis, Susie
O'Toole, Sean
Ocasio, Alex



Oddo, Marie
Odum, Shoran
Oedewaldt, Larry



Oliveira, Anthony
Oliwa, Jill
Olson, Tom



Otterbeck, Erik
Oyos, James
Page, Arnold



Palmer, Mike
Palmus, Mike
Parks, Sheldon



Parrish, Ray
Pearson, Jerrold
Peddicord, Joy
Pemberton, Dina
Penick, Todd
Perkins, Anthony
Perkins, Charles

Peterson, Anna
Peterson, Linda
Piland, Ronda
Pinkard, Felicia
Pirie, Gregory
Ponsor, Lisa
Prescott, Brian



Proffitt, Shawn
Pursell, Charles
Quasarano, Susan
Quinn, Colleen
Rand, Randal
Real, Christina
Reed, Kathleen



Regan, Dana
Richardson, Denise
Richardson, Theresa
Riley, Michelle
Rittershofer, Amy
Robart, William
Rodgers, Julie



Rodriguez, Jason
Rogers, James
Rossi, Maria
Ruffer, Katherine
Sager, Bradley
Samarron, Jennifer
Sanchez, Joanne



Sandoval, Michael
Sanford, Scott
Sanford, William
Scarcella, Antoinette
Schedler, Linda
Scheidel, Alisa
Schilf, Christine



Schneider, Theresa
Schoolcraft, Dwain
Schuppert, Brian
Shaffer, Scott
Shepard, Michael
Sheridan, Brian
Shipman, Charles



Shivers, Randy
Sinnen, Beth
Smith, Chandra
Smith, Cynthia
Smith, Darren
Smith, Paul
Souviney, Michelle

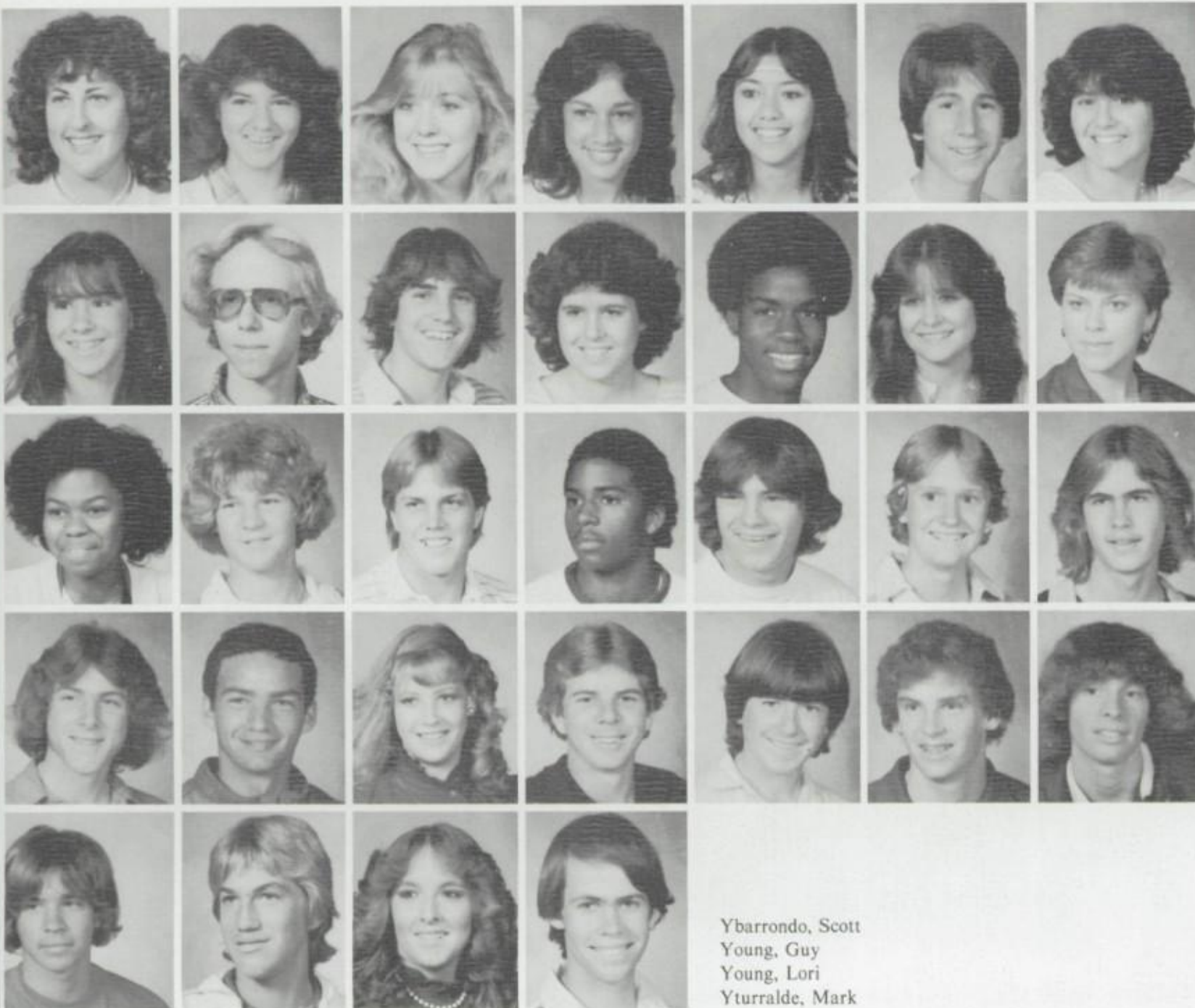


Spinger, Robert
Staner, Stanley
Stewart, Mark
Stimpson, Daniel
Stimpson, Nancy
Street, Jacquelyn
Stuhler, Bobby



Sullivan, Kenneth
Sutt, Robert
Sweeney, Daniel
Takaki, Tracy
Tilley, Robert
Tiscareno, Sabrina
Torres, Rodolfo





Tritten, Samantha
Trujillo, Lisa
Tucker, Mary
Unca, Shawna
Urich, Elizabeth
Valdez, Steven
Vatalaro, Gina

Vazquez, Rosa
Verhoeks, Christopher
Villani, Joseph
Vitale, Michele
Wade, Todd
Walter, Ronda
Wassdahl, Michelle

Watkins, Kathie
Waymire, Brian
Webb, Deron
Webster, Edward
Westover, Anthony
Wilcox, Eric
Williams, Steven

Willingham, Kevin
Wilson, Arthur
Wilson, Lisa
Winter, Kevin
Wise, James
Withem, Kelly
Wright, Steven

Ybarrondo, Scott
Young, Guy
Young, Lori
Yturalde, Mark

Too Late to Classify:



Allard, Carol
El Amin, Sakeenah
Scotese, Margarite
Scribner, Jeffrey
Stewart, Bobby

Camera Shy:

Aguirre, Jose
Akbarpour, Fraidon
Anderson, Lisa
Archer, Charles
Ayers, Kevin
Beck, Kenneth
Bonilla, Gilbert
Boortz, Allen
Breuninger, Lani
Burden, Lisa
Carpenter, Kenneth
Castro, Christine
Cesar, Denise
Crossley, Lynn
Cuillo, Jeff
De Anda, Richard

De Simone, Denise
Driggers, David
Duenas, Rene
Ero, Stephanie
Foerster, Joseph
Gallagher, Alane
Gardner, Valerie
Gonsalves, David
Grant, Darrell
Grice, Ricky
Griego, James
Gutman, Lenny
Hartung, James
Harvey, Lupe
Hellberg, Daniel
Hill, La Fraye

Hill, Marlene
Hill, Steven
Hughey, Sunday
Huidor, Elvira
James, Gregory
James, Robert
Johnson, Alex
Jones, Theresa
Kidney, Susan
Koval, Todd
Kretz, Jill
Laney, Colleen
Lanham, Holly
Levy, James
Lima, Richard
Little, Charles

Lucas, Todd
Maher, Suzanne
Mantel, Barry
Marantos, George
Mateljan, Joseph
Maxcy, Christopher
McCarthy, Jacquelyne
McDonald, Amber
Mountain, Deborah
Myers, Jeffry
Norris, Leslie
Oswalt, Dwayne
Padilla, Christopher
Patton, Vicki
Pezzella, Lisa
Pniak, Leslie

Rice, John
Ridge, Quintin
Rister, Leslie
Robere, Jon
Robinson, Kim
Rodriguez, Deanna
Roop, Joel
Rossi, Steve
Scelso, Christina
Schartz, John
Scotese, Atilio
Silva, Maria
Spahn, Charlama
Strain, Lisa
Strange, Kathy

Stryker, Tony
Swiney, Robert
Tallian, Gregory
Thompson, Brian
Thompson, Michael
Tipton, Theresa
Tucker, Mary
Tutterow, Cindy
Vidaurre, Marston
Viertel, Judith
Volinh, Ngoc
Williams, Belinda
Wilson, Julie
Wilson, Kristina
Yacuzzo, Michael

Abrams, Jim
Adamonis, Brandy
Adams, Carolyn



Adams, Jeff
Amone, Michelle
Albright, Kim



Allarel, Doug
Allen, April
Allen, Greg



Allgaier, April
Alonso, Ricardo
Altman, Darcy



Alvarez, Fessica
Anderson, Jeff
Anderson, Daren



Anderson, Mike
Andrede, Anthony
Antontell, Shannon
Apple, Bryan
Arakawa, Renee
Arango, Anelica
Arapostathis, Mark



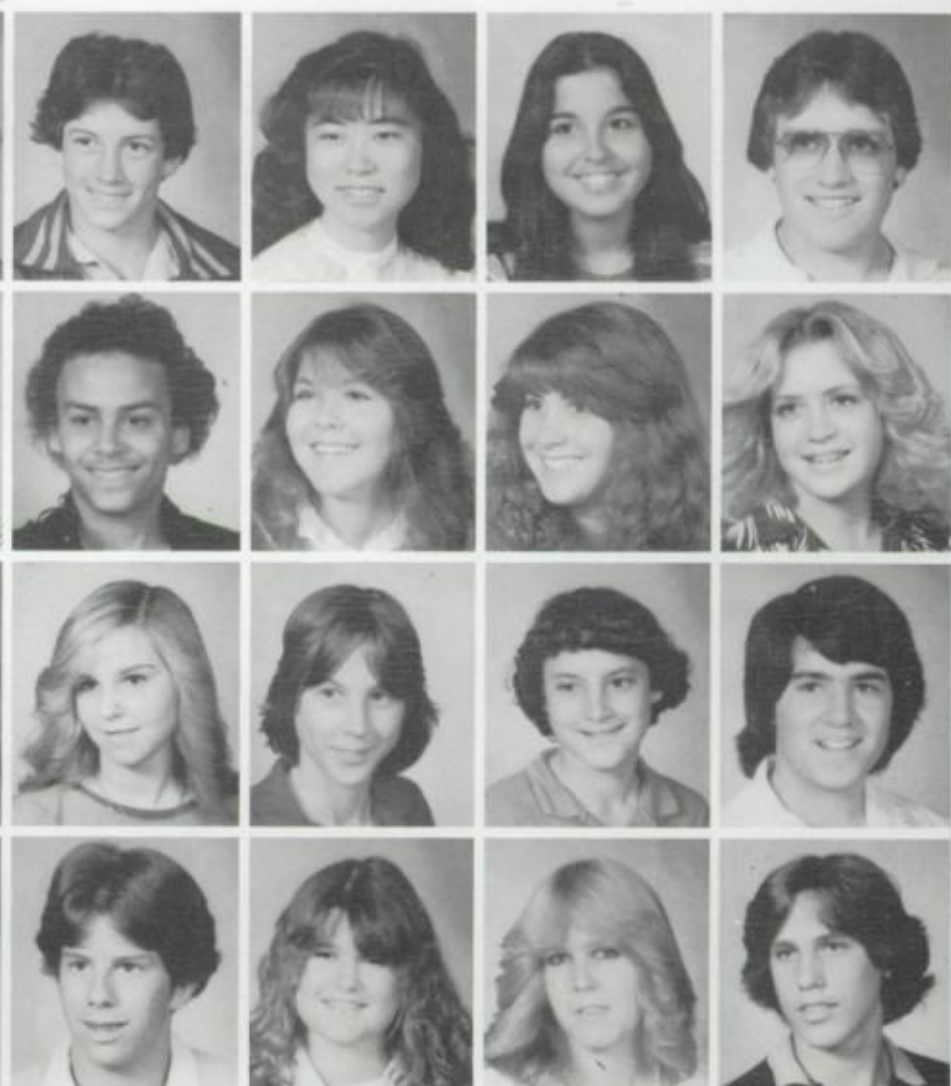
Atencio, Tammie
Atwood, Sean
Auckland, Barbara
Awandallah, Osmam
Bailey, April
Bailey, Erin
Bailey, Stephanie



Banach, Bike
Barnes, Cheryl
Battleson, Becky
Baum, Traci
Baxter, Bryan
Bechefskey, Mike
Belie, Steve



Belsky, Sheryl
Bennett, Brad
Bennett, Monica
Bennett, Scott
Bennett, Tracy
Bugman, Lynn
Biggs, Marc





Sophomores Dubbed Clan Napier

Clan Napier, the Class of '85, displayed their spirit by getting an early start preparing for senior year expenses. They involved themselves in activities such as carnation sales and M&M candy sales. Monthly meetings were held to plan for the class' future years at Helix. While Sophomores were advised by Mr. Al Larson, their officers included Elianne Goodell, president; Tina Constantino, vice-pres.; Kris Stinger, secretary and Kathleen Plum, treasurer. The board members were: April Allen, Arlene DeVera, Libby Gillingham, Merideth Korn, Tammy Ledford, Steve Merghart, Denise Oleskow, Chris Parks, Paula Preenkowski, and Heather Shaughnesy.



Birch, Jeff
Blanc, Andrew
Blessing, Paul
Blevins, Debbie
Bloom, Michelle
Bongard, Mary
Bottraff, Thomas

Boutler, Ron
Bowen, Lori
Boyd, Richard
Bradford, Veon
Brandes, Karina
Bras, Laura
Brech, Raymond

Brown, Lisa
Brown, Rhonda
Brown, Stephanie
Bruce, Ian
Bryant, Clint
Bucholz, Lynnette
Buchalew, Tom

Cader, Evelyn
Caine, Joe
Caldwell, Wendy
Camacho, Alex
Camacho, Robert
Capron, Stephanie
Card, Holly

Cartwright, Marlene
Casey, Michael
Castaneda, Tavier
Castleberry, Chrissy
Castillo, Gilbert
Cecil, Wes
Cepeda, Lisa



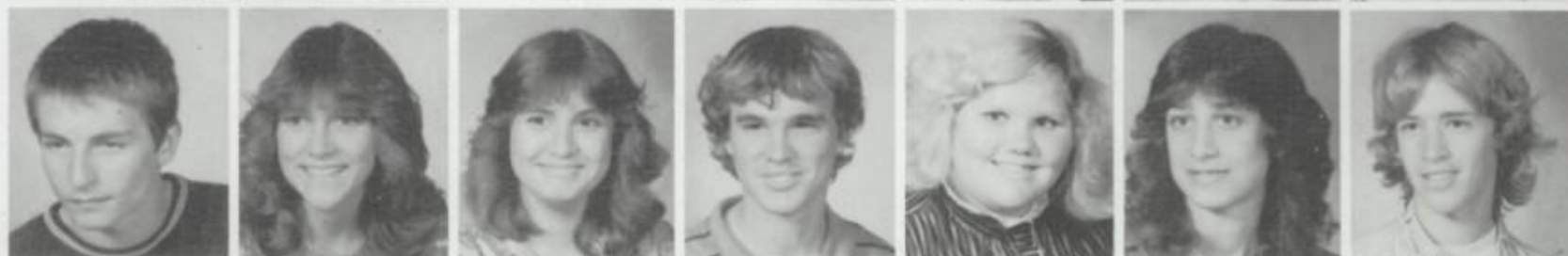
Chandler, John
Chow, Mandy
Christensen, Andy
Christon, Eric
Chubb, Tom
Clakr, Estela
Clark, Keith



Clark, Susan
Climenson, Natalie
Cogswell, Kristy
Clobert, Lisa
Collymore, Angie
Comfort, Antonia
Conlee, Doug



Connolly, Bob
Contine, Tina
Contreras, Lyn
Cooper, Jeff
Copeland, Melissa
Costantino, Tina
Crockett, Peter



Cronan, David
Cummings, Mark
Cunico, Shelly
Dandos, Jeff
Danielson, Mike
Danner, Mike
Davenport, Jeff



Davis, William
Daw, Heather



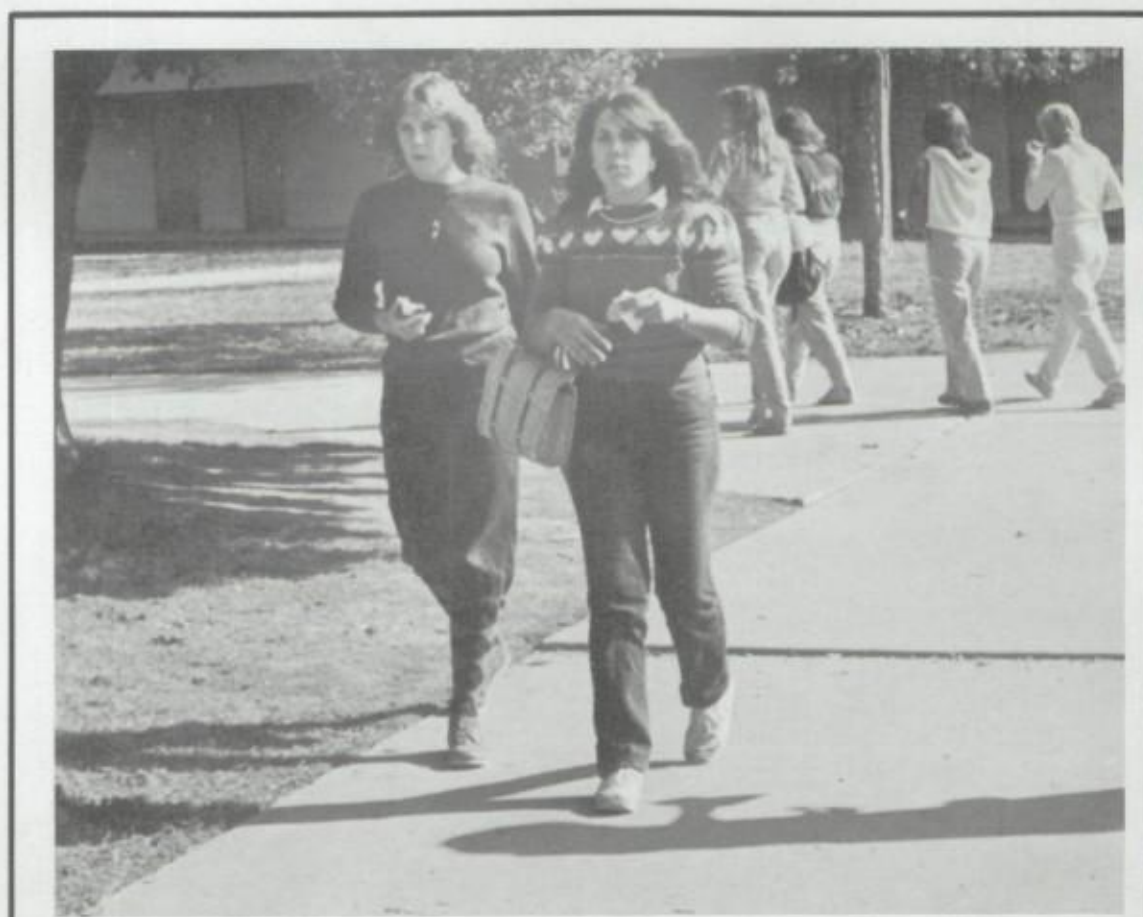
Day, Bobby
DeChaine, Monique



DeVera, Arlene
Decker, Eric



Delgado, Richard
Demetris, Mark



Sally Hill and Linda VanMaren leisurely stroll through the walkways of Helix, while enjoying their lunch.



DiBella, Shela
Dickerson, Barbra
Dierking, Karen
Dirk, Richard
Doering, Joel
Doiron, Jeanette
Dorland, Marcy

Douthit, John
Drapeau, Marco
Draper, Raymond
Drew, Robert
Duenas, Tim
Duey, Kim
Ehlers, Gretchen

Ek, Heidi
Eldridge, Terry
Elliott, Michelle
Ellis, Joanne
Ellis, Scott
Elmer, Laurie
Emerson, Nathon

England, Travis
Erb, Darin
Ernst, Mike
Everson, Tiffany
Fanning, Linda
Farmer, Chantil
Favero, Michelle

Favero, Mike
Ferdman, Tara
Ferreiro, Tony
Fisher, Brian
Fisher, Bruce
Flack, Cassandra
Fleek, Colette

Fleming, Wendy
Flint, Adam
Florence, Barbara
Flowers, Troy
Foxhoven, Lisa
Fredric, Kami
Friedman, Carolyn

Frost, Jim
Gadler, Marilee
Gallo, Joe
Galloway, Shawn
Galvan, Yvonne
Gancitano, Gina
Garcia, Jesse

Gardner, Ron
Gavin, Nancy
Gavin, Tiffany
Gear, Daniel
Gillingham, Libby
Gilman, Patty
Gittins, Troy

Glover, Debbie
Gonzalez, Juan
Goodell, Elianne
Governali, Sam
Graham, Richard
Greene, Stacy
Gross, Michael

Gutgesell, Alicia
Guzman, Sonia
Gwinn, Brian
Haag, Michelle
Hall, Carrie-Ann
Hall, Neil
Hamilton, Kim



Hamm, Greg
Hanes, Trevor
Harber, Andrew
Hardeman, Mike
Harpole, Jackie
Harrison, Aundrea
Hatfield, Boyd



Hathaway, Tim
Hawkins, Tracy
Hemphill, Jim
Henson, Larry
Herman, David
Heuberger, Mark
Hickey, Breanna



Hicks, Keith
Hicks, Kim
Hilderbrand, Shauna
Hill, Danny
Hill, Sally
Hinkly, Keith
Hodge, David



Hodge, Karen
Hoffman, John
Hogan, John
Hollister, Tad
Holaway, Julie
Hopper, Buddy
Horsen, Marvin



Hubbard, John
Huey, John
Hull, Jennifer
Hughes, Lenny
Hulsey, Lawan
Hurst, Micheal
Huskey, Linda



Ibarra, Alvaro
Ignacio, John
Jackson, Scott
Jarret, Marcella
Jazbec, Bill
Jessop, Anne-Marie
Johnson, Nadine



Johnson, Shauna
Johnson, Yoshea
Jones, Kim
Jones, Tanya
Jonescue, Denise
Jurgens, David
Kahl, Melinda



Kaplan, Hiller
Karns, Roseanne
Kearns, Stacey
Kelly, Larry
Kidney, Anne
Kidwell, Tom
Kieu, Thinh





Killian Tichelle
Kim, Tae
King, Tom
Kinnaman, Dave
Kinnard, Mike
Necht, Jody
Knox, Candy



Korn, Meridith
Kriedeman, Lisa
Kuhn, Jim
Kusenback
Kwan, Adrew
Lahti, Torrie
Langdon, Loni



"I'm so glad we had this time together, just to share a laugh
and sing a song . . ."



Lange, Kelly
Larson, Torrey
Layton, Kip



Leary, Susie
Ledford, Tanny
Lee, Jennifer



Lergerton, Brandie
Leone, Susie
Lerma, Bridget



Letuli, Kiona
Leveille, Chris
Lewis, Rhonda Joy



Lindsay, Dale
Litsinger, Ron
Lloyd, Lance



Logans, Stacey
Lombardo, Joseph
Lothringer, Katie



Lucero, Ken
Mabee, Christina
MacGregor, Scott
MacKay, Jim
MacKenzie, Bobby
Manroe, Harry
Manroe, Marsha

Marvin, Stacy
Martinez, Eileen
Mathis, DeeDee
Matson, Brett
Maxfield, Mark
Maxwell, Beth
McBurney, Kris



McClish, Andy
McCullough, Yvette
McGrath, Marsi



McKinley, Justin
McWilliams, Jeannie
Merghart, Steve



Merkel, David
Meyer, Bill
Miller, Angie



Miller, Christina
Miller, Erik
Miller, Lynn



Miller, Michael
Minando, Mary
Minich, Chanda



Mitchel, Robert
Monti, Andrea
Montoney, Danny
Moore, Kevin
Moore, Lucille
Moramarco, Steve
Morquecho, Luis



Mothershed, Michele
Murphy, Kristen
Murphy, Maureen
Murray, Wayne
Murton, Ian
Navarro, Ernie
Necoechea, Mark



Nelson, Patricia
Nelson, Susan
Neveu, Monique
Nguyen, Chinh
Nguyen, Hien
Nguyen, Thuhong
Nicholson, Mike



Yes, this is one of our finer showroom locker models designed by Lockers from R. Brandt in CAL Outdoors.





Nikodem, Michelle
Nobiensky, Tony
Normand, Julie
Ohmstede, Martin
Oleksow, Denise
O'Neal, Dean
Oppman, Mitch



Orser, Randy
Padilla, Roger
Padilla, Sean
Panfil, Jenny
Parks, Chris
Paquette, Elli



Peck, Loretta
Perkins, Erik
Perris, Todd
Pett, Aaron
Peyton, Ronny
Phillips, Diane
Phillips, Lisa



Phippard, Cathy
Pilkerton, David
Poque, Kirsten
Plum, Kathleen
Pollack, Jon
Pope, Robin
Presenkowski, Paula



Pruet, Julie
Quadros, John
Quast, Charlie
Quidachay, Rosie
Quigley, Patrick
Quinn, Tim
Ramirez, Jack



Rangel, Antonio
Rasmussen, Jayone
Renert, Doug
Rhoads, Rebekkah
Richards, Chet
Richardson, Deanna
Riley, Diane



Rinder, Melissa
Rintoul, Neil
Rios, Doreen
Rivera, Christine
Rivera, David
Roberts, Ricky
Rodriquez, Angie



Rodriquez, Asha
Rodriquez, Patty
Rodriquez, Sandra
Roeder, Laura
Romanowski, Dan
Rosing, Fonda
Rousey, David



Rubick, Scott
Rubio, Analilia
Rubiano, Joyce
Ruby, Marci
Ruffer, Wendy
Ruiz, Eleanor
Runyen, Mike

Rushing, Julie
Rytell, David
Salvatierra, Vince
Sampieri, Lisa
Sampley, Eric
Santiago, Daniel
Saunders, Cindy



Sauter, Donna
Schechter, Amy
Scheider, Denise
Schneider, Greg
Schniepp, Jackie
Schudar, Leo
Seifert, Michael



Serrano, Kathleen
Seymour, Mark
Shaughnessy, Heather
Shea, Kevin
Shearer, Tracey
Shess, Zachary
Sidiropoulos, Larry



Simmons, Stacy
Simms, Larry
Sisson, Kimm
Smith, Keven
Smith, Linda
Smith, Scott
Sobeck, Lana



Soliday, Lance
Sparduto, Evelyn
Spinks, Mary
Stahl, Lysa
Stangl, Sandra
Stearns, Alvin
Stemwell, Robert



Stickley, Jenney
Stinger, Kristine
St. John, Ray
Stoddard, Brian
Strang, Chris
Stuart, Jill
Surber, Robert



Swartos, Tracy
Tanzola, Kristi
Terry, Johnsie
Thurston, Laura
Tieu, Cuong
Timm, Teresa
Timms, Roger



Todd, Alton
Todd, Robert
Tompkins, Renee
Torres, Nellie
Torres, Nicolette
Truesdell, Gina
Trujillo, Kim



Tucker, Jeff
Tucker, Walter
Tull, Angelina
Turner, Jananne
Turner, Mellissa
Upchurch, Shawn
Urbancic, Brian





Sophomores enjoy their lunch while discussing the new school trends and fashions.



Urich, Janet
VanBoskirk, Craig
VanMaren, Linda
Vonhies, Jacquie
Waite, Robert
Walker, Scott
Ward, Scott

Waterford, Sonia
Waters, Elizabeth
Watkins, Laura
Watwood, Skip
Weller, Theodore
Wells, Jerry
Werre, Lori

West, Chris
West, Jennifer
White, Roberta
Whitley, Candice
Whitmore, Debbie
Whitworth, Joell
Wicker, Robert

Wiggins, Celestine
Wilkes, Dace
Williams, Matt
Williams, Yvonne
Wilson, Greg
Wilson, Matt
Winn, Jack

Whittkop, Scott
Wooten, Becky
Wright, Chris
Yazzie, Vida
Zasueta, Dan
Ziegler, David
Zopfi, Kathy

Too late to classify:

Baker, Mike
Bates, Mary Lou
Berg, Cori
Dalton, Chuey
English, Gretchen
Farrelly, Karri
Finnigan, Steve



Gurrola, Patsy

Camera Shy:

Anderson, Brett
Barron, Kevin
Benaroch, Claire
Bledsoe, Gina
Buckner, Mark
Buckner, Scott
Cain, Michael
Caparas, Irineo
Carpenter, Linda
Carter, Carolyn
Carter, Vitoria
Cen, William
Cesar, Chris
Chavez, Claudia
Clark, Larry
Conaway, Michael

Contreras, Elizabeth
D'Acquisto, Anthony
De Witt, Michelle
Elder, Lorinda
Enos, Theresa
Filmer, Donna
Forrest, Steven
Garbiso, Lisa
Gaudio, Lara
Greene, Nikki
Hanes, Joe
Hisel, Troy
Horning, Eric
Jarret, Marcella
Jernigan, Marc
Johnson, Devonna

Jooyan, Shadwin
Kodis, Tony
Koistra, Trina
Lane, Edward
Legler, Paul
Lowder, Scott
Lunati, Matthew
Maher, Joseph
Mc Cabe, Darren
Mc Gowan, Shawn
Mix, Jennifer
Molina, Richard
Myers, James
Norwood, Lori
Odenthal, David
Papandreu, Donna

Parkhurst, Heather
Pate, Todd
Pearson, Joel
Quiadachay, George
Quinard, Joseph
Raines, Ronald
Rebelo, Jeffrey
Reynolds, Blaine
Richard, Shuntel
Rickle, Shelly
Robinson, Rhonda
Rodriquez, Joy
Sanchez, Julia
Santiago, David
Scarcella, Michelle
Schemlee, Dwayne

Scott, Mark
Shimizu, Miguel
Soderberg, Amanda
Speidel, James
Spencer, Larry
Stark, Daniel
Stackert, Deron
Stuhler, James
Swanson, Eric
Tatum, George
Taylor, Gregory
Tesch, Dianna
Thiem, Gary
Tietz, Theresa
Tirado, David
Tutterow, Tracy

Valdez, Willy
Vargas, Martin
Vizcarra, Arturo
Vizcarra, Joaquin
Vollard, Bette
Wallace, Joe
Weir, Brian
Wetter, Audrey
White, Robert
Wilson, Gregory
Wilson, Matthew
Woten, Rebecca
Wright, Willita
Ybarra, James



"With this ring, I thee wed . . ."



"Here, dear, try this."



"You may kiss the bride!"



"Mom never said it'd be like this!"



Mr. Plough, Master of Ceremonies.

Abernathie, Donna
 Acevedo, James
 Aceves, Michael
 Adsit, James



Aleto, Tanya
 Allen, John
 Allen, Kevin
 Allen, Tina



Anaya, Joey
 Andersen, Scott
 Andrade, Maria
 Andrews, Pamela



Andrews, Stephanie
 Andrus, Angela
 Angeles, Adina
 Ankney, James



Araiza, Amy
 Arcena, Shannon
 Atwood, Denise
 Auld, Cordae



Babb, Tracy
 Backman, John
 Bailey, Andrew
 Bailey, Deric
 Bailey, Jeffrey
 Bailey, Michael
 Bales, Lorian



Banach, Brett
 Bankhead, Perry
 Barker, Peter
 Barnes, Teresa
 Barnett, Michael
 Barnette, Christopher
 Barnhill, Ralph



Barringer, Rita
 Bartman, Tyla
 Barton, Jeff
 Barton, Jessica
 Bauer, Denise
 Baxter, Teri
 Bea, Paul



Beck, Heather
 Belardo, Libra
 Bell, Jeffrey
 Beltran, Ricardo
 Bemby, Fenton
 Bender, Christopher
 Bennett, Francine





Freshmen Clan Numbers 557

The Class of '86 (Clan Douglas Grey), was involved in fundraisers such as a carnation sale. The main purpose of the fundraiser was to raise money for their Senior Prom. A Frosh Council was also planned to help organize more fundraisers and promote publicity. The 557 member class was led by: Maria Andrade; President, Laura Meyer; Vice-President, Laura Knott; Secretary, and Jennifer Whitcomb; Treasurer. They were advised by Mr. Bill Ehlers.



Bennett, Timothy
Bernard, David
Biehl, Ellen
Biggs, Michelle
Binder, Martin
Birdwell, Eric
Black, Sandra

Blevins, William
Boggan, Lisa
Bogus, Dezzie
Bowen, Steven
Bradberry, Karen
Bradley, Cheri
Braes, Linda

Brandenburg, Carlotta
Brewer, Michael
Brewer, Ronda
Brewster, David
Brierley, Diane
Brown, Donald
Brown, Richard

Browning, Wendy
Bruce, Anne
Bruce, Lora
Brumbaugh, Tamara
Bruso, Gary
Bryant, Matthew
Buckley, Shawn A.

Buckley, Shawn L.
Bunge, Kai
Burchard, Charles
Burdin, Trina
Burns, Timothy
Burye, Alan
Buttron, Patrick



Byers, Paige
Cagle, Richard
Cagle, William
Camacho, Mark
Camberos, Gabriela
Cando, Kelli
Cantor, Evin



Cantrell, Jason
Capwana, Brett
Carey, Heather
Carpio-Scott, Ramon
Carter, Richard
Castagna, Mark
Castaneda, Oscar



Castro, Tamara
Cepeda, Adam
Cepeda, April
Cesar, Mark
Chapman, Robert
Chavez, Richard
Cherwinski, Shelley



Chirco, Jennifer
Christian, Aaron
Christopher, Richard
Clary, Vicki
Climenson, Christine
Coffman, Anne
Cole, Brad



Coley, Daphne
Collins, Eric



Combs, Sheila
Comfort, Anna



Conant, Nelson
Contreras, James



Conway, Steven
Corcoran, Carrie



"Our praise we sing to thee . . ."



Corder, Tammy
Corfield, James
Cornett, Cherie
Cottom, Denise
Crain, Jennifer
Crise, Randall
Crosby, Brian

Crosson, Lisa
Culton, Dianne
Cumler, Michael
Cundiff, Kelly
Daglio, Michael
Dahl, Chris
Darby, Renee

Davenport, Elena
Davis, Debra
Del Pego, Daniel
Dilley, Anne
Diplock, David
Do, Binh
Do, Tuyethang

Dodson, Stephanie
Doi, Patrick
Doyle, Denise
Dozier, Curtis
Duff, Steven
Duncan, Stacy
Edwards, Alex

Emerson, Aaron
Emery, Rolf
Emmons, Thomas
Engelhorn, Teri
Epstein, Avra
Erickson, Dennis
Estavillo, Marshall

Ethridge, Michael
Eubanks, Jeanne
Evancho, Brent
Evans, Tiffany
Everett, Matthew
Feldman, Lisa
Fellows, Andrew

Fernandez, Alexia
Finley, John
Fisher, Ingrid
Flinn, Deborah
Flores, Eddie
Flores, Richard
Florez, Alicia

Folts, Shaun
Forester, Lisa
Foster, Sean
Foster, Tamara
Fowler, Maryann
Fox, Laurie
Fuller, William

Gaines, Tami
Galici, Julia
Garcia, Raul
Garrett, Dale
Gary, Diedre
Gaskill, James
Gaston, Julie

Geisinger, Scott
Gendreau, Caroline
Gesler, Sarah
Gianas, Lena
Gilkey, Phillip
Gill, Amy
Gillette, Nicole



Gladhill, Donna
Gomez, Denise
Graham, Catherine
Graven, Michael
Green, Robert
Greer, Marilyn
Gregg, Daniel



Grinder, Kandie
Grissom, Tracy
Grubbs, Harmon
Grzesiak, Richard
Guinto, Bernard
Gutgesell, Elena
Guthrie, Scott



Haas, Isabel
Hagen, Lorissa
Halavais, Kristen
Hambel, Pat
Hammel, Jon
Hammerschmidt, Jeff
Hanks, Richard



Hanson, Karen
Hanson, Lara
Harmon, Kendall
Harrell, Scott
Hartung, Kathleen
Hawkins, Wayne
Hensley, Richard



Hernandez, Joseph
Hernandez, Linda
Hernandez, Mario
Hernandez, Vira
Hester, Charlie
Hicks, Charles
Hill, Clarence



Hilliker, Michael
Hitt, Allyson
Ho, Yvonne
Hollister, Pamela
Holloway, Dereck
Hopkey, Travis
Hosey, Richard



Hosman, David
Howell, Jonathan
Huggins, Billy
Hughes, Donald
Hulme, Samuel
Humphries, Terri
Hynes, Karen



Jackson, Joseph
Jackson, Sheila
Jackson, Patricia
Jaffer, Malik
James, Michele
Jazbec, Bonnie
Johnson, Divell





Johnson, Laila
Johnson, Ricardo
Johnston, Corey
Jones, Carla
Jones, Fletcher
Jones, Kevin
Jones, Rhonda

Jones, Zandra
Kahl, Andrew
Kahl, Joel
Kammeyer, Thomas
Kaplan, Paul
Kasey, Ann
Kaufman, Tracy



"Hi Girls!"



Kearns, Robin
Keeton, Robert
Kelly, Jennifer



Kelly, Scott
Kelly, Shannon
Ketchpaw, Jennifer



Khalil, Tamara
Kilpatrick, Mark
Kline, Michael



Knepper, Tim
Knight, Jerry
Knott, Laura



Knowles, Robert
Konold, Jennifer
Kosinski, Christopher



Kreczmer, Robert
Kuhfal, Michael
Kuta, Sheri



Lake, Wendy
Lakin, Jennifer
Lanzo, Melinda
Lapan, Deborah
Lara, Marcus
Latimer, Leslie
Lau, Dennis

Layton, Matthew
Lee, Jason
Leeds, Adam
Lewis, Sheri
Linsky, Wendy
Little, Dawn
Loftus, Kyle



Lomedico, Rose
Looper, Deborah
Lopez, Anita



Luna, Michele
Lutton, Dawn
Lykes, Jacqueline



Lyon, Derek
Mackey, Dean
Maher, Charmaine



Martin, Dwayne
Martin, John
Martin, Kimberly



Martin, Michael
Martinez, Michael
Matsushima, Jeffrey



Mc Adams, Douglas
Mc Bride, Alton
Mc Carthy, Karen
Mc Carthy, Sean
Mc Caskill, Anthony
Mc Clure, Sean
Mc Cormick, Karen



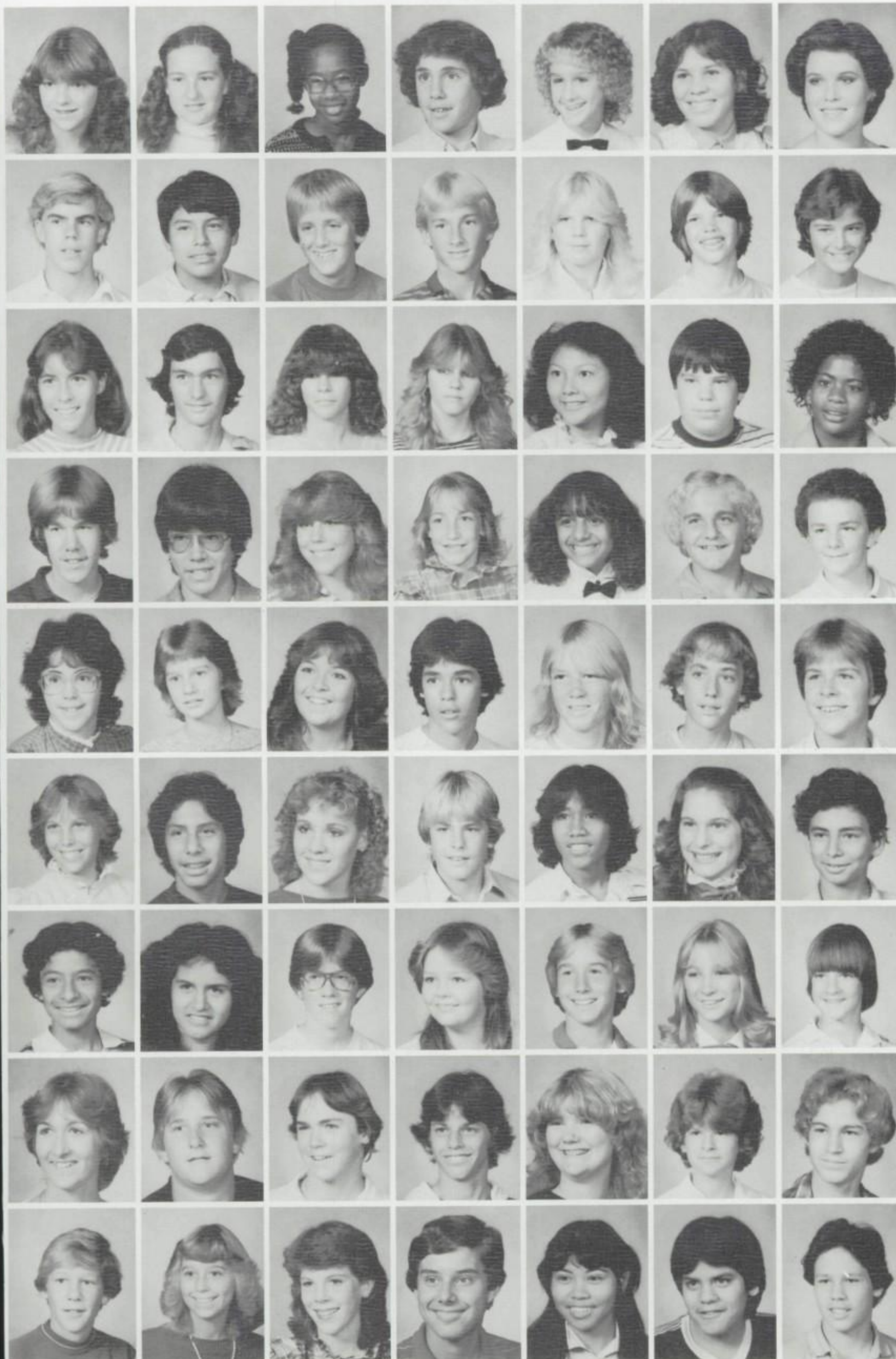
Mc Donnell, Stacy
Mc Elroy, Esther
Mc Farland, Raymond
Mc Guire, Shannon
Mc Neill, Kevin
Mc Veigh, Daina
Menzer, Robert



Meyer, Laura
Miller, Jodi
Miller, John
Minet, Robert
Moaney, Sara
Mobley, Eric
Mogan, Geraldine



Freshman Bill Rork shows friends how to eat a sandwich.



Moore, Heather
Moore, Melanie
Moramarco, Nicholas
Morneau, Shawn
Morquecho, Blanca
Morris, Cathy

Morris, Craig
Moungie, James
Mowles, Michael
Mulvaney, Thomas
Munson, Julie
Murphy, Travis
Mutter, Victoria

Nations, Robin
Neal, Timothy
Newman, Vicki
Newton, Claudia
Nguyen, Kim-Dung
Nhaera, James
Nicholls, Mark

Nye, James
Oakland, Anthony
O'Brien, Paula
O'Byrne, Wendi
Ocasio, Michele
Oedewaldt, Jweey
Offield, Troy

Oliveira, Tracy
Omahen, Karen
Orozco, Maria
Ortiz, Brian
O'Toole, Kevin
Padula, David
Page, Raymond

Palladino, Anne
Parker, Michael
Parrish, Robin
Patton, James
Pelkey, John
Pellegrin, Gina
Perea, Arthur

Perez, Paul
Perez, Rosa
Peters, Jesse
Petersen, Le Anna
Pfau, Steven
Phillips, Gail
Pierce, Matthew

Pinkerton, Laura
Pitman, Vincent
Plum, Joseph
Polos, Michael
Poschman, Katherine
Powell, Jeff
Preato, Thomas

Prescott, Kevin
Press, Michele
Price, Tamara
Quesenberry, Michael
Quidachay, Rosie
Quigley, Scott
Ramirez, Michael

Randall, Gail
Rangel, Eduardo
Ranson, Lisa
Rausa, Rosanna
Ray, Michael
Reeves, William
Reischman, Stacy



Reynolds, Stacie
Rice, Monica
Richardson, Jennifer
Richardson, Julie
Rickard, Robert
Rider, Sherri
Rider, Timothy



Ridge, Aaron
Riley, John
Rivers, Earnest
Roberts, Becky
Robnett, Julie
Rodriguez, Edwin
Rork, William



Rose, Susan
Rouillard, Michael
Rountree, Louise
Rubin, Daniel
Rury, Jamie
Sabus, Gisela



Sadulski, Michele
Salas, Valarie
Salazar, Valarie
Sanchez, Joseph
Sandoval, Paul
Sandu, Carla
Santana, Erik



Santos, Teresa
Sardina, Frank
Saylor, Steve
Scales, Rozella
Schauble, Michelle
Schilf, Tracy
Schooler, Paul



Scolari, Joselyn
Scott, Joe
Scott, Leonard
Seifert, Ronald
Sexton, Penny
Sexton, Thomas
Seymour, Daniel



Shaieb, James
Shanahan, Kimberly
Shepard, Richard
Sherkenback, Paul
Sherwood, Tammy
Shields, Michael
Shinall, Anna



Shipler, Debra
Shipman, William
Shivers, Hughy
Shtino, Mark
Simpson, Mary
Skrak, Karen
Smith, Tamara





"I thought you already took my picture!"



Snyder, Ronald
Soderberg, Jon



Sotello, Carlos
Specht, Alexander



Stablein, Peggy
Stacy, Michael



Stanley, Rebecca
Stark, Dena



St. Clair, Scott
Stephens, Daniel



Stimpson, Kenneth
Strauss, Kenneth
Strojan, Anthony
Sutherland, Blair
Swanson, Erik
Swanton, Ian
Sweeney, Darlene



Swoboda, Marcie
Taylor, Shawn
Thrasher, Michael
Timms, Rocio
To, Amy
Todd, Larry
Toner, Judy



Torgersen, Stacey
Travis, John
Trojanowski, Troy
Turner, Marci
Unea, Dale
Upston, Michael
Usilton, William



Velasco, Donald
Vidger, Julie
Virgilio, Brian
Vitus, Lisa
Voeltner, Bryan
Walter, Chad
Walton, Carrie

Walton, Carrie
Webb, Cari
Webb, Matthew
Weber, Carrie
Webster, Edvelyn
Weeks, Christina
Wellons, Branson



Whitcomb, Jennifer
Wicks, Matthew
Wiechert, Robert
Wigfall, Patrick
Wilkes, Marsi
Williams, Cheryl
Williams, Dana



Williams, Eric
Williams, Sharon
Williams, Zachary
Williford, Wendy
Willrich, Aria
Wilson, Keith
Wilson, Michaelle



Wilson, Thomas
Winters, Christine
Wittkop, Laurie
Wrasidlo, Andrea
Wright, Erik
Wright, Stacey
Wyatt, Amanda



Wynn, Melissa
Young, Cynthia
Young, Larry
Young, Sandy
Zacholl, William
Zenor, Barbara
Zinn, Adam



Too Late to Classify:

Cangialosi, Joanna
Cronk, Christopher
Mashek, Tom



Camera Shy:

Adams, Michael
Anderson, Catherine
Awadallah, Ghadeer
Baker, Mario
Beasley, Christine
Beck, Heather
Blaisdell, Tina
Botticelli, Donna
Burt, James
Corbin, Lisa
Counts, Tina

Cunningham, James
D'Angelo, Chris
Edmond, Reginald
Erickson, Carmine
Exum, Jeffrey
Fisher, Timothy
Freeburg, Colleen
Gonzalez, Alfredo
Gouge, Carrie
Grimaldo, Toni

Hakow, Michelle
Hartman, John
Holmes, Anitra
Horne, Jayne
Hudson, Scott
Lentz, Ricky
Najera, James
O'Conner, Charles
Osman, Nathan
Paules, Lance

Posey, Charles
Ramsey, Phillip
Real, David
Roberts, Angie
Saeedpour, Shima
Scalzitti, Cathy
Schneider, Deborah
Stone, Traci
Vawter, Paul
Wilson, Toby



"That's all folks!"

FROSH FAVORITES

FAVORITE MOVIES

1. E.T.
2. Fast Times at Ridgemont High
3. Poltergeist
4. The Wall
5. Tootsie
6. The Toy
7. An Officer and a Gentleman
8. Rocky III
9. 48 Hours
10. Raiders of the Lost Ark

FAVORITE HOBBIES

1. Playing Sports
2. Bike Riding
3. Skiing
4. Horseback Riding
5. Surfing
6. Dancing
7. Listening to Music
8. Three Wheeling
9. Fishing
10. Motorcycle Riding

FAVORITE T.V. SHOWS

1. M*A*S*H
2. Knight Rider
3. A-Team
4. Magnum P.I.
5. Dynasty
6. Leave it to Beaver
7. Happy Days
8. The Fall Guy
9. Hill Street Blues
10. Fame

FAVORITE HANGOUTS

1. Round Table Pizza
2. Beach
3. Arcades
4. Friend's House
5. Home
6. Movies
7. Aquarius
8. Parkway Plaza
9. Family Fun Center
10. Park

FAVORITE ALBUMS

1. Men at Work — Business as Usual
2. Judas Priest — Screaming for Vengeance
3. Stray Cats — Built for Speed
4. Ozzy Osbourne — Speak of the Devil
5. Black Sabbath —
We Sold Our Souls for Rock 'n' Roll
6. Van Halen — Diver Down
7. Rush — Moving Pictures
8. Led Zepplin — II
9. Scorpions — Black Out
10. Missing Persons — Spring Session M

FAVORITE CARS

- | | |
|----------------|-----------------|
| 1. Porsche | 6. Toyota 4x4 |
| 2. Ferrari | 7. Mustang |
| 3. Volkswagon | 8. BMW |
| 4. Lamborghini | 9. Mercedes |
| 5. Corvette | 10. Datsun 280Z |



Faculty And Staff





Section Editors:
Bill Coyne
Randy Hart

Admin Experiences Role Change

Helix principal, Dr. Robert E. King left the campus early in the school year to become acting assistant superintendent of educational services in the Grossmont district. At his district post, which he accepted temporarily to replace Lois Nossoman, who was ill, Dr. King's work involved such issues as ASB finance, athletic eligibility requirements and curriculum review, Regional Occupational Program and Adult School. "I learned about all kinds of things that I didn't know before," laughed Dr. King.

Gerald Reckin, who replaced Dr. King during his absence, returned to his former position as administrative vice-principal. In addition, Larry Maw returned to his former position at El Capitan and Richard Geck resumed his role as student services vice-principal. Don Bonney filled the vacancy as student services vice-principal when Bill Melton transferred to Monte Vista in July.



Gerald Reckin (Jerry)
Admin. Vice-Principal
11 years



Richard Geck
Student Ser. V.P.
10 years



Donald Bonney (Don)
Student Ser. V.P.
7 years



Larry Maw
Student Ser. V.P.
1 year



Dr. Robert E. King
Principal
9 years



Mr. Gerald Reckin in his role as acting principal during first semester.



Mr. Sam Singer: Counselor of students Ko through Ra.

Dr. Robert E. King in his role as acting assistant superintendent during the first semester.





Kenneth Peeters (Ken)
Counselor, 6 years



Norman Robbins (Norm)
Counselor, 25 years



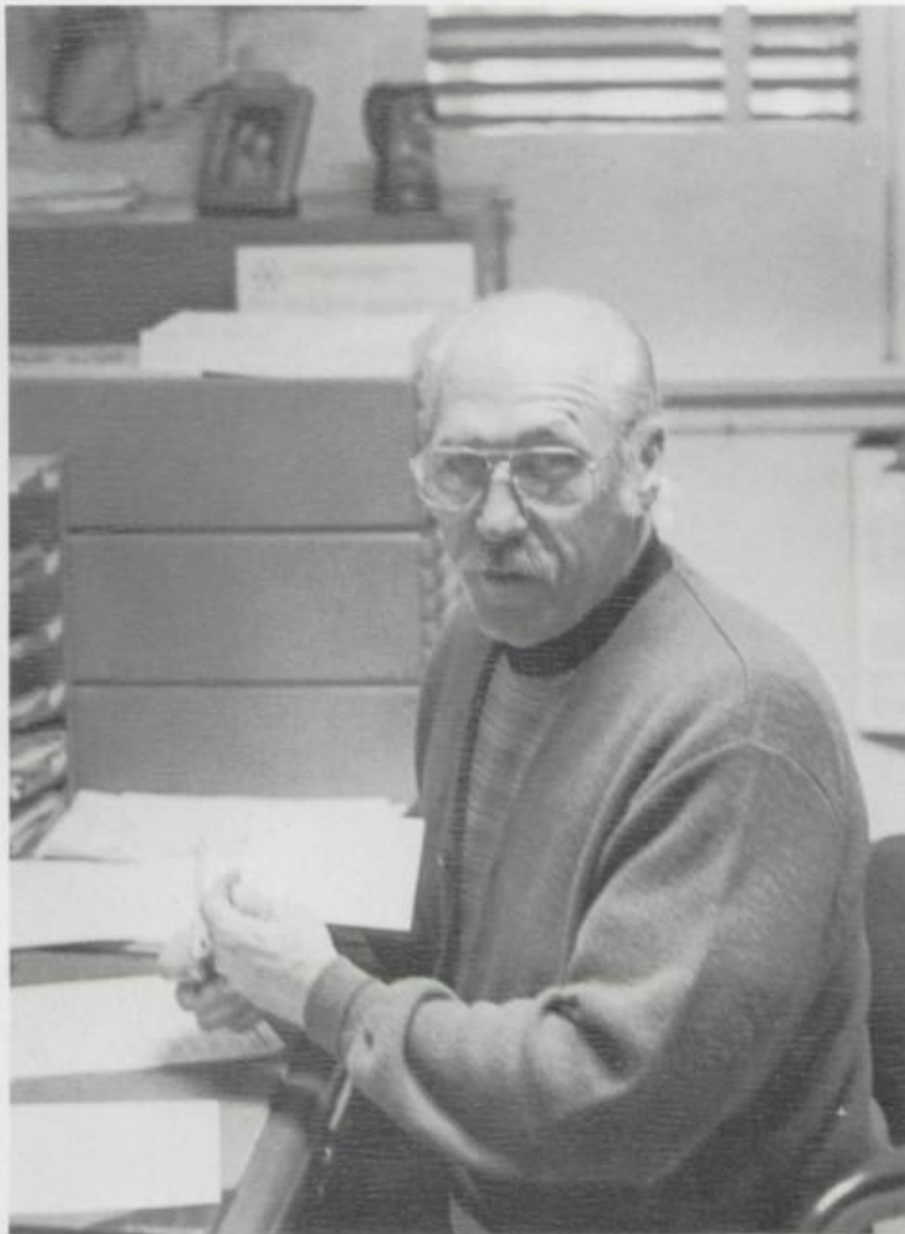
Patricia Robbins (Pat)
Counselor, 17 years



Mr. Kenneth Peeters: Counselor of students Re through Z.



Mr. Larry Maw was acting student services vice-principal.



Mr. Norm Robbins: Counselor of students Dim through Kn.



Mr. Don Bonney in his new role as student services vice-principal.



Robert LaCross (Bob)
Admin. Assistant,
11 years



Samuel Singer (Sam)
Counselor, 15 years

Teachers Provide Knowledge



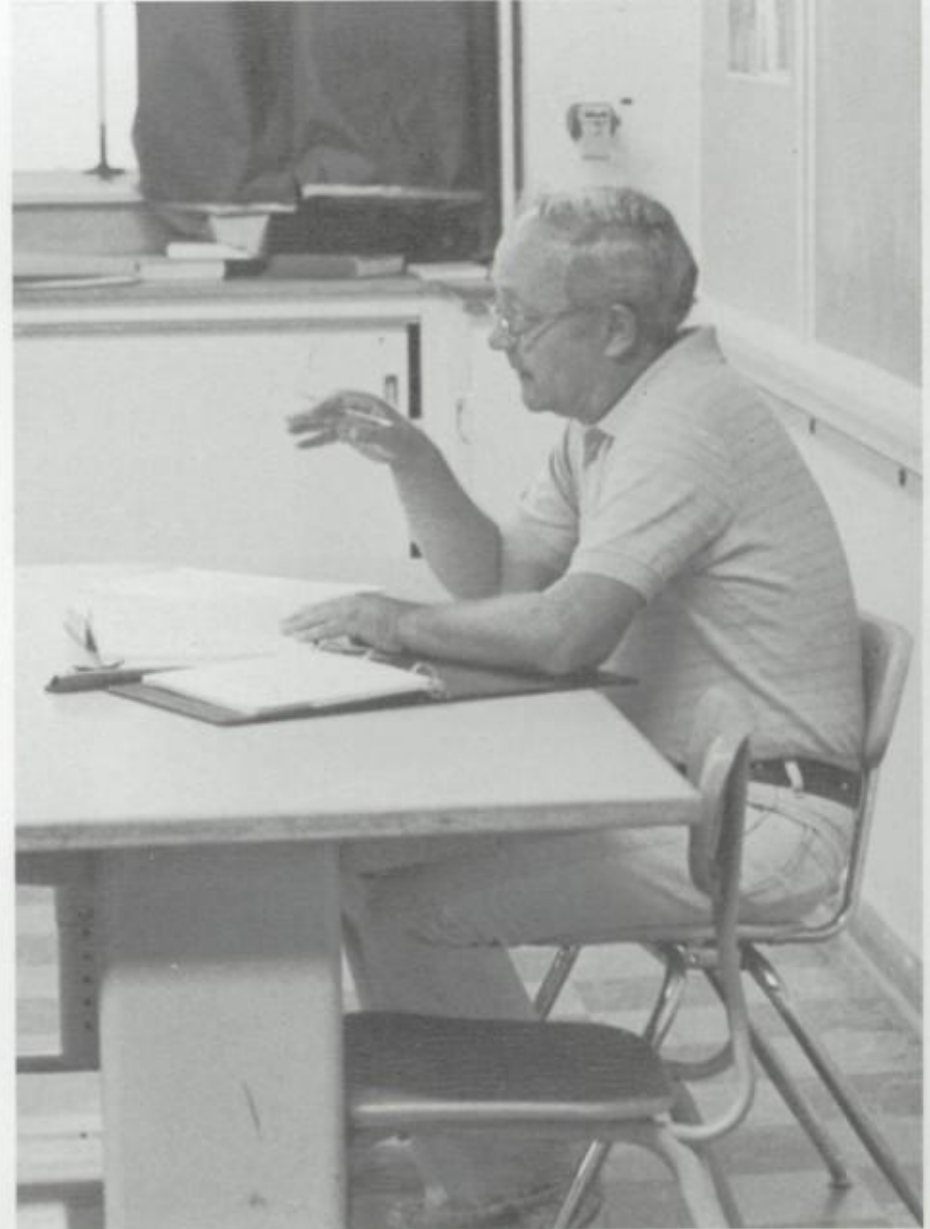
Richard Almanza
Band, Orch., 2 years



Jim Arnaiz
Career Planning,
13 years



Nilo Atkinson
Ag. 1C, Alg. 2C,
20 years



Mr. John Boone goes over test results in his U.S. History class.



Head football coach Jim Arnaiz talks to reporters after CIF win.



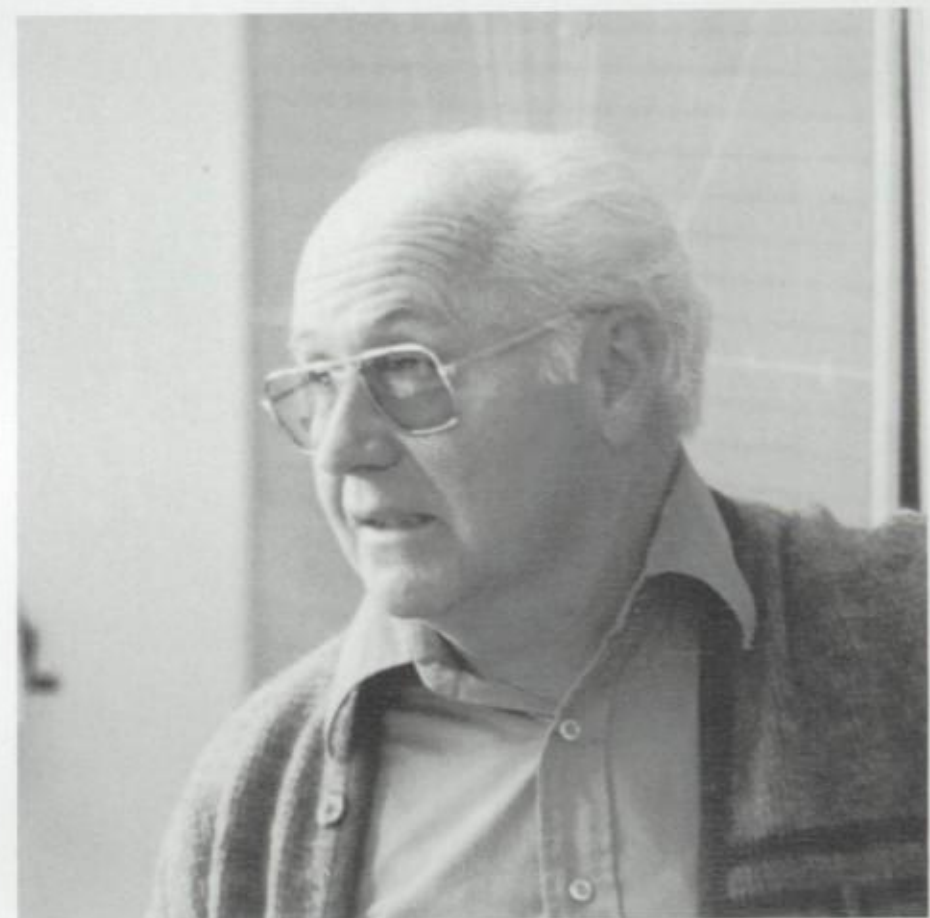
Shurli Bailey
Geog. 1R, 1A, 13 years



Norma Basgall
Eng. 3C, 3A, 3 years



John Boone
U.S. His. 1A, 1C, Wrld.
His., 22 years



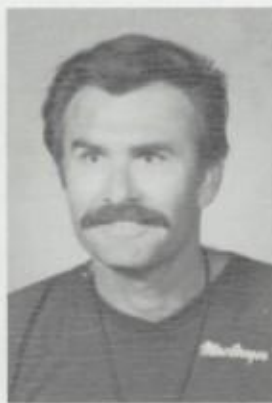
Mr. Nilo Atkinson has taught Algebra at Helix for twenty years.



Mr. Charles Corbisez explains basic English skills to his class.



Señora Jean Costa discusses a homework assignment to her Spanish class.



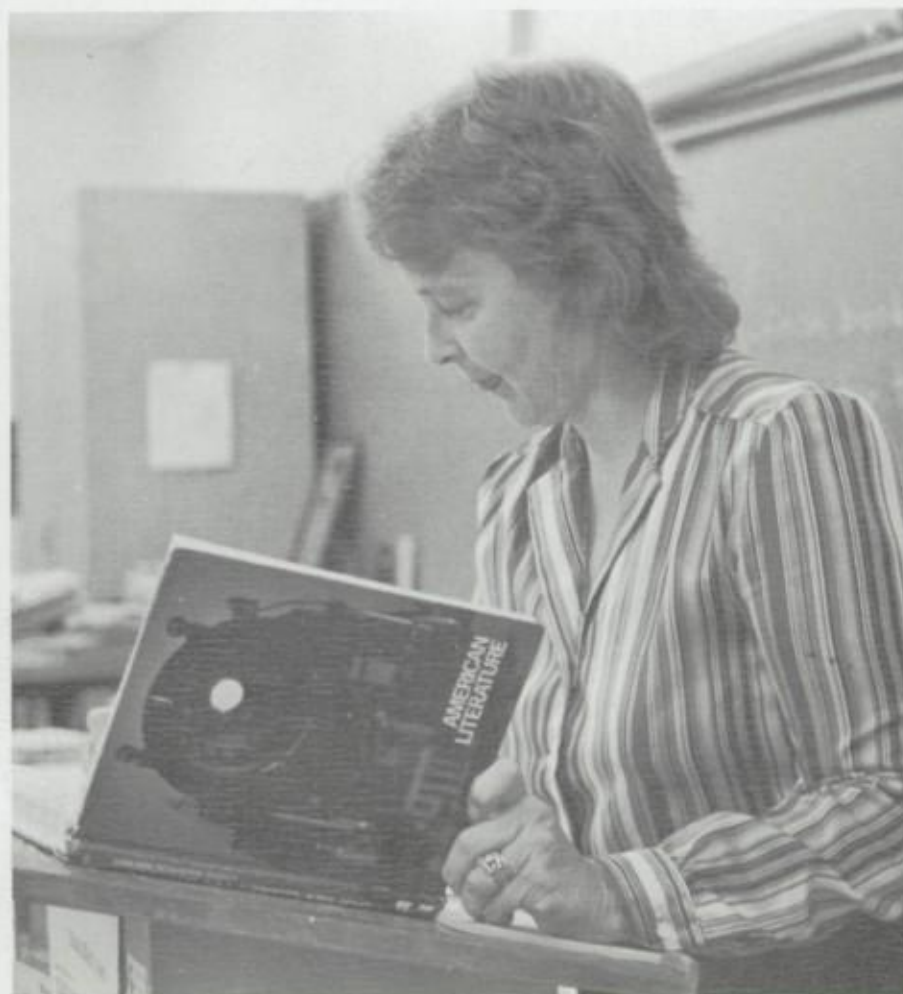
Ray Carson
P.E., 1 year



Kenneth Cates
Pol. Sci., 1 year



Toni Clayton
E.H., 9 years



Mrs. Jane Drake prepares a reading assignment for honors English.



Charles Corbisez
Eng. 7A, 1C
14 years



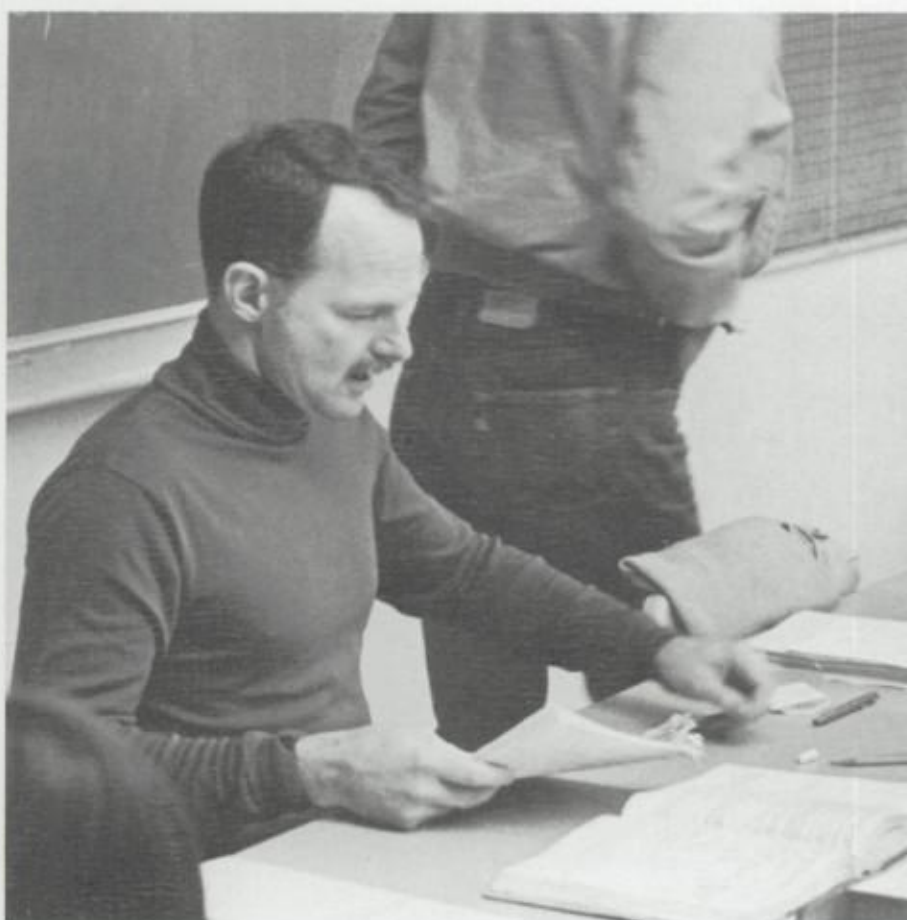
Jean Costa
Spanish 1C, 3C,
19 years



Jon Crawford
P.E., 17 years



Jane Drake
Eng. 1H, 5C, 17 years



Mr. Ehlers going through a stack of papers.



Robert Eckert
Rec. Keeping, Work
Exp., 11 years



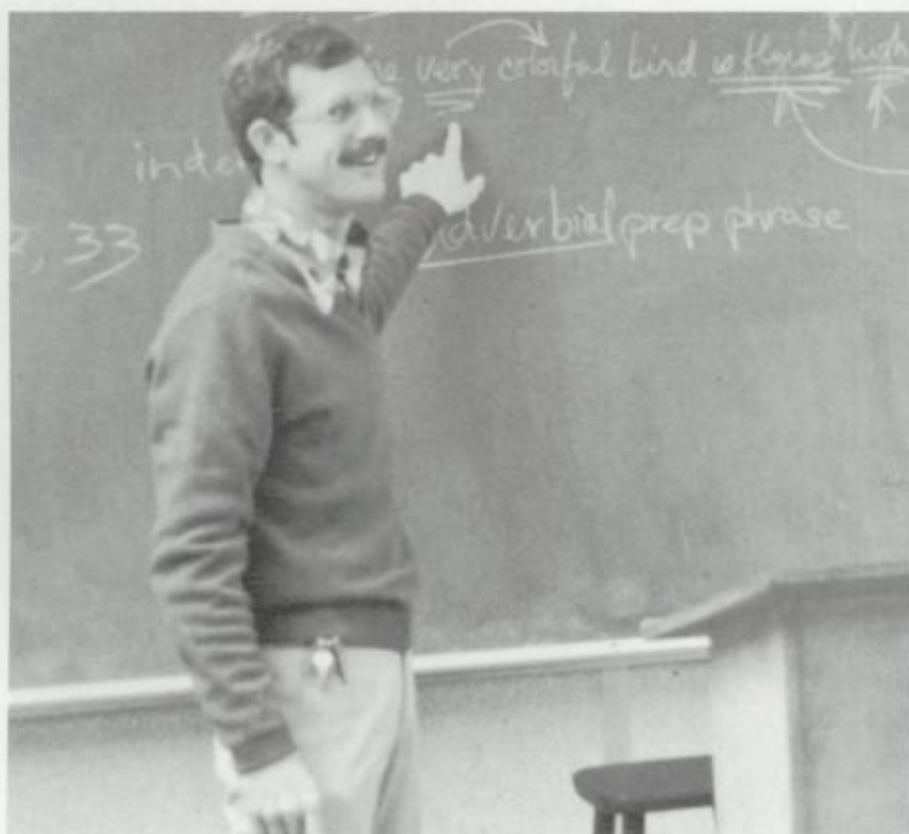
William Ehlers (Bill)
Alg. 1C, 2C, Geom. 1C,
1H, 22 years



Howard Estes (Howie)
Eng. 5A, 1R., 9 years



Mr. Feeser joking with his class.



Mr. Faulk explaining the English do's and don'ts.



Mark Faulk
Eng. 1R, Choir, Glee,
10 years



Charles Feeser
U.S. His. 1A, 1C,
24 years



Pauline Forman
Eng. 1A, 1C, 3R,
1st year



Mr. Eckert taking an important phone call.



Lewis Freed (Lew)
Alg. 1H, 2H, Pre-Cal.,
28 years



Robert Freeland (Bob)
Library, 30 years



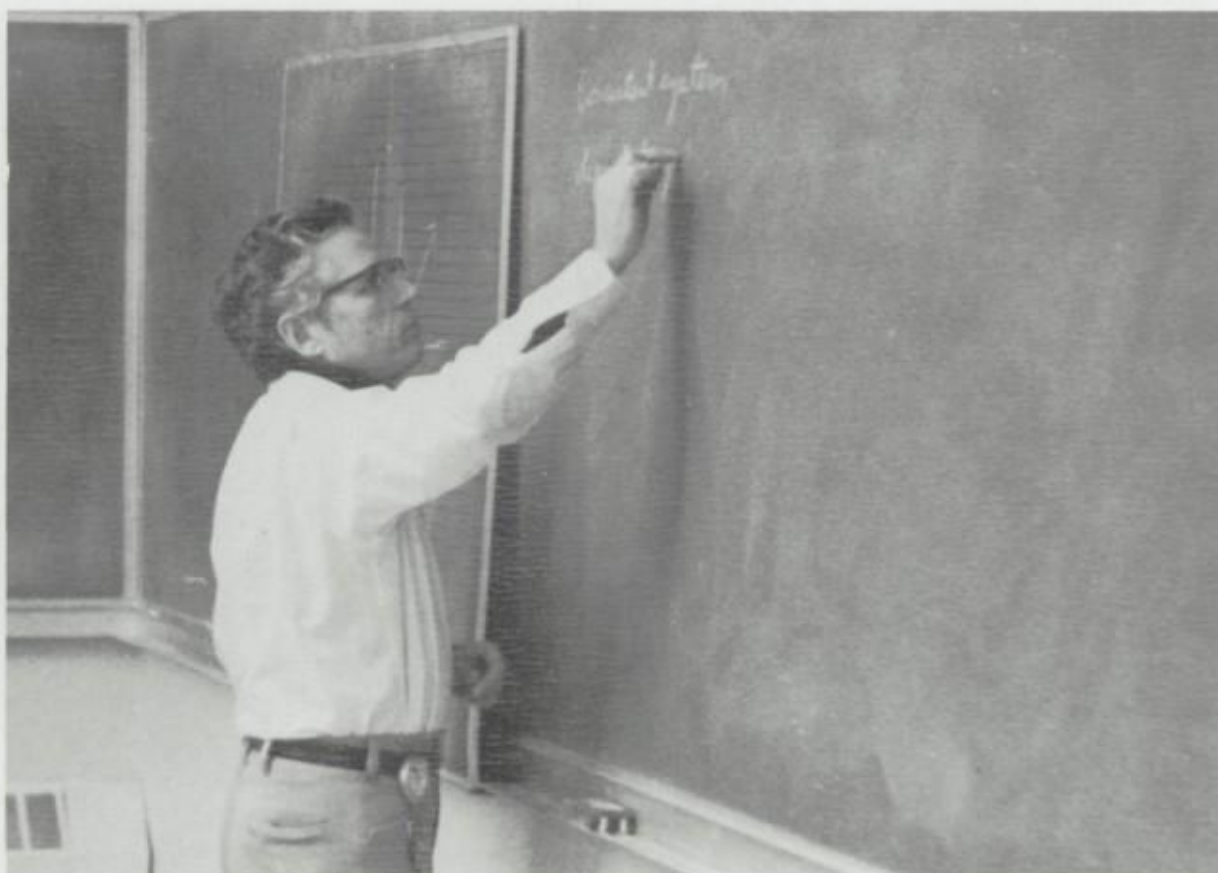
Jill Gormley
French 2C, 3C, 4C
9 years



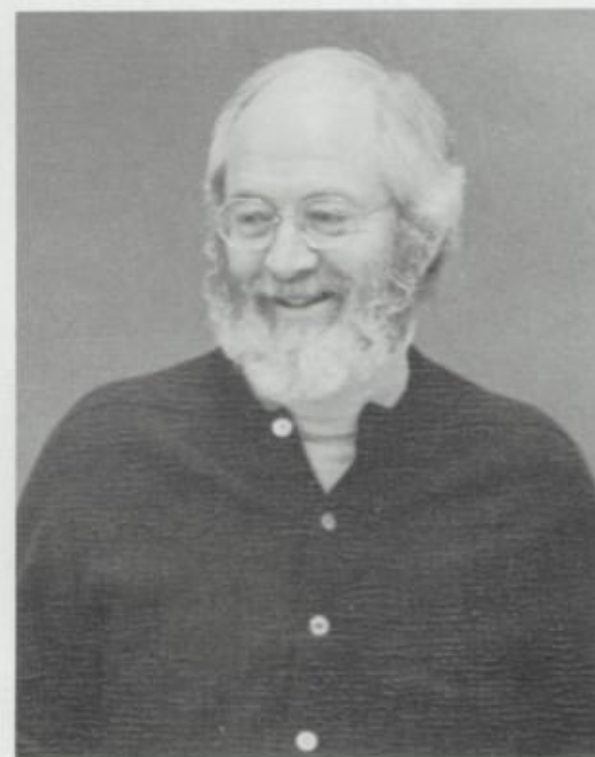
Reg Grainger
Eng. 3A, 7C., 17 years



Dr. Freeland going through his card catalog file.



Mr. Freed listing the vocabulary for the next test.



Mr. Higby is delighted with his class.



Mr. Grainger discussing a class question.



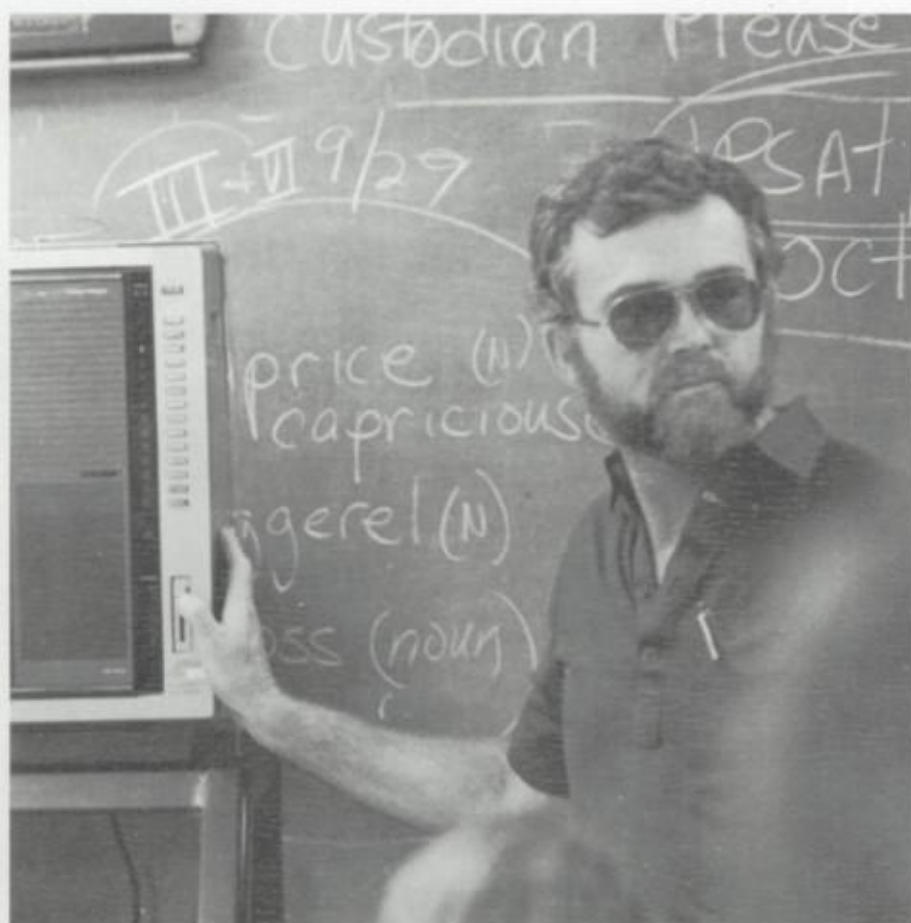
Maria Heimpel
Span. 2C, 4C, 5C
16 years



Charles Higby (Bud)
Eng. 7H, 7C, 5R
27 years



Denise Hume
Basic Arith, Adpt P.E.
12 years



Mr. Dave Landry uses video tape in his Film as Lit classes.



Mr. Dale Johnson adjusts the blade of a block plane for a student.



Carole Hutchins
School Psychologist
4 years



Dale Johnson
Wood 1S, Voc
Cabtmking, 6 years



Agnes King
P.E., Math 1S, 2S,
Arith Rev. 17 years



Mrs. Agnes King served as girls' athletic director and taught math.



Mr. Phil Knott checks one of his student's Economics assignments.



Kim Kirk
Speech Therapy
4 years



Philip Knott (Phil)
German 1C, 2C, 3C,
4C, Econ. 1C., 16 years



David Landry (Dave)
Eng. 5A, 5C, 5H, Film
as Lit. 12 years



Richard Langston
Geog. 1A, Soc. Liv.
17 years



Alvin Larsen (Al)
Eng. 1A, 3A, 16 years



Louis Laterza (Lou)
Elect. 1S, 3S, Elect Lab
Tech., 8 years



Mr. Al Larsen was Sophomore class advisor again this year.



Geography teacher Mr. Dick Langston also coached varsity wrestling.



Myrra Lee
Soc. Liv. U.S. His.
Min., Womens St.
13 years



Ernest M. Ligon (Ernie)
Math 1S, 2S, 3S, 4S,
Alg. 1C., 9 years



Marianne Loftus
Biol. 1A, P.E., Phys Fit.
Racq Spts.
24 years



Robert Lucas (Bob)
Phys Fit. Soc. Liv.,
P.E., 18 years



Mr. Lou Laterza was nicknamed "Sparky" by his Electronics students.



Mr. Bob Lucas held physical fitness classes at the Family Fitness Center.

*Time, it's been nice having you and reviewing all your outstanding notebooks
Mr. Lucas*



Frank Lueke
Comp. Lit., Geog. 1H,
15 years



Ann Larivee
Biol. 1A, Chem. 1C
3 years



Paula Mathis
Graphic
Communications
5 years



Nelwyn McGee
Singl. Surv., Food Disc.,
Child Dev., 2 years



Leslie Messier
Mod. Dnc. Beg., Adv.
Int., 12 years



Christine Moretti
Eng. 1A, 3C, 3R
6 years



Science teacher Ann Miller became Mrs. Ann Larivee this year.



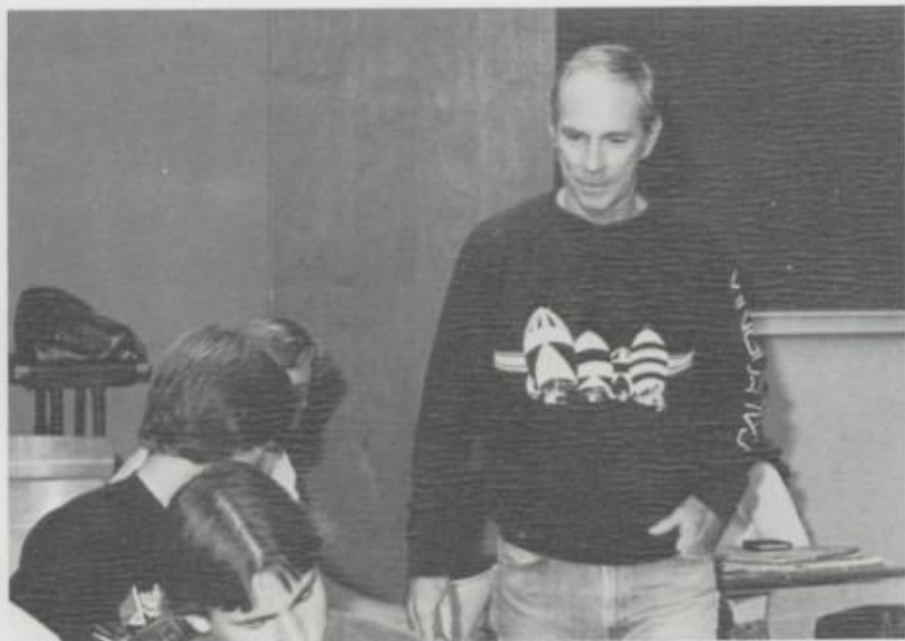
Mr. Frank Lueke taught Computer Literature for the first time this year.



Mrs. Chris Moretti taught English as well as coached the speech team.



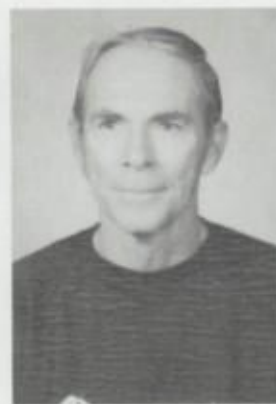
Mrs. Leslie Messier spent many hours preparing her Modern Dance class for the annual Pops Concert.



Mr. Jack Munson prepares his award-winning Math Team for competition.



Mike Muirhead
P.E., Cont Tm Spts
21 years



Jack Munson
Geom, 1C, Pre-Cal
Math Sem. 1H
22 years



Gordon Nash
Biol. 1R, 1A., 21 years



Betty Jo Nichols
Art 1S, Photo 1S Hs &
Int Des., 20 years



Evonne Noll
Drama 1S, 3S, 5S, 7S
Stgrft, Eng. 5A
17 years



Parker Olsen
Bio. 1A
Oceanography
15 years



The Olsen and Pirie team explain and demonstrate taking blood pressure.



Mrs. Evonne Noll discusses casting for the Fall Play, Comedy Tonight.



Mr. Gordon Nash resumed his position as full-time Biology teacher this year.



Mr. Al Pirie offers Meri Adams his pet frog, Kermit.



Kay Raines
Acct. 1S, 3S, Pers. Fin.,
13 years



Ron Ray
Photo 1S, Cmmrcial
photo, Tartan, 19 years



Charles Serr
Crafts 1S., 14 years



Mr. Ron Ray believes that being yearbook advisor speeds up the aging process.



Yolanda Ornelas
Span. 1C, 2C, 25 years



Jimmy Oxford
Auto 1S, Auto tune-up,
5 years



Jessica Patton
Eng. 3C, 5C, Fling
17 years



Philip Patton
Eng. 1C, 2C, 5A
18 years



William A. Pirie (Al)
Biol. 1C, 22 years



Daniel Plough (Dan)
Soc. Liv., Math 1S, 2S,
3S, 7 years



Journalism advisor Jessica Patton explains the meaning of the "up" style.



Gerald Shepherd
U.S. His, 1A, 1C
16 years



William Simpson
Math 4S, Alg. 1C,
Comp. Math., 22 years



Donald Spear
Geog. 1C., 22 years



Gerald Stanley
Educational Handicap,
12 years



Colleen Townsend
Educational Handicap,
1st year



Warren Vinton
Geog. 1A, 1R., 6 years



Ross Walker
Alg. 1C, Biol. 1A,
Arith. Rev. 25 years



Frank Watenpaugh
Physics, Sci. 1C
30 years



Dale Welch
Draft. 1S, 3S, 5S,
Metals 1S, 14 years

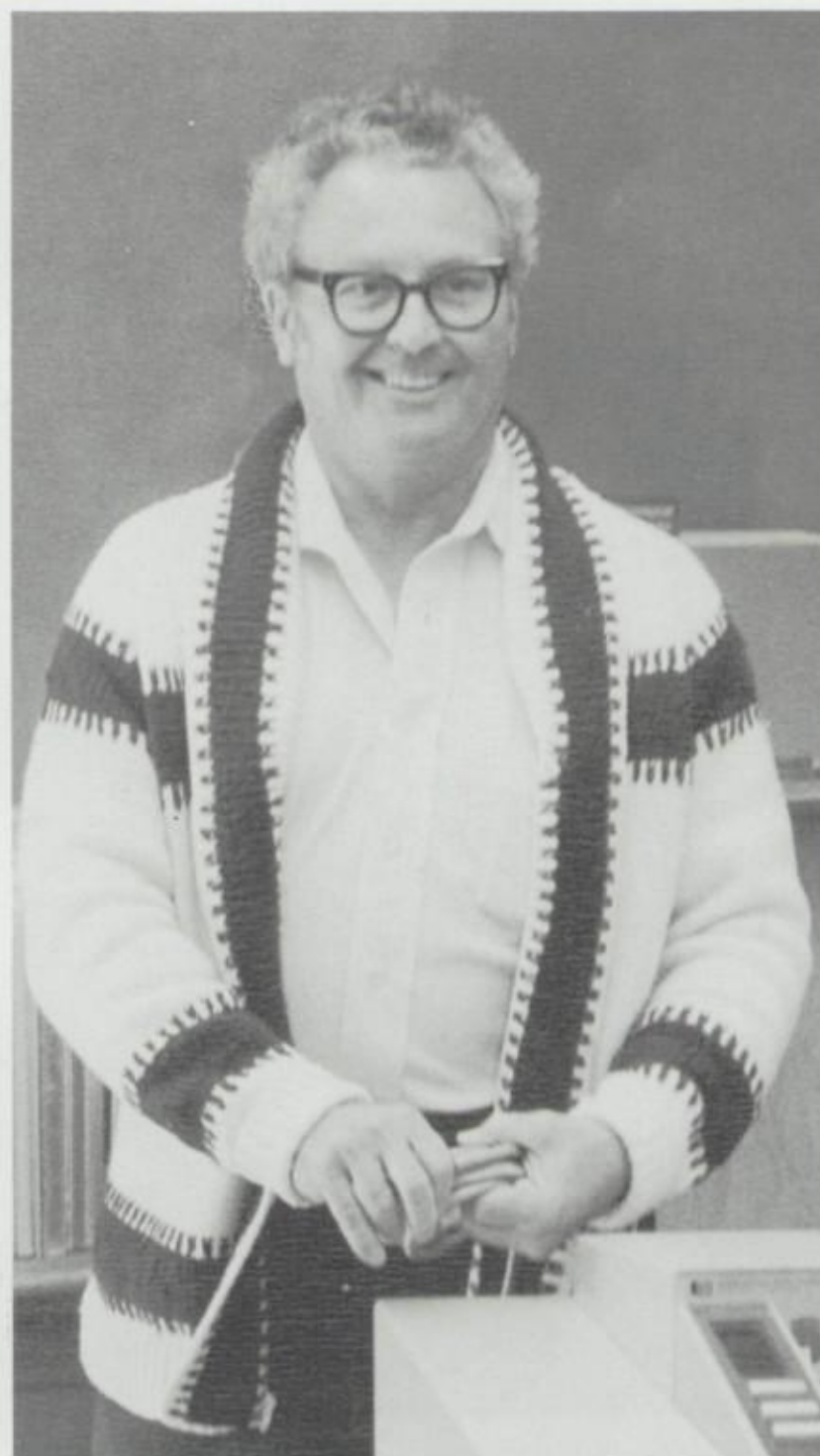
In Memory Of: James Hart 1924-1982

James Hart, former math teacher, died from cancer on October 16, 1982. He was 58 years old and had taught at Helix since 1962. Despite the fact he was diagnosed as having terminal cancer in February of 1981, he returned to teaching for the remainder of the year. He had planned to return for the '82 fall semester, but was too weak to do so. Hart had many accomplishments during his twenty years in the Grossmont District. He was responsible for the introduction of computers in the math curriculum, and was well-known throughout his community for his knowledge of computers and mathematics. Hart was president of the Grossmont Education Association for two years and served on numerous committees in the association. Said co-math teacher and friend Lewis Freed: "Jim was one of the best leaders GEA ever had." The faculty and students at Helix have not only lost an excellent teacher, but also a good friend.



After teaching physics for thirty years, Mr. Frank Watenpaugh plans his retirement.

Frank Watenpaugh



Helix Classified Staff



James Bennett
Custodians, 4 years



Mary Boudreau
ASB Bookkeeper
2 years



Mrs. Mary Boudreau became ASB Bookkeeper with the retirement of Mrs. Janet Taylor.



Jean Brandt
(not pictured)
Cafeteria, 2 years



Fred Burbank
Groundsmen, 4 years

Marvyl Burger
Vice Prin. Secretary
2 years



One of the many duties assumed by Mr. Al Burkhardt is student locker repair.



Groundsman Mr. Fred Burbank poses with his familiar garden tools.



*Alexander Burkhart
(Al)
Utility Man, 10 years*



*Barbara Davis
Guidance Info. Spec
5 years*



*Roy Davis
Custodian, 1st year*



Vice Principal's secretary Mrs. Marvyl Burger writes a Special Permit for a senior.



*William Dawes (Matt)
Media Technician
10 years*



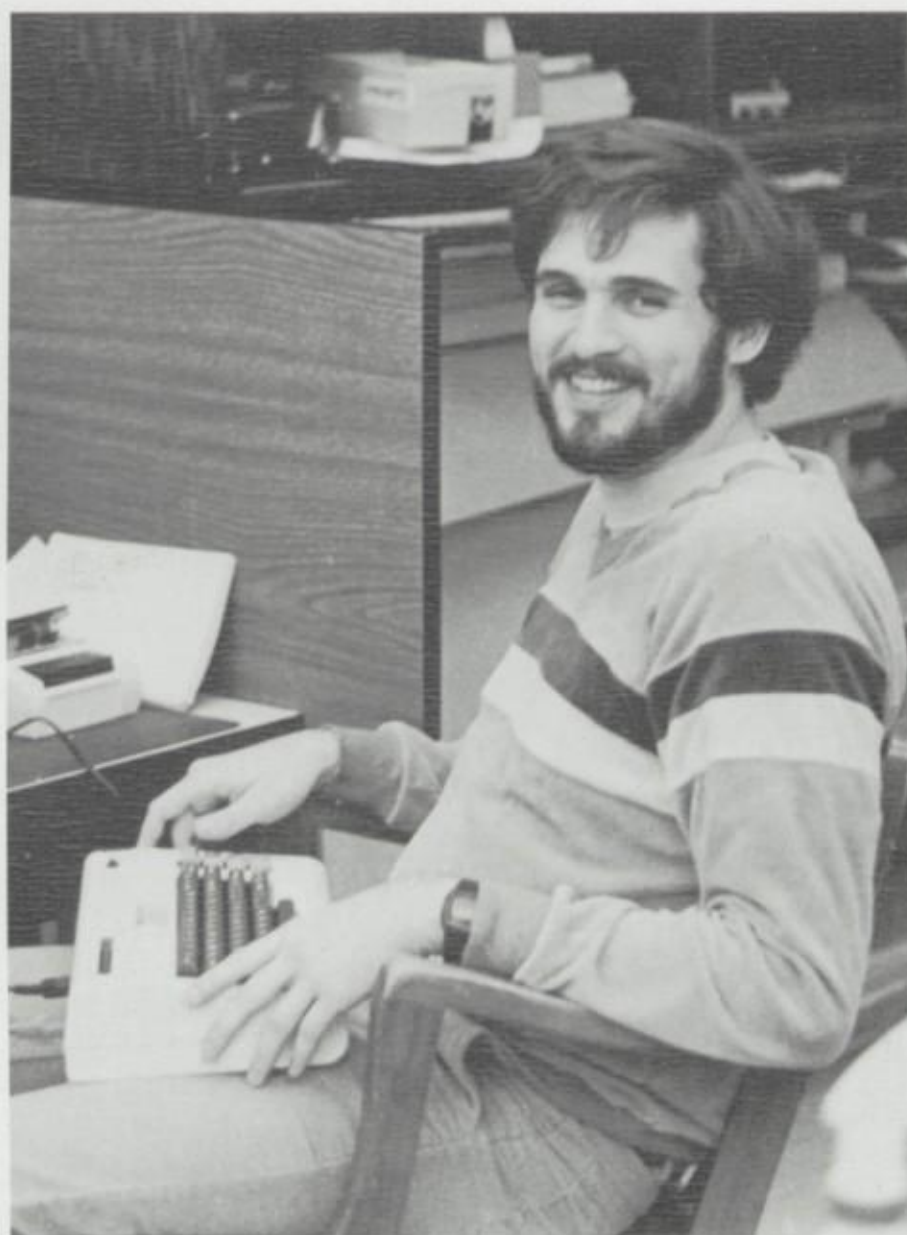
*Dorthey Focht
Cafeteria Staff, 6 years*



*William Emerson
Custodian, 9 years*



Mrs. Barbara Davis provided many students with guidance information.



Media Assistant Matt Dawes kept all AV equipment in good working order.



Mrs. Charlene Feeser answers students question.



Charline Feeser
Coun. Secretary
4 years



Ann Courtney
Intermed. Clerk
1st year



John Heilchuck
Custodians, 3 years



Ilse Humerickhouse
Cafeteria, 2 years



Mrs. Patty Keeler talks to a parent regarding attendance.



Ellen Igney
Office staff, 4 years

Patricia Keeler (Patty)
Attendance Clerk
4 years



Mrs. Ellen Igney assisting in the attendance office.



Evelyn Koske (Evie)
P.E. Attendant, 6 years



Howard Krandal
Custodian, 3 years



Ronald Lara
Groundsmen, 2 years



Mrs. Evie Koske attends to girl's athletic equipment.



Groundsman Mr. Ron Lara helps beautify the campus.



Audrey Lasher
Instr. Aide/Clerk
3 years



Patricia Limpic (Pat)
Principal Sec., 10 years



Ronald Lovell
Custodian, 2 years



Principal's secretary Mrs. Pat Limpic reads the bulletin.



Mr. Gordon Nyhus makes his daily rounds.

Gordon Nyhus
Head Custodian
7 years



Patricia Owens (Pat)
Library Assist., 9 years



Josephine Mackey
Cafeteria, 6 years



Carol McCann
Office Staff, 1st year



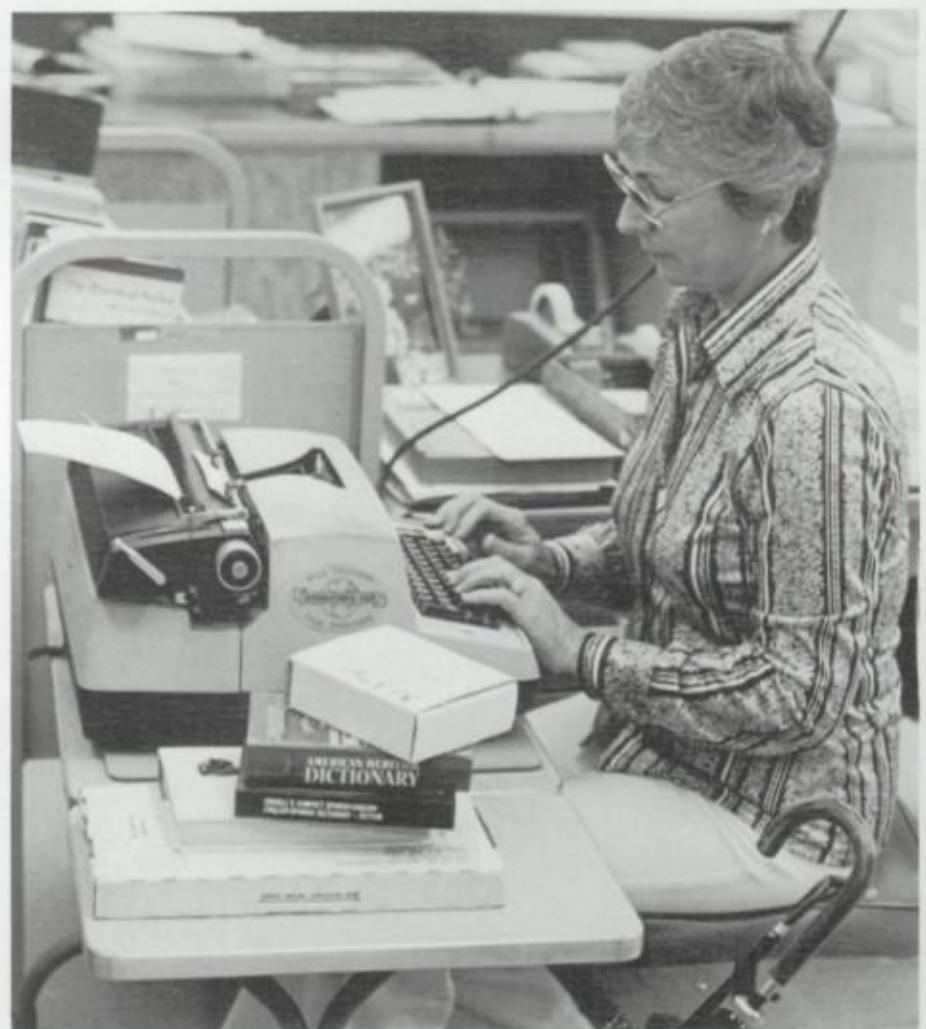
Albert McGee
Groundsmen, 4 years



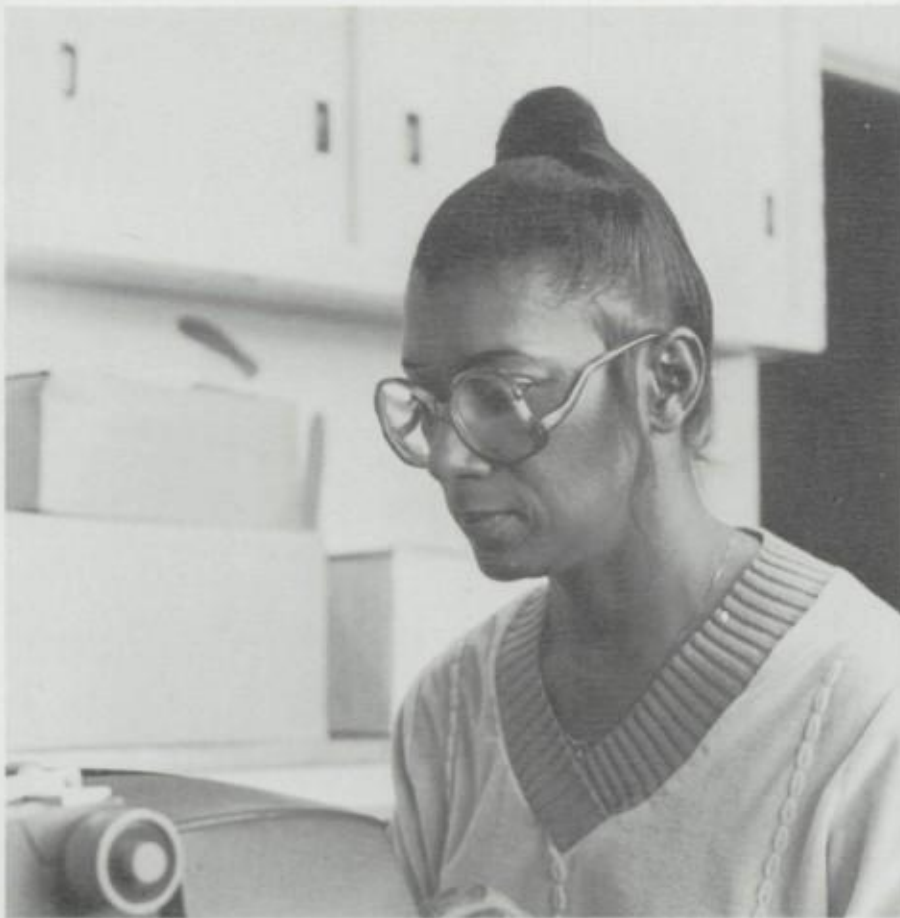
Groundsman Al McGee removes debris from shrubs around campus.



Mrs. Mary Sunbury working at the cash register in the cafeteria.



Mrs. Pat Owens, Library clerk, records all incoming books and films.



Duplicating clerk Mrs. Floy Porter also worked as receptionist.



Mrs. Louise Sanborn assists a student who has reported to the VP's office.



Louise Sanborn
V.P. Secretary, 12 years



Colleen Snyder
Records Clerk, 5 years



Mary Sunbury
Cafeteria Manager
3 years



Mrs. Margaret Volkmann answers one of the many incoming calls.



Mrs. Judy Lobb assumed the duties of records clerk.



Benjamin Taylor (Ben)
P.E. Attendant, 2 years



Margaret Volkmann
Office Staff,
Receptionist, 1 year



Bill Williams
Custodian, 3 years

ADS

WE WOULD LIKE TO THANK THE MERCHANTS WHOSE ADS APPEAR IN THE 1983 TARTAN. THEIR GENEROSITY HAS HELPED TO DEFRAY THE PRODUCTION COST OF THE YEARBOOK. THE TARTAN STAFF ASKS ALL HELIX STUDENTS TO SHOW THEIR APPRECIATION BY PATRONIZING THEIR BUSINESSES.

CONGRATULATIONS SENIORS

BASKIN-ROBBINS ICE CREAM



For faster service call us and order early
Baskin-Robbins Inc. Store 3127
Nancy McCurdy — Owner
Massachusetts & University
La Mesa, Ca 92041
(714) 469-6360



WALTER SLATER
OWNER

**CROSSROADS
TRAVEL**

7900-L EL CAJON BLVD.
LA MESA, CA. 92041

(714) 461-5510

**PRACTICE LIMITED TO
PEDODONTICS**

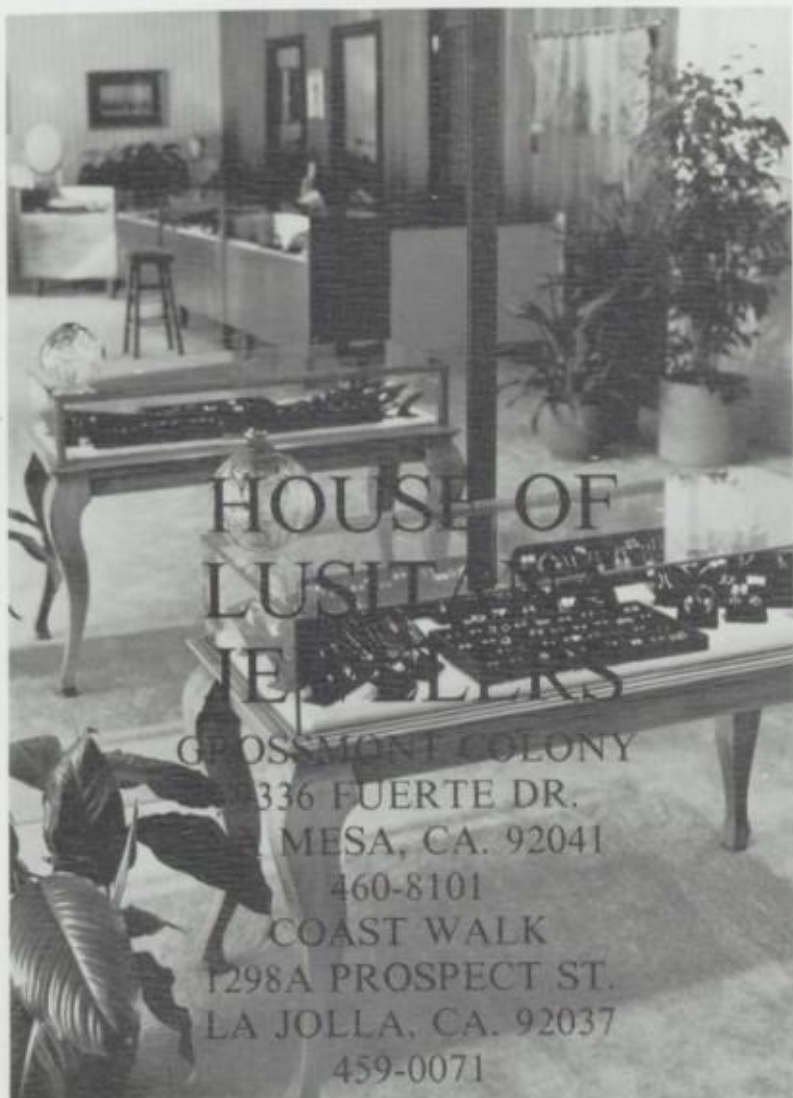


BEST OF LUCK TO THE CLASS OF 1983

KENNETH R. WHITCOMB, D.D.S.

RESIDENCE 698-3470
TELEPHONE 461-6166

4333 PALM AVENUE
SUITE C
LA MESA, CALIF. 92041



HOUSE OF LUSITA JEWELLERS

GROSSMONT COLONY
336 FUERTE DR.
LA MESA, CA. 92041
460-8101
COAST WALK
1298A PROSPECT ST.
LA JOLLA, CA. 92037
459-0071



PHONE 714/465-2000
5500 GROSSMONT CENTER DRIVE
LA MESA, CALIFORNIA 92041
COUNTY-WIDE DELIVERY SERVICE!!

Terry S. Robinson
Owner



10% STUDENT DISCOUNT



6165 Lake Murray Boulevard
La Mesa, California 92041

Phone: 697-8565

WE'RE CLOSE
WE'RE CLEAN
WE CARE

Garrie Giseburt



BUICK



BUICK

McCLELLAN BUICK

"Good Luck to all the Students"

7675 University Avenue
La Mesa, California

Bus. Phone 469-0104

30 Years in La Mesa

COMFORT SHOES

WOMEN MEN CHILDREN

WE SPECIALIZE IN: NARROW MEDIUM WIDE
X-WIDE

Pumas
Pony
Nikes
Op's

Hush Puppies
Soft Sport
Mushrooms
Other Brands

Grasshoppers
Addias

Visit Our Newly Decorated Store & See Our
Tremendous Collection of Exciting Shoes



ARMSTRONG'S
FAMILY SHOES

469-9104
8304 La Mesa Bl

Congratulations!

And the best of luck in the future.

Round Table Pizza Restaurants



8032 La Mesa Blvd.
La Mesa
462-1650

10450 Friars Rd.
San Diego
280-4086

Maternity Wear

All Items Reconditioned
Furniture Restored

GRAMPA'S ATTIC

Infants to Teens
Furniture to Jeans
Like New Items - 2nd Hand Prices

8679 La Mesa Boulevard
La Mesa, California 92041

(714) 697-9652

**TRAVEL
TRAVEL**
EL CAJON

Res. 460-3221

714-442-8804

548 BROADWAY
EL CAJON, CA 92021

ETTA ZINN
OWNER/AGENT

Foothill's Bible Book Store

CARDS — GIFTS — AWARDS

CASSETTES — SACRED RECORDS — MUSIC — VIDEO

PHONE
462-8880

8627 LA MESA BLVD.
LA MESA, CA 92041



McCrea Music Company

Musical Instruments & Accessories

WORKSHOPS & PRIVATE LESSONS

8361 ALLISON AVENUE • LA MESA, CALIFORNIA 92041 • (714) 698-7272

CONGRATULATIONS TO THE CLASS OF 1983

FUN TIMES



ROLL-A-RENA

FAMILY ORIENTED SKATING AND FUN CENTERS

AQUARIUS ROLL-A-RENA

intersection of

1-8 & La Mesa Blvd., La Mesa,
CA

462-2141

AQUARIUS ROLL-A-RENA
WEST

Intersection of Miramar &
Black Mountain Rds.

outside the north gate of
Miramar Naval Air Station

Toward 1-15

578-4661



- PUBLIC SKATING
- PRIVATE PARTIES
- PROFESSIONAL LESSONS
- BIRTHDAY PARTIES

- COMPLETE PRO SHOP AND
REPAIR FACILITY
- MODERN ELECTRONIC
GAME CENTER



Roller SKATING



Braces are Beautiful



Go Highlanders!

donald d. mckee, dds - 226-1166 -
4333 e palm ave. la mesa 92041
2025 chatsworth blvd. san diego 92107

Village Hairloft

Women and Men's Hairstyling



5656 LAKE MURRAY BLVD.
LA MESA, CA 92041
PHONE 464-2682

ENGRAVING
PLAQUES

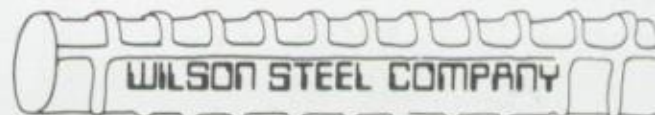
"T" SHIRTS
JACKETS

BUMPER STICKERS
SIGNS



DAUN BARBER
8127 BROADWAY
LEMON GROVE, CA 92048

464-0919



Reinforcing Steel Construction
Contractors License No. 271910

DON WILSON

1167 W. Palm Ave., El Cajon, CA. 92020 (714)442-6616



Antofte Gifts

- Unusual Cards
- Unique & Exciting Gifts
- Special Gifts for Special People

8038 La Mesa Blvd.
La Mesa Springs
(Near Gemco)

667-8781

Open 7 Days

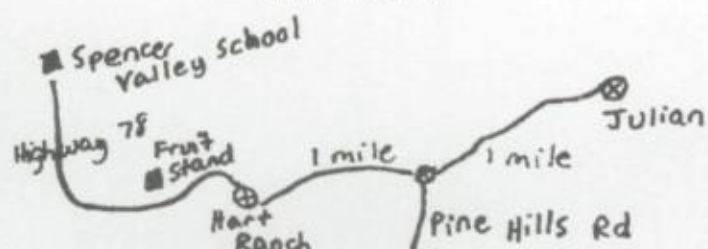
BARNES PRINTERS

8237 La Mesa Blvd • La Mesa, California 92041
Telephone 466-7860

Good Luck
To All Students
From Wilson Steel

PEARS - APPLES - CIDER - SEPT. TO DEC.

BENTON HART
FRUIT RANCH



PHONE: 765-0246

3691 HIGHWAY 78
JULIAN, CALIFORNIA

Miss Rebecca Shacklett

You're a very special person who deserves all the happiness and success life has to offer.

Love,

Joe, Stephanie, Alan and Rebecca Baron

PLUNGER POWER: cooky dgh, strght line* P.E. — DD & SPY * Bam & CPD, Kas & Todd* p.u. TB — Hnry * HLWEEN: X-Mas trs, balls, windex, CG & TB * X-Mas dnce '81* FF — BD & JC * Foreigner * Todd Wad B.H.D.F.D. * Lkr Buds * Feeser — Pooh * Ido Bido * F.S.B.D. . . . B.S.B.N. * Sky Show * boys & girls . . . Mr. Rogers * 2nd St. & PB — Sara * G.A. final — ch. mlk. * ygrt * PARTYS: 25¢, DC Mt. w/KH * 6am phone calls * crzy dryng * Aqurs * McDnlds * Porkys * 100 on 94 * Grsmt Cntr survey * Srfr Stud * ditching 2 Matts * notes * secrets * TIGGERS!! Best Buddies 4-ever! Spasey & Banbee

the **FLOWER CENTRE**



FRESH FLOWERS
AND PLANTS
for all occasions
SPECIALIZING IN
WEDDINGS
FUNERALS
HOSPITAL SPRAYS

When you Really Care... Say it with Flowers

LARGE SELECTION OF SILK / ARTIFICIAL
AND DRIED FLOWERS AND ARRANGEMENTS

FAST, PROMPT DELIVERY

SERVING LA MESA • GROSSMONT • FLETCHER HILLS
DEL CORRAL • MT. MELIX • EL CAJON • SPRING VALLEY
AND ALL OF THE GREATER SAN DIEGO AREA

ORDER BY PHONE & CHARGE IT
TO YOUR CREDIT CARD

463-0348

7730 UNIVERSITY LA MESA
3 Blocks West Of Gernco
(La Mesa Springs Shopping Center)

**VILLAGE
TROPHIES
& ENGRAVING**

HIGH QUALITY AWARDS

FOR ALL OCCASIONS
COMPLETE ENGRAVING SERVICE
TROPHIES-PLAQUES-MEDALS
CAYELS-RIBBONS
PINS-EMBLEMS

Check Our Prices First

463-2000 463-3208

7416 UNIVERSITY AV. LA MESA



The future,
past and present
evolve into one,
then slowly fade away.

— A.O.H. —



Remember the 'gang' — sometimes together, sometimes not.
Best of luck everyone! Honors English 1979-83, Class of '83.

2nd st.; The Beach;
Burger King (traditional); Sheep; Oingo Boingo; camping in Mammoth (squid, Flame); mosquitoes (Tish); the Godmobile; Riverside locals; our firestation; Flags (barf); The Who (Watts); Roger Daltrey & Mick Jones; our future in Australia; Best Forever!



Congratulations, Tartan, on another outstanding yearbook.
Helix ASB

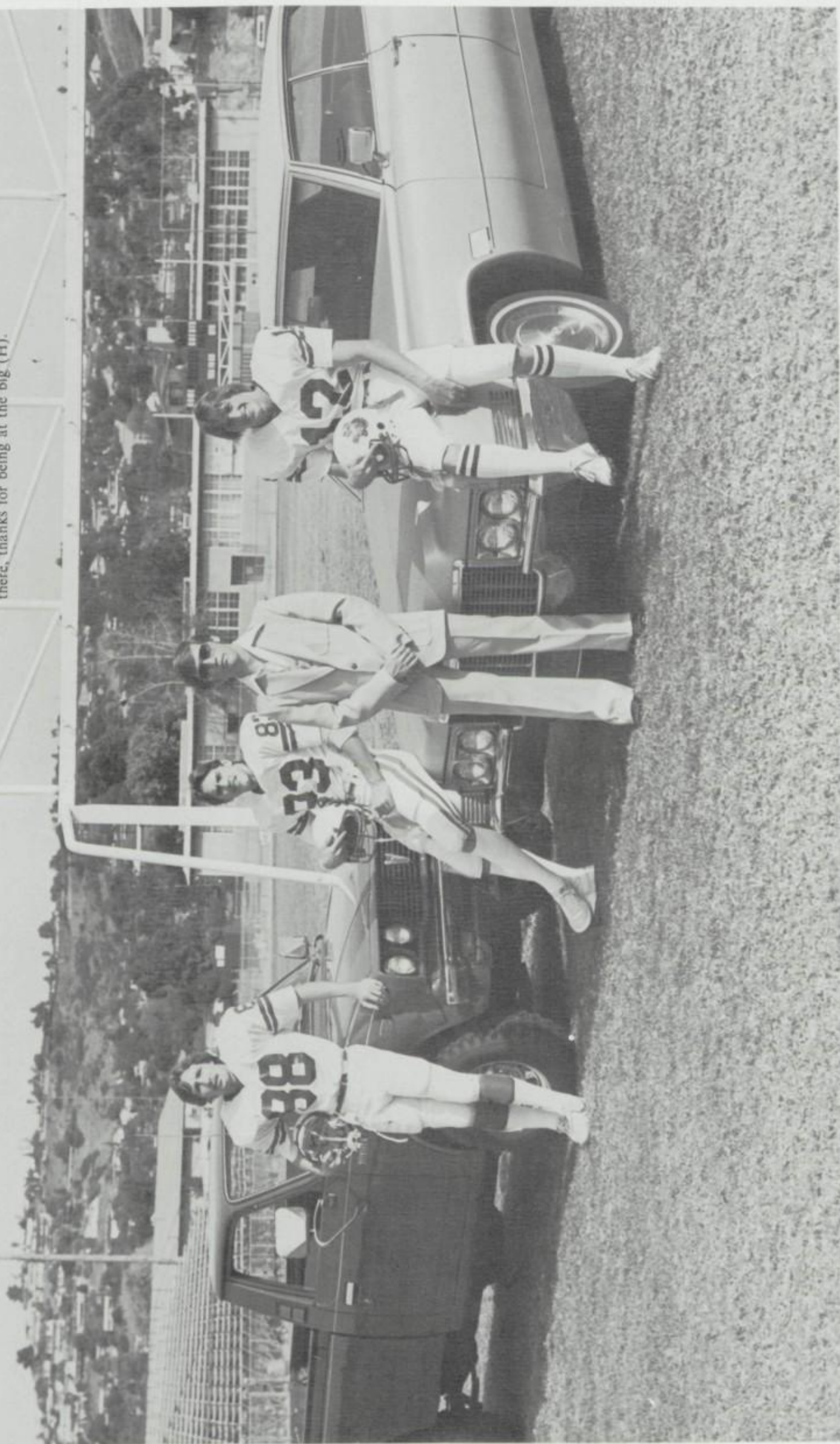
"WHO HATED WHO?" Tory Pines CIF Nov. 21, 90* Soc Liv OOO! Dr. Ed w/Yip, 14 or 12? JV Sftbl: coach Boo "Help Me Rhonda" Pig, "QUITE" wrtng on lckers—I.S.S. Call Slip. W.T.M.* Lvrn & Shrly. Still/Women—C.W. T.M.R. "OKKKAY" "ILEOTO" "HELLO" 4/4/80 Miller 1½ "I got my liens tmrw" Slab-wlk/20quest. w/C.W. J.C.* Ester Vac: shpng—who stole it? Pdre gme, Hmsmidt Beh Hse: Ice Thrwn, Sunset c/clds, Fre Sis' Reng w/moon C.M.J.M. ftag. Wter Bllng* Oscars from Jim's; Gin/Lmnade Sky Show VI* w/JM/JC, What Frwrks? "NICE" Bud dnce-sckers* Gradnite 8-6/19/81-J.C. Party—"Key" Sambo's: Piceman "Nrml Eggs!" Crusin M.G.* Dal/Jack, El Cjn—Stall Me! Sher's 16th July 4: stling Brs. lost bln fght, Phne Swtch* Rses from JC/CW. X's w/ AU/SJ-B&S Wht Thins* Pshng VW. Stlng #'s 3/5* Bbq's: Gfng* Wtng4Way! Yog-shpng cart—321. Ftbl Crnvl-Ralf* R.O. prty. Bay: boat, Palm Rm. 135" Cliff Me! "Thmpr" Twns Sprise party—swmng in cloths. Coach V.H.'s cakes Wendy's FOOD! Chese Ppen; Missing Tab? SF/DP/Sunflsds-No bus "UP CHUCK" Qutr at C's- "shoot me" P.J.'s*T/P gme/dnce; drnkng w/straws "difrnt strks 4 difrnt flks" J.M.C.V.* GRADUATION* June 16, 1983!! Lots of tlks, lghs, spl x's & memories! ½ + ½ = #1 Friendship GiG & Sher

It's tradition. New motto, What's up gentlemen? Dizzy football games, Sambos & Jimmy's compliments from the wire, locker art work, your changin', we're ready for Jesus! Dan's left leg, lost cloths on the floor, and, true friends don't pluck, GQ poses, "You wish you could!" Todd in Hiroshima, Lake Morena — Eric swims, tunes on the rocks, Dave & Ralphie Aug & Mike motor-X ride, Todd's affection & eggs, Moon-zooms gig, giving the eye to Landry's T.P.D. — car. Betties at Sky Show and Who concert, Queen, Adam Ant, Scaddies house wars, anything

goes, excessive abuse, Elvis is Cal, Stephanies suicide, Sunset & Artec sports, Harry's M.P. election, porcupine at Aug's. Tweek the cat, Spredum, F.I.B. (raw), Take that jacket off, honk-honk, knobbers, T.J.S. BRUNO, SCEDDIES, DAN, NY, MIKE P. & DAVEY WAVY, the who line, Aug & J's songs, Rosie's chunks, Mike's chunk, Danny's what the...? The fight, NU's best (Ask J), Launches! TX cakes, Pamile, exaggeration.



Going to Bahia, spec times w/Tony, Chuck and the Buck! Football champs, after game at Round Table. Thanks, Buck, for all the help. Famous saying, what's up Buck? Do you want a Br Cheech and Chong? Why do you guys hit? Good times in the Career Center, what's up? Thanks John, Thanks Buck. CIF champs, football games, after game specials, Bucks cadi, good times w/each other, I'm a 4.0, want a brew, have a dip Mr. Prez, way to work. Life was hard for the businessman, but it paid off in the long run, too much tang in high school, special times before the game. Thanks, Buck, for all the prayers. Thanks, C, for all the talks, special times before the games (or what), (lifes hard). Thanks, guys, for being there, thanks for being at the big (H).



J.A.P. Hershey Fdge pker pruning,
Mayo, Fat Patty, Arthur, cakes,
Skinny Casey, s. chge, C-toes, ego,
Gloria, Hey Mickey, S-steak, R.K.,
Alligator Woman, Buff, buff, buff,
O Yoo Yoo Yooy Yooy.

OXXO ... Kyke dkes



December 12, 1981-Melanie, Kandi, Dana. B-day celeb., champ., Lt's
do smthng crzy, yllw spry pnt, H.H.S. test we hd 2, we dn't knw who
did it? Oh wll. W'll alwys be rmembrd. Wht a jke!



Coco, Spaz, Spider and Bertha. "BUDS!" Party '82-cake at 12p.-"4-
ever dieting!"-H2O balloon chase at 11p. "T.P.3"- Get up at 3! HA! TOO
MANY GHOSTS!! THE CLASH RULES!! "It's always tease, tease
tease (B.E.)! "Mik's w/J.D. & M.H. "HEY BUDS!!!" "KOALAS
RULE!!!" 1/22-T.K. alwz. & 4-ever. (Zelda) "I'm retarded" -TURBO
NEEDS FIGURINES! Daggers and crosses. 2/13-ACE! "KNOCK,
KNOCK" B-Day set up at the Aquarius. Hmecomng '81. June Cleaver
+ J.V. Jerry 'Fest '82. The Cliffs w/Z.B., P.Z., B.E., S.B. "Play with my
mind guys!!!" SHOULD HAVE KNOWN! BUT NOW THERE IS
JIM?! THANK 4 THE MEMORIES, HELIX. BYE!!!



A.T.C. -Karen, Kris, Dee, Janelle & Dana. Spy, incog, tp shlf, Ykatri,
hlmdr st, arprt-747, ht hum & chse, Cnthia st nghbrs-1st, AB's hse, 7-11,
ste thgh, else calz, gtng cght! McD's, no cn do, I'd rthr be fshng r flying?
whles, wthrlly stas, PC nght, Mxwll mrkt, dng it in mny crs-mighty opl,
S.S. Skrk, clicz, mgr cr, R.T.'s, lech, New Yrs. The unbasics-011, 018,
007, 020, 001! Nothing can compare!



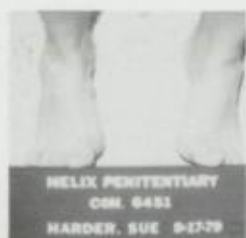
BEST MEMORIES! THE GANG: Kelly, Kim B., Kim L., Dee, Beth,
Patti, Teri, A.G.A.D.E.F.T.O.W.L., golf, snk'n out, sky show '82, "our
spot", CIF ftbl chmps '80 & '82, Emergency-Disneyland, Rocky Hor-
ror, Nw. Yrs. Eve '81, CURBS, nw loves, Frntr Dr.-in, bchs. in smmr,
25¢, F.O.A.D., smile. gr. bugs, class of '83, frogs, T.P. ing, snflwr sds,
ftbl games, prtys, ktchp. mscls, dbl. dtng, Chrgr games, R.A.R.E.R., ice
crm fght, Y.L., toilet ovrflwng, Karen L. Seagull, grapey, Rick Sprgfl.,
we love G.H., dncng, frzn ygrt, We're jammin', 31 flvs, ido bido, cave-
men lang. We love you, Helix!



MIXED ENSEMBLE: Kris Beach, Kurt Bruner, Jeanne Brush, David Bryant, Alfred Harrison, Jim Knott, Steve Moye, Kirsten Pogue, Julie Seeman, Heather Shaughnessy, Margie Sherill, Sean Sloane.



WANTED: FOR DITCHING SECOND SEMESTER



feet view



Sue Harder



Elaine Wong



birds eye view

CASE HISTORY: Transferred to Helix penitentiary and placed in the same cell. There they met, deceived the warden, and got out on parole. They fled the GUHSD and went skiing. There, L.V. ran into trouble—Help!! Found trying to hide among a group of friends at Magic Mt. Captured and placed in maximum security for most of the '80 - '81 year. In their cell, they had more time to plot. Thought of cruising Halloween drive to find the Happy B-day to Me match needed to light the fire. Complained about wanting to go to Beatlemania and said they would even eat a pint of ice cream and pick ants off the grounds. Had dreams of going to the Sky Show and making a menace of themselves by walking over cars and throwing coke. But as the year ended, there were no more problems. Poof! All gone. They were put back in a regular cell and seemed to be making even more progress. The cookies, hershey kisses, gas, wedge, and coke were the **best**, but caused them to hallucinate. It started with all night conversations to the new prison guard, "Hi, my name is Arthur," about the year 2,000, bad vibes, Palm Springs, and the great 99' movies. Then dwelling on saying, "I'm not going to brush my teeth tonight," "Do you know you're ruining the shirt?" Don't ask me why... Why? Telling stories of G.H. waking-up to beachburgers, AC sundae, and green eggs. Then, after doing the Mexican Hat Dance and Bunny Hop, they visited Ralph. Imagined Cat People in Clairemont Mesa or were they in TJ with M.T. running into holes and poles? Having delusions about being tired after shopping spree and needing to catch P.H. zzz's on comfortable couches. But then had to S.H. wake-up looking at the sky while doing the AMC skit. Tried to escape but had problems with bent key in the Cars. California Police used intercom to stop them from going Hey Jude — 78mph to Grad Nite with all their little diplomas. Procrastinated Sam's mass murder, so had to Kill cell H-805 ad. Got out with a memory. No problem. Ok... fine. Then started jammin'. Witnesses had several accounts to where they were seen last. Some say at the Distillery East 1, 2 school?; others say Magic Mt. because they saw the cones and the car overheating. Stray Cats saw them at the Denny's Sing-Along, while little Margaret saw them having a Big Mac Attack—Killer! A note was found addressed to AC, AS, PH, LG, JC, MI, MT, MT, EL, RG, asking them to celebrate their escape with a toast to Fsr's Fat!

POLICE ARTIST: EDUARDO LOPEZ

SENIOR LADIES



WE LOVE YOU HELIX!!

ALIAS MILLER AND BROWNE, We Love You JACKSON BROWNE! Catalina 81-82 dugout, Loo, the Trailer. HIBMS w/ CC 99c Movies w/ C+M salz. Ace w/ Gang. Fn Tms w/ CC+SL Mvies w/ Set Mont. X-mas Dnc 80 w/ RK+MF. Ace w/ SK+DS. Wrstling w/ AH horses. PPIB Mr. Cooper F-Ballgms Sea Ln 82 w/ CS, SL, CC, CH, JK, MS+TR. Smbos at 4:00 Potato Patch Sr Grg enchldas. JEEP + HONDA. Ace w/ SL+CC SkyShow 82 R apt. hre we come! Best Friends 4 Life Brown + Miller.

Cakes
DECORATED FOR ALL OCCASIONS
BY
Janet

443-4171

Boyd Anderson Photography
885 Arnele Street, El Cajon
Telephone: 444-1184

YOUR OFFICIAL YEARBOOK PHOTOGRAPHER



To Christina,
I am so glad I got to know you better.
You are the sweetest girl I met in 10th
grade. I hope we get to know each other
better and will graduate together in
1985. It was fun to have Mr. Munson
and Mr. Water-poh in here with you.
Hope we get more classes together
next year so we'll get know each
other better. I can not wait when
finals are over and we will have
a great summer. Hurray up to get
your Driver's License so you can come
to my place in summer and we can
have a good time. Well I don't know
what else to say. Have a great summer

Your friend
Harina

PHONE: 698-3792
(call me)
keep in
touch

SIGNATURES

To Lina,

I'm glad I got to know you better.
It was nice having you in Computers,
Social Living and the other class.

Have a good summer, and I hope I
see you in some of my classes next
year. Don't you wish you were a senior
this year. Oh that class was Career
Planning.

Have a rad summer
and see you next year
in 11th grade.

Love Jamarne

465-3097
(call me)
(Keep in)
(touch)

Seniors . . .



"Me a Valley Girl? I'm sure! No way!"



Senior Officers: Mark Iverson, Treas; Lance Buckley, Pres; Michelle McBride, Vice Pres; and Kim DeSelms, Sec.



Mark McCullough joins the Green Machine in victory after the Highlander win over Mt. Carmel in the C.I.F. finals.

You've Come A Long Way



Frosh Officers: Eve Bartlett, Treas; Kim DeSelms, Sec; Mary Farrelly, V.P.; and Kandi Hosey, Pres.



Even as a Freshman, Jeff Merghart was destined to be King.



Soph. Officers: Thao Ton, Treas; Amy Reid, Sec; Shelly Johansen, Vice Pres; and Jane King, Pres.



Junior Officers: David Moye, Pres; Kris Beach, Vice Pres; Jamie Hill, Sec; and Karen Cunningham, Treas.



The "Preppy Look" played an important role in Highlander fashion.

Clan Stewart, you've seen many changes and fads during your four years at Helix. You saw four different levels of leadership and fundraising for the all important Senior Prom. You saw a League Champion football team go to C.I.F. finals three times, bringing home the crown twice. You saw tradition come alive with the naming of school buildings and class clans. You have seen the entry and exit of the ever changing styles of fashion, more commonly punk, new wave, disco, the surfer, the Valley Girl, and the look of the alligator. Seniors, you have really come a long way!

SENIOR INDEX

A

Abernathie, Jan 8, 37, 97
 Adams, Lori 97
 Adams, Meri 42, 47, 63, 97
 Adkins, Stacey 97
 Agar, Laura 39, 97
 Allen, Mark 26, 47, 97, 126
 Allen, Shawn 97
 Allgaier, Allison 18, 30, 31, 37, 63, 97
 Altman, Kelly 23, 28, 30, 63, 97, 134
 Andreone, David 97
 Anfinson, Daniel 8, 30, 31, 37, 97
 Appolito, Collette 97
 Arango, Maria 97
 Ashmore, Robert 98
 Aston, Lisa 12, 98
 Athy, Brent 98
 Atkinson, Christopher 98
 Avants, Deidre 14, 63, 98
 Avila, Paula 98

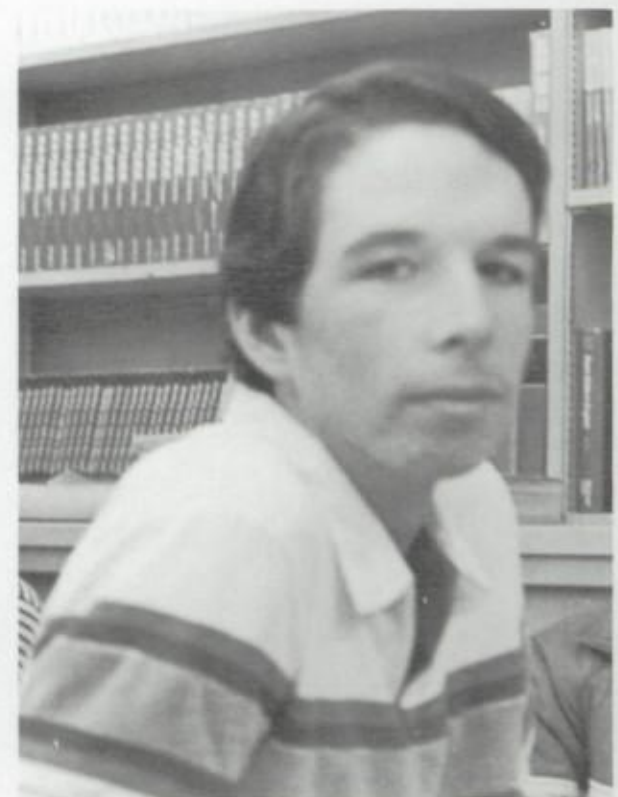


B

Batista, Shelli 98
 Barnett, Sharon 14, 98
 Bartow, Brian 98
 Bates, Jaynelle 98
 Baxter, Brent 98
 Baxter, Cory 98
 Beach, Kris 12, 26, 32, 98
 Beaver, Kevin 47, 98
 Beers, Lynnette 63, 99
 Behrend, Michael 99
 Belio, Eric 99
 Belsky, Sharla 99
 Berg, Gary 99
 Berntson, Cynthia 99
 Bidwell, Bradley 99, 138
 Biehl, Andrew 30, 56, 59, 99, 138
 Bierly, Craig 99
 Biggs, Michael 26, 99, 128
 Blackburn, Jacquelin 99
 Blackwell, Traci 16, 99
 Blair, William 99
 Boe, Karen 99
 Bradley, Georgette 100, 142, 150
 Branson, Terry 12, 14, 23, 63, 100
 Brech, Karen 100
 Brierley, Michael 19, 28, 39, 42, 56, 59, 63, 100
 Brock, Geoffrey 100
 Brocklehurst, Scot 100
 Brooks, Tyrus 26, 100
 Brown, Julia 100
 Brumbaugh, Susan 28, 100, 150
 Bruner, Kurt 12, 100
 Bryant, David 12, 23, 37, 100
 Bucholz, Kimberly 30, 100
 Buckley, Lance 42, 56, 59, 63, 100
 Burnett, Robert 100
 Byerley, Renee 101

C

Cabigao, Rebecca 39, 101
 Callahan, Darlene 101
 Campbell, Anne Marie 30, 101
 Cano, Kimo 47, 101, 128
 Carter, Teri 23, 101
 Casey, Linda 101
 Castrejon, Patty 23, 101
 Ceccherini Gian 101
 Cecil, Charles 47, 101, 128
 Chapman, Allison 8, 101
 Chapple, John 101
 Chianese, Carolyn 101
 Chittom, Sally 78, 101
 Christian, Deanna 102
 Cimmarrusti, Raphael 102
 Claypool, Christopher 102
 Cliffe, Andrew 102, 134
 Cobb, Mark 102
 Colbert, Mary 102
 Collins, Linda 102
 Connolly, Karolin 41, 102
 Conro, Pamela 102
 Cooper, Gregory 102
 Copeland, Karen 16, 28, 42, 47, 102
 Corbit, Mark 102
 Cordle, Irene 102, 137
 Cornish, Robin 12, 102
 Couture, Aleda 103
 Coyle, James 103, 128
 Cravo, Leesa 23, 103
 Crosby, Lawrence 103
 Croxall, Clifford 103, 153
 Cunningham Karen 16, 28, 30, 39, 63, 103
 Curry, Todd 30, 31, 103





D

Davis, Kimberlie 103
 Daw, Julie 10, 103
 De Freese, Christopher 103
 De Freese, Denise 103
 De Gravelles, Pat 18, 30, 103
 De Selms, Kimberley 56, 59, 63, 103
 Dean, Evelyn 103
 Denos, Athon 28, 104
 Diaz, Michael 18, 104
 Dibos, William 104
 Dona, Jack 104
 Donahue, Philip 104
 Douglas, Helen 104
 Drescher, Theodore 39, 104
 Drew, Denise 104
 Duggan, Adina 104
 Duncan, Sonya 104
 Dunn, Yurika 104

E

Ebert, Patricia 10, 104
 Eckhardt, Brenda 104
 Edney, Jon 30, 63, 104
 Edney, Ron 18, 30, 32, 34, 63, 105
 Edwards, Erick 105
 Efurd, David 105
 Ekhaml, John 105
 Emery, Todd 105, 152
 Eng, Gregory 18, 63, 105
 Epstein, Lynne 105
 Espinoza, Damon 105
 Eucker, Patrick 105
 Evans, David 105
 Evans, Karen 505
 Evans, Paul 105

F

Fairbrother, Craig 105
 Fanning, Jerry 106, 128
 Farrelly, Mary 28, 30, 56, 58, 106
 Fausset, Daniel 106
 Favero, Todd 106
 Finch, Clinton 23, 106
 Finn, Michelle 106, 141
 Fisher, William 78, 106
 Fishman, Romy 106
 Florence, Charles 106
 Flores, Rene 106
 Flores, Roger 106, 128
 Flores, Yvonne 106
 Foley, Leslie 34, 106
 Follero, Gina 106
 Forrest, John 106
 Fraizer, Todd 19, 39, 107
 Freeman, La Conda 107
 Friend, William 107, 153
 Fritz, Robert 107



G

Gadler, Lora 107
 Gallegos, Dawn Dee 107
 Gallegos, Silvano 8, 107
 Galloway, Shelley 107
 Gardenhire, Andrea 14, 107
 George, William 107
 Gilbreth, Barbara 30, 107
 Gilliland, Jannette 18, 63, 107
 Gilliland, Nannette 18, 63, 107
 Gillum, Rene 107
 Gladhill, Laura 108
 Glatz, Dorene 22, 63, 108
 Gordon, Antionette 12, 26, 108
 Gordon, Cynthia 108
 Gourley, Dawn 14, 108
 Gracia, Gina 108
 Grande, James 108
 Gray, Mary 32, 108
 Green, Kimberly 18, 30, 31, 108



H

Haar, Matthew 108
 Hairgrove, Pamela 26, 108
 Halterman, Teresa 108
 Hamm, Scott 108
 Harder, Susan 18, 108
 Harrison, Alfred 18, 19, 22, 34, 42, 63, 78, 109
 Hart, Denise 109
 Hawkins, David 109
 Haynes, Marie 109
 Heiner, Tracy 109
 Hernandez, Amy 14, 109
 Hernandez, Carlos 109, 128
 Hicks, Rita 109
 Hileman, Ilona 16, 26, 109
 Hill, Jamison 16, 30, 37, 42, 47, 63, 109, 141
 Hillard, Nia 10, 109
 Hoffman, Becky 14, 16, 42, 56, 59, 63, 109
 Holm, Eric 109
 Holmes, Danny 109
 Holmes, Linda 110, 141
 Hosey, Kandis 16, 42, 56, 59, 63, 110
 Howard, Sandra 12, 110
 Hoyle, Kelly 110
 Hubert, Katherine 110
 Huey, Thomas 110
 Hutcherson, Sean 110
 Hutchins, Timothy 110

I-J

Igarashi, Jocelyne 12, 32, 63, 110
 Igney, James 28, 110, 153
 Iverson, Mark 28, 39, 63, 110

Jackson, Christopher 111
 Jernigan, Dexter 111
 Jones, Timothy 111
 Jorgensen, Jette 111
 Juarez, Mark 111, 128
 Junior, Sheryl 10, 16, 22, 23, 111



K

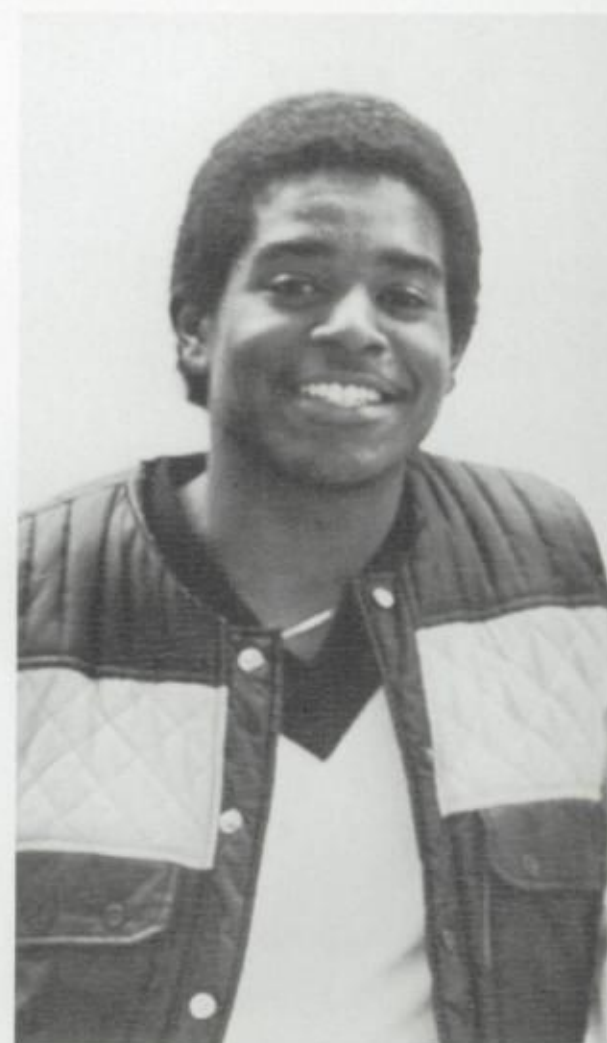
Kariniemi, Olli 18, 111
 Keisler, Garrett 111, 128
 Kellogg, Daniel 111
 Kendall, Kenneth 111
 King, Donna 111
 King, Sheri 111
 King, Jane 23, 28, 30, 111
 Kirklen, James 111, 138
 Knott, James 12, 111
 Kole, Daniel 111
 Krause, Stephanie 111, 141
 Kuckuck, Frederick 37, 112
 Kuenne, Troy 112
 Kuhfal, David 39, 42, 47, 112
 Kunkel, Mark 112

L

Labrincha, Joseph 41, 112
 Lanham, Mark 112
 Larson, Kirsten 112
 Lawton, Tracey 112
 Learn, Jeffrey 112, 138
 Leavitt, Tammie 112
 Ledesma, Raymond 112
 Lee, Linda 112
 Lefker, Kimberly 112
 Lim, Robin 30, 31, 112
 Lipton, Edis 113
 Lovell, Deeann 113, 134
 Lowery, La Vina 14, 16, 24, 47, 63, 113, 141
 Lucas, Steven 113
 Lungwitz, Kimberly 14, 16, 63, 113
 Lynch, Andrew 113
 Lynch, Deborah 32, 113

M

Mac Gregor, Sandra 26, 32, 113
 Mace, Mark 113
 Mackenzie, Susan 30, 113
 Madden, Robert 113
 Madrid, Darren 113
 Mahoney, Kevin 113, 128
 Mandel, Beth 113
 Marshall, Vicki 114
 Martin, Douglas 114, 154
 Massa, Kristin 26, 114
 Mathis, Brenda 14, 23, 42, 56, 59, 63, 114, 134
 Matson, Tracy 114
 Maxwell, Karen 14, 16, 26, 39, 63, 114
 Mc Adams, David 30, 114
 Mc Bride, Michelle 14, 16, 26, 39, 63, 114
 Mc Burney, Denise 114, 150
 Mc Clish, Adria 114
 Mc Cullough, Mark 12, 114, 128
 Mc Guinness, Conary 114
 Mc Neal, George 114
 Meek, Dana 28, 114
 Menzer, Jeanne 12, 22, 114
 Mercado, Dianna 114
 Merghart, Jeffrey 22, 56, 58, 115, 128
 Michno, John 30, 31, 115, 134
 Miller, Douglas 115
 Miller, Jeffrey 12, 115, 134
 Miller, Tameko 115
 Miller, Taunya 115
 Mirhossaini, Vahid 115
 Mitchell, Rene 115
 Montgomery, John 115
 Moody, Jeffery 115
 Moore, Kimberley 30, 115



Morgan, Bobby 26, 115
 Morgan, Glen 115
 Mortensen, Pamela 115
 Moser, Sharon 63, 115
 Mountain, Robert 12, 115
 Moyer, David 32, 116
 Moyer, Stephen 12, 116
 Muldrow, Tyrone 116
 Mullens, Dale 116
 Mutter, James 116

N

Naples, Gina 116
 Necoechea, Tony 116, 128
 Nelson, Gerald 116
 Nelson, Chad 32, 116
 Nelson, Rusty 116
 Nisleit, David 116
 Nowell, Darrie 10, 14, 63, 116
 Nye, Jeffrey 18, 116, 153

O

Oehrke, Kristen 116
 Offner, Philip 116
 Omahen, James 116, 138
 Osuna, Shelli 117
 Otto, Rita 117
 Oyos, Lisa 14, 24, 117

P-Q

Parianos, Michael 117
 Parkllan, Chris 117
 Perez, Lorelei 117
 Peterson, David 117
 Pharr, Deborah 117
 Phillips, Ann 117
 Phillips, Teri 39, 78, 117
 Pilkerton, Scott 117, 128
 Pinterich, Stacy 63, 117
 Potter, Jeanette 117
 Powell, Janis 117
 Pruett, Bryan 117
 Quasarano, Janine 16, 30, 63, 117

R

Ragsdale, Kimberly 10, 117
 Randels, Douglas 117
 Rankin, Kristy 16, 28, 30, 56, 58, 63, 117
 Reed, Chris 117, 128
 Reid, Amy 118
 Rettke, Deron 118
 Reynolds, Christine 41, 118
 Reynolds, Crystal 118
 Rich, John 26, 118
 Richardson, David 118
 Ridenour, Janice 18, 30, 37, 63, 118
 Rinder, David 118, 128
 Rivera, Wanda 118
 Roberg, Mary Kay 118
 Rodgers, Pamela 39, 118
 Rosen, Scott 118
 Rossi, Matt 118
 Rowell, Jack 118, 128
 Rowett, Sandra 118
 Ruby, Glenda 18, 118
 Russo, Josephine 14, 34, 119
 Rutherford, Therese 119

S

Salazar, Christopher 119, 128
 Santos, Tyra 14, 24, 119
 Satter, Kasey 119
 Saylor, David 119
 Scalzitti, August 119
 Schwartz, Kent 119, 128
 Scott, Burnett 119
 Seeman, Julia 12, 32, 63, 119
 Sewell, Laura 8, 119
 Shacklett, Rebecca 28, 119
 Shaffer, Renato 119, 128
 Shea, John 120

Sheridan, David 120, 134
 Sherrill, Margaret 12, 78, 120
 Sidiropoulos, Sandy 120, 141
 Silva, Joseph 8, 63, 120
 Simoncini, Tracy 120
 Simpson, Alice 26, 120, 141, 150
 Sinkes, William 120
 Skidmore, Dianne 22, 28, 30, 63, 120
 Skrak, Kris 120
 Sloan, Ursula 120
 Sloane, Shawn 12, 28, 36, 120
 Smith, Craig 120
 Smith, Deandria 63, 120
 Smith, Julie 120
 Smith, Lee 120
 Smith, Patricia 21, 30, 121
 Soto, Nelda 39, 121
 Stewart, Connie 39, 121
 Stone, Eual 121
 Surber, Miranda 121, 141, 150
 Svare, Steven 121
 Sweeney, Dennis 121
 Szymanski, Angela 121



T-U-V

Thorvick, Patricia 28, 52, 121
 Tirpak, Julia 121
 Tiumalu, Sara 14, 24, 121
 Todd, Mia 12, 121
 Torgersen, Eric 121
 Torrance, Duane 121
 Torres, John 121
 Towler, Tracy 22, 121
 Trojanowski, Tirza 14, 121
 Trussler, David 8, 122
 Tucker, Mary 122
 Tunkin, Mark 122
 Turley, Patricia 122
 Tyson, Penelope 14, 22, 30, 32, 122, 163
 Urbancic, Kellie 122
 Valdez, Sally 8, 122
 Van Boskirk, Katherine 30, 32, 27, 122
 van Wulven, Benton 122
 Vitai, Elizabeth 42, 63, 122
 Volkman, Lucinda 122

W

Walker, William 122
 Walton, Victor 122
 Wantoch, James 122
 Watwood, Patricia 122
 Way, Corey 28, 32, 56, 122, 128
 Weaver, Catherine 16, 23, 42, 47, 123
 Webb, Scott 56, 58, 123, 128
 Weber, Carrie 31, 123
 Weinman, Dana 123
 Welch, James 123
 West, Hee 41, 123
 West, Kathleen 26, 30, 123, 141, 153
 Wheeler, Janice 63, 123
 Whipple, Patrick 26, 123
 Whitcomb, Kimberly 28, 30, 123
 White, Renee 123
 Whiteside, Steven 26, 123
 Whittingham, Shonna 123
 Wickware, Tracy 123
 Wilcox, Cynthia 28, 124
 Wilkins, Marcy 12, 124
 Williams, George 123
 Williams, Lynn 12, 124
 Williams, Phyllis 124
 Williamson, Karen 124
 Wilson, Anita 124
 Wimsett, Marty 124
 Wing, Amanda 124
 Wirt, Kevin 124
 Wong, Elaine 124



Y-Z

Yip, Alan 124
 Young, Peter 124, 128
 Zarza, Miguel 12, 124
 Zinn, Melanie 16, 28, 124
 Zuleger, Margaret 42, 63, 124

General Index

Advertising	240-251	California Scholarship Federation	30
Associated Student Body	42-43	Diving, Varsity & Junior Varsity	174
Band, Marching	8-9	Ladies	175
Baseball, Varsity	157-159	Drama Club	34
Junior Varsity	160-161	Ensemble	12-13
Basketball, Varsity	144-147	Faculty & Staff	220-239
Junior Varsity	148-149	Fall Play	78-79
Ladies	176-178	Football, Varsity	128-131
Boardgaming Club	41	Junior Varsity	132-133
Campus Life	39	Foreign Exchange Students	80
Cheer, Varsity	24-25	Girls & Boys State	27
Junior Varsity	20-21	Glee	12-13
Choir	12-13	Golf	179
Christmas Dance	46-47	Gymnastics	180-181
Classes:		Highland Fling	32-33
Juniors	186-195	Highland League	16-17
Sophomores	196-207	Hi-Steppers	10-11
Freshmen	208-218	Homecoming	56-59
Cross-Country, Varsity	134-135		
Junior Varsity	137		
Ladies	136		



Human Relations Club	26	Dance Mania	76-77
International Club	18	Top Ten Percent	67-69
Key Club	19	Valedictorian, Salutatorian Candidates	66
Leading Lads & Lassies	72-73	Ski Club	40-41
Library Club	23	Soccer Team	152-153
Literary Magazine	37	Softball Team	150-151
Maranatha Club	39	Speech Team	35
Math Team	31	Student Council	27
Mat Maids	40	Swim Team, Varsity & Junior Varsity	170-171
Modern Dance	14-15	Ladies	172-173
Orchestra	36	Tartan Staff	28-29
Pep Band	37	Tennis, Varsity & Junior Varsity	168-169
Science Club	31	Ladies	140-141
Scottie Riot Squad	23	Track, Varsity	162-163
Scottie Service Squad	22	Junior Varsity	164-165
Seniors:		Ladies	166-167
	64-65	Volleyball Team	142-143
Senior Memories	81-96	Water Polo, Varsity & Junior Varsity	138-139
Outstanding Senior Athletes	74-75	Wrestling, Varsity	154-155
		Junior Varsity	156
		Young Life	38









We have come to another end of another year; one that some of us thought would never end or would end too quickly. This past year has brought on changes in us all; we find that we all have become more of a stable, mature person, and are ready to take on new challenges that our lives have to offer to us. Also, we become more aware of those around us who are important to us; yet it takes a while for us to find who those people are and to take time to thank them for all of their help and support that they have given us throughout the years that we have known them. Those people are the ones that we take for granted and just expect them to be there when we are in a time of need. But they will not always be there; for we all must move on to bigger and better things and a new way of life. High school has, or is, preparing us for that day when we walk down the aisle to accept our diploma and for when we must walk out of the doors of Helix for good. But as we walk out of Helix's doors that one last time, those memories that we will cherish forever will come flowing back to us; memories of our high school days and of all of our dreams that we have dreamed about the future and what it holds for us. But most of all, we will remember those who have helped us and given us their support while at Helix.

We will also think about those who did not think that they were doing much for us, but they were. As Kristy and I sit here writing this, we think about those who made our jobs as editors easier and smoother. We would like to extend a special thanks to the TARTAN staff and let them know that we are well aware of the extra time that was put in to meet our deadlines, which we did! And that the hard work is deeply appreciated. We would also like to give a special thanks to the photographers who all took on a great responsibility when they accepted their positions on the staff,

and did a super job at that! Still, there are some other people who have helped us, but are not recognized. First there is Bill George and Chad Nelson, who both deserve a big thank you. Bill and Chad, when asked if they possibly could, took time out of their own time to take pictures that were needed and did a job that was a very well done one at that. Two more people that helped us were John Stickney and Bruce Smith. John was our main photographer from Boyd Anderson's who went to the Homecoming and other various events to take pictures for us. Bruce came to our room and helped us with information that was vital to us. So we would like to thank them too — thank you!

But most of all, we would like to give a very special *thank you* to the one person who without his help and support, we would never have had the yearbook that we do. So, Mr. Ray, we would like to give you a *very* special, and well deserved thank you. You did so much for us without asking for anything in return. So Mr. Ray, we thank you greatly and deeply for everything that you have done for us and the yearbook; without you, we certainly would have not been able to do it.

So remember as you walk out doors, that it is a tradition; but more than that, as you walk out of the doors of Helix, remember that it is a *tradition with a touch of the future*.

Kristy Rankin, Rebecca Shacklett
 Kristy Rankin, Rebecca Shacklett
 Co-Editors-in-Chief

Hi Tina, I'm glad I hear
from you. I think
you are a real sweet person.
I hope we have to do it again
next year, or maybe some classes
together. I hope we can go shopping
here at the mall (to
make it through
the summer 69-70-5688
dials.)



Autism

Have a
Veebie
Friendship
Blessings

Jeany
(Remember 8th
grade!),

I can't believe
it. We are going to be
upper classmen. I can't wait
till our senior year. We have
had good times all through our
1 year friendship. One thing I will
always remember is our group (you, me,
Kathy, Gracey, and Karen). One thing I will
always remember about P.E. is Miss Quinell and
"Wingers, Rythmic Sit-Ups and leg raisers". BORING!
Anyway, I hope we have some classes together again next
year. Good Luck next year and have a great summer.
Maybe we can get together this summer. You are a great friend
and very sweet. Please stay that way.

Your friend always,
Nancy Garvin
(Class of '85 rules!)

Ina

It has been really nice to
have P.E. with you this year.
Doing that dance in front of
the class. Boy that was really
embarrassing. I hope to have some
classes with you next year. Have
990001 summer.

Love
Kristi Mangola

